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The Recruiter

MARCH 2016

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Women's History Month Issue

The FDNY held its second Women's History Month Outreach Event on March 12 at the Fire Academy on Randall's Island in New York City.

Event participants were led by lady Firefighters and veteran FDNY instructors through five training evolutions: extinguishing a car fire; extricating passengers from a car; the Candidate Physical Ability Test (CPAT); and forcible entry.

In addition, the aspiring Firefighters were able to participate in a question and answer session with New York's Bravest women.

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FDNY Hosts Women's Outreach Event

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FDNY Celebrates Women's History Month

The FDNY celebrated Women's History Month at Headquarters in Brooklyn on March 31. National Women's History Month provided the Department opportunity to formally recognize the contributions of outstanding women among the more than 16,000 uniformed and civilian members of the Fire Department, as well as to acknowledge and thank the entire complement of women who serve this agency.

"Each of these women was selected by their peers for the excellent work they do to recruit new members, train others, insure the health of our members and make certain our Department has the resources needed to respond to more than 1.7 million emergencies," said Commissioner Nigro. "And with role models like those we celebrate and honor today, I know we will continue to see more and more women in important roles here in the FDNY."

As part of the ceremony, Deputy Commissioner for Governmental Affairs and Special Programs Laura Kavanagh, not pictured, and Assistant Commissioner for Recruitment and Diversity Michele Maglione, top row second from left, were two of six women honored for their important work in government, and Firefighter Brooke Guinan, bottom row fourth from left, was recognized for her exceptional public service. In addition, FDNY High School for Fire and Life Safety senior Diamond Manning served as a guest speaker.

Members March in the St. Patrick's Day Parade

FDNY members marched along Fifth Avenue in New York City on March 17 as participants in the St. Patrick's Day Parade. Check out our highlights from that exciting day, which featured the latest Probationary Firefighter Class in attendance.

Follow Us!

Meet 'Probie' Anita Daniel

Our latest "Probie" of the Month Anita Daniel said she is honored to be a part of a career that allows her to open doors for other women. When she graduated from the Fire Academy in November 2014, she was one of four women in a class of 280 Probationary Firefighters.

"I like breaking norms and I never want to be limited in life because of my gender," Daniel explained. "I hope that me becoming a New York City Firefighter shows other women that you don't have to limit yourself when it comes to careers. You can pursue any career that you want and be successful in that career."

As one of New York's Bravest, she noted that every day can be a challenge and you have to be mentally and physically prepared to help

FDNY Probationary Firefighter Anita Daniel shared her inspiring story about being a working mother during the Department's Women's History Month Outreach Event at the Fire Academy on March 12.

with dangerous situations.

In the months leading up to the Academy, the 24-year-old recalled that she trained five times a week, which included extensive cardio and

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Meet 'Probie' Anita Daniel

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Probationary Firefighter Anita Daniel was one of our women to complete the rigorous 18-week training at the Fire Academy on Randall's Island in New York City during the summer of 2014. On Nov. 24 that year, she graduated from the Academy alongside 279 of her fellow "Probies."

Probationary Firefighter Anita Daniel said her new career includes a flexible work schedule, which she loves, because it allows her to spend more precious moments with her 4-year-old daughter, Erin.

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Meet 'Probie' Anita Daniel

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calisthenics training.

Daniel also credited her success in the Academy to her Firefighter Candidate Mentorship Program Mentor, Firefighter Jackie-Michelle Martinez.

"Whenever I needed help, whether it was studying, with hands-on training or even just general questions about the job, Jackie-Michelle was there to help me," Daniel said. "Having a Mentor like her was important, because she taught me a lot about this job and it's a great feeling to know that you have that kind of support here."

"Anita is a true jewel and she was so easy to work with," added Martinez, who is also the Department's new Women's Outreach Coordinator. "She really wanted this job and she worked hard to join the Department and I'm so happy that she is here working with us now."

Daniel is now helping to keep the city safe at Engine 234 in Brooklyn. She recently helped to extinguish a third alarm fire in a three-story building in Brooklyn, where she served as the nozzle man.

