

BREASTFEEDING RESOURCES

COMMUNITY-BASED ORGANIZATIONS

The African-American Breastfeeding Alliance (AABA)

Services Provided:

- | | |
|---|--|
| <input type="checkbox"/> Breast Pump Sales and Rental | <input checked="" type="checkbox"/> Lactation Counseling |
| <input checked="" type="checkbox"/> Breastfeeding Telephone Support | <input checked="" type="checkbox"/> Peer Counseling |
| <input type="checkbox"/> Childbirth Education Courses | <input checked="" type="checkbox"/> Support Group |
| <input checked="" type="checkbox"/> Community Workshops | |

Contact Position: New York Representative

Address: N/A

Telephone: (718) 909-0902

Hotline: (877) 532-8535

Beeper: N/A

Fax: N/A

Email: N/A

Website: <http://www.aabaonline.com>

Hours: 24 hours a day, 7 Days a week

Languages Spoken: English, Spanish, French

Serves: Nation-wide

Alianza Dominicana/Best Beginnings Program- Washington Heights Childbirth Prep Center

Services Provided:

- | | |
|---|--|
| <input checked="" type="checkbox"/> Breast Pump Sales and Rental | <input checked="" type="checkbox"/> Lactation Counseling |
| <input checked="" type="checkbox"/> Breastfeeding Telephone Support | <input checked="" type="checkbox"/> Peer Counseling |
| <input checked="" type="checkbox"/> Childbirth Education Courses | <input type="checkbox"/> Support Groups |
| <input checked="" type="checkbox"/> Community Workshops | |

Contact Position: Home Visiting Coordinator

Address: 2410 Amsterdam Ave., 3rd floor; New York, NY 10033

Telephone: (212) 923-5440

Hotline: N/A

Beeper: N/A

Fax: (212) 923-5509

Email: N/A

Website: <http://www.alianzaonline.org>

Hours: Monday-Thursday: 9am-8pm, Friday: 9am-5pm

Languages Spoken: English, Spanish

Serves: Harlem residents

BREASTFEEDING RESOURCES

La Leche League International (LLLl)

Services Provided:

- | | |
|---|--|
| <input type="checkbox"/> Breast Pump Sales and Rental | <input checked="" type="checkbox"/> Lactation Counseling |
| <input checked="" type="checkbox"/> Breastfeeding Telephone Support | <input checked="" type="checkbox"/> Peer Counseling |
| <input type="checkbox"/> Childbirth Education Courses | <input checked="" type="checkbox"/> Support Group |
| <input type="checkbox"/> Community Workshops | |

Contact Position: La Leche Leaders

Address: N/A

Telephone: Betsy-(212) 288-5179, Caren-(212) 535-1870, Fran-(212) 580-1365

Hotline: (212) 794-4687

Beeper: N/A

Fax: N/A

Email: N/A

Website: <http://www.lalecheleague.org>, <http://www.lllmanhattan.com>

Hours: Monday – Friday: 9am-5pm

Languages Spoken: English, Spanish

Serves: International

New York Breastfeeding Alliance, Inc. (NYCBA)

Services Provided:

- | | |
|---|--|
| <input checked="" type="checkbox"/> Breast Pump Sales and Rental | <input checked="" type="checkbox"/> Lactation Counseling |
| <input checked="" type="checkbox"/> Breastfeeding Telephone Support | <input checked="" type="checkbox"/> Peer Counseling |
| <input checked="" type="checkbox"/> Childbirth Education Courses | <input checked="" type="checkbox"/> Support Groups |
| <input type="checkbox"/> Community Workshops | |

Contact Position: Executive Director

Address: P.O. Box 579; NY, NY 10030

Telephone: (646) 229-7029

Hotline: N/A

Beeper: N/A

Fax: N/A

Email: N/A

Website: <http://www.nycbainc.org>

Hours: 24 hours a day, 7 Days a week

Languages Spoken: English, Spanish

Serves: All 5 boroughs

BREASTFEEDING RESOURCES

Manhattan Lactation Group/New York Lactation Consultants Association (NYLCA)

Services Provided:

