

DO YOU NEED A HEPATITIS B TEST?

Hepatitis B is a virus that infects the liver.

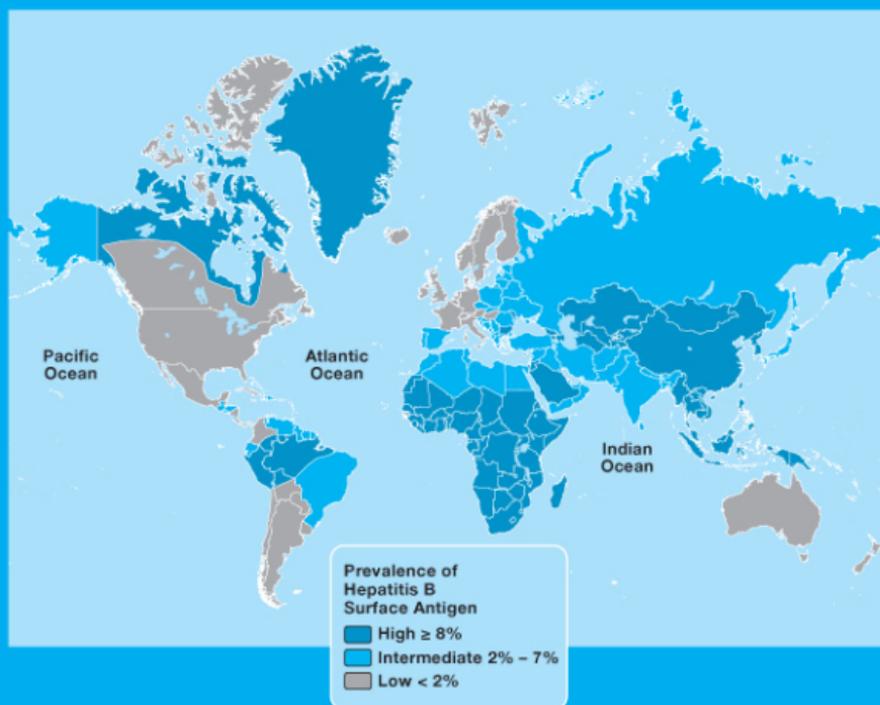
Hepatitis B can lead to serious health problems including liver damage, cirrhosis, liver failure, liver cancer and death.



Hepatitis B is passed from one person to another through blood and sexual fluids.

If you have hepatitis B your health is at risk and you could infect others.

Worldwide more than 350 million people have chronic hepatitis B.



Areas of the world with the most hepatitis B. (CDC)

THERE IS A VACCINE TO PREVENT HEPATITIS B!

- **The vaccine is safe and is the best protection against getting hepatitis B.**
- **The vaccine is given as a series of three shots.**



DO YOU NEED A HEPATITIS B TEST?

- Are you pregnant?
- Do you live with someone who has hepatitis B?
- Does your sexual partner have hepatitis B?
- Did your mother have hepatitis B when you were born?
- Do you have abnormal liver tests and don't know why?
- Have you been told you have hepatitis?
- Do you need chemotherapy or immunosuppressive therapy?
- Have you ever been on dialysis?
- Have you ever been told you have HIV?
- Are you a man who has sex with men?
- Have you ever injected drugs or shared any drug use equipment (such as: needles, cookers, cotton, straws, rinse water)?
- Were you born in one of the following areas of the world? ([See map and country list](#))
- Were your parents born in one of the following areas of the world, and you were not vaccinated against hepatitis B as an infant? ([See map and country list](#))

IF YOU ANSWER YES TO ANY OF THE QUESTIONS: GET TESTED FOR HEPATITIS B!



If your test is positive: Find a liver medical specialist and take steps to keep your liver healthy.



If your test is negative: If your test is negative, ask your doctor if you need to get vaccinated.



Africa: All countries

Asia: All countries

Australia & South Pacific: All countries except Australia and New Zealand

Middle East: All countries except Cyprus and Israel

Eastern Europe: All countries except Hungary

Western Europe: Malta, Spain, and indigenous populations in Greenland

North America: Alaska Natives and indigenous populations in Northern Canada

Mexico & Central America: Guatemala and Honduras

South America: Ecuador, Guyana, Suriname, Venezuela, and Amazonian areas of Bolivia, Brazil, Colombia, and Peru

Caribbean: Antigua-Barbuda, Dominica, Dominican Republic, Grenada, Haiti, Jamaica, St. Kitts-Nevis, St. Lucia, and Turks and Caicos Islands

IF YOU HAVE HEPATITIS B...

KEEP YOUR LIVER HEALTHY

- Find a hepatitis B medical specialist and go for check ups twice a year.
- Avoid alcohol.
- Maintain a healthy body weight.
- Get the hepatitis A vaccine.

PROTECT OTHERS

- If you are pregnant, protect your baby. Tell your doctor and nurses at delivery that you have hepatitis B. Make sure your child is fully vaccinated by 6 months of age and tested at 9 months.
- Do not let anyone come into contact with your blood or sexual fluids.

Hepatitis B virus can live on objects for days!

- Safer Sex: Use latex condoms every time. [nyc.gov](https://www.nyc.gov), search condoms
- Harm Reduction: Do not share injection drug use supplies. [harmreduction.org](https://www.harmreduction.org)
- Do not share personal care items that may have blood or sexual fluids on them (such as: razors or toothbrushes or sex toys).



IF YOU HAVE HEPATITIS B...

FIND TESTING, VACCINE & MEDICAL CARE

Ask your own medical provider
for the hepatitis B test, vaccine or
medical care options.

NYC Hepatitis Services Site Locator:
nyc.gov, search hepatitis services

Call 311

**Health Insurance & Resources
for the Uninsured:**
nyc.gov, search hia

Clinical Trials:
clinicaltrials.gov

LEARN MORE

Centers for Disease Control:
cdc.gov/hepatitis

NYC Department of Health:
nyc.gov, search Health

American Liver Foundation:
liverfoundation.org

Hepatitis B Foundation:
HepB.org

HBV Advocate:
hbvadvocate.org

Immunization Action Coalition:
immunize.org