

NEW YORK CITY COMMUNITY HEALTH ATLAS

2007

NYCTM
Health

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Introduction

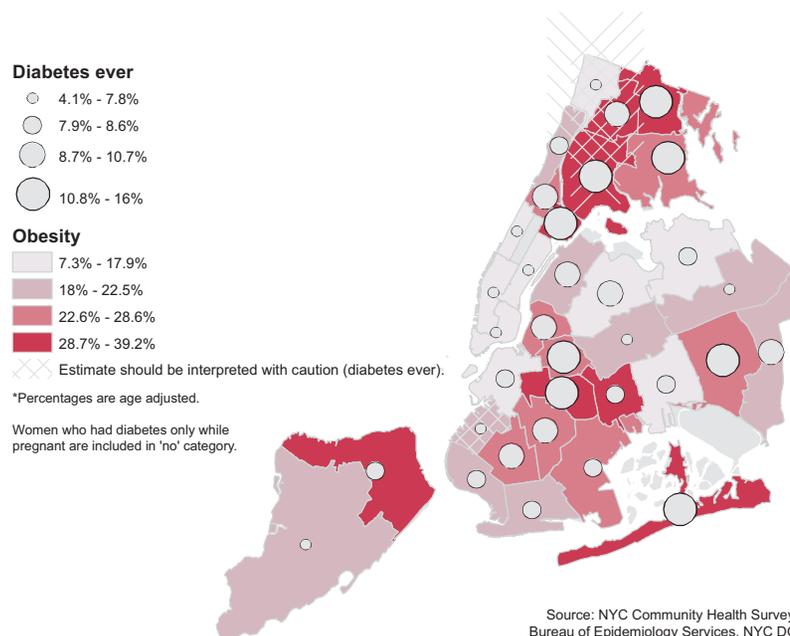
The New York City Community Health Survey (CHS) is a telephone survey conducted annually by the NYC Department of Health and Mental Hygiene, Division of Epidemiology, Bureau of Epidemiology Services. CHS provides robust data on the health of New Yorkers, including both neighborhood and citywide estimates on a broad range of chronic diseases and behavioral risk factors.

CHS is based on the National Behavioral Risk Factor Surveillance System (BRFSS), conducted by the Centers for Disease Control and Prevention. The CHS is a cross-sectional survey that samples approximately 10,000 adults ages 18 and older from all five boroughs of New York City – The Bronx, Brooklyn, Manhattan, Staten Island and Queens. A computer-assisted telephone interviewing (CATI) system is used to collect survey data, and interviews are conducted in a variety of different languages. All data collected are self-report.

CHS 2007 used a stratified random sample in order to produce citywide and neighborhood-specific estimates. Cross-sectional samples were identified in each borough, and strata were then defined using the United Hospital Fund's (UHF) neighborhood designation. There are a total of 42 UHF neighborhoods in NYC, each defined by several adjoining zip codes. To increase statistical power, several neighborhoods were combined, resulting in a total of 34 neighborhoods. Approximately 300 interviews were conducted in each of the 34 strata, with a total sample size of 9,554, a response rate of 14% and a cooperation rate of 79%.

For more information and survey questionnaires, visit <http://www.nyc.gov/html/doh/html/survey/survey.shtml>.
For other Health Department data resources and publications, visit <http://www.nyc.gov/health/mycommunityhealth>.

Reading the maps: Darker color gradients and larger point size represents higher percentages for a given variable, represented by quartiles. For example, in the map below, neighborhoods with darker color have a higher percentage of obesity, and those with larger circles have a higher percentage of diabetes. Areas that include unreliable estimates that should be interpreted with caution are identified with a hatching pattern, and areas where no estimate could be calculated or that are not covered by a UHF neighborhood (e.g., Central Park) are identified as gray areas. Maps include necessary notes reflecting age-adjusted percentages or other key information for selected variables. The maps are designed to allow readers to copy any given map and paste it into another document.



References

1. New York City Department of Health and Mental Hygiene. Epiquery: NYC Interactive Health Data System - Community Health Survey 2007. April 21st, 2009. <http://nyc.gov/health/epiquery>
2. New York City Department of Health and Mental Hygiene. My Community's Health: ESRI Shapefiles - CHS_2007_DOHMH_2009. April 21st, 2009. <http://www.nyc.gov/html/doh/html/community/community-zip.shtml>

Suggested Citation

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Acknowledgements

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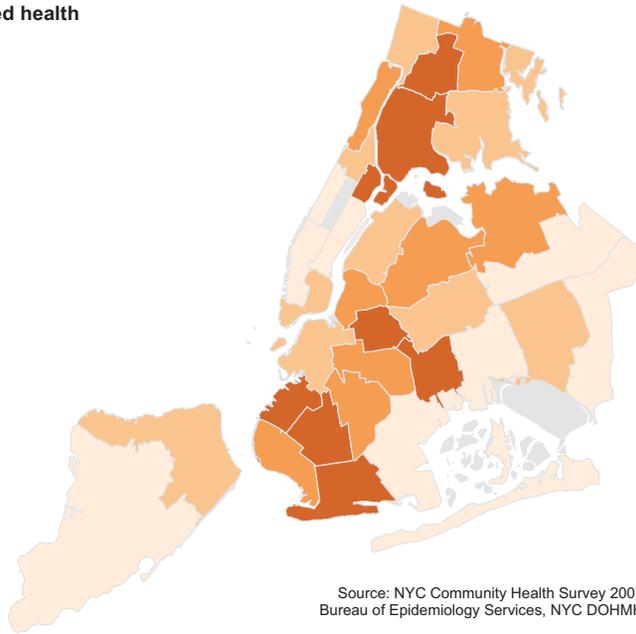
Jill Raufman
Susan Resnick
Lorna Thorpe
Charles Wu

General Physical and Mental Health

Fair or poor self-reported health

- 7.7% - 17.2%
- 17.3% - 22.6%
- 22.7% - 27.2%
- 27.3% - 33.1%

*Percentages are age adjusted.

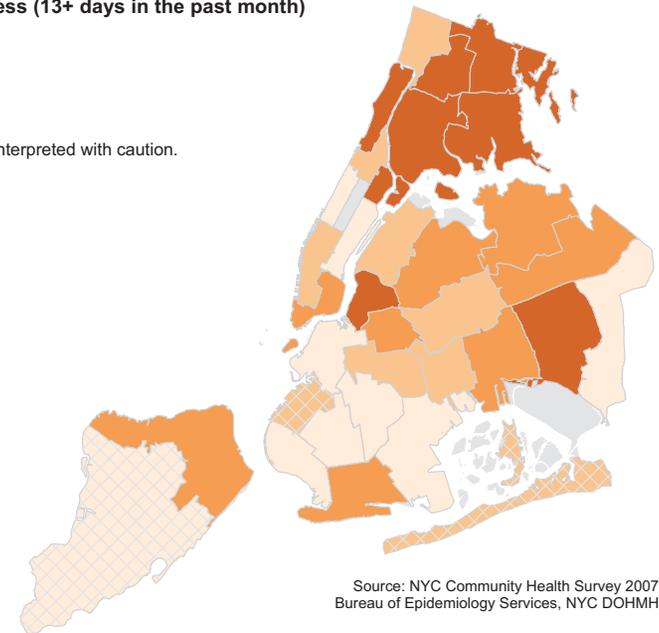


Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH

Frequent mental distress (13+ days in the past month)

- 5.6% - 9.2%
- 9.3% - 12.1%
- 12.2% - 13.8%
- 13.9% - 18.3%
- Estimate should be interpreted with caution.

*Percentages are age adjusted.



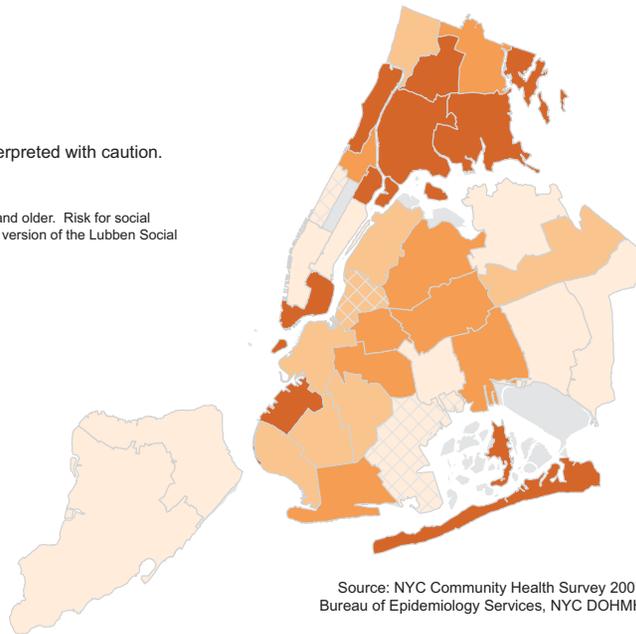
Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH

Senior social isolation

- 6% - 14.2%
- 14.3% - 17%
- 17.1% - 19.2%
- 19.3% - 29.3%
- Estimate should be interpreted with caution.

*Percentages are age adjusted.

Results restricted to adults aged 45 and older. Risk for social isolation is determined by a modified version of the Lubben Social Network Scale.

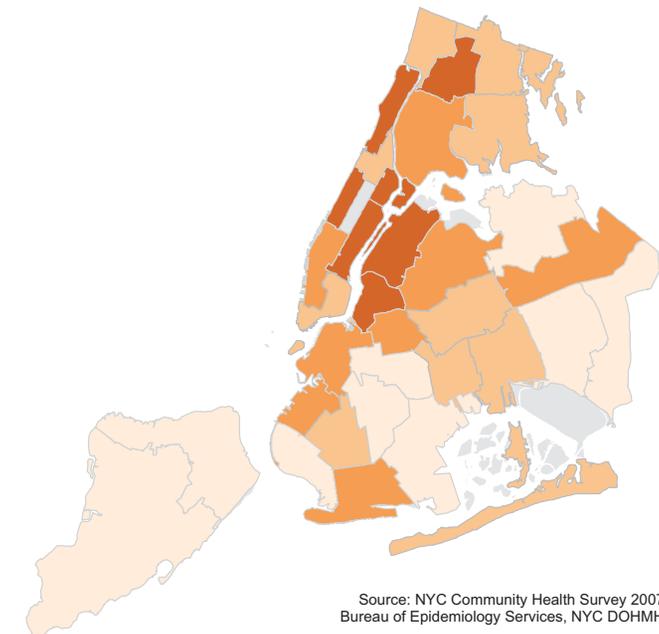


Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH

History of depression

- 7.1% - 11.9%
- 12% - 14.9%
- 15% - 19.1%
- 19.2% - 23.2%

*Percentages are age adjusted.



