Winter 2020

Registry Research Findings

Links Between 9/11 and Breast Cancer: Learn How to Get Treatment

If you were exposed to the 9/11 disaster and have breast cancer, you may be eligible for care at the World Trade Center (WTC) Health Program. Learn more here.


PTSD and Dust Cloud Exposure Increase Risk of Stroke

Exposure to the 9/11 dust cloud and having a diagnosis of PTSD increases the risk of having a stroke. Stroke is a leading cause of serious, long-term disability in the United States. Watch the video titled Higher Risk of Stroke and PTSD on our News Videos page.

Looking Ahead

Upcoming Wave 5 Survey

In a few months we will send out the Registry’s next major health survey, referred to as the Wave 5 survey. We urge you to complete the survey. Your responses help provide a more complete understanding of 9/11 health impacts and determine how enrollees get care.

The Wave Survey Lifecycle

- The Registry sends out the Wave health survey.
- The Registry analyzes health survey responses.
- The Registry links enrollees with health care resources.
- The Registry analyzes data and publishes the findings.
- The Registry shares the published research via its website, e-newsletters and social media.
- The Registry shares the findings with the World Trade Center Health Program to help inform the health care provided.

Watch Testimonials

Watch enrollees talk about why the Registry matters.
**The Continued Health Impacts of 9/11**

**Catch Skin Cancer Early**

Melanoma is a type of skin cancer, and recovery is possible when caught early. Visit [nyc.gov/911health](http://nyc.gov/911health) and search for health materials to read the Registry’s fact sheet about melanoma.

**Go Paperless!**

Receive Registry surveys and communications including our new quarterly e-newsletter via email. You can provide an email address by calling **866-692-9827**, emailing WTCHRELetter@health.nyc.gov or visiting [nyc.gov/911health](http://nyc.gov/911health) to select the Enrollees tab, then Update Contact Information.

**Need Care?**

If you're a WTCHR enrollee and think you may have a 9/11-related health condition, email the Registry's Treatment Referral Program and one of our multilingual staff members will respond. Depending on your needs, eligibility and how you were affected by 9/11, we will refer you to the WTC Health Program for Survivors or the WTC Health Program for Responders.

**Resources**

The federal [WTC Health Program](http://cdc.gov/wtc) provides monitoring and treatment, including medications for physical and mental health conditions related to 9/11. Services are offered at no cost to you, no matter where you live now. Apply online at [cdc.gov/wtc](http://cdc.gov/wtc) or call **888-982-4748** and we will mail you an application.

To find the Health E-newsletter in English, Simplified Chinese, Spanish and Traditional Chinese, visit [nyc.gov/911health](http://nyc.gov/911health) and click on the Research tab, then Publications, and select the E-newsletter drop-down to find PDFs.

**Mail’s Here**

*M A I L ’ S  H E R E  *

**A quick but big thank you!**

“Just wanted to send a quick thank you for the WTC Health Registry continuing to shine a light on what too many of us feel is a dark secret: PTSD. I was at Ground Zero when 9/11 happened and it’s something I will never forget. For years, I could not figure out the root of my depression. As an enrollee I finally took advantage of the services offered, and although my life isn’t perfect (but whose is?) I am definitely in a better place. Thank you so much.” — T.T.

**To learn more about PTSD and its connection to 9/11, visit our [News Videos](http://nyc.gov/911health) page and look for PTSD in the video descriptions.**