

ABOUT NAC



New Alternatives for Children Inc., (NAC) is a health and child welfare agency that provides comprehensive services for children with severe disabilities or chronic illnesses and their families. Because we serve only children with special health and mental health needs, we understand the challenges families face on a daily basis. Our professional and expert staff of social workers, doctors, psychologists, psychiatrists, educational specialists, recreational associates and vocational and resource specialists are able to provide the right support and assistance to help your family.

NAC's services have consistently been rated among the best in the city. In addition to Bridges to Health, we have a Foster Care and Adoption program, Preventive Services program, and programs that support children and families well after their child welfare cases have closed. An umbrella of additional family support, health, mental health and social services are provided – under one roof – so that the needs of all family members are addressed with compassionate, knowledgeable and coordinated help.

Our handicapped-accessible offices are located on West 26th Street in Manhattan and are convenient to most public transportation.



New Alternatives
for Children, Inc.

**For further information
about Bridges to Health,
please contact:**

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OPENING DOORS

TO CHILDREN WITH SPECIAL HEALTHCARE NEEDS



BRIDGES TO HEALTH



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www.nac-inc.org



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BRIDGES TO HEALTH

For over 30 years, NAC has provided health and social services that exclusively address the complex challenges of children who are medically fragile, developmentally disabled or have mental health issues.

Our Bridges to Health (B2H) Program builds upon our health and child welfare expertise. B2H offers a full range of flexible, comprehensive services designed to support family functioning and help children obtain permanency.

CHANGING LIVES “Because of NAC’s intervention, I feel that my children are doing better. When I’ve needed the most support, NAC has always been there for me and my family.”



STRENGTHENING FAMILIES



What you can expect with NAC:

SUPPORT WHEN IT'S MOST NEEDED

We plan with you as a full partner to provide the services that are most needed and to help you and your child avoid crises. All of our services are individualized, responsive and flexible.

COMPREHENSIVE SERVICES

A broad range of health and social services are available to help you and your family. Our service providers have an enormous amount of knowledge and experience working with children in foster care who face the additional challenge of having a medical, developmental and/or mental health condition.

UNDERSTANDING

NAC’s professional staff understands the challenges that families caring for children with serious special needs confront daily. We will help you reach your goals and keep your child out of institutional settings.

FREEDOM OF CHOICE

The B2H Waiver Program is designed to respect the preferences and autonomy of the waiver participant and recognize the importance of freedom of choice for children/medical consenters.

PARTNERING TOGETHER

Parents choose services that best fit their child and family's needs:



- Health Care Integration
- Family/Caregiver Supports & Services
- Skill Building
- Special Needs Community Advocacy & Support
- Day Habilitation
- Planned Respite
- Crisis Avoidance, Management & Training
- Immediate Crisis Response Services
- Intensive In Home Support & Services
- Crisis Respite
- Pre-Vocational Services
- Supported Employment
- Adaptive & Assistive Equipment
- Accessibility Modifications

Availability of B2H Service

- B2H services are provided for the child in foster care and the whole family.
- Foster and birth families receive needed services.
- Services continue after reunification or adoption and until age 21, if appropriate.
- Services citywide and service providers are available to travel anywhere in the five boroughs.