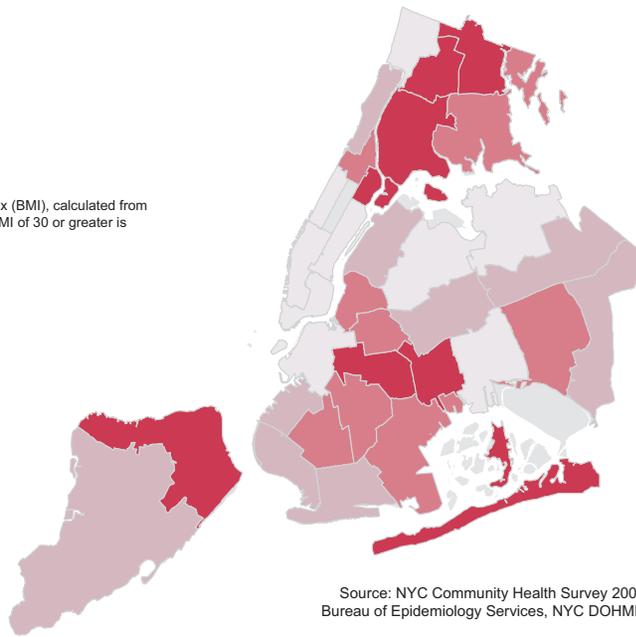
Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH

Obesity



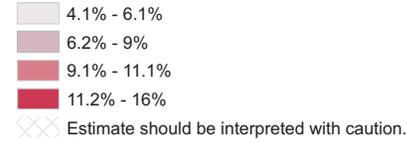
*Percentages are age adjusted.

Obesity is based on Body Mass Index (BMI), calculated from self-reported weight and height. A BMI of 30 or greater is classified as obese.



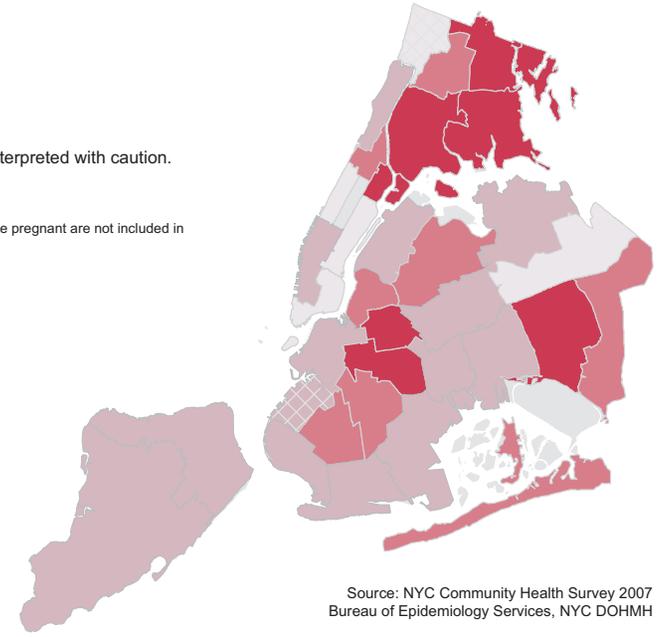
Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH

Diabetes ever



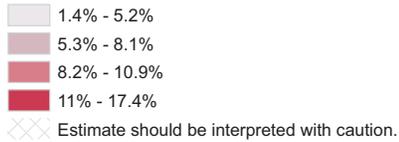
*Percentages are age adjusted.

Women who had diabetes only while pregnant are not included in these prevalence estimates.

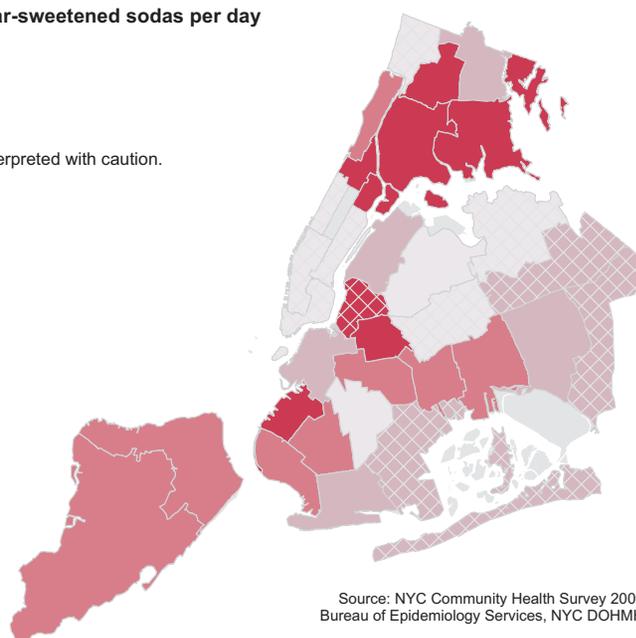


Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH

Drank two or more sugar-sweetened sodas per day

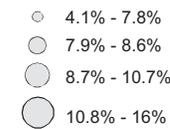


*Percentages are age adjusted.

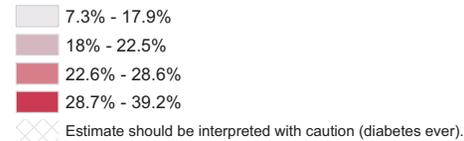


Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH

Diabetes ever



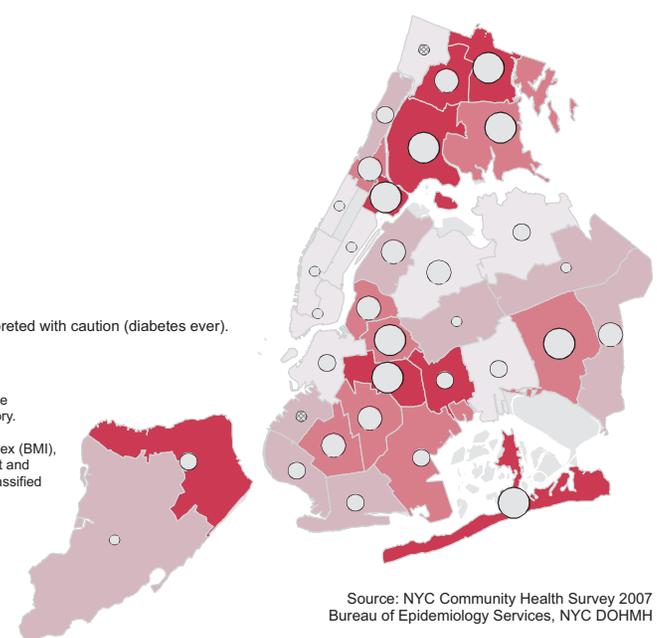
Obesity



*Percentages are age adjusted.

Women who had diabetes only while pregnant are included in 'no' category.

Obesity is based on Body Mass Index (BMI), calculated from self-reported weight and height. A BMI of 30 or greater is classified as obese.

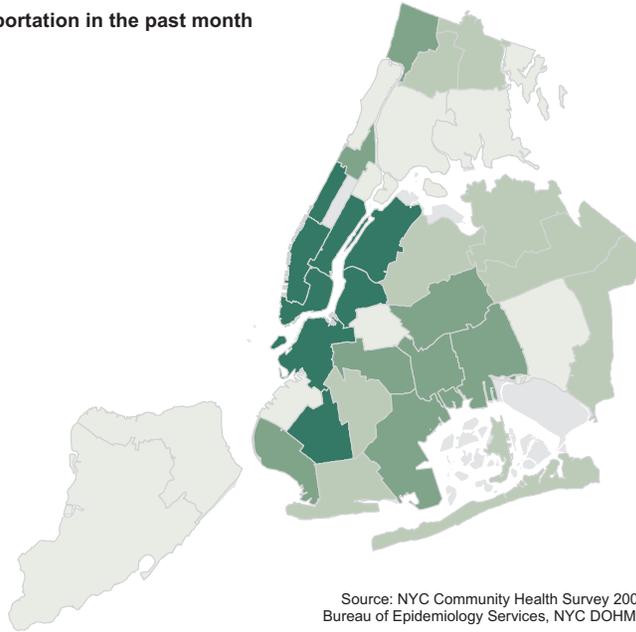


Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH

Walked/biked for transportation in the past month

- 52.7% - 62.4%
- 62.5% - 67.8%
- 67.9% - 71.9%
- 72% - 86.5%

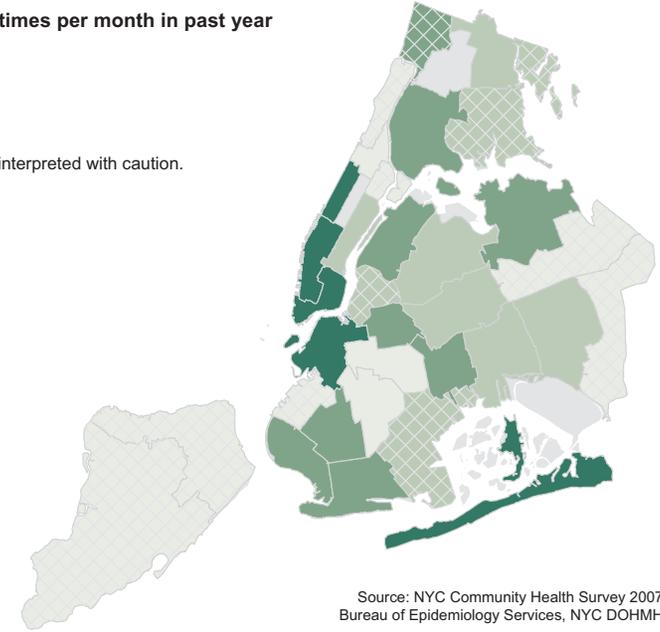
*Percentages are age adjusted.



Rode bicycle several times per month in past year

- 3.5% - 6.9%
- 7% - 8.7%
- 8.8% - 11.5%
- 11.6% - 14.9%
- Estimate should be interpreted with caution.

*Percentages are age adjusted.

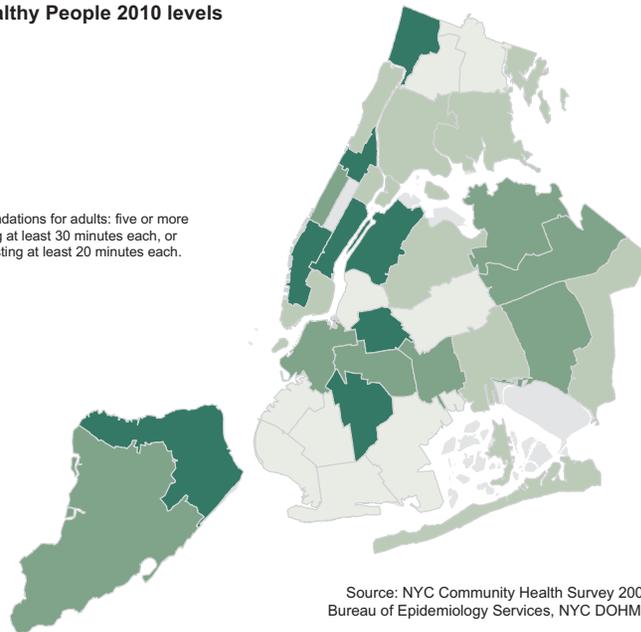


Physical activity at Healthy People 2010 levels

- 30.7% - 38.4%
- 38.5% - 42.3%
- 42.4% - 45%
- 45.1% - 52.9%

*Percentages are age adjusted.

HP2010 physical activity recommendations for adults: five or more moderate sessions per week lasting at least 30 minutes each, or three or more vigorous sessions lasting at least 20 minutes each.



