

New York City



New York City Medical Reserve Corps



April 2015

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EXERCISE: WE NEED EVERY NYC MRC MEMBER TO PARTICIPATE!

On Tuesday, May 5th, NYC MRC will be conducting a test of the MRC Self Scheduling System (SSS). The purpose of the test is threefold:

- To ensure that all MRC members are able to log in.*
- To ensure that all MRC members understand how to choose shifts.*
- To stress the system to ensure that it can handle large numbers of volunteers using the system at the same time.*

The scenario is an anthrax exposure that requires mass prophylaxis. DOHMH will open 80 PODs across the city, and we need MRC members to serve as vaccinators, medical evaluators, and flow monitors. THIS IS ONLY AN EXERCISE.

On May 5th, please log into the system between the hours of 8:00 am and 9:00 pm and choose at least 3 sites/shifts. You will not be expected to report to the sites; your part of the exercise is over once you have registered for shifts. THIS EXERCISE SHOULD TAKE 15-30 MINUTES, AND YOU CAN LOG ON FROM HOME, WORK OR ANY OTHER CONVENIENT LOCATION.

If you have difficulty logging in, or any other challenges, a phone number will be provided for you to call.

We need as many MRC members as possible to participate to make this exercise a success. More information will be sent closer to the event.

Why I Volunteer



Norberto A. Alberto, RPh, MS, HScD
How long have you been a member of NYC MRC?

Ten years. Since March, 2005.

What is your profession?

I am a pharmacist. I have experience in medical sciences, university teaching, health-system leadership and long-term care.

What MRC activities have you participated in lately?

CPR Pro, POD Core Team leadership training and radiation exposure emergency management.

Are you involved in any other volunteer activities?

NCMRC, NYSCHP, ASHP, ACCP, ASCP

Why do you volunteer for NYC MRC?

As a citizen, healthcare professional and a caring responsible person, I feel it is my duty to serve NYC when it needs me the most. Professionally, volunteering with such dedicated people makes the task very enjoyable. I recommend volunteering to my students and colleagues. Finally, I look forward to being an example to my profession by giving my time and efforts to a wonderful team: the NYC MRC!



The 3rd Annual NYC Medical Reserve Corps Symposium

“*Confronting Ebola*”

Sunday, April 26th

NYU Kimmel Center

60 Washington Square South, NYC

9:30 am—3:30 pm

Welcome

Mary T. Bassett, MD, MPH

Commissioner, NYC Department of Health and Mental Hygiene

Confronting Ebola: Lessons from Abroad and At Home

Sheri Fink, MD, PhD

Award-winning Author and NY Times correspondent

Ebola Perspective: Then and Now

Dario Gonzalez, MD, FACEP

Associate Director FDNY—Office of Medical Affairs

Award Ceremony / Lunch

This Time was Different: NYC’s Response to Ebola Virus Disease, 2014

Mitchell Stripling, MPA

Assistant Commissioner, NYC Department of Health and Mental Hygiene

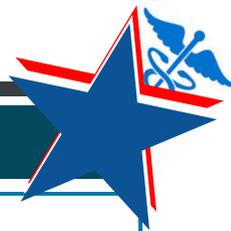
We will also recognize those who served in 2015, in particular those who served during the Ebola crisis.

To register, please go to: <https://a816-healthpsi.nyc.gov/MRCSelfServe/>

If you have trouble registering on line, please send an email to healthmrc@health.nyc.gov to register

**BOOK SIGNING: Dr. Fink will autograph her book “Five Days at Memorial.”
Please bring your copy if you’d like it autographed.**

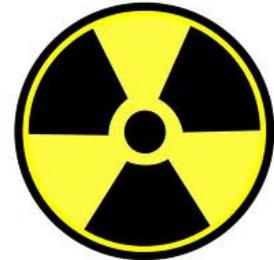
Upcoming Trainings and Events



Radiation and Terrorism: A Guide for Healthcare Workers and First Responders

This training will give the participants a basic understanding of:

- 1) Radiation, including types and measurement
- 2) Biological effects associated with radiation exposure
- 3) Safety precautions and exposure control techniques
- 4) EPA and CDC Guidelines for responding to a radiological event



Date: Tuesday, April 7th

Time: 6:00pm — 8:00 pm

Location: The Churchill School, 301 E. 29th Street, New York, NY 10016

Registration: <https://a816-healthpsi.nyc.gov/MRCSelfServe/>

Exercise Design, Conduct & Evaluation

This session will cover design, conduct and evaluation of preparedness exercises that can help ensure an organization's plans and employees are ready before an emergency occurs. The presentation will cover the crafting of objectives, the selection of planning team members, the exercise design process and the development and use of evaluation guides.

Michael McCollum, a FEMA-certified Master Exercise Practitioner (MEP) and the Director of Exercises and Training at the NYC DOHMH, will be presenting.

