



**TRAVEL WARNING:**

# ZIKA & PREGNANCY

- ✈️ Zika virus is spread by mosquitoes and causes birth defects.
- ✈️ Zika can also spread through sexual and blood contact.
- ✈️ Zika is affecting parts of **Central and South America, Mexico, the Caribbean and other places listed by the Centers for Disease Control and Prevention.** The type of mosquito linked to the current outbreak, called *Aedes aegypti*, lives in these places.

**DO NOT** travel to a Zika-affected area while pregnant or trying to conceive

**TELL YOUR HEALTH CARE PROVIDER TODAY AND ASK ABOUT ZIKA TESTING IF YOU ARE PREGNANT AND**

- ➔ While pregnant, you spent time in a Zika-affected area.
- ➔ While pregnant, you had unprotected\* vaginal, anal or oral sex with a person who has or might have Zika.

Visit [nyc.gov/health/zika](http://nyc.gov/health/zika) to learn more

Find the latest Zika-affected locations at [cdc.gov/zika](http://cdc.gov/zika)

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Health