

## Offerings at Circle of Dreams

Circle of Dreams provides several co-designed opportunities to the residents of Highbridge and the surrounding area. These offerings include educational workshops, support groups, and social activities. All offerings are free.

Everyone is welcome to come to Circle of Dreams to join us for one of the below offerings or to just hang out for a while. Feel free to contact us for more information or simply stop by!

### Weekly

- Coffee and Art Mothers: a group of mothers who gather for coffee, arts, and peer-to-peer support weekly.
- Social Service Discussions: local providers do presentations about their programs, services, and mission and take questions from residents.
- Toddler Group: a play group for toddlers, whose caregivers also meet at the FEC to provide one another with support.
- Anti-Bullying Committee: a group of concerned residents who meet to identify ways to build relationships with schools to address student bullying.
- Grameen America: a group of local entrepreneurs that meet to provide one another with tips and mentorship around starting their own businesses.
- Zumba: weekly exercise sessions for free!
- Family and Youth Activities: examples of activities include movie nights, and coat and clothing giveaways. Have an idea about a great family or youth activity? Stop by and help us make it happen!

### Monthly

- Wellness Workshops: health professionals provide educational chats for better health and wellness.



Family Enrichment Center



Circle of Dreams  
Family Enrichment Center



Family Enrichment Centers (FECs) are welcoming home-like community spaces where neighbors are able to connect, contribute to their community, find resources, support one another, and help families thrive.

**Highbridge**  
Circle of Dreams  
266 E. 165th St. Bronx, NY 10456  
Office phone: 718-975-8618

# What is a Family Enrichment Center?

Circle of Dreams is one of three Family Enrichment Centers (FEC) in NYC and is located in the Highbridge community in the Bronx. Circle of Dreams is a home-like space designed to be warm and welcoming. Here community members are able to connect, contribute to their community, find resources, learn, and share with others. Circle of Dreams invites and plans with community and parent leaders that co-design and co-facilitate offerings that build family protective factors, creating a space that is as unique as Highbridge.

## Our Approach: For Us, By Us

Circle of Dreams uses a strength-based approach to planning that asks empowering questions and contributes to collaboration. Together community members discover the best of their communities, create a dream for the future, and design and walk a path to get there together.

## Discover the best of you and your community

Circle of Dreams is open to children, youth, and adults of all ages. Everyone is welcome to join the conversation, and contribute their hobbies, knowledge, and passions to their neighbors.

### FAMILY ENRICHMENT CENTER LOCATIONS

#### Highbridge

Circle of Dreams  
266 E. 165th St.  
Bronx, NY 10456  
Office phone: 718-975-8618  
acamacho@childrensvillage.org

**Director:**

**Alida V. Camacho, LCSW-R**

#### Hunts Point/Longwood

O.U.R. Place (Organizing to be United and Resilient)  
940 Garrison Ave  
Bronx, NY 10474  
Office phone: 718-618-5559  
lopeze@graham-windham.org

**Director: Emily Lopez, MSW**

#### East New York The C.R.I.B. (Community Resources in Brooklyn)

2779 Atlantic Ave  
Brooklyn, NY 11207  
Office phone: 646-968-3399  
Lettice\_Layne@GoodShepherds.org

**Director:**

**Lettice Layne, LCSW**



THE CORE @FEC



**Resilience**  
Be strong & flexible



**Relationships**  
Everyone needs friends & family



**Knowledge**  
Life is learning & leading



**Support**  
Everyone needs help sometimes



**Communication**  
Help one another communicate



**Economic Mobility**  
Individuals have resources & opportunities for growth



**Community**  
Strong relationships among neighbors