Obesity

- 7.3% - 17.9%
- 18% - 22.5%
- 22.6% - 28.6%
- 28.7% - 39.2%

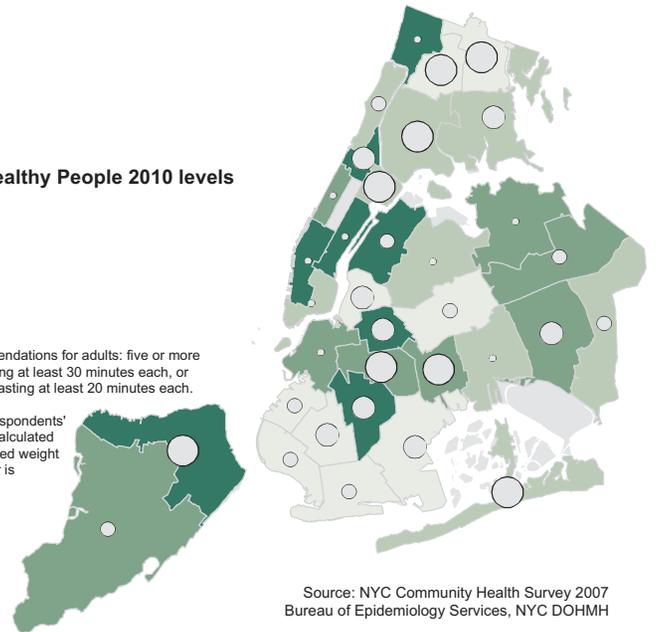
Physical activity at Healthy People 2010 levels

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- 42.4% - 45%
- 45.1% - 52.9%

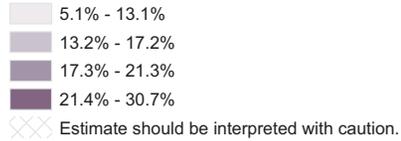
*Percentages are age adjusted.

HP2010 physical activity recommendations for adults: five or more moderate sessions per week lasting at least 30 minutes each, or three or more vigorous sessions lasting at least 20 minutes each.

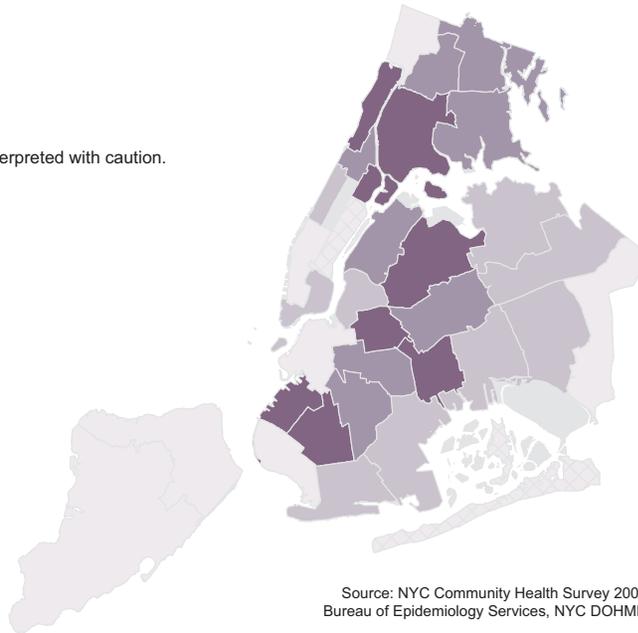
Obesity is determined by using respondents' Body Mass Index (BMI). BMI is calculated based on respondents' self-reported weight and height. A BMI of 30 or greater is classified as obese.



Uninsured

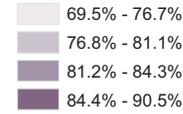


*Percentages are age adjusted.

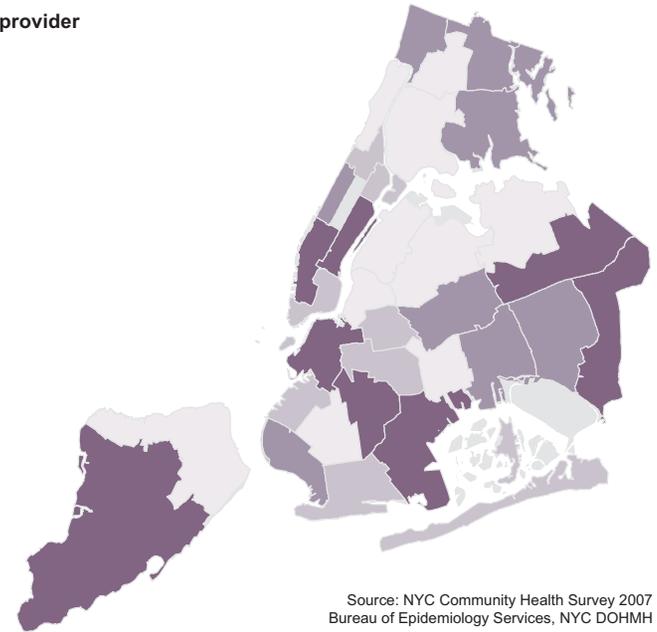


Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH

Has a personal doctor/provider

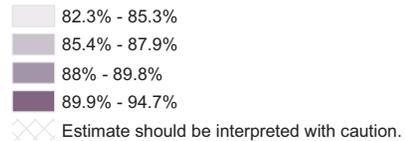


*Percentages are age adjusted.



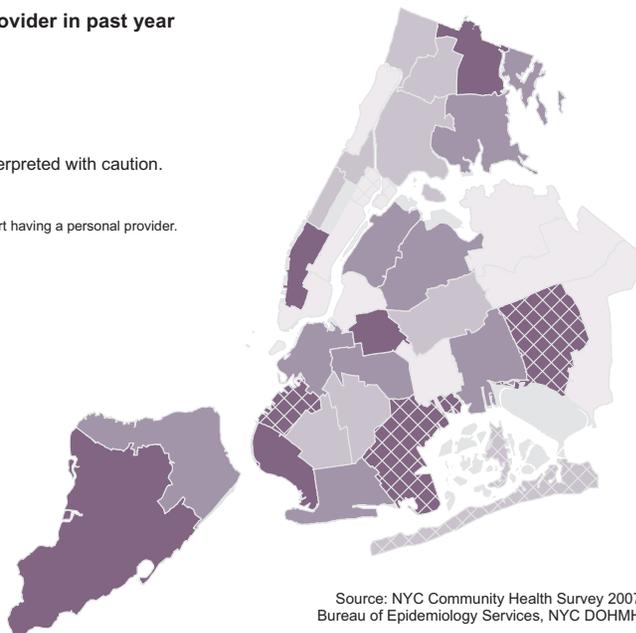
Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH

Saw personal doctor/provider in past year



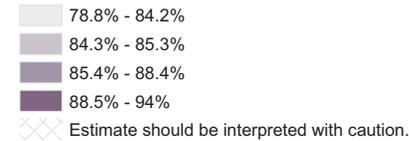
*Percentages are age adjusted.

Results restricted to adults who report having a personal provider.

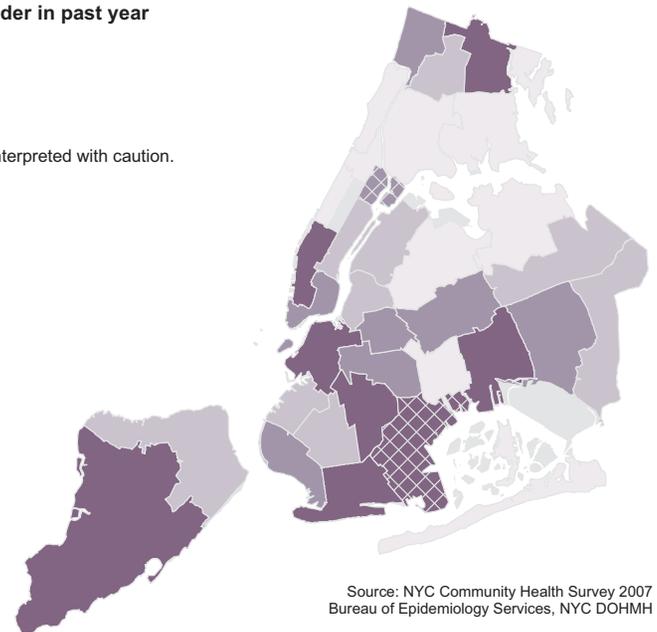


Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH

Saw any medical provider in past year

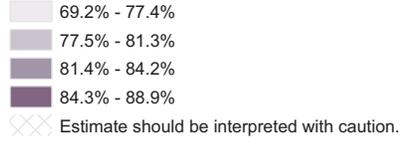


*Percentages are age adjusted.

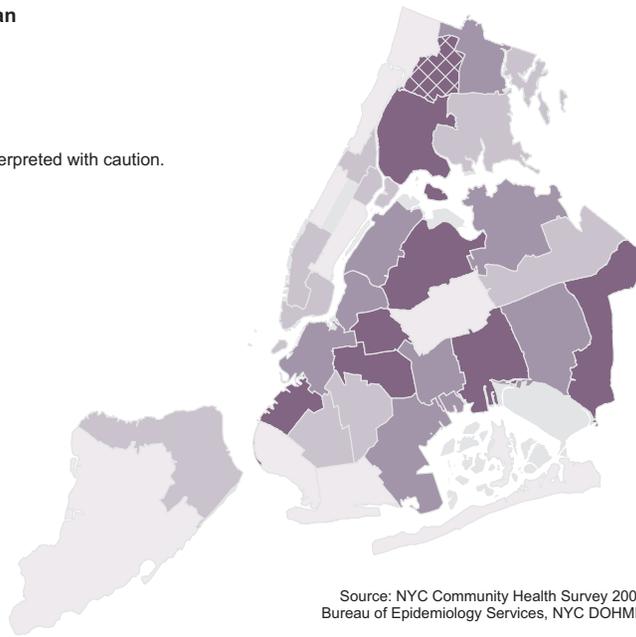


Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH

Has a managed care plan

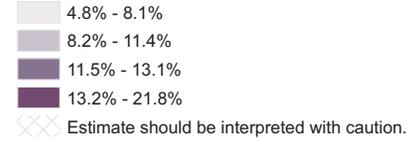


*Percentages are age adjusted.
Results restricted to insured adults.

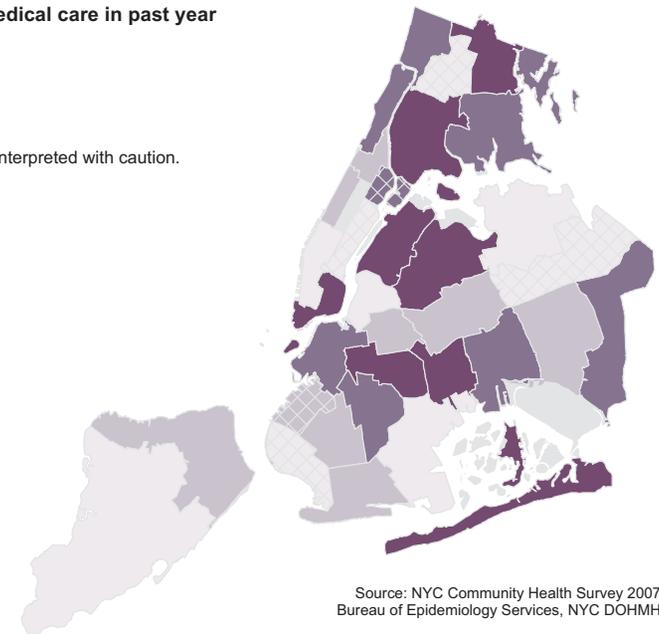


Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH

Did not get needed medical care in past year

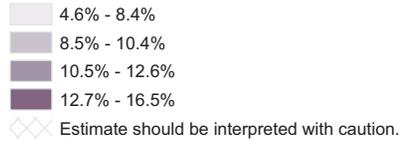


*Percentages are age adjusted.

