

Contact Us

For more information, or to make a referral to our Hudson Valley Community-Based Behavioral Health & Prevention Programs, contact:

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*...Because every child
deserves a childhood.*

Executive Director/CEO

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**Astor Services for
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ASTOR
SERVICES FOR CHILDREN & FAMILIES
**Hudson Valley Community-
Based Behavioral Health
and Prevention Services**

Bridges to Health



*...Because every child
deserves a childhood.*

***“Of all injuries children suffer,
none is as painful as the crushing
of their spirit.”***

- *Dr. David Crenshaw, Retired Clinical
Director of Astor Services for Children
& Families and member of the Board
of Directors*

A Tradition of Excellence...

Astor Services for Children & Families, as it has since 1953, promotes the well-being of children, adolescents and their families through a range of programs that prevent and treat emotional problems and facilitate healthy development. Now serving over 6,000 children and families annually, Astor's current range of services to families in the Mid-Hudson Valley and the Bronx include: Residential Treatment, Therapeutic Foster Family Care, Early Childhood Programs, and Community-Based Behavioral Health and Prevention Services.

Our Mission

To provide behavioral and educational services in a caring environment where children and their families find strength, healing, hope and trust.

Our Vision

To see children meet life's challenges, pursue their dreams and reach their full potential.



About Bridges to Health

Bridges to Health is a program for children in foster care with complex medical, developmental or mental health conditions. Services begin while your child is in foster care and can continue after your child leaves care. The goal is to support your situation and work closely with your family's needs.



Services Offered

- Health Care Coordination (case management and care coordination)
- Skill Building
- Family/Caregiver Supports and Services
- Day Habilitation
- Prevocational Services
- Supported Employment
- Planned Respite
- Special Needs Community Advocacy and Support
- Crisis Avoidance, Management, and Training
- Immediate Crisis Response Services
- Intensive In-Home Supports
- Crisis Respite
- Accessibility Modifications (for medically frail children)
- Adaptive and Assistive Equipment (for medically frail children)

Core Values for Working with Children

- All families have strengths.
- Families deserve to be treated with dignity and respect.
- The type and degree of support each family needs vary throughout the life span.
- Diversity is an important and valuable reality in our society.
- Families need coordinated services from agencies using a similar approach.
- Families should choose their own goals and the methods to achieve them.
- The system of care for families should be child-centered and family focused, with the needs of the child and family dictating the types and mix of services.

Astor's Expertise

Astor Services for Children & Families and the Bridges to Health program have developed an expertise working with:

- Children who exhibit behavioral difficulties by implementing Parent Child Interactive Therapy.
- Children who have caused sexual harm.
- Children who exhibit dangerous behavior.
- Adolescents who are looking to develop work skills.
- Children who require trauma sensitive care.

Children working with Astor will be able to participate in monthly respite/skill building events and other special events. The Team will also meet with a psychiatrist monthly to discuss any concerns about their clients.

