



New York City Medical Reserve Corps



June 2014

42-09 28 St., Queens NY 11101

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AIDS Walk 2014

On Sunday May 18th, NYC MRC participated in the New York City AIDS Walk. The weather was great, the company was fun and for the first time, the whole team finished the walk!

Our team raised \$550 for this worthy cause. Bravo!



Why I Volunteer



Roberto Javier, RN

How many years have you been a member of NYC MRC?

I've been a member since September 2012

What is your profession?

I am a NY Registered Nurse and a teacher. I am a Doctor in Philippines.

What MRC activities have you participated in lately? (trainings, exercises, etc.)?

I attended the MRC symposium: From Boston to NYC: Preparing for Disasters. I was there during the FDNY Exercise at Manhattan College where we acted as victims. I attended the Bombs Blasts and Triage, CPR Pro, BDLs, and Psychological First Aid Training. I got my feet sore doing the AIDS Walk New York.

Are you involved in any other volunteer activities?

I also volunteer for the Radiation Reserved Corps of MRC.

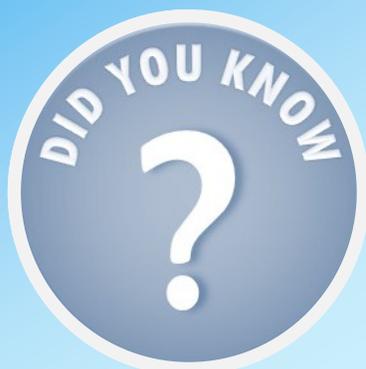
Why do you volunteer for NYC MRC?

I love being in the medical field, I believe in continuing education and sharing it with others in whatever way we can. Preparedness, providing medical care and helping others prepare for disasters can save more lives and keep people psychologically healthy. If more people are trained to work systematically together, more can be accomplished. We can learn a lot from past disasters and continuously improve our methods of how to deal with coming disasters. My father told me that education is a treasure that nobody can steal from you; but you can share it with others who are willing to learn from you. I salute the MRC trainers who unselfishly shared their

June is National Safety Month

Learn how to stay safe in the summer heat with these tips from the CDC:

<http://1.usa.gov/1m4sVhd>



ABCs of CRCs-Radiation Symposium

On May 19th, the Bureau of Environmental Emergency Preparedness and Response (BEEPR) held a one-day workshop for the Medical Reserve Corp (MRC) on Community Reception Center (CRC) operations. Entitled "The ABCs of CRCs" the workshop was attended by about 45 MCR volunteers who participated in morning lectures and afternoon hands-on breakout sessions where they learned how public portal monitor screening, personnel surveys and facility scanning were to be conducted. MRC members are expected to support public health risk assessment and radiation control positions at CRCs. BEEPR personnel supplied the survey instruments and portal equipment which were made available with instruction to all workshop participants. An additional breakout session on the process of risk management interviewing taught MRC members how to properly assign the medical follow-up of victims of a radiological attack. MCR members were given an informative pocket guide of radiological data compiled by BEEPR staff.



MRC IN ACTION

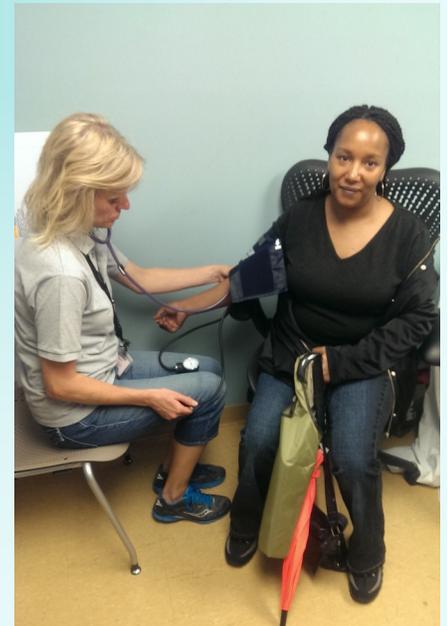
BDLS Training

On May 3rd, NYC MRC members participated in a Basic Disaster Life Support training at NYU college of Dentistry. NYC MRC Board member David Glotzer taught the training in which he covered all-hazards topics including natural and accidental man made events, traumatic and explosive events, nuclear and radiological events, biological events, and chemical events. It was a very informative training, thanks to all who attended!



EHACE Health Fair

On Friday May 16th, NYC MRC members volunteered to table and provide Blood Pressure Screenings at the East Harlem Asthma Center of Excellence (EHACE). NYC MRC members provided invaluable information about blood pressure to students and passerby's and did over 55 screenings!





Volunteers Needed!

NYC MRC has been invited to participate in three health fairs and need MRC volunteers, particularly RNs, NPs and PAs to conduct blood pressure screenings and education, as well as doctors, PAs and EMTs to provide first aid as needed. We will provide print materials, blood pressure cuffs and first aid kit. If you can, please bring your own stethoscope. Thank you for your willingness to volunteer! Here are the details:

Dates and Locations:

NYC Department of Youth and Community Engagement
Father's Day event

Date: Saturday, June 14

Time: 10:00 am – 2:00 pm (please arrive by 9:30)

Location: Forestdale, 67-35 112 St, Forest Hills.

