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| Logo  [**WorkWell NYC**](http://www.nyc.gov/workwellnyc) recognizes October as **Breast Cancer Awareness Month.** Breast cancer is one of the most common cancers in women of all races and ethnicities.[i](%22%20%5Cl%20%22_edn1%22%20%5Co%20%22) Routine screenings are important in early detection and treatment of breast cancer since some women who have breast cancer do not have any signs or symptoms.

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| **DID YOU KNOW?** |
| Image result for pink question mark icon | **Breast cancer killed more than 1,000 women in NYC in 2014.**[**ii**](#_edn1)  |
| Image result for pink question mark icon | **Screening can detect cancer early, when it is more treatable.   The United States Preventive Services Task Force recommends the following:*** **Women who are 50 to 74 years old should get a screening mammogram every two years.**
* **Women who are 40 to 49 years old should talk with their provider about when to start and how often to get a mammogram.**

**Ask your provider about the benefits and risks of breast cancer screening for you. You may have other risk factors that your provider will need to consider.** |
| Image result for pink question mark icon | **Most health plans that insure NYC employees and their family members cover low- or no-cost preventative screenings.** \*Anyone with signs or symptoms of breast cancer should talk with their doctor right away. |

       [**WorkWell NYC**](http://www.nyc.gov/workwellnyc)wants you to work, live and be healthy. Take the necessary steps to get screened or to support your loved ones in getting screened. Please join [**WorkWell NYC**](http://www.nyc.gov/workwellnyc) tomorrow, October 21st in wearing **pink** in recognition of Breast Cancer Awareness Month.  i CDC Breast Cancer Statistics:<https://www.cdc.gov/cancer/breast/statistics/index.htm>ii Lu W, Huynh M, Lee E. Summary of Vital Statistics, 2014. New York, NY: New York City Department of Health and Mental Hygiene, Office of Vital Statistics, 2016.  |