

Number and percent of infants placed on back to sleep  
by select sociodemographic characteristics: NYC PRAMS, 2004-2005\*

Research shows that infants are safest sleeping on their backs.\*\*

Characteristic	Number	Percent	95% CI
<b>Overall</b>	68,687	53.7	50.7 - 56.7
<b>Age</b>			
≤19	3,621	40.3	29.6 - 52.0
20-24	12,125	43.5	37.1 - 50.1
25-34	36,729	55.9	51.8 - 60.0
≥35	16,211	64.0	57.4 - 70.2
<b>Race</b>			
White non-Hispanic	23,908	64.9	59.2 - 70.2
Black non-Hispanic	14,904	50.4	44.2 - 56.5
Hispanic	21,408	45.0	40.2 - 49.9
Asian/Pacific Islander	8,118	61.5	51.7 - 70.5
<b>Education</b>			
<12 years	11,923	43.7	37.2 - 50.4
12 years	19,587	47.4	42.0 - 52.8
>12 years	36,960	62.7	58.4 - 66.7
<b>Insurance Status Before Pregnancy</b>			
No insurance	18,785	50.1	44.5 - 55.7
Medicaid	12,297	36.6	31.1 - 42.5
Other insurance	37,278	66.9	62.5 - 71.0
<b>Country of Birth</b>			
US born (Includes Puerto Rico & U.S. Virgin Islands)	29,549	54.0	49.4 - 58.5
Foreign born	38,193	52.9	48.9 - 56.9
<b>Borough of Residence</b>			
Bronx	7,930	43.2	35.7 - 51.0
Brooklyn	23,685	48.8	44.0 - 53.7
Manhattan	14,190	66.9	59.7 - 73.3
Queens	19,334	57.5	51.4 - 63.4
Staten Island	3,548	58.1	44.3 - 70.8

\* Notes.

1. PRAMS Question #57: "How do you most often lay your baby down to sleep now?"

Answers:

On his or her side

On his or her back

On his or her stomach

2. Totals for each category may not equal overall total due to missing data or rounding.

3. Data represent NYC resident births from July to December 2004 and May to December 2005.

Data are weighted and are based on responses of 1,796 women giving birth in these time periods.

\*\*See [A Parent's Guide to Safe Sleep](#), from the American Academy of Pediatrics:

<http://www.healthychildcare.org/pdf/SIDSparentsafesleep.pdf>