

**THE
NEW YORK FOUNDLING
VINCENT J. FONTANA CENTER
FOR CHILD PROTECTION**

INVITES YOU TO APPLY FOR THE 18TH ANNUAL
**WILLIAM RANDOLPH HEARST PROGRAM
IN THE
PREVENTION OF CHILD MALTREATMENT
FOR
SOCIAL WORKERS, NURSES AND OTHER
SOCIAL SERVICE AND HEALTH CARE PROVIDERS**

SEPTEMBER 2016 – JANUARY 2017

TRAINING LOCATION:
590 AVENUE OF THE AMERICAS NEW YORK, NY

FOR MORE INFORMATION: VISIT WWW.NYFOUNDLING.ORG/FONTANA-CENTER



ABOUT THE SPONSORS

THE NEW YORK FOUNDLING has been empowering children and families since 1989.

THE VINCENT J. FONTANA CENTER FOR CHILD PROTECTION The New York Foundling's Vincent J. Fontana Center for Child Protection provides training and educational opportunities to professional staff and the community at large, conducts research in the area of child abuse prevention and advocates for the advancement of the field of child welfare.

THE WILLIAM RANDOLPH HEARST PROGRAM FOR THE PREVENTION OF CHILD MALTREATMENT is made possible through the generosity of the William Randolph Hearst Foundation. It is a professional development program for social workers, graduate social welfare students, case workers, nurses, school counselors and other professionals looking to learn about the field of child maltreatment prevention. Sessions include presentations on both theory and practice, and provide practical tools for service providers. The program may be deemed most beneficial to professionals early in their child welfare careers or those who recently transitioned into the field.

PROGRAM OVERVIEW

The program consists of 17 2-hour sessions, plus orientation and graduation. Applicants must register for the entire 19-week program. The training program will offer participating professionals the opportunity to acquire or enhance the competencies, skills and insights necessary to effectively work with and for children and families who are at-risk of or involved in the child welfare system. Upon successful completion of the program, participants will receive a Certificate of Completion. Successful completion of the program includes attendance at all weekly training sessions with only two allowable absences (however please note policy below for students requesting continuing education contact hours), and developing and presenting a didactic "leadership project" on one of the topics covered in this program. Class participants will complete and submit their leadership projects before the final class meeting, and each participant will make a brief presentation about their leadership project on the last night of the program.

PROGRAM COST

Each year, the program will select qualified social workers, case workers, nurses and other health care and social service professionals on a first come, first serve basis for acceptance. All participants must initially pay a **\$200 enrollment fee, \$100 of which will be returned upon successful completion of the program.** The additional cost of this program is supplemented through the generosity of the William Randolph Hearst Foundation.

Cancellation Policy: Registered participants can cancel enrollment up until one week prior to the program start date and receive a full refund of the enrollment fee. Cancellation request must be submitted in writing to Dr. Mel Schneiderman at Mel.Schneiderman@nyfoundling.org.

PROGRAM TIMES, LOCATION AND AGENDA

All sessions will take place from 5:30pm-7:30pm on Wednesday evenings, from mid-September through January. The program will be held at the headquarters of The New York Foundling and Fontana Center, located at 590 Avenue of the Americas in Manhattan. During each session, the presenter will provide a presentation that is both engaging and informative, and will adhere to the following agenda:

5:30pm-5:45pm Introduction

5:45pm-7:15pm Lecture/Presentation

7:15pm-7:30pm Question and answer period and discussion

CONTINUING EDUCATION FOR SOCIAL WORKERS

The Fontana Center's Hearst Program is recognized as a provider of social work continuing education, for LMSW's and LCSW's, by the New York State Education Department, State Board for Social Work. Participating licensed social workers who complete the program will receive 28 contact hours in the course, and the certificate of completion provided at graduation will clearly note the 28 credits awarded. Students looking to receive continuing education contact hours must not miss more than one of the credited sessions. In addition, any one session missed must be made up by review of the speaker's Power Point and/or other presentation materials as well as submission of a 1-page minimum overview of the main points of the lecture and how they apply to the student's current or future work. Partial credit will NOT be provided.

