

New York City



# New York City Medical Reserve Corps



**July 2014**

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## *Why I Volunteer*



**Emmanuel Otuada, RN**

### Scheduling application

NYC MRC has been working on a self-assignment application, and we are excited to announce that it is in its final stages! This tool will allow NYC MRC members to assign themselves to shifts during emergencies and other NYC MRC events. Once signed in to the program, the

search for shifts will be completely tailored to the NYC MRC member.

Members will be able to narrow their shift search criteria based on location, shift time, roles and profession. This application will make activations more efficient for not only MRC staff but members as well!



### ***How many years have you been a member of NYC MRC?***

For about three years, since 2011.

### ***What is your profession?***

I am a Registered Nurse

### ***What MRC activities have you participated in lately? (trainings, exercises, etc.)?***

I volunteered at the St Francis Health Fair and Canarsie Day, providing blood pressure screening and education, various emergency response simulations at healthcare facilities and hospitals. I also volunteered during Hurricane Sandy.

### ***Why do you volunteer for NYC MRC?***

Because someone has to volunteer to help to anyway we can while we have the time and the ability.

# Welcome!

## New NYC MRC Advisory Board Members!

We are very excited to announce the addition of seven new advisory board members. We thank our current members for their valued service and welcome our new members!

### New Members:

*Rugiatu Bahr, RN*  
*Rob Bristow, MD*  
*Barbara Cohen, PhD*  
*Bill Fasbender, EMT*  
*Vashti Sankar Deonarine, RN*  
*Melissa Shah, Student*  
*Paula Sinclair, DO*

### Current Members:

<i>Norberto Alberto, RPh</i>	<i>Rosamond Gianutsos, PhD</i>	<i>Kesiah Scully, EMT</i>
<i>Ariel Alvarez, RN</i>	<i>David Glotzer, DDS</i>	<i>David Seres, MS</i>
<i>Bernice Banschick, NP</i>	<i>Priscilla Gonzalez, RDH</i>	<i>Barbara Smith, RN</i>
<i>Ann Barber, MD</i>	<i>Gary Guarnaccia, MD</i>	<i>Anthony Smith, RN</i>
<i>Jon Bloomberg, EMT</i>	<i>Mark Jarrett, MD</i>	<i>Christopher Smith, LMHC</i>
<i>Patricia Bутtenheim, RN</i>	<i>Adam Lichtman, MD</i>	<i>Deborah Symonette, DO</i>
<i>Okja Cho, RN</i>	<i>Josef Machac, MD</i>	<i>Stella Vilceus, RN</i>
<i>Alain Fedida, MD</i>	<i>Ralph Nofi, PhD</i>	<i>Darryl Wisher, RPh, EMT</i>
<i>Luis Fujimoto, DMD</i>	<i>Jean Sanchez, RN</i>	

## June MRC Trainings



### Extreme Weather Training

On Wednesday, June 18th, Tom Matte, the Assistant Commissioner of the Bureau of Environmental Surveillance and Policy gave NYC MRC members a training discussing extreme weather events. This was an informative and enjoyable training!

### Weapons of Mass Destruction Training

On Monday and Wednesday June 23rd and 25th, NYC MRC members attended a Weapons of Mass Destruction Training at the Office of Emergency Management (OEM). This course discussed terrorism, weapons of mass destruction, target assessment and awareness levels.



# MRC IN ACTION

## FDNY Decon Exercise:

On June 12th NYC MRC members acted as radiation victims in a FDNY exercise at Louis Armstrong Tennis Center. Volunteers got to experience the whole decontamination process and had a lot of fun doing so!

Thanks to all who participated!



## June Health Fairs:

This month, NYC MRC participated in three different health fairs. Volunteers conducted blood pressure screenings and education as well as first aid. Thanks to all who participated!