- | | |
|---|--|
| <input type="checkbox"/> Breast Pump Sales and Rental | <input checked="" type="checkbox"/> Lactation Counseling |
| <input checked="" type="checkbox"/> Breastfeeding Telephone Support | <input type="checkbox"/> Peer Counseling |
| <input type="checkbox"/> Childbirth Education Courses | <input type="checkbox"/> Support Group |
| <input type="checkbox"/> Community Workshops | |

Contact Position: Board Certified Lactation Consultant

Address: N/A

Telephone: (212) 252-8400

Hotline: N/A

Beeper: N/A

Fax: N/A

Email: N/A

Website: <http://www.manhattanlactationgroup.com>

Hours: Monday-Friday: 9:30am-5:30pm

Languages Spoken: English, French

Serves: All Manhattan residents

Real Birth

Services Provided:

- | | |
|--|--|
| <input checked="" type="checkbox"/> Breast Pump Sales and Rental | <input checked="" type="checkbox"/> Lactation Counseling |
| <input type="checkbox"/> Breastfeeding Telephone Support | <input type="checkbox"/> Peer Counseling |
| <input checked="" type="checkbox"/> Childbirth Education Courses | <input checked="" type="checkbox"/> Support Groups |
| <input checked="" type="checkbox"/> Community Workshops | |

Contact Position: Office Manager

Address: 54 West 22nd Street, 2nd floor; NY, NY 10010

Telephone: (212) 367-9006

Hotline: N/A

Beeper: N/A

Fax: N/A

Email: N/A

Website: <http://www.realbirth.com>

Hours: Monday-Friday: 10am-6pm, Saturday: 10am-4pm

Languages Spoken: English

Serves: All 5 Boroughs

BREASTFEEDING RESOURCES

NEW YORK CITY HOSPITALS

Harlem Hospital Center

Services Provided:

- | | |
|---|--|
| <input type="checkbox"/> Breast Pump Sales and Rental | <input checked="" type="checkbox"/> Lactation Counseling |
| <input checked="" type="checkbox"/> Breastfeeding Telephone Support | <input type="checkbox"/> Peer Counseling |
| <input checked="" type="checkbox"/> Childbirth Education Courses | <input checked="" type="checkbox"/> Support Groups |
| <input checked="" type="checkbox"/> Community Workshops | |

Contact Position: Breastfeeding Coordinator

Address: 506 Lenox Avenue, Rm. 4163; NY, NY 10037

Telephone: (212) 939-4644

Hotline: N/A

Beeper: (212) 939-1000, ask to page Ms. Benjamin

Fax: (212) 939-4628

Email: Alison.benjamin@nychhc.org

Website: N/A

Hours: Monday-Friday: 7:30am-4pm

Languages Spoken: English, Multi-lingual

Serves: Patients and non-patients of Harlem Hospital Center

Metropolitan Hospital Center

Services Provided:

- | | |
|--|--|
| <input type="checkbox"/> Breast Pump Sales and Rental | <input checked="" type="checkbox"/> Lactation Counseling |
| <input type="checkbox"/> Breastfeeding Telephone Support | <input type="checkbox"/> Peer Counseling |
| <input checked="" type="checkbox"/> Childbirth Education Courses | <input checked="" type="checkbox"/> Support Groups |
| <input checked="" type="checkbox"/> Community Workshops | |

Contact Position: Breastfeeding Coordinator

Address: 1901 First Avenue; NY, NY 10029

Telephone: (212) 423-6807

Hotline: N/A

Beeper: (212) 423-6088, dial 6948

Fax: (212) 423-8121

Email: N/A

Website: N/A

Hours: Monday-Friday: 9am-5pm

Languages Spoken: English, Spanish, French

Serves: Patients of Metropolitan Hospital Center and satellite sites

BREASTFEEDING RESOURCES

Mount Sinai Hospital

Services Provided:

- | | |
|---|--|
| <input checked="" type="checkbox"/> Breast Pump Sales and Rental | <input checked="" type="checkbox"/> Lactation Counseling |
| <input checked="" type="checkbox"/> Breastfeeding Telephone Support | <input type="checkbox"/> Peer Counseling |
| <input checked="" type="checkbox"/> Childbirth Education Courses | <input checked="" type="checkbox"/> Support Groups |
| <input checked="" type="checkbox"/> Community Workshops | |