PARTICIPANT RECORDS

Participants of the program can access records of attendance, as well as a copy of their certificate, upon completion of the program, by submitting a request in writing to Dr. Mel Schneiderman at Mel.Schneiderman@nyfoundling.org.

SESSION DESCRIPTIONS

Orientation

Wednesday, September 7, 2016

The first session of the program will consist of an orientation, where participants will meet each other and learn the logistics of the program. *Continuing education contact hours are NOT provided for the orientation.

History and Cultural Implications of Child Maltreatment and Child Welfare

Wednesday, September 14, 2016

This workshop covers highlights in the history of the field of child welfare, primarily focusing on the United States. Detail on how the U.S. child welfare system developed and how it has changed over time, as a result of the political and economic context as well as other relevant factors, will be provided. The term “maltreatment syndrome,” as coined by Dr. Vincent J. Fontana, will be covered as part of the history of the field. We will discuss cultural factors and the concept of cultural relativism, in relation to how they have impacted the field of child welfare over time. *Continuing education contact hours will be granted for completion of this workshop. Workshop leader: Jessica D. Warner, L.M.S.W., M.A.

Present Day Child Welfare System and Child Welfare Policy

Wednesday, September 21, 2016

This workshop will provide an overview of the present day child welfare system as it exists within New York City & New York State, covering the major city and state organizations and stakeholders that make up the system. In addition, the workshop will provide an overview of what child welfare policy looks like today, including major policies currently in place. Participants will learn how the child welfare system and child welfare policy impact upon children and families, as well as child welfare agencies and professionals. *Continuing education contact hours will be granted for completion of this workshop. Workshop leader: Mary Jane Dessables, L.M.S.W.

Legal Definitions of Abuse and Neglect

Wednesday, September 28, 2016

This workshop will begin with an overview of Family Court as well as the types of cases that are heard by judges. The presentation will then focus on the child protective practice in Family Court and participants will learn the legal definitions of abuse and neglect as defined in the Family Court Act. The discussion will revolve around the evidence lawyers are looking for when deciding whether to file a case in Family Court and whether a judge can make a finding of abuse or neglect based on the evidence presented. *Continuing education contact hours will be granted for completion of this workshop. Workshop leader: Vineet Chawla, Esq.

Adverse Childhood Experiences and Poly-Victimization

Wednesday, October 5, 2016

This workshop will provide an overview of the research findings from the Adverse Childhood Experiences (ACE) Study, with a special focus on the Philadelphia Urban ACE Study. In addition, the workshop will cover the concept of poly-victimization as applied to urban youth. This will provide the framework for discussing types and consequences of child maltreatment. We will answer the question: why is it so important that we *prevent* child maltreatment in the first place? *Continuing education contact hours will be granted for completion of this workshop.

Workshop leader: Jessica D. Warner, L.M.S.W., M.A.

Prevention of Child Maltreatment

Wednesday, October 19, 2016

This workshop will provide an overview of child maltreatment prevention, covering both theory and practice and building on our knowledge of adverse childhood experiences and other risk factors. Participants will learn about prevention science as well as primary, secondary, and tertiary forms of prevention. Specific policies and programs addressing familial, organizational, and societal risk factors will be covered to provide participants with concrete examples of ways to intervene at several levels of the ecological model and how to incorporate child maltreatment prevention into their practice. *Continuing education contact hours will be granted for completion of this workshop.

Workshop leader: Vincent J. Palusci, M.D., M.S.

Medical Issues in Child Maltreatment: SIDS, Suffocation & Munchausen Syndrome by Proxy

Wednesday, October 26, 2016

The differentiation between true SIDS and other apnea-related physical conditions and suffocatory abuse will be explored. The workshop presents information about the pediatric, behavioral and legal issues in detecting abuse by suffocation. A review of literature on the mortality and morbidity of Munchausen Syndrome by Proxy is presented as well as definitional issues, and diagnostic and intervention strategies. *Continuing education contact hours will be granted for completion of this workshop.