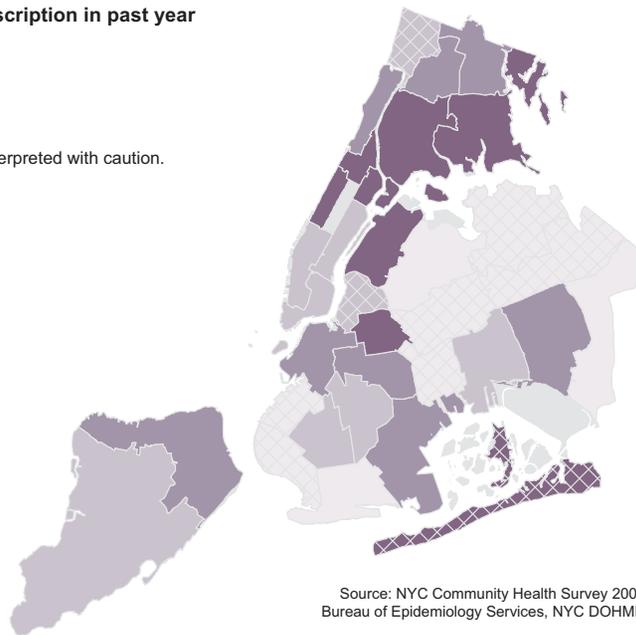


Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH

Did not get needed prescription in past year

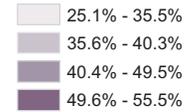


*Percentages are age adjusted.

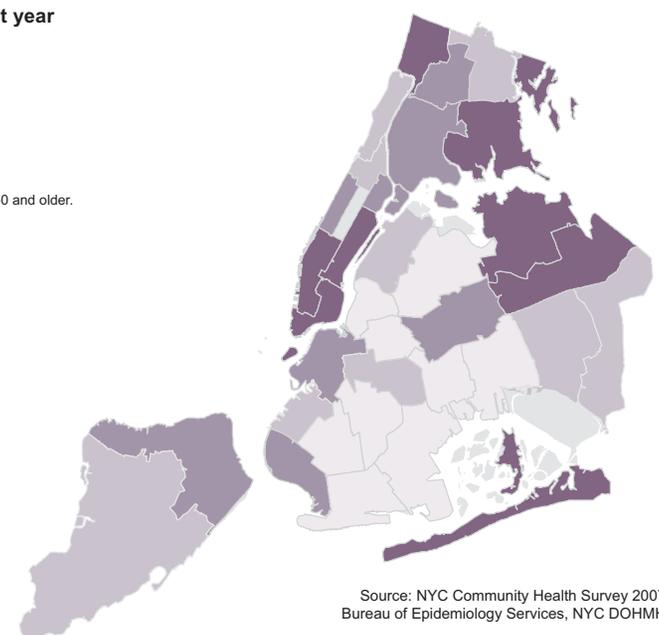


Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH

Flu vaccination in past year



*Percentages are age adjusted.
Results restricted to adults aged 50 and older.

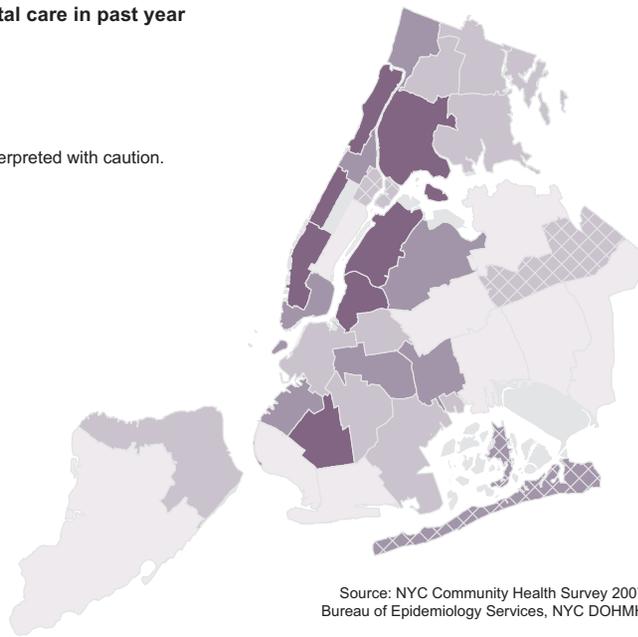


Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH

Did not get needed dental care in past year

- 6.4% - 9.3%
- 9.4% - 12.7%
- 12.8% - 14.8%
- 14.9% - 19%
- Estimate should be interpreted with caution.

*Percentages are age adjusted.

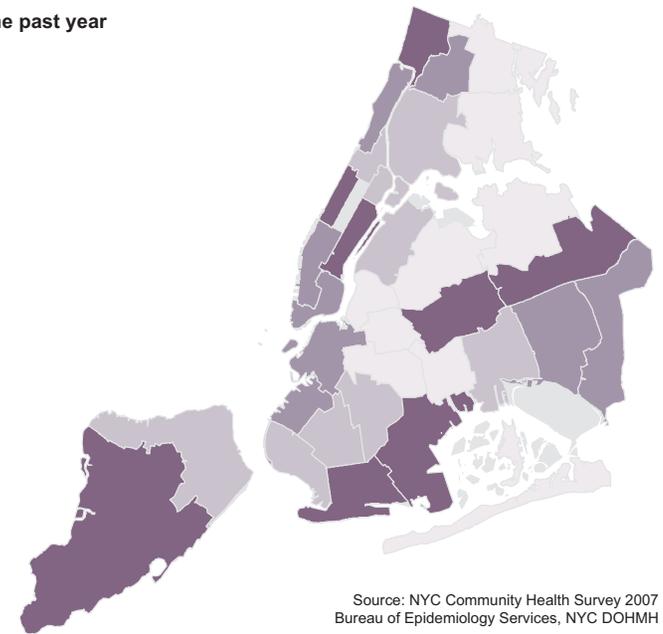


Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH

Had a dental visit in the past year

- 52.2% - 58.3%
- 58.4% - 61.6%
- 61.7% - 67.1%
- 67.2% - 77.1%

*Percentages are age adjusted.



Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH

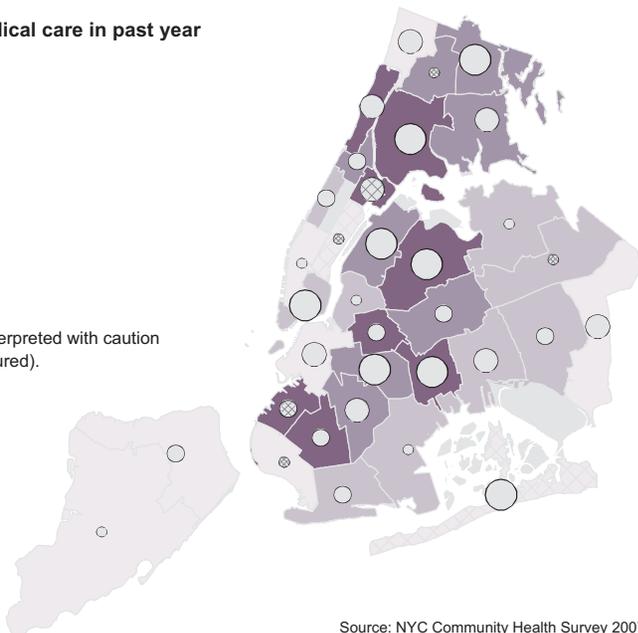
Did not get needed medical care in past year

- 4.8% - 8.1%
- 8.2% - 11.4%
- 11.5% - 13.1%
- 13.2% - 21.8%

Uninsured

- 5.1% - 13.1%
- 13.2% - 17.2%
- 17.3% - 21.3%
- 21.4% - 30.7%
- Estimate should be interpreted with caution (medical care or uninsured).

*Percentages are age adjusted.



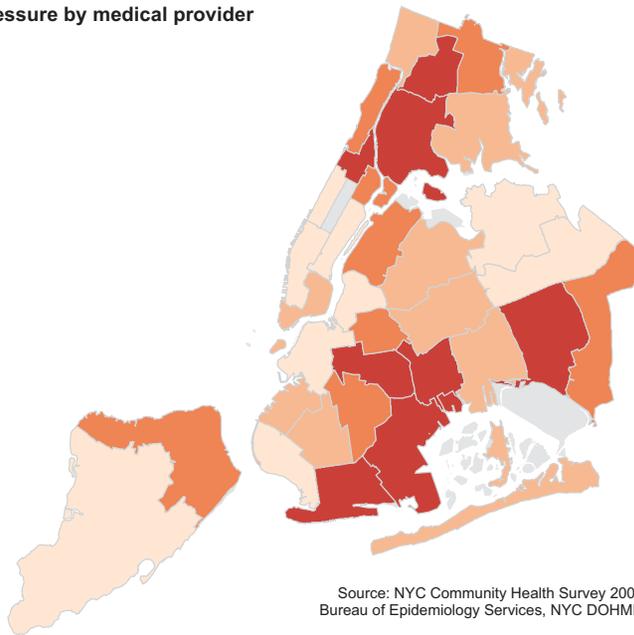
Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH

Blood Pressure and Cholesterol

Ever told high blood pressure by medical provider

- 17% - 22.5%
- 22.6% - 28.8%
- 28.9% - 32.4%
- 32.5% - 36.3%

*Percentages are age adjusted.



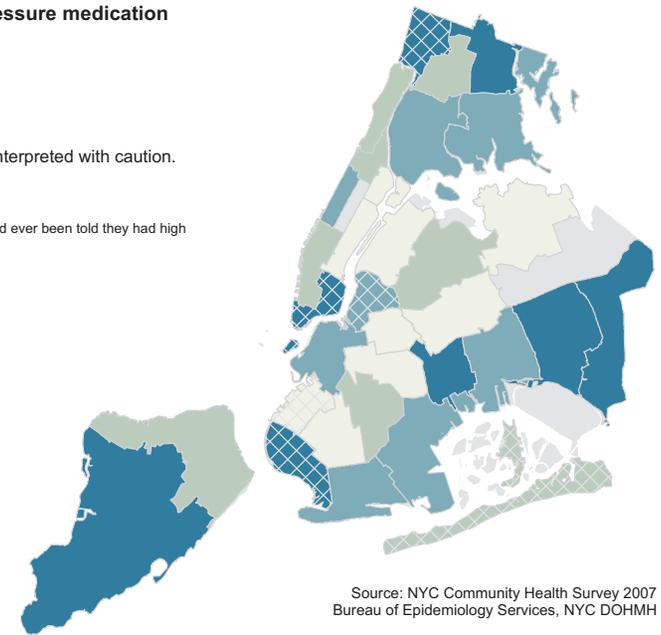
Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH

Currently on blood pressure medication

- 32.4% - 53.9%
- 54% - 60.9%
- 61% - 66.1%
- 66.2% - 76%
- Estimate should be interpreted with caution.

