YOU SPENT THE NIGHT IN MANHATTAN

zzz

BUT YOU LEFT YOUR BIRTH CONTROL IN THE BRONX

MAYBE THE IUD IS RIGHT FOR YOU.

THE IUD

- Is a small, T-shaped birth control device that your health care provider inserts into your uterus; it may be right for you
- Is safe for most women and teens
- Is 99% effective at preventing pregnancy
- Is easy – there's no daily pill
- Can be removed by your health care provider at any time
- Does not affect your chances of having children after it is removed

Search "Maybe the IUD" at nyc.gov to learn more about the IUD and other great options. Decide which one is best for you.

The IUD does not protect against STIs or HIV. Always use a condom.

#MaybeTheIUD

NYC Health

Adapted with permission from the National Institute for Reproductive Health.

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