Contact Position: Clinical Nurse Manager
Address: 1176 Fifth Avenue; NY, NY 10029
Telephone: (212) 241-8909, (212) 241-7492
Hotline: (212) 241-6578
Beeper: N/A
Fax: (212) 987-5590
Email: N/A
Website: <http://www.mountsinai.org>
Hours: Monday-Friday: 9am-5pm
Languages Spoken: English, Spanish, French, Chinese
Serves: Patients and non-patients of Mount Sinai Hospital

St. Vincent Catholic Medical Center

Services Provided:

- | | |
|---|--|
| <input type="checkbox"/> Breast Pump Sales and Rental | <input checked="" type="checkbox"/> Lactation Counseling |
| <input checked="" type="checkbox"/> Breastfeeding Telephone Support | <input type="checkbox"/> Peer Counseling |
| <input checked="" type="checkbox"/> Childbirth Education Courses | <input checked="" type="checkbox"/> Support Groups |
| <input type="checkbox"/> Community Workshops | |

Contact Position: Lactation Consultant
Address: 170 West 12th Street; NY, NY 10011
Telephone: (212) 604-7932
Hotline: (212) 604-7946
Beeper: N/A
Fax: (212) 604-2777
Email: N/A
Website: N/A
Hours: Monday-Friday: 7am-3pm; Support Group: Thursday 11:30am-1pm
Languages Spoken: English, Spanish, Chinese
Serves: Patients only; Support Group: both patients and non-patients of St. Vincent Catholic Medical Center

BREASTFEEDING RESOURCES

WOMEN, INFANT, AND CHILDREN (WIC) SERVICES

Alexander Hamilton Community Health Services (CHS)

Services Provided:

- | | |
|---|--|
| <input checked="" type="checkbox"/> Breast Pump Sales and Rental | <input checked="" type="checkbox"/> Lactation Counseling |
| <input checked="" type="checkbox"/> Breastfeeding Telephone Support | <input type="checkbox"/> Peer Counseling |
| <input checked="" type="checkbox"/> Childbirth Education Courses | <input type="checkbox"/> Support Groups |
| <input checked="" type="checkbox"/> Community Workshops | |

Contact Position: Breastfeeding Coordinator

Address: 15 West 136th Street; NY, NY 10037

Telephone: (212) 939-2738, (212) 939-2434

Hotline: N/A

Beeper: N/A

Fax: (212) 939-2499, (212) 939-2434

Email: N/A

Website: N/A

Hours: Monday: 8am-6pm, Tuesday-Friday: 8am-5pm, Saturday: 8am-2pm

Languages Spoken: English, Spanish

Serves: WIC participants in all 5 boroughs

East Harlem Council for Human Services

Services Provided:

- | | |
|---|--|
| <input type="checkbox"/> Breast Pump Sales and Rental | <input checked="" type="checkbox"/> Lactation Counseling |
| <input checked="" type="checkbox"/> Breastfeeding Telephone Support | <input type="checkbox"/> Peer Counseling |
| <input checked="" type="checkbox"/> Childbirth Education Courses | <input checked="" type="checkbox"/> Support Group |
| <input checked="" type="checkbox"/> Community Workshops | |

Contact Position: WIC Director

Address: 2253 Third Avenue; NY, NY 10035

Telephone: (212) 650-4930

Hotline: N/A

Beeper: N/A

Fax: (212) 410-7970

Email: N/A

Website: N/A

Hours: Monday-Friday: 8:30am-5pm, Every first and third Wednesday of the month: 8:30am-7pm

Languages Spoken: English, Spanish

Serves: WIC participants in all 5 boroughs

BREASTFEEDING RESOURCES

Grant Houses

Services Provided:

- | | |
|---|--|
| <input checked="" type="checkbox"/> Breast Pump Sales and Rental | <input checked="" type="checkbox"/> Lactation Counseling |
| <input checked="" type="checkbox"/> Breastfeeding Telephone Support | <input type="checkbox"/> Peer Counseling |
| <input type="checkbox"/> Childbirth Education Courses | <input type="checkbox"/> Support Groups |
| <input checked="" type="checkbox"/> Community Workshops | |

Contact Position: Director

Address: 3170 Broadway at 124th Street; NY, NY 10027

Telephone: (212) 678-8420, (212) 939-2731

Hotline: N/A

Beeper: N/A

Fax: N/A

Email: N/A

Website: N/A

Hours: Monday: 9am-3pm

Languages Spoken: English, Spanish

Serves: All Manhattan WIC participants

Lenox Avenue

Services Provided:

- | | |
|---|--|
| <input checked="" type="checkbox"/> Breast Pump Sales and Rental | <input checked="" type="checkbox"/> Lactation Counseling |
| <input checked="" type="checkbox"/> Breastfeeding Telephone Support | <input type="checkbox"/> Peer Counseling |
| <input type="checkbox"/> Childbirth Education Courses | <input type="checkbox"/> Support Groups |
| <input checked="" type="checkbox"/> Community Workshops | |

Contact Position: Director

Address: 115 West 116th Street; NY, NY 10027

Telephone: (212) 961-5749, (212) 939-2731

Hotline: N/A

Beeper: N/A

Fax: (212) 987-5590

Email: N/A

Website: N/A

Hours: Thursday: 10am-2:30pm

Languages Spoken: English, Spanish

Serves: WIC participants in all 5 boroughs

BREASTFEEDING RESOURCES

MHRA- East Harlem

Services Provided:

- | | |
|--|--|
| <input checked="" type="checkbox"/> Breast Pump Sales and Rental | <input checked="" type="checkbox"/> Lactation Counseling |
| <input type="checkbox"/> Breastfeeding Telephone Support | <input type="checkbox"/> Peer Counseling |
| <input type="checkbox"/> Childbirth Education Courses | <input type="checkbox"/> Support Groups |
| <input type="checkbox"/> Community Workshops | |

Contact Position: Nutritionist
Address: 158 East 115th Street; NY, NY 10029
Telephone: (212) 369-4709
Hotline: N/A
Beeper: N/A
Fax: (212) 860-8014
Email: N/A
Website: N/A
Hours: Monday-Friday: 8:30am-4pm
Languages Spoken: English, Spanish
Serves: WIC participants in all 5 boroughs

Metropolitan Hospital Center WIC Program

Services Provided:

- | | |
|---|--|
| <input checked="" type="checkbox"/> Breast Pump Sales and Rental | <input checked="" type="checkbox"/> Lactation Counseling |
| <input checked="" type="checkbox"/> Breastfeeding Telephone Support | <input type="checkbox"/> Peer Counseling |
| <input checked="" type="checkbox"/> Childbirth Education Courses | <input type="checkbox"/> Support Groups |
| <input checked="" type="checkbox"/> Community Workshops | |

Contact Position: Senior Associate Director
Address: 1901 First Avenue; NY, NY 10029
Telephone: (212) 423-7930, (212) 423-7395
Hotline: N/A
Beeper: N/A
Fax: (212) 423-6704
Email: N/A
Website: N/A
Hours: Monday, Wednesday, Thursday, Friday: 8am-5:15pm, Tuesday: 7:30am-5:15pm, Every second and fourth Saturday of the month: by appointment only
Languages Spoken: English, Spanish, French
Serves: WIC participants in all 5 boroughs

BREASTFEEDING RESOURCES

Mount Sinai Hospital WIC Program

Services Provided:

- | | |
|---|--|
| <input type="checkbox"/> Breast Pump Sales and Rental | <input checked="" type="checkbox"/> Lactation Counseling |
| <input checked="" type="checkbox"/> Breastfeeding Telephone Support | <input type="checkbox"/> Peer Counseling |
| <input type="checkbox"/> Childbirth Education Courses | <input type="checkbox"/> Support Groups |
| <input type="checkbox"/> Community Workshops | |

Contact Position: Program Coordinator

Address: 1665 Lexington Avenue; NY, NY 10029

Telephone: (212) 987-0994, (212) 987-0995

Hotline: N/A

Beeper: N/A

Fax: (212) 722-5435

Email: N/A

Website: N/A

Hours: Monday-Friday: 9am-5pm

Languages Spoken: English, Spanish, French

Serves: WIC participants in all 5 boroughs

Northern Manhattan Network/ Harlem Hospital WIC Program

Services Provided:

- | | |
|---|--|
| <input checked="" type="checkbox"/> Breast Pump Sales and Rental | <input checked="" type="checkbox"/> Lactation Counseling |
| <input checked="" type="checkbox"/> Breastfeeding Telephone Support | <input type="checkbox"/> Peer Counseling |
| <input type="checkbox"/> Childbirth Education Courses | <input type="checkbox"/> Support Groups |
| <input type="checkbox"/> Community Workshops | |