*Percentages are age adjusted.

Results restricted to adults who had ever been told they had high blood pressure.

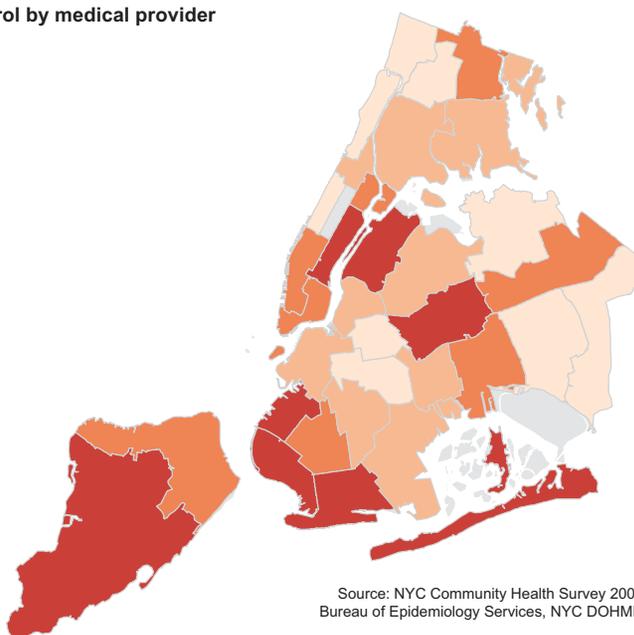


Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH

Ever told high cholesterol by medical provider

- 22.4% - 28.1%
- 28.2% - 31.6%
- 31.7% - 36%
- 36.1% - 37.8%

*Percentages are age adjusted.

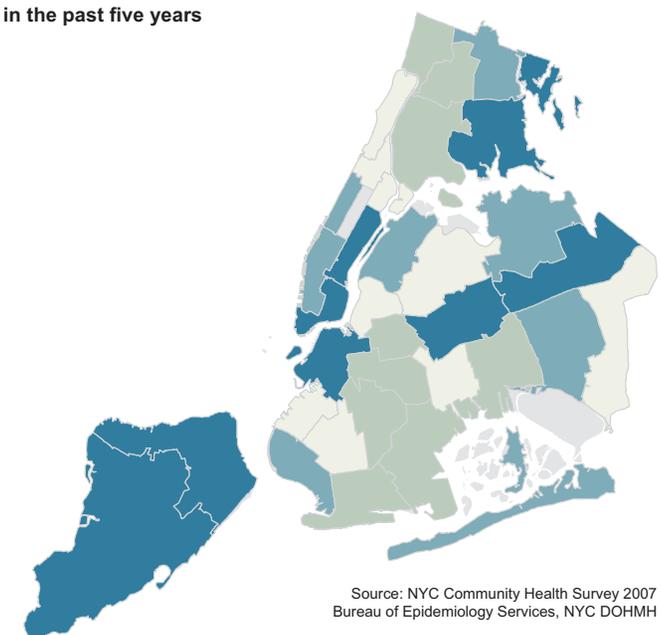


Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH

Cholesterol screening in the past five years

- 71.2% - 79.4%
- 79.5% - 82.9%
- 83% - 84.4%
- 84.5% - 91.3%

*Percentages are age adjusted.



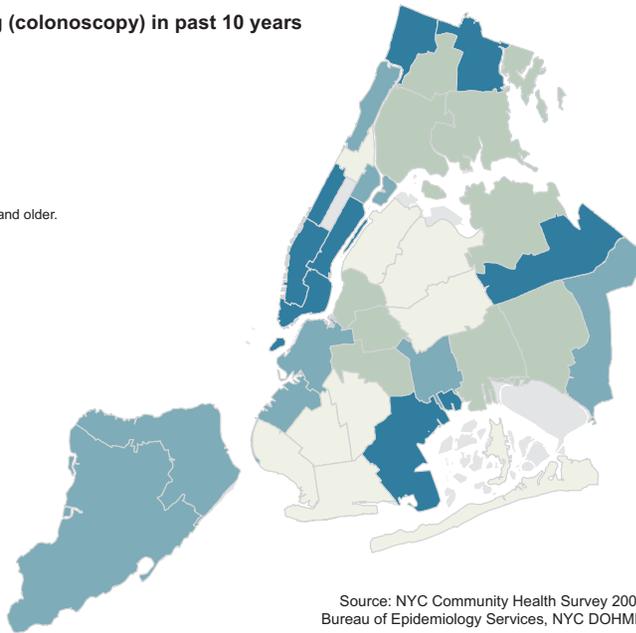
Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH

Colon cancer screening (colonoscopy) in past 10 years

- 47.5% - 57.6%
- 57.7% - 62.1%
- 62.2% - 68%
- 68.1% - 76.9%

*Percentages are age adjusted.

Results restricted to adults aged 50 and older.



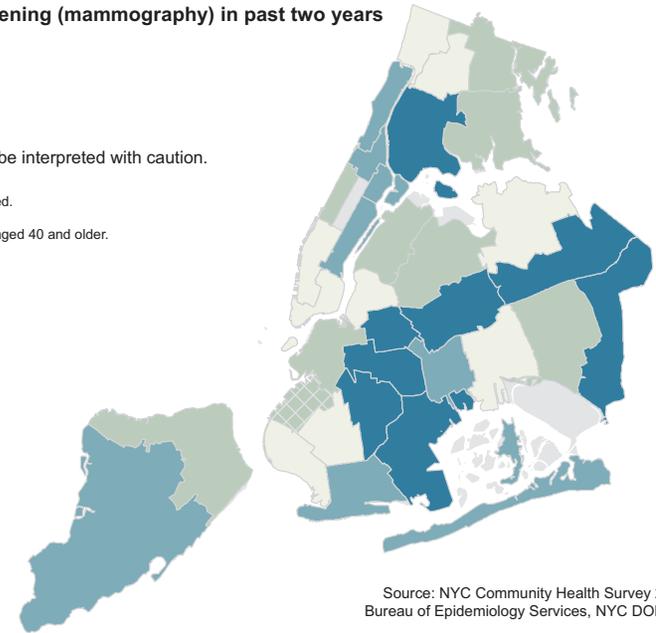
Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH

Breast cancer screening (mammography) in past two years

- 61.9% - 71%
- 71.1% - 74.3%
- 74.4% - 77.8%
- 77.9% - 82.8%
- Estimate should be interpreted with caution.

*Percentages are age adjusted.

Results restricted to women aged 40 and older.



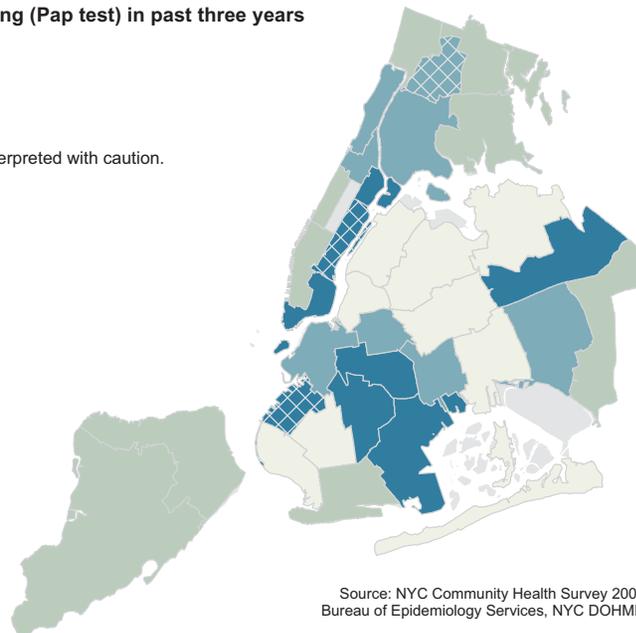
Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH

Cervical cancer screening (Pap test) in past three years

- 57.5% - 76.6%
- 76.7% - 81.7%
- 81.8% - 84.7%
- 84.8% - 90.3%
- Estimate should be interpreted with caution.

*Percentages are age adjusted.

Results restricted to women.



Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH

Cervical cancer screening (Pap test) in past three years

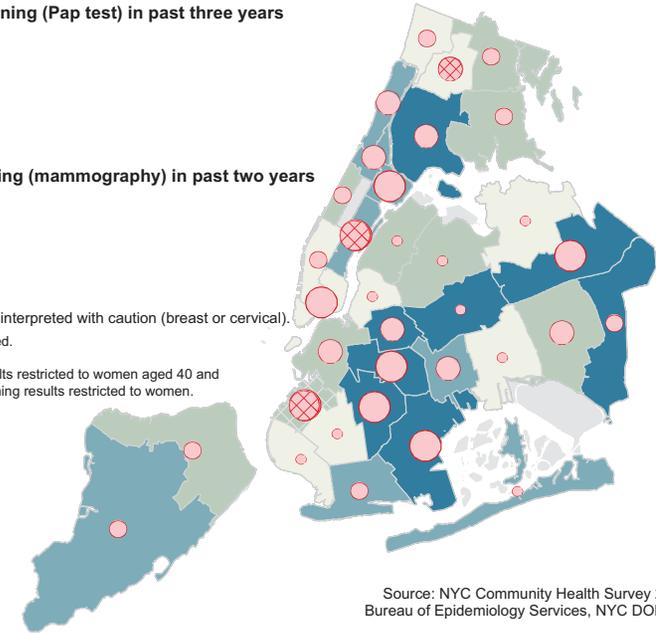
- 57.5% - 76.6%
- 76.7% - 81.7%
- 81.8% - 84.7%
- 84.8% - 90.3%

Breast cancer screening (mammography) in past two years

- 61.9% - 71%
- 71.1% - 74.3%
- 74.4% - 77.8%
- 77.9% - 82.8%
- Estimate should be interpreted with caution (breast or cervical).

*Percentages are age adjusted.

Breast cancer screening results restricted to women aged 40 and older. Cervical cancer screening results restricted to women.



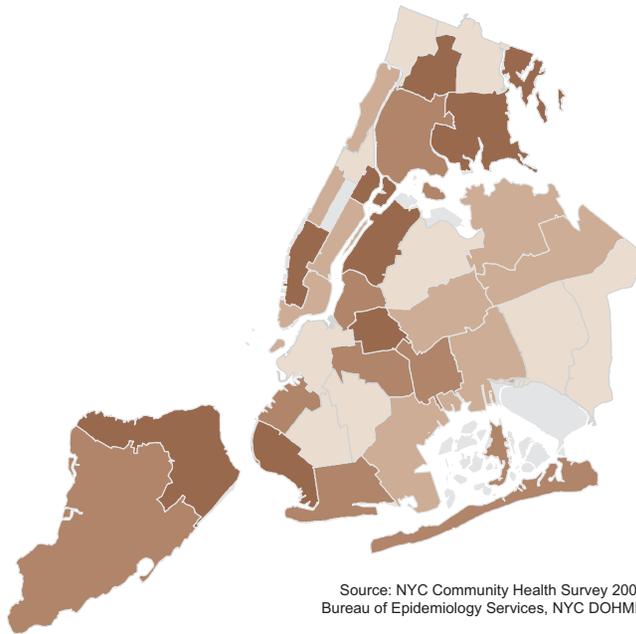
Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH

Cigarette Smoking and Alcohol

Current smoker

- 11.6% - 14.6%
- 14.7% - 17.5%
- 17.6% - 20.1%
- 20.2% - 27%

*Percentages are age adjusted.



