



New York City
Medical Reserve
Corps



February 2014

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NYC MRC In Action: On Facebook

For the past four months the NYC MRC team has been hard at work and we're excited to say we've finally launched our [Facebook FAN PAGE!](#) Our NYC Civic Corps member [Alane Golden](#) has been diligently working to find interesting and engaging posts.

This page is for you!

We're in a trial period and in order to keep the [Fan Page](#) we **absolutely** need volunteer engagement! There are a variety of ways to help us to achieve success ...

- **Like.** We're asking that you "like" the page (BIG thanks to those who already have!);
- **Comment.** When you **like**, *comment* and **share** specific MRC posts, your opinions are heard and we can cater the conversation to your interests;
- **Share.** You may also share your MRC photographs directly on the page – because we just can't get enough moulage!
- **Suggest.** Suggest the [NYC MRC Fan page](#) to both facebook and "real life" friends that you think would engage. Also, tell us more of what you'd like to see;
- **Mention.** By using the hashtag #NYCMRC on any social media platform, i.e. [facebook](#), Twitter, Instagram, Pinterest, etc. You help spread the word and make it easy to search all things NYC MRC related; it's up to you to **keep the conversation flowing!**

[Facebook.com/NYCMRC](https://www.facebook.com/NYCMRC)



Why I Volunteer

*Simeon Godick
Physician Assistant*

How many years have you been a member of NYC MRC?

1 year

What is your profession?

Physician Assistant (PA)

What MRC activities have you participated in lately? (trainings, exercises, etc.)?

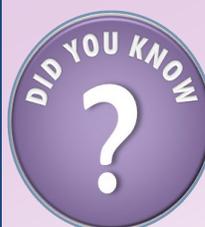
I recently volunteered at the MRC table during the St. Francis College Health Fair

Are you involved in any other volunteer activities?

I am a volunteer EMT with one of the New York volunteer EMS corps.

Why do you volunteer for NYC MRC?

I love to give to the people of this great city.



Did you know that hypothermia can occur even at temperatures above 40°f a person becomes chilled!

Learn how to recognize hypothermia and what to do about it:

<http://1.usa.gov/1kYFdtD>



MRC In Action

On January 15th, The Bureau of Environmental Emergency Preparedness and Response of the NYC Department of Health and Mental Hygiene invited medical and radiation professionals to the **6th Annual Radiation Safety Officer Symposium**. This event was open to radiation safety officers, emergency professionals, and others interested in radiological emergency planning, preparedness and response. The Symposium focused on “**Protective Action Recommendations Following an RDD (Radiological Dispersal Device or Dirty Bomb) event**”. Many NYC MRC members attended and found the lecture series quite interesting. NYC



VOLUNTEERS NEEDED for PCEPN Exercise

The Primary Care Emergency Preparedness Network is conducting a full scale exercise at seven locations. The exercise will test their ability to manage a surge during an acute infectious biological event, & manage internal hostile threats. We need 5 volunteers for each of these sites:

Access Community Health Center -
1420 Ferris Place, Bronx

Union Community Health Center -
260 East 188 St, Bronx

Community Health Center of Richmond -
235 Port Richmond Ave., Staten Island

Bedford Stuyvesant Family Health Center -
1456 Fulton St, Brooklyn

Brownsville Multi-Service Family Health -
592 Rockaway Ave, Brooklyn

Dr Betty Shabazz Health Center
999 Blake Ave, Brooklyn

Settlement Community Health Center
212 East 106 St, Manhattan

Date: Thurs, March 27th

Time: 9:00 am—1:00 pm

To register, send an email to:
healthmrc@health.nyc.gov

Please indicate which site you prefer, and give an alternate site. Don't forget your name and email!

Thanks for volunteering!

Calling all veterinarians!

For the first time, MRC veterinarians and vet techs are being asked to serve as MRC members.

The Bureau of Veterinary and Pest Control Services of the NYC Dept. of Health has asked MRC to help as they conduct a rabies vaccination clinic in Staten Island.

We are seeking veterinarians and vet techs for this project.