Date: Thursday, April 30th

Time: 6:00pm - 8:00pm

Location: The Churchill School, 301 E. 29th Street, New York, NY 10016

Registration: <https://a816-healthpsi.nyc.gov/MRCSelfServe/>



Citi Field FDNY Evacuation Exercise

On Saturday, May 2nd the FDNY is conducting a full-scale evacuation exercise at Citi Field in Queens. The purpose of the exercise is to practice evacuation of the stadium in the event of an emergency or disaster. FDNY wants to make this exercise as realistic as possible, so they are seeking a large number of MRC members to participate. They have also opened this exercise to your family and friends, including children. As a thank you, Citi Field will provide access to the evening's baseball game: **Mets vs Nationals**.

Date: Saturday, May 2nd

Time: 12:00pm - 7:00pm

Location: Citi Field, 123-01 Roosevelt Avenue, Queens, NY 11268

Registration: To register, please send an email to healthmrc@health.nyc.gov



Please include your name, profession, email and cell phone#. Please also include the names and ages of your guests. MRC members are requested to wear your MRC shirts.



Upcoming Trainings and Events

Basic Disaster Life Support

BDLS training will be offered to MRC members free of charge. The BDLS® course is a review of the all-hazards topics including natural and accidental man made events, traumatic and explosive events, nuclear and radiological events, biological events, and chemical events. Also included is information on the health care professional's role in the public health and incident management systems, community mental health, and special needs of underserved and vulnerable populations.

Date: Saturday, May 9th

Time: 9:00am - 5:00pm

Location: NYU College of Dentistry, 345 E. 24th Street, New York, NY

Registration: <https://a816-healthpsi.nyc.gov/MRCSelfServe/>



30th ANNUAL

**AIDS
WALK
NEW YORK**

MAY 17, 2015

Join NYC MRC for Aids Walk NY 2015

NYC Medical Reserve Corps will again sponsor a team for the Aids Walk, which will be held on **Sunday, May 17th** in Central Park. This is an opportunity to show New Yorkers our MRC pride, raise money for a good cause, and get to know some great MRC members.

To learn more, register for our team, and/or donate, go to:

<https://ny.aidswalk.net/Team/View/5658/NYC-Medical-Reserve-Corps-8264>

Infection Control

DOHMH is responsible, in biological emergencies, for preventing exposure and transmission in all sectors of NYC. This effort is challenged by the size of the city, and by the many and intricate interfaces and interactions between and among populations, infrastructures, and environments. Standard infection and exposure control guidance tends to address discrete populations, predictable exposures, and controlled environments. Nevertheless, established infection control principles, adapted to account for scale, complexity, and uncertainty, provide a sound basis for effectively managing all phases of a biological emergency. This presentation examines infection control for Ebola and other large scale, population based, infection and exposure control in our multifaceted and densely populated urban environment.

This presentation will be given by **Pamela Kellner, RN, MPH**

Date: Tuesday, May 19th

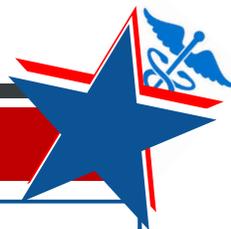
Time: 6:00pm — 8:00pm

Location: The Churchill School, 301 E. 29th Street, New York, NY

Registration: <https://a816-healthpsi.nyc.gov/MRCSelfServe/>



Upcoming Trainings and Events



Patient Evacuation: Who do you save first?

In an emergency, who do you evacuate first? When do your priorities change, and why? In this interactive session, participants will learn the fundamentals of patient prioritization in evacuation based on the speaker's own experiences in Hurricane Irene and Superstorm Sandy, and will have a chance to practice decision-making in a variety of hypothetical scenarios.



Date: Tuesday, June 16th

Time: 6:00—8:00

Location: The Churchill School, 301 E. 29th Street, New York, NY 10016

Registration: <https://a816-healthpsi.nyc.gov/MRCSelfServe/>

MRC Orientation

This training is an introduction to NYC MRC. It is a great overview for both new members and longtime members, and is the prerequisite for our most popular trainings. Orientation covers how MRC fits into the bigger emergency response picture, what NYC MRC members will do, what protections are offered, and what you can do to be prepared.

Date: Sunday, June 14th

Time: 10:00am - 12:00pm

Location: 125 Worth Street, New York, NY 10013

Registration: <https://a816-healthpsi.nyc.gov/MRCSelfServe/>

New York City



NYC MRC Volunteer Response To The Needs of Vulnerable Populations

The DOHMH Bureau of Policy, Community Resilience and Response will provide Medical Reserve Corps (MRC) volunteers an interactive workshop that explores and defines vulnerabilities in NYC and discusses the implications with the Post-Emergency Canvassing Operation (PECO). Workshop participants will explore and define vulnerable populations in NYC, participate in coastal storm and heat wave breakout sessions specific to MRC response, and learn about PECO and Disability and Functional Access Needs (DAFN).