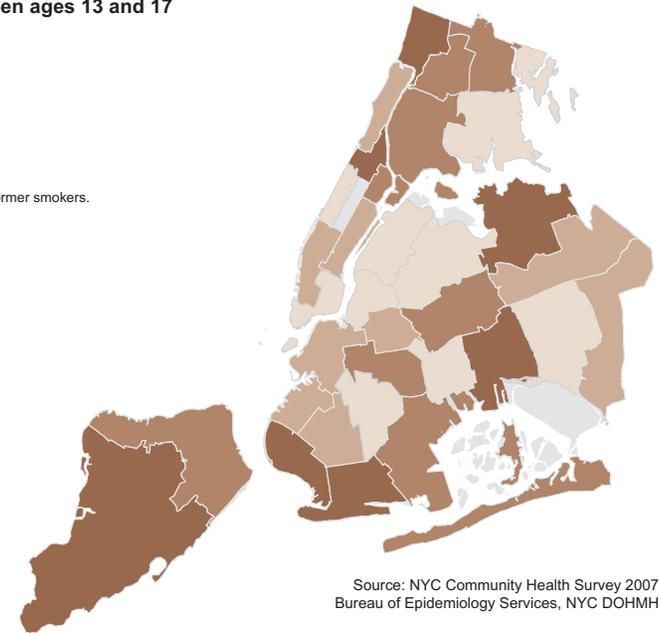
Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH

Began smoking between ages 13 and 17

- 30% - 42.5%
- 42.6% - 49.3%
- 49.4% - 51.5%
- 51.6% - 64.3%

*Percentages are age adjusted.

Results restricted to current and former smokers.



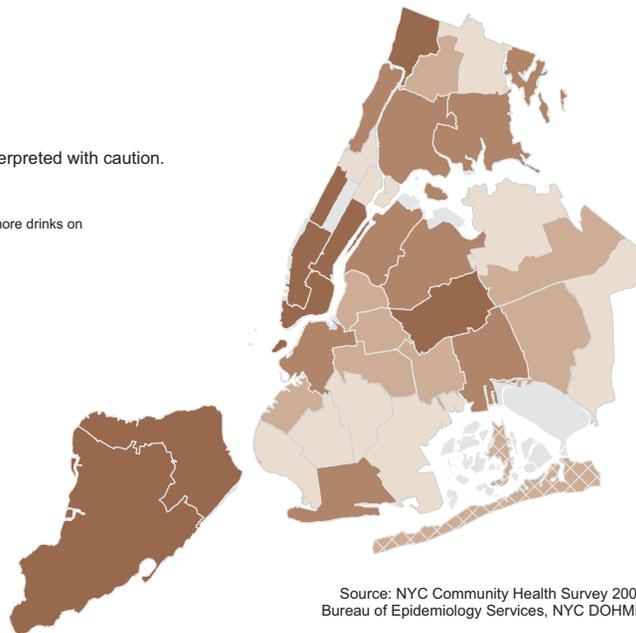
Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH

Binge drinking

- 7.3% - 10.4%
- 10.5% - 14.6%
- 14.7% - 17.7%
- 17.8% - 29.8%
- ◇◇◇ Estimate should be interpreted with caution.

*Percentages are age adjusted.

Binge drinking is defined as five or more drinks on one occasion in the past 30 days.



Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH

Binge drinking

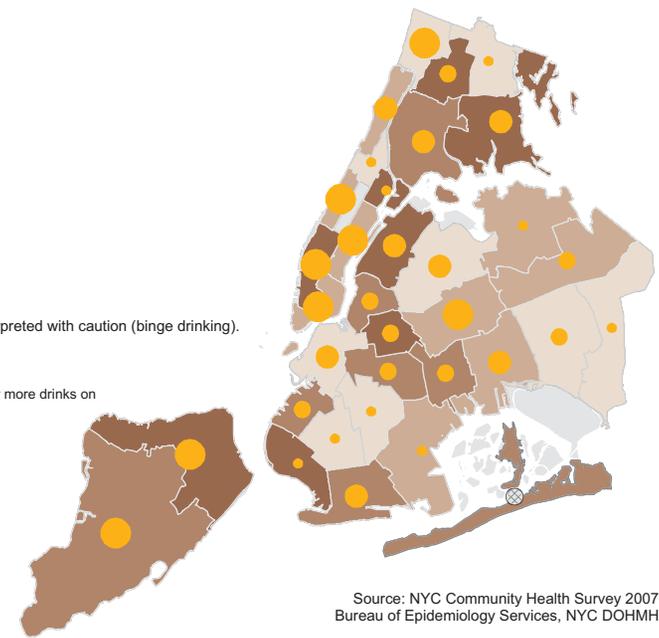
- 7.3% - 10.4%
- 10.5% - 14.6%
- 14.7% - 17.7%
- 17.8% - 29.8%

Current smoker

- 11.6% - 14.6%
- 14.7% - 17.5%
- 17.6% - 20.1%
- 20.2% - 27%
- ◇◇◇ Estimate should be interpreted with caution (binge drinking).

*Percentages are age adjusted.

Binge drinking is defined as five or more drinks on one occasion in the past 30 days.



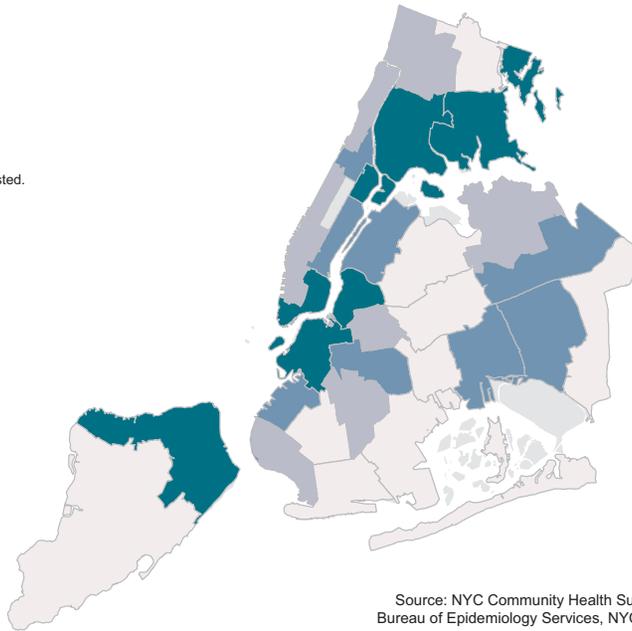
Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH

Asthma and Environmental Health

Asthma ever

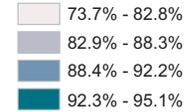


*Percentages are age adjusted.

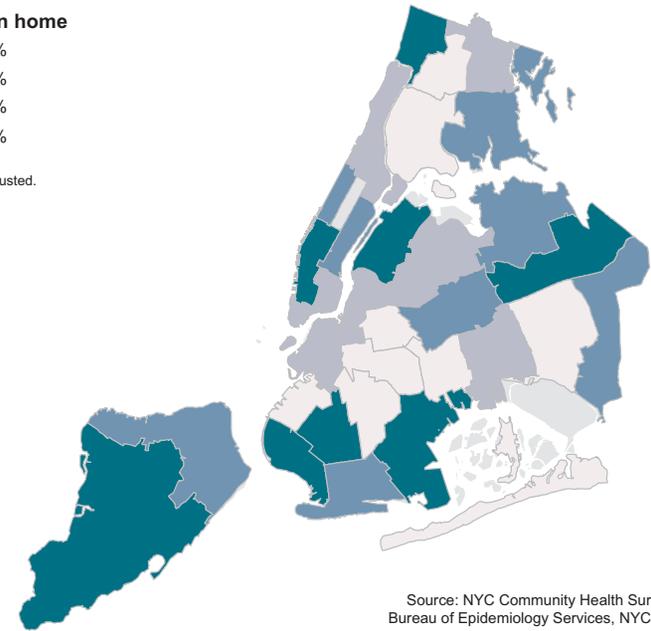


Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH

Air conditioner in home



*Percentages are age adjusted.

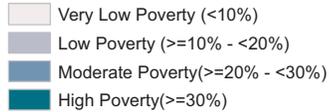


Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH

Air conditioner in home

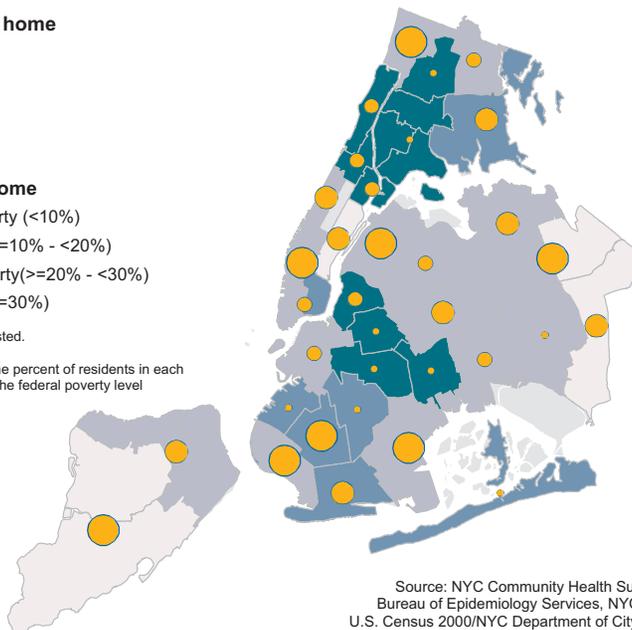


Neighborhood Income



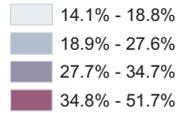
*Percentages are age adjusted.