Date: Sunday, March 9th (alternate date: Mar. 16th)

Time: 9:00 am—2:00 pm

To register for this project, please send an email to:

healthmrc@health.nyc.gov Please include Veterinarian Project in the subject line, and include your name and licensure and email address in the body of the email.

Many thanks for your continued service!



Texting: a rapid contact during emergencies

The NYC MRC
wants to know ...

How do
you use
TEXTS?

New York City

medical
reserve
corps



It's been demonstrated that text messages will go through even when all phone circuits are busy. Because of this, the New York City Medical Reserve Corps is considering sending text messages as well as phone & email messages as part of our emergency notifications. The text notification would direct you to a webpage to choose your own volunteer shifts. We would send text messages four times a year (our test of the Emergency Notification System) and if there is a deployment for the NYC MRC.

We want to hear from you!

Do you pay for incoming text messages?

Would you be willing to receive emergency text messages from MRC?

Please share your
thoughts and ideas with us!

NYC MRC: Join the conversation

 <https://www.facebook.com/NYCMRC>

MRC TRAININGS

All Hazards Training for Mental Health Professionals

Date: Tuesday, February 18th

Time: 8:30 AM to 4:30 PM

5:30 PM – registration and light supper

Location: NYC DOHMH 42-09 28th St, Room 05-22, Long Island City Queens

To register, go to: <https://www.eventbrite.com/e/nyc-medical-reserve-corps-all-hazards-training-for-mental-health-professionals-registration-5441951022>

This training prepares you to be part of the Resiliency and Emotional Support Team (REST) that works closely with the Mental Health staff of DOHMH to support both staff and victims in the event of a disaster or emergency. As members of the REST Team you will receive free disaster related training and opportunities to participate in drills. As part of the REST Team you will gain satisfaction from knowing that you are helping New Yorkers become better prepared to respond to and recover from the mental health implications of disasters and public health emergencies.

*****MRC ORIENTATION IS A PRE-REQUISITE FOR THIS COURSE*****

MRC Orientation

Date: Wednesday, February 19th

Location: 125 Worth St., 3rd Floor Boardroom, Manhattan

Time: 6:00 PM to 8:00 PM

5:30 PM – registration and light supper

To register, go to: <https://www.eventbrite.com/e/nyc-medical-reserve-corps-orientation-registration-6726815085>

This training is an introduction to NYC MRC. It is a great overview for both new members and longtime members, and is the prerequisite for our most popular trainings. Orientation covers how MRC fits into the bigger emergency response picture, what NYC MRC members will do, what protections are offered, and what you can do to be prepared.

**Resilience &
Emotional
Support
Team**

New York City



MRC TRAININGS ctd...



CPR/AED

Date: Saturday, February 22nd

Time: 12:00 PM—5:00 PM

Location: The Churchill School ,301 E 29th Street, Auditorium, Manhattan

To register, go to: <http://www.eventbrite.com/e/nyc-medical-reserve-corps-cpr-pro-for-healthcare-professionals-registration-6060556287>

This small group hands on class provides professional level training. Certification cards will be provided to those who pass this training. These trainings have very limited enrollment and are for MRC members only. Prerequisite: You must have attended an MRC Orientation plus at least one other training or exercise or deployment in the last year.

Active Shooter: What can you do?

Date: Monday, March 10th

Location: The Churchill School 301 E 29th Street, Auditorium, Manhattan

Time: 6:00 PM – 8:00 PM

5:30 PM – registration and light supper

To register, go to: <https://www.eventbrite.com/e/nyc-medical-reserve-corps-active-shooter-registration-10400713815>



An “Active Shooter” is an individual actively engaged in killing or attempting to kill people in a confined space or other populated area. In most cases, active shooters use firearms and there is no pattern or method to their selection of victims.

Active shooter situations are unpredictable and evolve quickly. Typically, the immediate deployment of law enforcement is required to stop the shooting and mitigate harm to victims. Active shooters usually will continue to move throughout building or area until stopped by law enforcement, suicide, or other intervention.

This course provides guidance to individuals, including managers and employees, so that they can prepare to respond to an active shooter situation.

