

"INCLUDEnyc is the place for me to call. Anytime I have a question, they give me the help I need. I can't say enough about INCLUDEnyc and how they truly support young people with disabilities."

— Valinda B., INCLUDEnyc parent

September 2016

You can change the future of a young person who is struggling today by connecting them to INCLUDEnyc. Young people with disabilities and their families face numerous challenges; from making sense of the information available to them and determining next steps, to finding school and community supports and services.

For more than 30 years, INCLUDEnyc (formerly Resources for Children with Special Needs) has worked to bring love, equity, and access to New York City youth, birth to 26, with any disability: learning, intellectual, physical, or behavioral. **We provide one-to-one help (on the phone or in person), information resources, and workshops for families and professionals, at no cost to those who access them.**

There are three easy ways to help:

1. Hang our **poster** (enclosed) on your bulletin/resource board for families to see.
2. Give our **postcards** – in English and Spanish – to families who need support. (Contact us at the number below to get as many postcards as you need.)
3. Send copies of our **flyer** home with students. The flyer explains how we help families and provides a list of free, upcoming events and workshops.

Thank you for helping young people who are struggling and their families get the assistance they need.

For additional posters or postcards, or to schedule a workshop, reach out to Rich Overton, Manager of Program Operations, at 212-677-4650, x11, roverton@INCLUDEnyc.org, or visit our website at www.INCLUDEnyc.org.

Please contact us at any time about how we can best serve those in your community. We look forward to hearing from you!

Sincerely,

Barbara A. Glassman

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Executive Director

include nyc

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