Poverty is categorized by the percent of residents in each neighborhood living below the federal poverty level

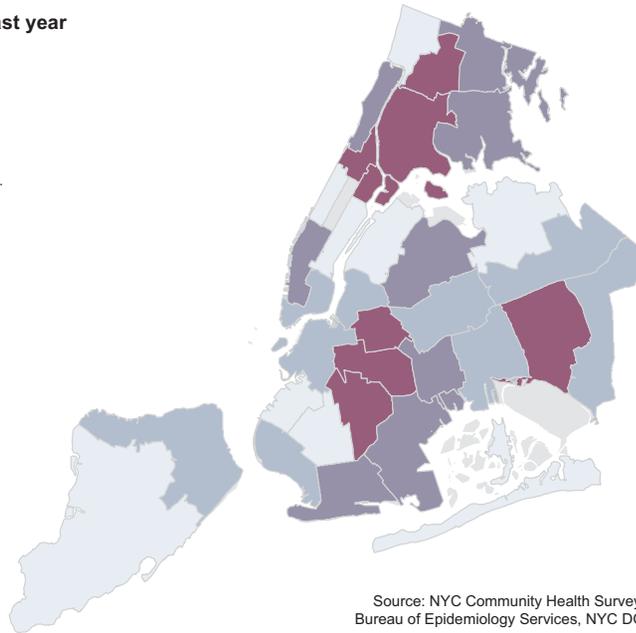


Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH
U.S. Census 2000/NYC Department of City Planning

HIV testing in the past year

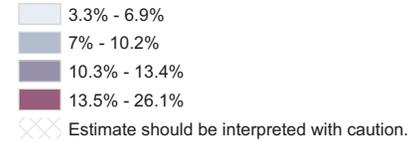


*Percentages are age adjusted.

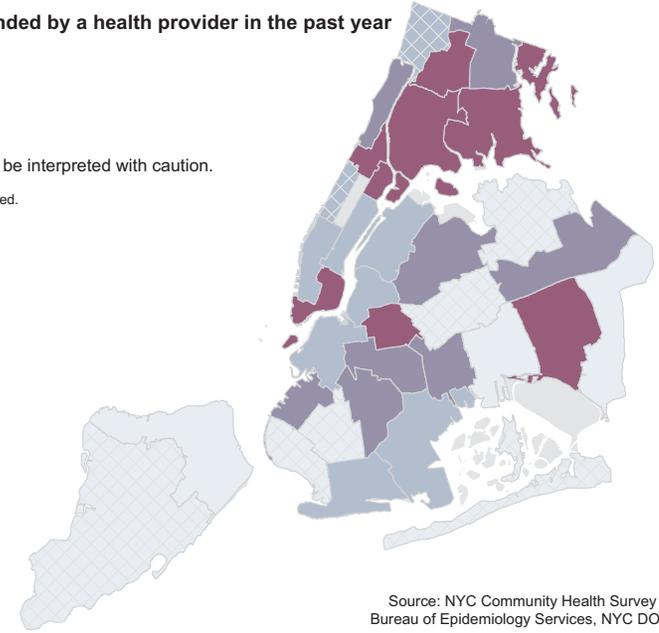


Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH

HIV test recommended by a health provider in the past year

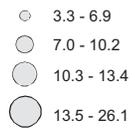


*Percentages are age adjusted.

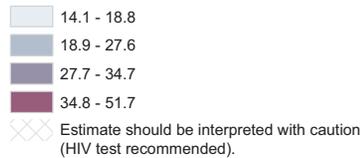


Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH

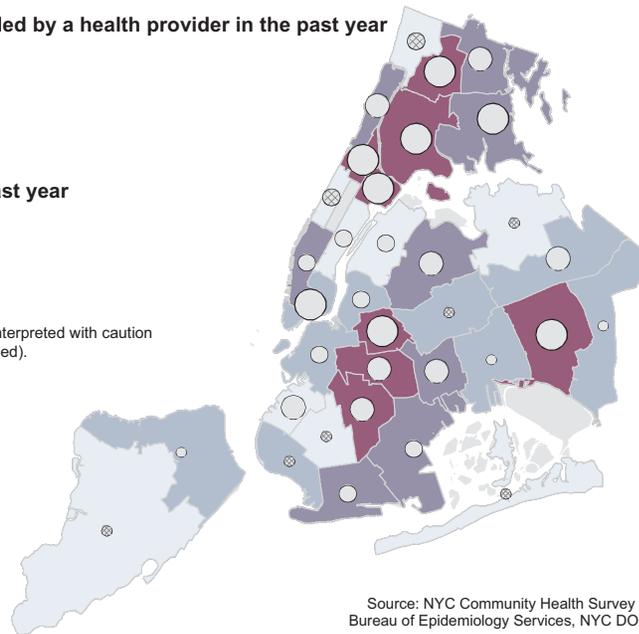
HIV test recommended by a health provider in the past year



HIV testing in the past year

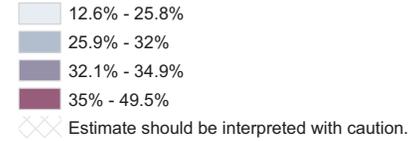


*Percentages are age adjusted.



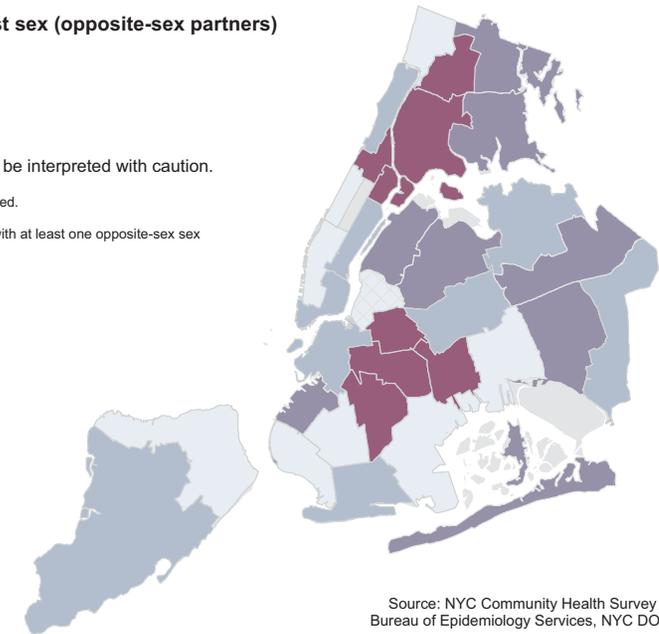
Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH

Condom use at last sex (opposite-sex partners)



*Percentages are age adjusted.

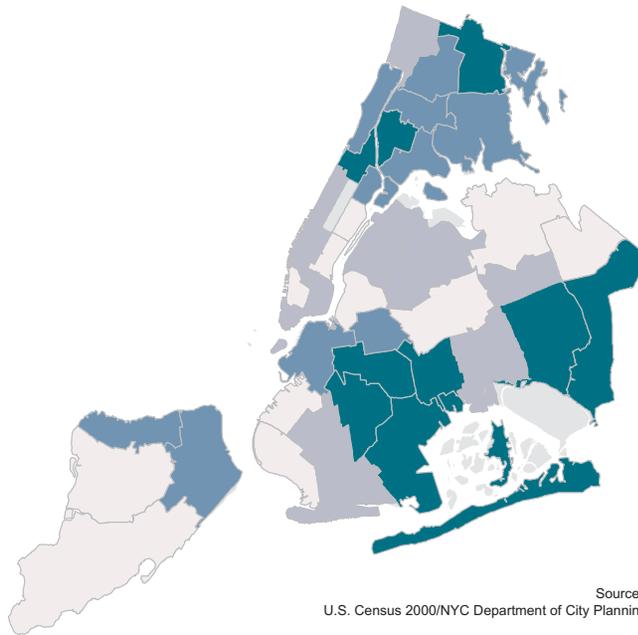
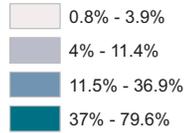
Results restricted to adults with at least one opposite-sex sex partner in the past year.



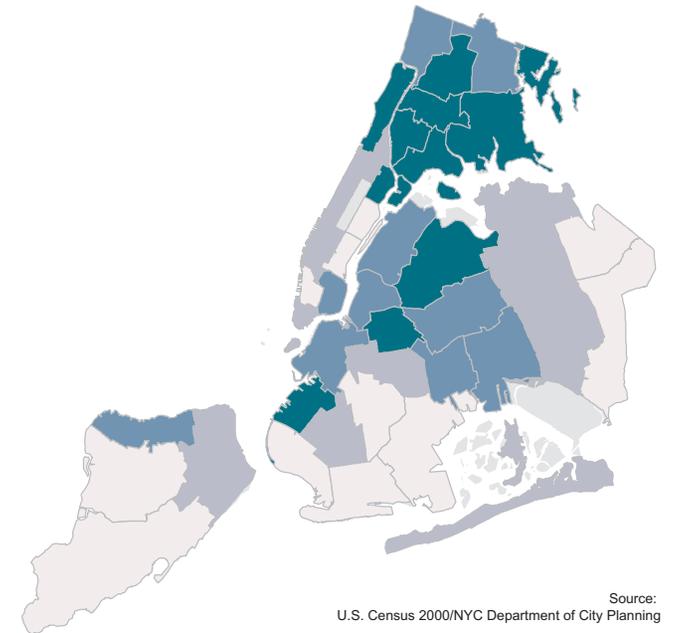
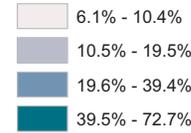
Source: NYC Community Health Survey 2007
Bureau of Epidemiology Services, NYC DOHMH

Race / Ethnicity and Poverty

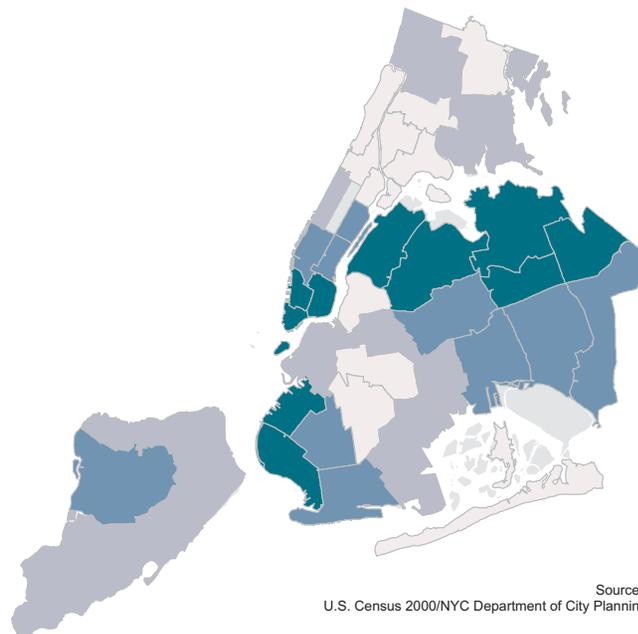
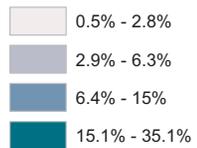
Non-Hispanic Black