By the end of this course, participants will be able to:

- Describe actions to take when confronted with an active shooter and responding law enforcement officials.
- Describe actions to take to prevent and prepare for potential active shooter incidents.
- Describe how to manage the consequences of an active shooter incident.

Not all recommendations provided here will be applicable at every facility. This course is intended to provide guidance to enhance facility-specific plans and procedures as well as personal preparedness if the individual becomes involved in an active shooter situation.

MRC Orientation

Date: Tuesday, March 11

Location: 125 Worth St., 3rd Floor Boardroom, Manhattan

Time: 6:00 PM – 8:00 PM

5:30 PM – registration and light supper

To register, go to: <http://www.eventbrite.com/e/nyc-medical-reserve-corps-orientation-registration-6726815085>



This training is an introduction to NYC MRC. It is a great overview for both new members and longtime members, and is the prerequisite for our most popular trainings. Orientation covers how MRC fits into the bigger emergency response picture, what NYC MRC members will do, what protections are offered, and what you can do to be prepared.

MRC TRAININGS ctd...

Commodity Distribution Point Training



Date: Wednesday, March 12

Location: Office of Emergency Management (OEM) 165 Cadman Plaza East, Brooklyn

Time: 6:00 PM – 8:00 PM

5:30 PM – registration and light supper

To register, go to: <http://www.eventbrite.com/e/nyc-medical-reserve-corps-commodity-distribution-point-training-registration-7229410361>

MRC is working with the Office of Emergency Management (OEM) to recruit a group of volunteers to staff Commodity Distribution Points (CDP) in times of emergency. As seen with Super Storm Sandy, it is imperative to have a group of volunteers to deploy in times of need. Volunteers would help support the distribution of essential items like food, water, and blankets to the community.

Coastal Storm and Sheltering Training

Date: Wednesday, March 26

Time: 6:00 PM—8:00 PM

5:30 PM - registration and light supper

Location: OEM, 165 Cadman Plaza East, in the Emergency Operations Center, Brooklyn

To register, go to: <https://www.eventbrite.com/e/nyc-medical-reserve-corps-coastal-storm-and-sheltering-training-registration-10491882503>

Many of you volunteered in shelters during Irene and Sandy. For those who experienced shelters, and for those of you who have not, the Office of Emergency Management, in collaboration with the Red Cross, is offering Sheltering training for MRC members. This is a great opportunity to learn what the future plans are for shelters.



Save the Date!

**Mark your calendar for
The 2nd Annual
NYC Medical Reserve Corps Symposium**

**Sunday, April 6th
NYU Kimmel Center**

Stay tuned for more details

Articles of Interest

[Emergency Preparedness Requirements for Medicare and Medicaid Participating Providers and Suppliers](#)

The Centers for Medicare & Medicaid Services (CMS) has proposed a rule that would ensure that Medicare- and Medicaid-participating providers do the following:

- Adequately plan for natural and man-made disasters
- Coordinate with federal, state, tribal, regional, and local emergency preparedness systems
- Be adequately prepared to meet the needs of patients, residents, clients, and participants during emergency situations

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[US Flu Activity Shows Confusing Pattern](#)

States and regions are reporting widely varying levels of influenza cases. The CDC reported that the percentage of medical visits for influenza-like illness dropped last week; however, influenza is now widespread in 40 states compared to 35 last week.

[CDC Updates Guidelines on Preventing, Treating Anthrax in Adults](#)

The CDC recently updated guidelines for treating and preventing anthrax in adults and pregnant women. The two sets of guidelines were published on January 17, 2014 in *Emerging Infectious Diseases*.

[NACCHO Developing New Web and Mobile-Based Application for the Medical Reserve Corps](#)

NACCHO is working with [Rallyware](#), a start-up company that has created online platforms to engage decentralized networks similar to the MRC, to develop a new web and mobile-based system for use by MRC unit leaders, volunteers, and partners. The new platform, scheduled to launch in Summer 2014, will help MRC unit leaders and volunteers to manage logistics and tracking of events and trainings via their smartphones and a new online system and connect with others throughout the 200,000 strong MRC network. Help spread the word about the new tool for the MRC, and [learn more](#) about what the technology can do for the MRC.