Workshop leader: Katherine Grimm, M.D.

Psychological Maltreatment

Wednesday, November 2, 2016

Participants will learn about the history of the concept of psychological maltreatment as well as the five primary forms of psychological maltreatment and the research documenting their negative consequences for children's development. Examples will be provided of each type of psychological maltreatment in order to provide participants with a complete understanding of the many manifestations this type of child maltreatment can take, relying on the revised definition developed by the American Professional Society on the Abuse of Children. *Continuing education contact hours will be granted for completion of this workshop.

Workshop leader: Mel Schneiderman, Ph.D., with assistance from Amy J. L. Baker, Ph.D.

An Overview of Cyber Crimes Against Children

Wednesday, November 9, 2016

This workshop will explore a variety of crimes against children and how cyberspace plays a role in those crimes, including online sexual predators, online child pornography and sexting. The presentation will also cover various methods to help professionals spot warning signs and help families who are dealing with these issues, as well as include information about how the criminal justice process deals with such crimes. *Continuing education contact hours will be granted for completion of this workshop.

Workshop leader:

Medical Evaluation of Child Maltreatment: Focus on Medical Neglect, Failure to Thrive and Sexual Abuse

Wednesday, November 16, 2016

Participants will understand the medical evaluation for child maltreatment, including procedures for obtaining history, physical examination findings and laboratory tests. This workshop will provide an overview of normal general and anogenital anatomy and variants as well as changes that can occur after sexual abuse and neglect. The role of documentation, multidisciplinary approaches to assessment, and current guidelines for diagnosis, treatment and reporting will be reviewed. The assessment and ramifications of failure to thrive and medical care neglect will also be discussed, as well as cultural practices and alternative or complimentary practices.

*Continuing education contact hours will be granted for completion of this workshop.

Workshop leader: Vincent J. Palusci, M.D., M.S.

Parental Alienation Syndrome

Wednesday, November 30, 2016

This workshop will cover an overview of the core concepts of parental alienation. The presentation will include a review of the 17 parental alienation strategies identified as well as the 8 behavioral manifestations of a child who is alienated. The workshop will present the results of a set of studies that document the long-term negative consequences of this particular form of psychological maltreatment. *Continuing education contact hours will NOT be provided for this workshop.

Workshop leader: Amy J. L. Baker, Ph.D.

Impact of Childhood Trauma & Engaging Traumatized Youth: The Core of What You Need to Know and Do

Wednesday, December 7, 2016

This in-depth and experiential workshop will discuss some fundamental concepts in how trauma can impact youth and how to work with traumatized youth. Through memorable stories and videos, participants will learn about the impacts of trauma on child's relationship to self, others and the world, as well as the potential impacts on all aspects of development. Skills for

interacting and communicating with youth who have experienced trauma will also be discussed.
*Continuing education contact hours will be granted for completion of this workshop.
Workshop leader: Jacob Ham, Ph.D.

Trauma Specific Treatment for Children Who Have Been Maltreated
Wednesday, December 14, 2016

This workshop will describe the basic principles of treatment with children who are victims of child maltreatment, including the development of treatment goals and the main components of trauma specific treatment. The impact of treatment on the child and family will be outlined.

*Continuing education contact hours will be granted for completion of this workshop.

Workshop leader: Mel Schneiderman, Ph.D.

The Alchemy of Healing: A Collaborative Approach Combining Trauma-Focused Therapy and Alternative Healing Modalities in the Treatment of Post-Traumatic Stress Disorder

Wednesday, December 21, 2016

The importance of recognizing the connection between mind, body and spirit in healing from the devastating emotional and physical impact of violence has gained increasing prominence in the field of trauma treatment. This presentation will focus on the healing benefits of combining trauma-focused therapy with alternative therapy modalities as practiced at the Crime Victims Treatment Center (CVTC), a hospital-based out-patient treatment facility in New York City.