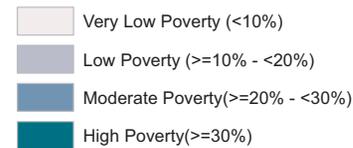
Hispanic



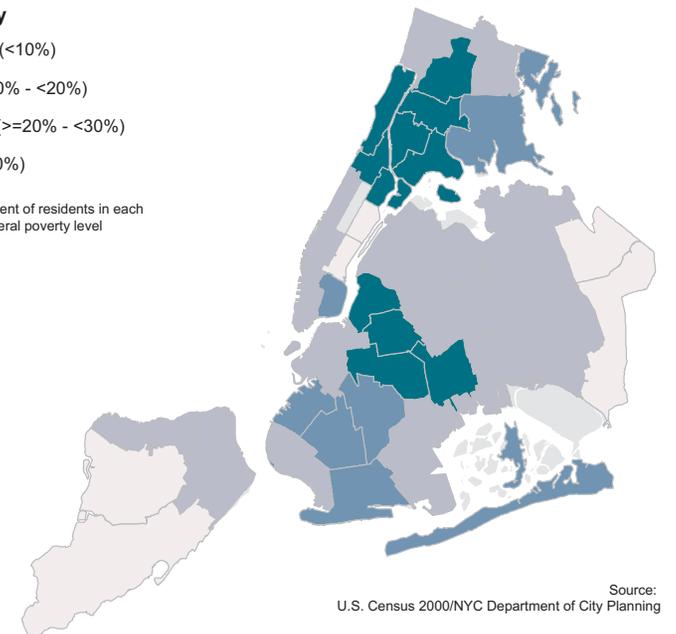
Non-Hispanic Asian



Neighborhood Poverty



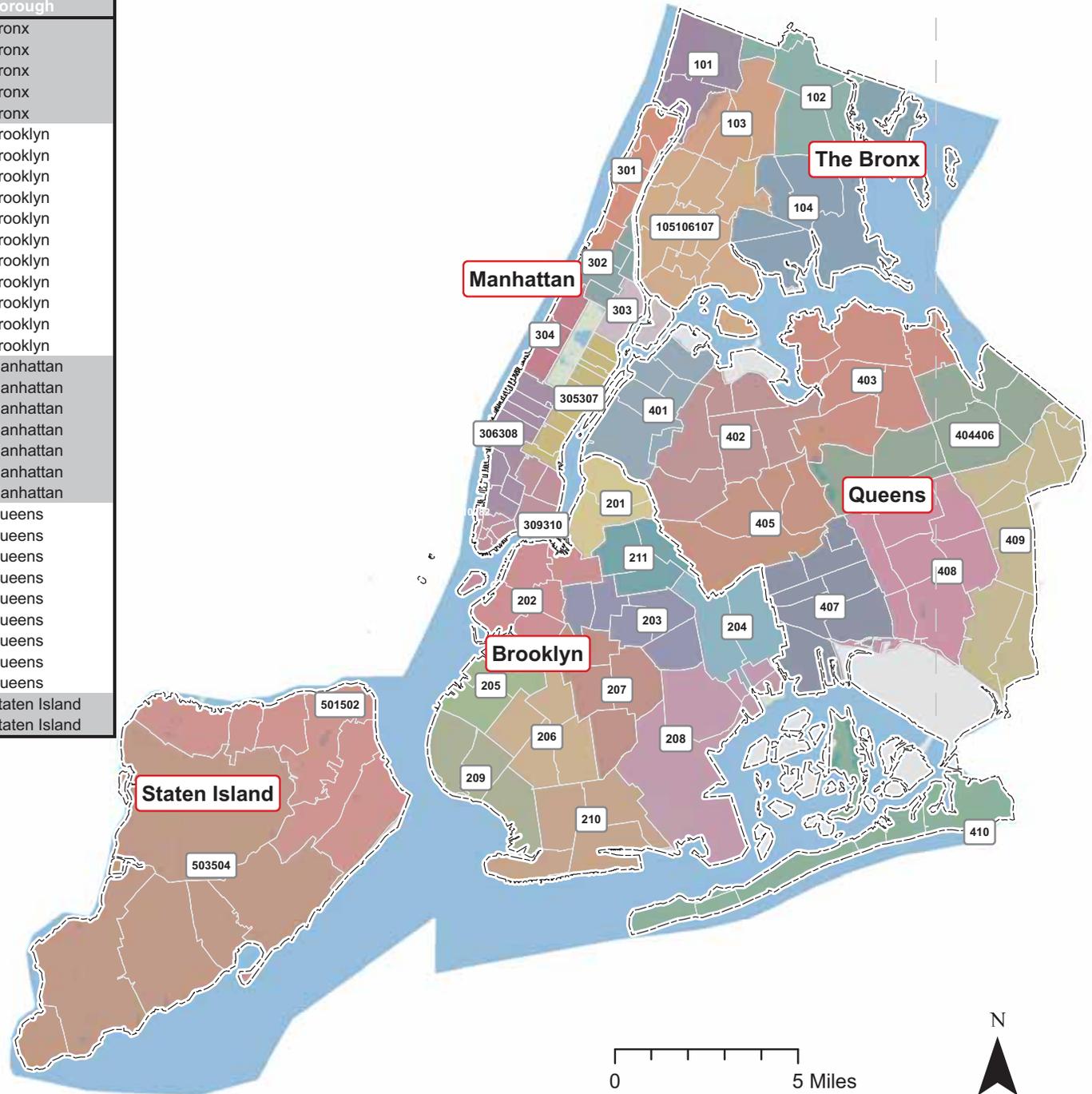
Poverty is categorized by the percent of residents in each neighborhood living below the federal poverty level



United Hospital Fund (UHF 34) Neighborhood Index

| UHF Code | UHF 34 Neighborhood Name | Borough |
|-------------|--------------------------------------|---------------|
| 101 | Kingsbridge - Riverdale | Bronx |
| 102 | Northeast Bronx | Bronx |
| 103 | Fordham - Bronx Park | Bronx |
| 104 | Pelham - Throgs Neck | Bronx |
| 105/106/107 | South Bronx | Bronx |
| 201 | Greenpoint | Brooklyn |
| 202 | Downtown - Heights - Slope | Brooklyn |
| 203 | Bedford Stuyvesant - Crown Heights | Brooklyn |
| 204 | East New York | Brooklyn |
| 205 | Sunset Park | Brooklyn |
| 206 | Borough Park | Brooklyn |
| 207 | East Flatbush - Flatbush | Brooklyn |
| 208 | Canarsie - Flatlands | Brooklyn |
| 209 | Bensonhurst - Bay Ridge | Brooklyn |
| 210 | Coney Island - Sheepshead Bay | Brooklyn |
| 211 | Williamsburg - Bushwick | Brooklyn |
| 301 | Washington Heights - Inwood | Manhattan |
| 302 | Central Harlem - Morningside Heights | Manhattan |
| 303 | East Harlem | Manhattan |
| 304 | Upper West Side | Manhattan |
| 305/307 | Upper East Side - Gramercy | Manhattan |
| 306/308 | Chelsea - Village | Manhattan |
| 309/310 | Union Square, Lower Manhattan | Manhattan |
| 401 | Long Island City - Astoria | Queens |
| 402 | West Queens | Queens |
| 403 | Flushing - Clearview | Queens |
| 404/406 | Bayside - Meadows | Queens |
| 405 | Ridgewood - Forest Hills | Queens |
| 407 | Southwest Queens | Queens |
| 408 | Jamaica | Queens |
| 409 | Southeast Queens | Queens |
| 410 | Rockaway | Queens |
| 501/502 | Northern SI | Staten Island |
| 503/504 | Southern SI | Staten Island |

Technically the New York City jail at Rikers Island is part of the Bronx, although it has a Queens ZIP code (11370). Therefore, for rates and numbers presented by borough, Rikers cases are included with other Bronx cases. For the rates and numbers presented by ZIP code and UHF neighborhood, Rikers is included in ZIP code 11370 and in the UHF neighborhood of West Queens.



United Hospital Fund (UHF 34) ZIP Code Area Index

| UHF Code | UHF Neighborhood Name (34) | ZIP Code | Borough |
|-------------|--------------------------------------|---|---------------|
| 101 | Kingsbridge - Riverdale | 10463, 10471 | Bronx |
| 102 | Northeast Bronx | 10466, 10469, 10470, 10475 | Bronx |
| 103 | Fordham - Bronx Park | 10458, 10467, 10468 | Bronx |
| 104 | Pelham - Throgs Neck | 10461, 10462, 10464, 10465, 10472, 10473, 10803 | Bronx |
| 105/106/107 | South Bronx | 10451, 10452, 10453, 10454, 10455, 10456, 10457, 10459, 10460, 10474 | Bronx |
| 201 | Greenpoint | 11211, 11222 | Brooklyn |
| 202 | Downtown - Heights - Slope | 11205, 11201, 11231, 11217, 11215 | Brooklyn |
| 203 | Bedford Stuyvesant - Crown Heights | 11233, 11212, 11213, 11216, 11238 | Brooklyn |
| 204 | East New York | 11207, 11208 | Brooklyn |
| 205 | Sunset Park | 11220, 11232 | Brooklyn |
| 206 | Borough Park | 11204, 11218, 11219, 11230 | Brooklyn |
| 207 | East Flatbush - Flatbush | 11203, 11210, 11225, 11226 | Brooklyn |
| 208 | Canarsie - Flatlands | 11234, 11236, 11239 | Brooklyn |
| 209 | Bensonhurst - Bay Ridge | 11209, 11214, 11228 | Brooklyn |
| 210 | Coney Island - Sheepshead Bay | 11223, 11224, 11229, 11235 | Brooklyn |
| 211 | Williamsburg - Bushwick | 11206, 11221, 11237 | Brooklyn |
| 301 | Washington Heights - Inwood | 10031, 10032, 10033, 10034, 10040 | Manhattan |
| 302 | Central Harlem - Morningside Heights | 10026, 10027, 10030, 10037, 10039 | Manhattan |
| 303 | East Harlem | 10029, 10035 | Manhattan |
| 304 | Upper West Side | 10023, 10024, 10025 | Manhattan |
| 305/307 | Upper East Side - Gramercy | 10010, 10016, 10017, 10021, 10022, 10028, 10044, 10128 | Manhattan |
| 306/308 | Chelsea - Village | 10001, 10011, 10012, 10013, 10014, 10018, 10019, 10020, 10036 | Manhattan |
| 309/310 | Union Square, Lower Manhattan | 10002, 10003, 10004, 10005, 10006, 10007, 10009, 10038, 10280, 10282 | Manhattan |
| 401 | Long Island City - Astoria | 11101, 11102, 11103, 11104, 11105, 11106, 11109 | Queens |
| 402 | West Queens | 11368, 11369, 11370, 11372, 11373, 11377, 11378 | Queens |
| 403 | Flushing - Clearview | 11354, 11355, 11356, 11357, 11358, 11359, 11360 | Queens |
| 404/406 | Bayside - Meadows | 11362, 11364, 11365, 11366, 11367, 11361, 11363 | Queens |
| 405 | Ridgewood - Forest Hills | 11374, 11375, 11379, 11385 | Queens |
| 407 | Southwest Queens | 11414, 11415, 11415, 11416, 11417, 11418, 11419, 11420, 11421 | Queens |
| 408 | Jamaica | 11412, 11423, 11430, 11432, 11433, 11434, 11435, 11436 | Queens |
| 409 | Southeast Queens | 11001, 11004, 11005, 11040, 11411, 11413, 11422, 11426, 11427, 11428, 11429 | Queens |
| 410 | Rockaway | 11691, 11692, 11693, 11694, 11695, 11697 | Queens |
| 501/502 | Northern SI | 10301, 10302, 10303, 10304, 10305, 10310 | Staten Island |
| 503/504 | Southern SI | 10306, 10307, 10308, 10309, 10312, 10314 | Staten Island |

* Special Case ZIP Codes include 10000 (Central Park), and 11096 (Inwood).