Soap and water are your friends.

Together water and soap can protect you against COVID-19.

Wash your hands frequently:
- Before eating
- After going to the bathroom
- After playing

Wash every part of your hands for 20 seconds. Perfect time to sing your favorite song!

Remember, don’t touch:
- Eyes
- Nose
- Mouth

It is good to use hand sanitizer, but don’t forget to wash your hands with soap and water any time you can.