*Continuing education contact hours will be granted for completion of this workshop.

Workshop leader: Sasha Siegel, L.C.S.W., with assistance from Sally Clayton

Empirical Implications for Child Maltreatment

Wednesdays, January 4, 2017

In this workshop, an overview of “evidence-based practice” will be introduced, framed by a discussion about how and why EBP’s came to be used in the child welfare field. Students will be exposed to specific prevention and intervention models with empirical support. *Continuing education contact hours will NOT be provided for this workshop.

Workshop leader: Sylvia Rowlands, Ph.D.

The Stress of Caring for a Child with a Disability: Supporting Caregivers to Prevent Child Maltreatment

Wednesday, January 11, 2017

Parents and other caregivers of children with disabilities are confronted on a daily basis with many stresses that can lead to abusive behaviors, emotional turmoil, family chaos and in some cases even family dissolution. This workshop will explore and discuss the stressors themselves, as well as strategies, systems and services that can help caregivers of children with disabilities feel supported and empowered to bring up their child or children in a safe and nurturing environment. *Continuing education contact hours will be granted for completion of this workshop.

Workshop leader: Gary Shulman, M.S., Ed.

“I Am a Good Parent:” Supporting Teen Parents to Identify and Build Upon Their Own Good Parenting

Wednesday, January 18, 2017

This workshop will cover techniques to help teen parents identify and understand even the briefest moments of attachment they have with their children. Participants will explore how to help parents build on these moments to develop positive parenting techniques. Videos of teen parents and their children will be used as a means of teaching and illustrating how to do this strength-based work. *Continuing education contact hours will be granted for completion of this workshop.

Workshop leader: Nancy Myers, M.Div.

Staying in Balance: Promoting Emotional Wellness in Times of Stress

Wednesday, January 25, 2017

Job stress has far-reaching effects that when not managed can lead to burn-out, decreased productivity, physical and mental exhaustion, and emotional distress. This workshop provides opportunities to identify the sources of stress in the workplace, discuss strategies to promote staff wellness, and receive concrete tools for stress reduction. Participants will learn to identify warning signs of overwhelming stress and strategies to reduce it, promote emotional wellness, and increase productivity. *Continuing education contact hours will NOT be provided for this workshop.

Workshop leader: Cristina Harris, M.S.W., CHHC

Graduation and Leadership Project Presentations

Wednesday, February 1, 2017

Class participants will present leadership projects to the group and a celebration will be held to mark the end of the program. Certificates will be provided to all participants who completed the program, with continuing education contact hours noted as applicable. *Continuing education contact hours will NOT be provided for completion of this workshop.

FACULTY

Amy J. L. Baker, Ph.D. is Director of Research at The New York Foundling Vincent J. Fontana Center for Child Protection. She earned her doctorate in Developmental Psychology from Teachers College of Columbia University in 1989. In addition to *Adult Children of Parental Alienation Syndrome*, published by W. W. Norton, Dr. Baker is the first author of *The WAY to Work* (CWLA Press), as well as the first author of a textbook on child welfare research methods published by Columbia University Press. She is also the author or co-author of 70 academic articles and has published in numerous scientific peer-reviewed journals. Areas of research expertise include parent-child attachment, early intervention, parent involvement, mental health of youth, and child welfare.

Heather Buchanan, Esq. graduated from Cornell Law School in 2005 and began her career as a prosecutor at the Manhattan District Attorney's Office in September of 2005. She was first assigned to a trial bureau and spent her first two years prosecuting a variety of misdemeanor offenses including assault, shoplifting, trespassing and DWI. She then began prosecuting felony offenses in 2007 and continues to do so today. In 2008, she joined the sex crimes unit, handling a variety of cases involving adult victims of sexual violence. In 2014, she moved to the Special Victims Bureau, specializing in cases of child abuse. While working within the Special Victims Bureau, she has handled cases involving the possession and distribution of child pornography, both commercial and homemade.

