



**Quit
smoking
today.**

**Text NYCQUITS
to 877877**

Message and data rates may apply.
Text **STOP** to quit, **HELP** for more
information. For Terms of Use and
Privacy Policy, visit nyc.gov/health.

**You are more
likely to stay
smoke-free
with support.**

NYC Quits provides
free supportive messages
to help you quit smoking
for good.

NYC[™]
Health