



**NEW YORK CITY DEPARTMENT OF
HEALTH AND MENTAL HYGIENE**
Mary T. Bassett, MD, MPH
Commissioner

**Bureau of Children,
Youth and Families**

**Gotham Center
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The 9 **Family Resource Centers (FRCs)** provide individual and group-based family support services to parents/caregivers of children and youth (birth- age 24) who have or are at risk for developing emotional, behavioral, or mental health challenges, using a family and youth peer model.

FRCs provide to parents/caregivers and youth:

- Emotional support
- Advocacy to help navigate child-serving systems
- Information about mental health conditions, services and family rights
- Referrals to appropriate services and resources
- Skill development through educational workshops
- Recreational activities
- Respite

All FRC services are free of charge, and no referral is needed to access services.

<p><i>FRC of Northern Bronx – MHA of NYC</i> 975 Kelly Street, Suite 301 Bronx, NY 10459</p> <p>Program Director: Wanda Greene Phone: 718-220-0456</p>	<p><i>FRC of Southern Manhattan – MHA of NYC</i> 1 Penn Plaza 36th floor Suites 3696 and 3697 New York NY 10019</p> <p>Program Director: Janet Rosa Phone: 212 964 5253</p>	<p><i>FRC of Northern Brooklyn – Institute for Community Living</i> 484 Rockaway Avenue Brooklyn, NY 11212</p> <p>Program Director: Terri Johnson Phone: 718-290-8100</p>
<p><i>FRC of Southern Bronx – MHA of NYC</i> 975 Kelly Street, Suite 301 Bronx, NY 10459</p> <p>Program Director: Yvette Pena Phone: 718-220-3868</p>	<p><i>FRC of Western Queens – MHA of NYC</i> 29-46 Northern Boulevard, 2nd Fl Long Island City, NY 11101</p> <p>Program Director: Ina Concepcion Phone: 718- 651-1960 Phone: 718-698-5307</p>	<p><i>FRC of Southern Brooklyn – Jewish Child Care Association</i> 858 East 29th St. Brooklyn, NY 11210</p> <p>Program Director: Yudelca DeLaCruz Phone: 347-462-8124</p>
<p><i>FRC of Northern Manhattan – MHA of NYC</i> 1 Penn Plaza 36th floor Suites 3696 and 3697 New York NY 10019</p> <p>Program Director: Lucy Santana Phone: 212-410-1820</p>	<p><i>FRC of Eastern Queens – St. John’s Episcopal</i> 148-45 Hillside Avenue, Suite 203 Jamaica, NY 11435</p> <p>Program Director: Kathy Gardini Phone: 347-644-5711</p>	<p><i>FRC of Staten Island – Jewish Board Family and Children Services</i> 2795 Richmond Ave Staten Island, NY 10314</p> <p>Program Director: Deborah Miller Phone: 718-698-5307</p>

For more information, contact Salena Mullen at smullen@health.nyc.gov