Vineet Chawla, Esq. is an Attorney with the Family Court Legal Services Training Division of NYC Children's Services. She has been working with NYC Children's Services for over 10 years. Starting as an entry level litigation attorney, she soon moved into the role of senior staff attorney, handling over 100 cases at a time, then being promoted to litigation supervisor. She now trains new attorneys and CPS workers on legal issues surrounding child abuse and child welfare. She graduated Cardozo Law School in 2003, and attended New York University for her undergraduate degree.

Sally W. Clayton is the Complementary Therapist at the Crime Victims Treatment Center (CVTC). She is a Certified Hypnotist, an Acupuncture Detoxification Specialist and also holds certificates in: energy healing, bodywork, hypnosis and spiritual and emotional counseling from the Academy of Natural Healing, The Art of Educare™ from the Mystery School of Educare™, and TranceDance facilitation from The Natale Institute. She is pursuing her certification as a Holotropic Breathwork Practitioner with the Grof Transpersonal Training Institute. At CVTC she has been a Domestic Violence Advocate since 1998 and a Rape Crisis Advocate since 2001. She is also the Administrative Coordinator of the Sexual Assault Forensic Examiner Program at St. Luke's-Roosevelt Hospital and Beth Israel Medical Center.

Mary Ann Dessables, L.M.S.W. has over 20 years of experience in the field of child welfare, from group home case planner to MIS Direct, and her current position at The Council of Family and Child Caring Agencies (COFCCA). COFCCA is the principal representative for nearly all of the non-for-profit organizations providing foster care, adoption, family preservation, juvenile justice and special education services in New York State. Her role at COFCCA is to collect and

disseminate information, review research, identify trends, and otherwise keep the membership informed of child welfare issues and practice. She staffs the Foster Care Accountability Committee, which focuses on how agency performance is measured by ACS and other overseeing bodies. She also serves as an instructor for CUNY Hunter College's Silberman School of Social Work in the Department of Continuing Education and Workforce Development. She received her BSW from the State University College at Buffalo and her MSW from the Silberman School of Social work at CUNY's Hunter College.

Katherine Grimm, M.D. is the Medical Director of the New York Center for Children. She received her M.D. from the Mount Sinai School of Medicine and has served in several positions for the Mt. Sinai Hospital, including Director of Acute Pediatric Care from 1978 to 1996, Vice-Chair of the Department of Pediatrics from 1980 to 1996, Director of the Division of Ambulatory Pediatrics from 1982 to 1996, and Medical Director of the Sexual Assault and Violence Intervention Program (SAVI) from 1989 to 2003. She also founded the Manhattan Inter-Hospital Child Protection Team. Dr. Grimm currently has a medical student/resident elective on Child Abuse at the New York Center for Children and cross covers child protection consults at Mount Sinai.

Jacob Ham, Ph.D. is the Director of the Center for Child Trauma and Resilience, and an Assistant Clinical Professor in Psychiatry at the Icahn School of Medicine at Mt. Sinai. Dr. Ham is an expert in child traumatic stress and the implementation of trauma-informed practices. He is also a leader in the National Child Traumatic Stress Network (NCTSN), through which he helps advance the science and practice of serving traumatized children and families and helps to disseminate trauma-informed care throughout NYC. Director of the SAMHSA-funded Mount Sinai Beth Israel program for Healing Emotions and Achieving Resilience to Traumatic Stress at (MSBI HEARTS), whose mission is to disseminate trauma-informed practices throughout NYC's child serving systems. He is also a leader in the National Child Traumatic Stress Network (NCTSN) through which he helps advance the science and practice of serving traumatized children and families. Dr. Ham is a certified therapist in five trauma-focused EBTs and a certified trainer in two of these.

