

ZIKA

DO I NEED TO GET TESTED?

Most people **DO NOT** need to get tested for Zika virus, **even if they traveled to a place where Zika is spreading.**

Some pregnant women should get tested because Zika causes birth defects. A test can show if someone has been infected with Zika, **even if the person doesn't feel sick.**

CONTACT A HEALTH CARE PROVIDER TO DISCUSS ZIKA TESTING IF:

1. You are pregnant and spent time in a Zika-affected area while pregnant.
2. You are pregnant and, while pregnant, had unprotected* vaginal, anal or oral sex with a person who has or might have Zika.

Zika testing usually involves giving samples of your urine and blood. **If the test shows you have been infected with Zika, you may need more tests during your pregnancy.**

DO NOT travel to a Zika-affected area while pregnant or trying to conceive.
Find information about Zika, including travel warnings and alerts, at nyc.gov/health/zika

If you need help finding a City-run hospital or clinic near you, call 311.
Hospital staff will not ask you about immigration status. You will be seen regardless of ability to pay.

NYC
Health

Bill de Blasio
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Commissioner

*"Unprotected" means sex without barrier protection, like male condoms, female condoms and/or dental dams.