



**COMMUNITY BOARD 11**  
**1741 COLDEN AVENUE**  
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Health & Social Services Committee Meeting  
Tuesday, May 14, 2019  
Community Board 11 Office

**MINUTES**

**PRESENT:** Joe Bacote, Chair; Sandra Unger, Co-chair; Marcy Gross and Joanne Rubino.

**GUESTS:** Vivian Lee, Planned Powered Metro New York; Nichole Jordan, Department of Homeless Services and Roger Vlissinger Plant Pure Community

Meeting was called to order at 7:00 p.m.

1. Nicole Jordan of the NYC Dept. of Homeless Services gave background information regarding the old shelter system. She stated that in the past District 11 had 3 homeless shelters, which no longer exist. The new plan would be to build 3 sites in District 11. The new shelters will offer on-site help.
2. Roger Vlissinger and Vivian Lee, Plant Powered Metro New York  
Mr. Vlissinger gave a presentation explaining that their program consists of whole foods that are plant-based not vegan. It is not a diet. He stated that people who eat healthier lose weight.  
Ms. Lee said that is a community based initiative to promote plant-based diet for the promotion of health, prevention of cancer and heart disease and obesity. Montefiore Cardiologist Dr. Robert Ostfeld and Internist Dr. Darren Esposito will work with patients to improve their nutrition through changing to a plant-based diet.
3. Adjournment.  
Meeting adjourned at 8:40 p.m.

Minutes taken by Marcy Gross and Joanne Rubino; typed and edited by staff.