### NYC Department of Youth and Community Engagement - Fathers Day Event Saturday, June 14th Forestdale



### Canarsie Day - Sponsored by the Canarsie Coalition Saturday, June 14th



### EHACE—National HIV Testing Day

Saturday, June 21



## Upcoming Trainings

### MRC Orientation

**Date:** Monday, July 14th

**Location:** 125 Worth St., 3rd Floor Boardroom, Manhattan

**Time:** 6:00pm – 8:00pm - training

5:30 – registration and light supper

**To register, go to:** <http://bit.ly/1hmNVKN>

This training is an introduction to NYC MRC. It is a great overview for both new members and longtime members, and is the prerequisite for our most popular trainings. Orientation covers how MRC fits into the bigger emergency response picture, what NYC MRC members will do, what protections are offered, and what you can do to be prepared.



### Field Preparedness

**Date:** Wednesday July 16th

**Location:** Office of Emergency Management (OEM)  
165 Cadman Plaza East, Brooklyn

**Time:** 6:00pm – 8:00pm

5:30pm – registration and light supper

**To register, go to:** <http://bit.ly/1hv1Gld>

Conducted by the OEM Training Unit, this course will walk you through the progression of an incident from pre-deployment through demobilization. Each phase includes information detailing how OEM Watch Command, Response and EPC support interagency coordination and communication and how the Citywide Incident Management System (CIMS) ties the whole operation together. This course then describes incidents that may require field deployment of non-operations personnel. It covers rules and guidelines for deployment, reporting structure, proper tools and equipment, what to expect and how to prepare yourself operationally and mentally for your role in the field response.

### Really Cool Radiological Stuff or Why You Should Volunteer During Radiological Events

**Date:** Tuesday, August 5th

**Location:** The Churchill School, 301 East 29 St, (betw.1st & 2nd Aves), Manhattan

**Time:** 6:00pm – 8:00pm

5:30pm – registration and light supper

**To register, go to:** <http://bit.ly/1lzZd0b>

Andy Karam, PhD, CHP tells all about radiation, its dangers, and what you can expect if you volunteer in a Community Reception Center. Radiation seems to worry people much more than it should, primarily because people don't know much about it. In reality, while we do have to be careful when working with it, we can work with it safely if we know what we're doing. We will be spending a few hours learning about radiation – what it can (and can't) do, how we can detect it, and how to work with it safely – to help clear up some misconceptions about radiation. We will also talk a little about what might happen during a radiological emergency and how you might be able to help out, while not putting yourself at risk.





## August Public Health Events:

Health First is sponsoring three Health and Wellness Expos in underserved locations in NYC. They expect over 2,500 visitors per Expo and they need our help.

MRC members have been invited to conduct blood pressure screening and educational services to the attendees.

The Health and Wellness Expos are held on **Saturdays from 10am to 5pm** at the following:

- **Dr. Greene Playground, Brownsville, Brooklyn NY – August 2, 2014**
- **Gouverneur Playground, Claremont Village, Bronx, NY – August 9, 2014**
- **Adam Clayton Powell State Office Building Plaza, Harlem, NY – August 23, 2014**

If you are willing to participate, please send an email to: [healthmrc@health.nyc.gov](mailto:healthmrc@health.nyc.gov)

**Please include your name, location you would like to serve, profession, phone number and email**



## Articles of Interest

### [Create Lifelong Partners in Health and Community Resilience](#)

Think about ways you can encourage teens to use their time, talents and skills to help their communities. They could be great partners for emergency preparedness and health education programs.

### [Allocating Scarce Medical Resources in a Disaster](#)

Dr. Eric Toner was a guest on WYPR's Monday Morning with Sheilah Kast, where he discussed how healthcare providers should decide who has access to medical resources when they are scarce.

### [A Brutal Storm Impacted Shore Residents' Mental Health](#)

New data shows that more individuals in the 10-county area affected by Superstorm Sandy are seeking help for behavioral health concerns such as alcohol and substance abuse, sleep disturbances, anxiety, depression, and post-traumatic stress disorder.'

### [Emergency Communications and Disabilities](#)