



Getting a little tongue in cheek?

Keep diarrhea from
spreading during ass play.

Call 311 or **visit [nyc.gov/health/clinics](https://www.nyc.gov/health/clinics)**
to find out where to get a low- to no-cost
hepatitis A vaccination.

See your doctor if you have symptoms. See
the back of this card for more information.

NYC
Health

Diarrheal infections can spread during sex among men who have sex with men.

Anal sex play like fingering, rimming, fisting, using anal toys and anal sex can lead to diarrheal infection.

Any contact with poop can lead to infections like amebiasis, cryptosporidiosis, giardiasis, hepatitis A and shigellosis.

Watch out for symptoms like:

- + Diarrhea
- + Stomach cramps or bloating
- + Fever
- + Nausea
- + Yellowing of the skin or eyes (jaundice, a sign of a hepatitis A infection)

How can I protect myself?

- + Wait two weeks after diarrhea to have sex.
- + Wash your hands, penis, butt and sex toys with soap and water before and after sex.
- + Get the hepatitis A vaccine.
- + If you have symptoms, see your doctor or go to an urgent care facility.

Call 311 or **visit [nyc.gov/health/clinics](https://www.nyc.gov/health/clinics)**

to find out where to get a low- to no-cost hepatitis A vaccination.