"I just want to continue to help the community as a New York City Firefighter and be an inspiration to my daughter Erin," she said. "Erin tells me all the time that I'm her hero and that she wants to be a firefighter too one day, and that means so much to me."

UWF to Host Training for Candidates

The United Women Firefighters (UWF) is scheduled to host physical fitness training for women Firefighter Candidates in April at the New York Sports Club on Wall Street in New York City. The club is located at 30 Wall Street, New York, NY 10005. To be eligible to participate, every candidate must bring a gym lock, at least a 50 pound vest, fitness clothes and sneakers, water and a medical waiver. In addition, every candidate should attend the training properly hydrated and fueled and ready for an intense workout. Please note that these workout sessions are designed to prepare candidates for the physical training at the Fire Academy. To register for the sessions, please e-mail womenrecruitsfdny@yahoogroups.com.

***Please note that all new candidates must arrive to the training sessions early.**

April 2016 UWF Training Schedule

April 10, 17 and 24 at 12 p.m.

April 12, 19, 21, 26 and 28 at 7:30 p.m.

Firefighter 101:

Ranking Order of the FDNY Uniformed Force

The New York City Fire Department currently protects more than 8 million residents in an area of 320 square miles. The Department is administered by the Fire Commissioner, who is appointed by and responsible to the Mayor. The uniformed forces is under the command of the Chief of Department and it consists of more than 11,400 Fire Officers and Firefighters. In addition, the Department includes 2,800 Paramedics, Emergency Medical Technicians and supervisors assigned to the Bureau of Emergency Medical Service (EMS), as well as 1,200 civilian employees. Want to learn more about this topic? Visit our website: http://on.nyc.gov/1q3oFVj.

Don't Procrastinate! Start studying the "Probie" Manual today to get ready for the *F*ire Academy!

RECRUITMENT CORNER

Five YWDI Alumni Become FDNY EMTs

In celebration of our latest EMS Academy graduation on March 30, Join FDNY caught up with the five graduates who are also FDNY Youth Workforce Development Initiative (YWDI) alumni. Check out what these Emergency Medical Technicians had to say about becoming one of New York's Best. This latest group includes alumni from both the FDNY High School for Fire and Life Safety and the FDNY Fire and Emergency Medical Service Exploring Program.

"Training every day at the Academy is very challenging and fast-paced, but it teaches you about discipline, teamwork and really how EMTs give back to the city by helping people."– FDNY EMS Academy graduate EMT Derron Bucknor, who is also a 2013 FDNY High School for Fire and Life Safety alumnus and a former FDNY Explorer. He also currently serves as the Commanding Officer for Exploring Post 6004.

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RECRUITMENT CORNER

Five YWDI Alumni Become FDNY EMTs

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"Learning in the Academy was a refreshing experience for me and it motivated me even more to use my skills to help others realize that EMTs are great people. EMTs play an important role in our city because they go out into the community and help others. This job is important to me, because I'm helping to make a difference in the community." – FDNY EMS Academy graduate EMT Stefon Harris, who is also a former FDNY Explorer.

"The patient was in cardiac arrest, so we immediately started compressions and we were able to get a pulse back before we got to the hospital," FDNY EMS Academy graduate EMT Adam Harrow recalls how he assisted with a pre-hospital save in the Bronx during his rotation at Station 17. "That was my first-time doing something like that and it was a very serious situation, but it definitely lifted my spirits that we were able to help that patient during that emergency." Harrow is also a former FDNY Fire Explorer.

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RECRUITMENT CORNER

Five YWDI Alumni Become FDNY EMTs

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"Training at the Academy helped me to see on a completely different level how much EMTs help people. We trained in so many different scenarios and being a part of this Academy has been a great learning experience for me. I'm really happy to be able to help the community as a FDNY member."– FDNY EMS Academy graduate EMT Omar Juarez-Rivera, who is also a former FDNY Explorer

"Working on streets helping people is why I love being an EMT and the instructors at the EMS Academy really work hard to help you learn the skills that you need for this job." – FDNY EMS Academy graduate EMT Durelle Bailey, who is also a 2011 FDNY High School for Fire and Life Safety alumnus.