

# GET THE CARE YOU NEED DURING COVID-19



## Have questions about COVID-19?

Call **311**. Operators can answer your questions and direct you to resources, including trained nursing staff who can help you decide if you need medical care.

Visit [nyc.gov/health/coronavirus](https://nyc.gov/health/coronavirus) for information about prevention, symptoms and what to do if you are sick.



## Need a doctor?

NYC Health + Hospitals has free and low-cost medical care for all New Yorkers, regardless of immigration status.

Visit [nychealthandhospitals.org](https://nychealthandhospitals.org) for more information and to search for a doctor, or call **844-NYC-4NYC** (844-692-4692) or **311**.



## Need COVID-19 testing?

NYC is offering free COVID-19 diagnostic tests at sites around the city.

Visit [nyc.gov/covidtest](https://nyc.gov/covidtest) or call **311** to find a site.



## Need to talk to someone about your mental health needs?

NYC Well has free resources and counselors available, 24 hours a day, seven days a week, for brief counseling and referrals to care.

Call **888-NYC-WELL** (888-692-9355), text “**WELL**” to **65173**, or visit [nyc.gov/nycwell](https://nyc.gov/nycwell).

New York State’s COVID-19 Emotional Support Helpline provides free support and referrals.

Call **844-863-9314**, 8 a.m. to 10 p.m., seven days a week.



## Get care without fear!

Getting testing or care for COVID-19 is not a public benefit under the public charge rule.

For more information, call **311** or visit [nyc.gov/health/coronavirus](https://nyc.gov/health/coronavirus).

**NYC**