Contact Position: Director

Address: 27 West 136th Street; NY, NY 10037

Telephone: (212) 939-2730, (212) 939-2731

Hotline: N/A

Beeper: N/A

Fax: (212) 939-2499, (212) 939-2734

Email: N/A

Website: N/A

Hours: Friday: 8:30am-4:30pm

Languages Spoken: English, Spanish

Serves: WIC participants in all 5 boroughs

BREASTFEEDING RESOURCES

North General Hospital WIC Program

Services Provided:

- | | |
|---|--|
| <input type="checkbox"/> Breast Pump Sales and Rental | <input checked="" type="checkbox"/> Lactation Counseling |
| <input checked="" type="checkbox"/> Breastfeeding Telephone Support | <input type="checkbox"/> Peer Counseling |
| <input type="checkbox"/> Childbirth Education Courses | <input type="checkbox"/> Support Groups |
| <input checked="" type="checkbox"/> Community Workshops | |

Contact Position: Coordinator

Address: 1879 Madison Avenue; NY, NY 10035

Telephone: (212) 423-4201, (212) 423-4086

Hotline: N/A

Beeper: N/A

Fax: (212) 722-5435

Email: wicprogram@yahoo.com

Website: N/A

Hours: Monday-Friday: 9am-5pm

Languages Spoken: English, Spanish, French, Creole

Serves: WIC participants in all 5 boroughs

St. Luke's- Roosevelt Hospital Center WIC Program

Services Provided:

- | | |
|--|--|
| <input checked="" type="checkbox"/> Breast Pump Sales and Rental | <input checked="" type="checkbox"/> Lactation Counseling |
| <input type="checkbox"/> Breastfeeding Telephone Support | <input type="checkbox"/> Peer Counseling |
| <input type="checkbox"/> Childbirth Education Courses | <input checked="" type="checkbox"/> Support Groups |
| <input type="checkbox"/> Community Workshops | |

Contact Position: WIC Breastfeeding Coordinator

Address: 1111 Amsterdam Avenue, Travers 1; NY, NY 10025

Telephone: (212) 523-6313, (212) 523-3447

Hotline: N/A

Beeper: N/A

Fax: (212) 523-6719

Email: N/A

Website: N/A

Hours: Monday, Tuesday, Thursday, Friday: 8:30am-5pm, Wednesday: 8:30am-7pm

Languages Spoken: English, Spanish, French

Serves: WIC participants from St. Luke's- Roosevelt Hospital Center

BREASTFEEDING RESOURCES

Settlement Health

Services Provided:

- | | |
|---|--|
| <input type="checkbox"/> Breast Pump Sales and Rental | <input checked="" type="checkbox"/> Lactation Counseling |
| <input checked="" type="checkbox"/> Breastfeeding Telephone Support | <input type="checkbox"/> Peer Counseling |
| <input type="checkbox"/> Childbirth Education Courses | <input type="checkbox"/> Support Groups |
| <input type="checkbox"/> Community Workshops | |

Contact Position: Lead Nutritionist/ Supervisor

Address: 309 East 104th Street; NY, NY 10029

Telephone: (212) 427-3909

Hotline: 1(800) 522-5006

Beeper: N/A

Fax: (212) 722-5578

Email: N/A

Website: N/A

Hours: Monday-Friday: 8:30am-4pm

Languages Spoken: English, Spanish, Creole

Serves: WIC participants in all 5 boroughs

Sydenham Neighborhood Family Care Center

Services Provided:

- | | |
|---|--|
| <input checked="" type="checkbox"/> Breast Pump Sales and Rental | <input checked="" type="checkbox"/> Lactation Counseling |
| <input checked="" type="checkbox"/> Breastfeeding Telephone Support | <input type="checkbox"/> Peer Counseling |
| <input checked="" type="checkbox"/> Childbirth Education Courses | <input type="checkbox"/> Support Groups |
| <input checked="" type="checkbox"/> Community Workshops | |

