

Morphine Milligram Equivalent (MME) Calculator

- **CHOOSE** from the common opioids listed
- **SELECT** opioid strength from drop down menu
- **ENTER** number of tablets taken per day
- **MME calculator** will auto-calculate total daily MME
 - Can enter multiple opioids at once
- **RECEIVE ALERT:** Dosages ≥ 100 MME/day are associated with a 9x increase in overdose risk



NYC Health THE NEW YORK CITY DEPARTMENT OF HEALTH AND MENTAL HYGIENE

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Instructions:
For each opioid, select the strength from the drop down menu and enter the number of tablets per day (for fentanyl transdermal, see instructions below). Remember to enter all opioids the patient is taking. The total daily morphine milligram equivalents (MME) will be displayed.

Total daily morphine milligram equivalents (MME) = **0.0**

Opioid / Strength / Dosage:	Morphine Milligram Equivalents:
Tramadol [] per day	
Codeine [] per day + Add Additional Patch	
Fentanyl transdermal (in mcg/hr) [] per patch (each patch used for 3 days)	
Hydrocodone [] per day	
Hydromorphone [] per day	
Methadone [] per day	
Morphine	

To access this MME calculator on your computer or phone as an app:

<http://www.nyc.gov/html/doh/html/mental/MME.html>