

Homemade Sofrito

Annie Morgan

Yield: Approximately 4 cups

Time: 5 minutes

Ingredients

2 yellow onions, roughly chopped
1 green bell pepper, seeds removed and roughly chopped
1 red bell pepper, seeds removed and roughly chopped
1 scallion stalk, roughly chopped
2 tomatoes, cored and roughly chopped
1 bunch of cilantro, rinsed
1 bunch of parsley, rinsed
8 cloves of garlic, peeled
1 tablespoon of apple cider vinegar
Juice from 1 lime

Directions

- ✦ In a food processor or blender combine onions, peppers, scallions, tomatoes, cilantro, parsley and garlic. Blend until minced.
- ✦ Add lime juice and vinegar.
- ✦ Store in $\frac{1}{2}$ cup of airtight containers or freezer bags for 5 days in the refrigerator or up to 2 months in the freezer. Recipe may be doubled if used often.