Date: Tuesday, June 23rd

Time: 6:00pm - 8:00pm

Location: The Churchill School, 301 E. 29th Street, New York, NY 10016

Registration: <https://a816-healthpsi.nyc.gov/MRCSelfServe/>



Public Health Activities



Public Health Activities

BLOOD PRESSURE SCREENINGS

In collaboration with Lutheran Community Health, MRC has been asked to provide MRC members to help with blood pressure screenings at two churches in Brooklyn:

Our Lady of Refuge Church, 2020 Foster Ave., Brooklyn

Wednesday, April 15th from 10:30am – 12:30pm

Wednesday, April 29th from 10:30am – 12:30pm

Language: Creole

Our Lady of Perpetual Help Church, 59th St. and 5th Ave., Brooklyn

Sunday, May 24th – 10:30am – 1:00pm

Language: Spanish



PHARMACISTS BROWN BAG RX REVIEWS

We have added a new initiative to our Public Health Activities: Brown Bag Medication Reviews. Community members are invited to bring their medications in a “brown bag” and pharmacists will review their purpose and how they are to be taken. Three Spanish speaking MRC pharmacists participated in our first Brown Bag Review last Saturday, and we hope to do many more. This is a great opportunity for Pharmacists to volunteer.

BROWN BAG RX REVIEW — PHARMACISTS NEEDED

Ephesus SDA Church 101 W. 123 St., Harlem

Wednesday, April 22nd from 4:00pm – 6:00pm

Language: English

Brooklyn Section Health & Education Fair

Von King Cultural Arts Center/Park, Between Green and Lafayette Avenues

Saturday, June 20th from 11:30am – 4:30pm

Language: English



To register, send an email to healthmrc@health.nyc.gov

Please include your name, profession, date and location where you'd like to serve.

Update Your Record

We rely on the data in **ServNY** to reach you in times of emergency or disaster. It is very important to keep your record up to date. You can do this in three ways:

- 1) Update your own record at: <http://bit.ly/1C5YvCr>
- 2) Send your current/new data to: healthmrc@health.nyc.gov
- 3) Call us at **347-233-1545** or **347-396-6248**



Thank You!

MRC in Action March 2015



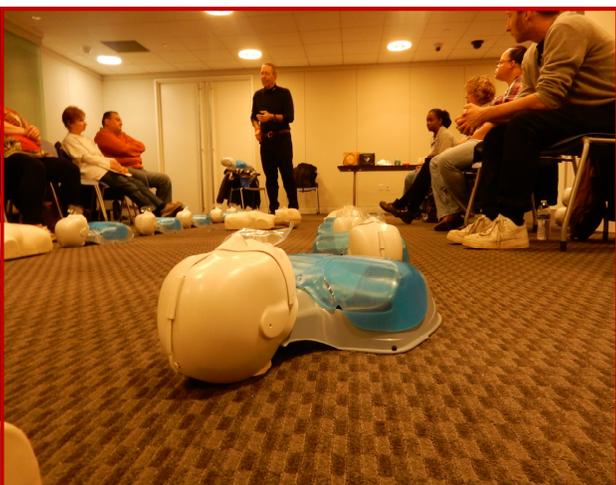
RRC Symposium: Emergency Management of Radiation Accident Victims



OLPH Spanish BP screening



New York City



CPR/AED Pro

Notes on our New Registration System



As many of you have discovered, we began using our MRC Self-Scheduling System (SSS) for emergency events and training registrations. The purpose of this system is to allow you to become accustomed to the tool, and for us to find and fix any “kinks” that may exist.

Here are some things you should know about logging on:

- The Self-Scheduling System coordinates with ServNY to confirm your identity. You must enter your first name, last name and email address *exactly as you entered in your ServNY* profile. Failure to provide the exact information will result in an automated “Error in verifying your credentials” message and you will be unable to log in.
- Once logged in to the SSS, it will ask you to confirm your current phone number.
- When your phone number has been validated, you will arrive at the “Search Shifts” page. Click on the “Event” drop down to choose the event you are interested in. You will then see the entire list of shift dates, shift times and total needs available for your profession.
- You can choose to narrow your search on the “Search Shifts” page by choosing a “Borough” or a date range in the “Search Between” drop down.
- If all shifts for an event or site are full, it will not appear on your screen. This means if you are looking for an event, and you cannot find it, it is closed to new registrants.
- Once you have successfully registered, the system will automatically send you a confirmation email
- This system is designed to be used on a computer. It has some compatibility with Droid tablets, but does not work with iPads and is not phone enabled.



Thank you for your patience with learning this new system. It is our hope that SSS will make it much easier for you to volunteer during large scale emergencies, smaller events as well as trainings.

Articles of Interest

U.S. deaths due to high blood pressure keep rising

The overall death rate from high blood pressure in the United States has increased 23 percent since 2000, even as the death rate from all other causes has dropped 21 percent.

<http://bit.ly/1NuCuRE>

Makers of Generic Drugs Challenge F.D.A Plan for Updated Warnings

The pharmaceutical industry mounted a new challenge on Friday to a federal plan that would require generic drug companies to take the initiative to update their labels to warn consumers whenever health risks were discovered, a shift that would expose the companies to legal liability.

<http://nyti.ms/1BJubMa>