This is an outdoor fair



**Department of
Youth & Community
Development**



Canarsie Day Sponsored by the Canarsie Coalition

Date: Saturday, June 14

Time: 1:00 – 7:00 pm (please arrive by 12:30)

Location: Canarsie Park, aka Seaview Park, Seaview Avenue btw. East 84 St and East 87 St. This is an outdoor event.

We will need Doctors and EMTs for this event to provide first aid as needed, as well as nurses to provide blood pressure screenings and education .

This event will be in a park.

National HIV Testing Day

Date: Saturday, June 21

Time: 12 pm - 4 pm (please arrive at 11:30)

Location: East Harlem Asthma Center of Excellence, 161-169 East 110 St, NY, NY.

This event will take place outdoors



If you are willing to participate, please send an email to:

Healthmrc@health.nyc.gov

Please include your name, profession, email address and phone number. Thank you for your willingness to serve the people of NYC.

Upcoming Trainings

Extreme Weather: Public Health Risks in NYC

Date: Wednesday, June 18th

Location: The Churchill School,
301 East 29 Street, Manhattan

Time: 5:30pm – registration and light supper
6:00pm – 8:00pm

To register, go to: <http://bit.ly/11112XG>

This presentation Will discuss extreme weather events of public concern, especially extreme heat. It will highlight health impacts, ambient conditions vs. risk, and the danger for vulnerable populations. It will also consider the potential impact of power outages. Tom Matte, Assistant commissioner, Bureau of Environmental Surveillance and Policy, DOHMH will give this presentation. As we approach summer, this is news you can use.



Weapons of Mass Destruction

Date: Monday June 23 **AND**
Wednesday June 25th

Location: Office of Emergency Management (OEM)
165 Cadman Plaza East Brooklyn, NY 11201

Time: 6:00pm – 8:00pm
5:30pm – registration and light supper

To register, go to: <http://bit.ly/1mzOaHW>



This course standardizes the minimum WMD awareness level training delivered by the Department of Homeland Security. The class covers terrorism, weapons of mass destruction (WMD), target assessment, and the awareness level mantra: **RAIN** (**R**ecognize, **A**void, **I**solate, and **N**otify). Upon successful completion of this class a certificate will be issued from the Center for Domestic Preparedness. This training is being offered by the Office of Emergency Management (OEM).

This is a two day training. You must be a US citizen, have your FEMA SID number and attend both days (June 23 & 25 from 6pm to 9pm) in order to receive a certificate.

Due to the sensitive materials in this course, you must be a US citizen, and you must have a FEMA SID number. To obtain a FEMA SID number, go to: <http://www.usfa.fema.gov/nfa/about/attend/ftin.shtm>



Field Preparedness

Date: Wednesday July 16th

Location: Office of Emergency Management (OEM)
165 Cadman Plaza East Brooklyn, NY 11201

Time: 6:00pm – 8:00pm
5:30pm – registration and light supper

To register, go to: <http://bit.ly/1hv1Gld>

Conducted by the OEM Training Unit, this course will walk you through the progression of an incident from pre-deployment through demobilization. Each phase includes information detailing how OEM Watch Command, Response and EPC support interagency coordination and communication and how the Citywide Incident Management System (CIMS) ties the whole operation together. This course then describes incidents that may require field deployment of non-operations personnel. It covers rules and guidelines for deployment, reporting structure, proper tools and equipment, what to expect and how to prepare yourself operationally and mentally for your role in the field response.

Articles of Interest

[U.S. Mines Personal Health Data to Find the Vulnerable in Emergencies](#)

When an ice storm threatened New Orleans in January, vast volumes of government data were used to identify potentially vulnerable people and share their names with local public health authorities for outreach.

[How U.S. Hospitals Are Planning To Stop The Deadly MERS Virus](#)

The World Health Organization is calling for Saudi hospitals to tighten infection control measures. Hospitals worldwide need to be equally vigilant.

[MERS 101: What You Need to Know About This Novel Disease](#)

Since April 2012, there have been over 500 laboratory-confirmed cases of MERS reported to the World Health Organization (WHO). Currently, we know this virus has spread from ill people to others through close contact, such as caring for or living with an infected person.

[Neighbors Helping Neighbors](#)

When news of three high school students acquired tuberculosis (TB) around the same time, Fairfax County Health Department in Virginia put out a call for volunteers to help conduct a contact investigation. This was a great example of how a Medical Reserve Corps (MRC) volunteer partnered to assist the community.

Spring Cleaning: Update your record!

We rely on the data in ServNY to reach you in times of emergency or disaster, so it's very important to keep your record up to date. You can do this in three ways:

- go to: <https://apps.health.ny.gov/public/publogin.html> and update your own record,
- send your new data to healthmrc@health.nyc.gov
- call us at **347-396-2780** or **347-396-2781**

Indicate in the subject line that you are updating your record. Either way, you will ensure that we can reach you in the event of a disaster or emergency.

Thanks!

