

**CITY OF NEW YORK  
DEPARTMENT OF CORRECTION  
Job Vacancy Notice**

<b>Civil Service Title:</b> Fitness Instructor	<b>Level:</b> II
<b>Title Code No:</b> 51225	<b>Salary:</b> \$46,243 - \$53,180 <b>Frequency:</b> Full-Time
<b>Business Title:</b> Agility Team Leader/Coordinator	<b>Work location:</b> 75-20 Astoria Boulevard East Elmhurst, New York 11370
<b>Division/Work Unit:</b> Application Investigations Unit	<b>Number of Positions:</b> 1
<b>Job ID:</b> 243890	<b>Hours/Shift:</b> Day Shift with rotating weekends (Subject to change)
<b>Job Description</b>	
<p>The New York City Department of Corrections (DOC) provides for the care, custody, and control of persons accused of crimes or convicted and sentenced to one-year or less of jail time. The DOC manages 12 inmate facilities, nine of which are located on Rikers Island. In addition, the department operates two hospital prison wards (Bellevue and Elmhurst hospitals) and court holding facilities in Criminal, Supreme, and Family Court in each borough.</p> <p>The Applicant Investigation Unit (AIU) is seeking a highly motivated individual to oversee the performance of both typical and atypical physical ability tests which can be expected and required of a Correction Officer's response to either a routine radio run or critical incident. The ideal candidate must be able to walk and/or stand in an assigned area for approximately 8 hours continuously. The Agility Team Leader/Coordinator is responsible for ensuring that all potential Correction Officer (CO) candidates remain motivated to successfully completing the required tests. The selected candidates will assist in monitoring, measuring, and providing reports regarding potential CO candidates' retention within the fitness site. Selected candidate will also ensure that all potential CO candidates are given proper direction and tools, to successfully complete all the components of fitness testing which include, aerobic and anaerobic endurance, rapid recovery and lower body strength. The Agility Team Leader/Coordinator will also be responsible for developing training manuals in order to provide continuous assistance to potential CO candidates who have difficulty in passing the trigger pull and run test.</p>	
<b>Qualification Requirements</b>	
<p>Certifications in First Aid and CPR (cardiopulmonary resuscitation) issued by the American Red Cross or other organization having an equivalent certification program recognized by the employing agency, and:</p> <ol style="list-style-type: none"> <li>1. A Baccalaureate degree from an accredited college with a major in nutrition, exercise physiology, health and fitness, physical education or a closely related field, plus 4 years of full-time paid experience in one or more of these areas, 1 year of which must have been in teaching exercise techniques; or</li> <li>2. An Associate degree from an accredited college with a major in nutrition, exercise Physiology, health and fitness, physical education or a closely related field, plus 6 years of full-time paid experience in one or more of these areas, 1 year of which must have been in teaching exercise techniques; or</li> <li>3. Education and/or experience equivalent to "1" or "2" above. A Master's degree in the above fields may be substituted for 1 year of experience. However, all candidates must have at least an Associate degree and 1 year of paid experience teaching exercise techniques.</li> </ol>	
<b>Preferred Skills</b>	
Knowledge of MS Office; knowledge of DOC medical standards regarding Agility testing; Certified physical fitness trainer.	
<b>Residency Requirements</b>	
New York City residency is generally required within 90 days of appointment. However, City employees in certain titles who have worked for the City for 2 continuous years may also be eligible to reside in Nassau, Suffolk, Putnam, Westchester, Rockland, or Orange County. To determine if the residency requirement applies to you, please discuss with the agency representative at the time of interview.	
<b>To Apply</b>	
<p>For City employees: Go to Employee Self-Service (ESS) - <a href="http://www.nyc.gov/ess">www.nyc.gov/ess</a> and search for Job ID# <b>243890</b>  For all other applicants: Go to <a href="https://a127-jobs.nyc.gov">https://a127-jobs.nyc.gov</a> and search for Job ID# <b>243890</b>  Submission of a resume is not a guarantee that you will receive an interview.  Only those candidates under consideration will be contacted.</p>	
<b>Post Date:</b> 6/24/16	<b>Post Until Filled:</b> 7/8/16

**The New York City Department of Correction and The City of New York are Equal Opportunity Employers**