Contact Position: Breastfeeding Coordinator

Address: 215 West 125th Street; NY, NY 10027

Telephone: (212) 939-2730, (212) 932-2738

Hotline: N/A

Beeper: N/A

Fax: (212) 939-2499, (212) 939-2434

Email: N/A

Website: N/A

BREASTFEEDING RESOURCES

PRIVATE CONSULTANTS

Stork and Cradle- Tamara Hawkins, RNC, LCCE, IBCLC

Services Provided:

- | | |
|---|--|
| <input type="checkbox"/> Breast Pump Sales and Rental | <input checked="" type="checkbox"/> Lactation Counseling |
| <input checked="" type="checkbox"/> Breastfeeding Telephone Support | <input type="checkbox"/> Peer Counseling |
| <input checked="" type="checkbox"/> Childbirth Education Courses | <input type="checkbox"/> Support Groups |
| <input type="checkbox"/> Community Workshops | |

Address: N/A

Telephone: (646) 334-3830

Hotline: N/A

Beeper: N/A

Fax: N/A

Email: N/A

Website: <http://www.storkandcradle.com>

Hours: Evenings and weekends

Languages Spoken: English

Serves: Manhattan, Bronx, and Downtown Brooklyn

Margot Mann, IBCLC

Services Provided:

- | | |
|---|--|
| <input checked="" type="checkbox"/> Breast Pump Sales and Rental | <input checked="" type="checkbox"/> Lactation Counseling |
| <input checked="" type="checkbox"/> Breastfeeding Telephone Support | <input type="checkbox"/> Peer Counseling |
| <input type="checkbox"/> Childbirth Education Courses | <input checked="" type="checkbox"/> Support Groups |
| <input type="checkbox"/> Community Workshops | |

Address: N/A

Telephone: (718) 601-2939

Hotline: N/A

Beeper: N/A

Fax: N/A

Email: margotmann@aol.com

Website: N/A

Hours: Monday- Friday: by appointment

Languages Spoken: English, French, Hebrew

Serves: New York City and lower Westchester

BREASTFEEDING RESOURCES

Leigh Anne O' Connor, IBCLC

Services Provided:

- | | |
|---|--|
| <input type="checkbox"/> Breast Pump Sales and Rental | <input checked="" type="checkbox"/> Lactation Counseling |
| <input checked="" type="checkbox"/> Breastfeeding Telephone Support | <input type="checkbox"/> Peer Counseling |
| <input type="checkbox"/> Childbirth Education Courses | <input checked="" type="checkbox"/> Support Groups |
| <input type="checkbox"/> Community Workshops | |

Address: N/A

Telephone: (212) 529-4691

Hotline: N/A

Beeper: N/A

Fax: (212) 529-4691

Email: leighanne625@rcn.com

Website: N/A

Hours: Monday- Friday: 9am-6pm

Languages Spoken: English

Serves: Manhattan

Freda Rosenfeld, IBCLC, CCE

Services Provided:

- | | |
|--|--|
| <input type="checkbox"/> Breast Pump Sales and Rental | <input checked="" type="checkbox"/> Lactation Counseling |
| <input type="checkbox"/> Breastfeeding Telephone Support | <input type="checkbox"/> Peer Counseling |
| <input type="checkbox"/> Childbirth Education Courses | <input type="checkbox"/> Support Groups |
| <input type="checkbox"/> Community Workshops | |

Address: N/A

Telephone: (718) 469-5990

Hotline: N/A

Beeper: N/A

Fax: (212) 529-4691

Email: fredaibclc@aol.com

Website: N/A

Hours: Monday- Friday: 8:30am-5:30pm

Languages Spoken: English, Hebrew

Serves: All 5 boroughs

BREASTFEEDING RESOURCES

Kate Sharp, IBCLC

Services Provided:

- | | |
|---|--|
| <input type="checkbox"/> Breast Pump Sales and Rental | <input checked="" type="checkbox"/> Lactation Counseling |
| <input checked="" type="checkbox"/> Breastfeeding Telephone Support | <input type="checkbox"/> Peer Counseling |
| <input type="checkbox"/> Childbirth Education Courses | <input checked="" type="checkbox"/> Support Groups |
| <input type="checkbox"/> Community Workshops | |

Address: N/A

Telephone: (212) 595-1627

Hotline: N/A

Beeper: N/A

Fax: N/A

Email: N/A

Website: <http://www.katesharpibcllc.com>

Hours: By appointment only

Languages Spoken: English

Serves: Manhattan