Cristina Harris, M.S.W., CHHC is the Program and Training Manager for the Mental Health Association of New York City's Center for Policy, Advocacy, and Education. She is a trainer and coach, working with social service professionals, educators, and clinical staff to support compassionate, reflective, and trauma-informed practices. Cristina has worked as a NYC public school teacher, preventive foster care social worker, group facilitator and trainer. For 8 years Cristina worked as a Senior Trainer and Coach with Ramapo for Children providing training and on-site coaching for educators and youth workers to manage challenging youth behavior and conflict. Cristina received her MSW from New York University and is also a Certified Holistic Health Coach. She has a holistic health coaching business called S.H.E. Balance and works with busy helping professionals to support a balanced lifestyle, reduce stress, and integrate healthy habits.

Nancy Meyers, M.Div is the Coordinator of the Parenting Support through Video (PSV) Program at Inwood House in New York City. PSV is a home-visiting program that uses video to

support positive parent-child interactions. Inwood House is a non-profit organization that specializes in working with teen parents in foster care.

Vincent Palusci, M.D., M.S. is a Professor of Pediatrics at New York University School of Medicine and chairs the NYU Hospitals Child Protection Committee. He is a child abuse pediatrician at the Frances L. Loeb Child Protection and Development Center at Bellevue Hospital and is a Senior Medical Consultant in the Bellevue Medical Consultation Program at ACS.

Sylvia Rowlands, Ph.D. is the Senior Vice President of Evidence Based Programs at The New York Foundling. She is an expert in evidence based practices and community alternatives for children and adolescents. She has had extensive experience implementing and spearheading evidence-based models dealing with youth violence prevention, treatment of abuse, and child abuse/neglect prevention.

Sasha Siegel, L.C.S.W. is a graduate of New York University School of Social Work who first began working at CVTC as a social work intern in 2007. After working in Bellevue Hospital's Emergency Department and at a private clinic for the treatment of substance abuse, Sasha returned to CVTC as a staff social worker in 2010. In addition to providing individual and group treatment to all survivors of violence, she supervises second year Master's level graduate students. Sasha specializes in working with human trafficking and adolescent trauma survivors and their families, both individually and in groups. She has completed level I and II of EMDR training and is a graduate of the Trauma Studies Center at the Institute for Contemporary Psychotherapy.

Mel Schneiderman, Ph.D. is the former Senior Vice President of Mental Health Services at the New York Foundling and current Director of the Vincent J. Fontana Center. He has worked in the area of child abuse for more than 30 years. He is the co-founder of The New York Foundling Vincent J. Fontana Center for Child Protection as well as the Founder and Director of The Foundling's Child Sexual Abuse Treatment Service. He instituted the Hearst Program and has facilitated more than 50 workshops on various topics.

Gary Shulman, M.S. Ed. was the Program Director of Social Services, Training Coordinator and Special Camp Fair Coordinator for Resources for Children with Special Needs, Inc. (RCSN) for over 24 years. He transitioned from that position to the role of consultant/trainer on a private basis. Prior to RCSN, Mr. Shulman was the Special Needs Coordinator for the Brooklyn Children's Museum for 10 years, a multi-sensory interactive learning environment. He began his career working with children with and without disabilities as a Head Start teacher for 5 years. Gary Shulman's passion is bringing relief to families of children with disabilities as well as to the professionals who support them.

Jessica D. Warner, L.M.S.W., M.A. is the Assistant Director of the New York Foundling's Fontana Center for Child Protection. Jessica also serves as Adjunct Faculty at CUNY Hunter's Silberman School of Social Work, Co-Chair of New York State's Juvenile Justice Coalition work group on Conditions of Confinement, Co-Coordinator of the People's Education Initiative,

and a member of the Advocacy Council for the Citizen's Committee for Children. Jessica holds a B.A. in both Sociology and Psychology from Pitzer College, a member of The Claremont Colleges, as well an M.S.W. in Social Welfare and an M.A. in Criminal Justice from the University at Albany. She also completed a graduate study abroad program in international social welfare, a fellowship in human rights, and leadership certificate programs in both children's policy and non-profit management. Jessica specializes in systemic issues impacting children who are dually involved with the child welfare and juvenile justice systems.