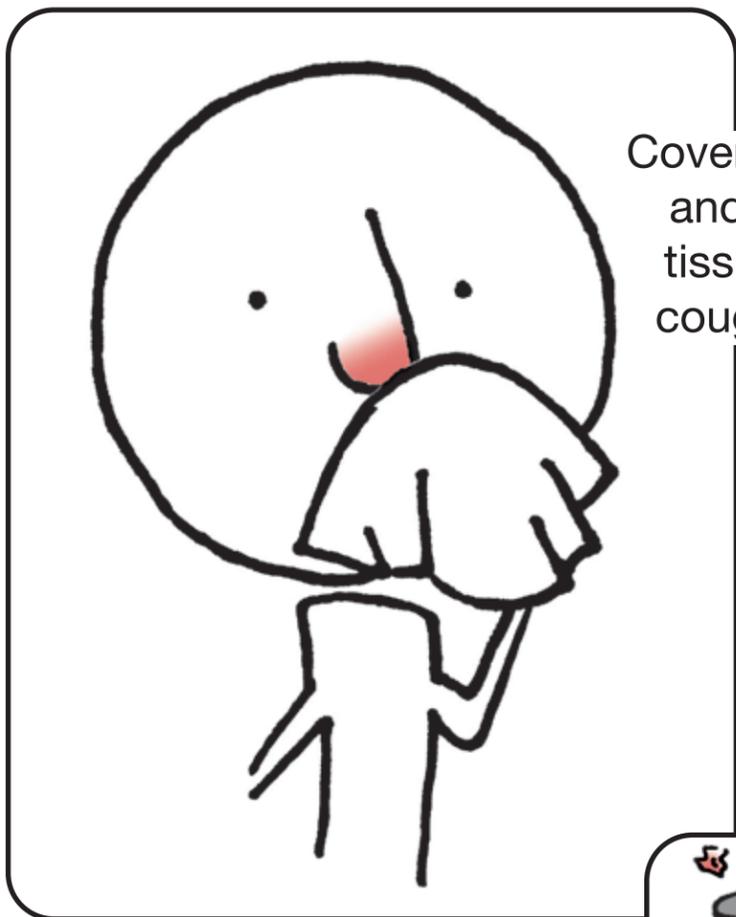


Stop the spread of germs that make you and others sick!

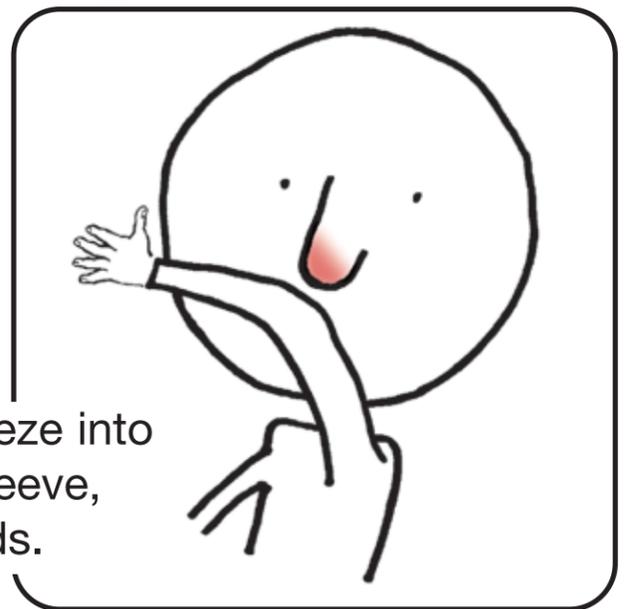
Cover your Cough



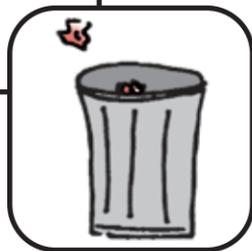
Cover your mouth and nose with a tissue when you cough or sneeze

or

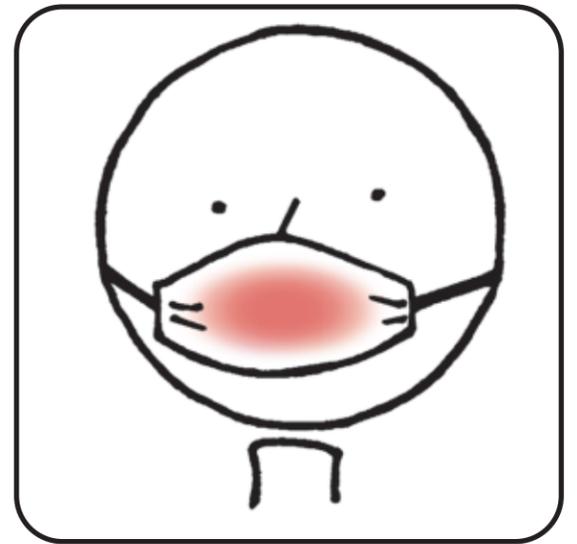
cough or sneeze into your upper sleeve, not your hands.



Put your used tissue in a waste basket.



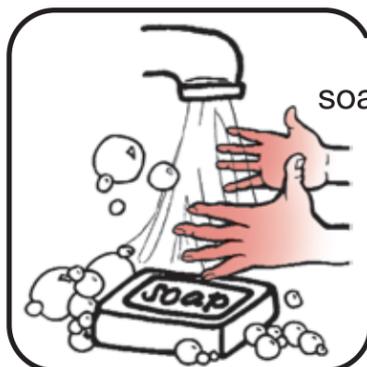
You may be asked to wear a surgical mask in public. Don't worry if you see staff and others wearing masks.



They are preventing the spread of germs.

Wash your Hands

after coughing or sneezing.



Wash with soap and water

or

clean with alcohol-based hand cleaner.



Alcohol-Based Hand Cleaner

Special thanks to the Minnesota Department of Health and the Minnesota Antibiotic Resistance Collaborative.