

**NYC Department of Correction
NYC Administration for Children's Services
Nursery Program Plan- October 5, 2018**

Pursuant to the variance granted by the NYC Board of Correction on July 10, 2018 to Minimum Standards 3-06(e)(5) and the related variance conditions, the NYC Department of Correction (DOC) is submitting the below written plan on behalf of the NYC Administration for Children's Services (ACS) which sets forth a description of the wrap around model of support services ACS shall offer to pregnant youth and to all young mothers and fathers residing in Horizon; the service providers who shall provide such support services; and the timeline for the procurement of such services.

NURSERY PROGRAM

Wraparound Model

ACS will be acquiring a portfolio of Portable Parenting Services designed to afford a wraparound model of support services to pregnant youth and to all young mothers and fathers detained at a facility. These services can be linked in any setting—including Horizon. The services are expected to be in place within three months.

Portable Parenting Services can include any or all of the following elements offered on-site at Horizon and/or upon the youth's release from Horizon, depending on youth needs:

1. Nurse Family Partnership – Nurse-Family Partnership (NFP) is a nationwide evidence-based nurse home visiting program that supports teens and women pregnant with their first baby. Clients are paired with registered nurses and receive regular visits from early pregnancy until their child's second birthday. NFP helps vulnerable first-time mothers have healthy pregnancies, become knowledgeable and nurturing parents, reach education and employment goals and provide their children with the best possible start in life. Sponsored by the NYC Health Department, NYC NFP was launched in 2003 and serves low-income women and girls in all five boroughs. NFP has been rigorously evaluated for over 40 years, and the benefits are evident long after mother and child complete the program.

Positive outcomes among children of participating families compared to non-participating families include:

- 48% fewer cases of abuse and neglect
- 56% fewer emergency room visits for accidents and poisonings at age 2
- 50% fewer language delays by 21 months of age
- 67% fewer behavioral and emotional problems at age 6
- 67% less cigarette, alcohol and marijuana use at age 12
- Positive outcomes in NYC since 2003 include:
 - 92% of mothers-initiated breastfeeding
 - 94% of children were up to date with immunizations at age 2
 - 89% of mothers used contraception within 6 months of giving birth
 - 84% of mothers had no subsequent pregnancy within 18 months of giving birth

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2. Partners in Parenting (Coaching) - Coaching services is a support program for young mothers, fathers and their children that provide them with strong, stable support networks. Coaching assists pregnant and parenting teens in navigating vital services such as medical and prenatal care including lactation consultation, WIC, family planning, employment, early intervention, daycare, Department of Education LYFE programs and college applications, maternal and child health education and parenting skills classes. All offered services will consider and include the pregnant/parenting youth's parents/permanency resource in this treatment planning.
3. Co-Parenting - Co-Parenting skills coaching allows young parents to gain knowledge and skills to create and implement a healthy co-parenting relationship, leading to healthy child development and well-being. Young parents explore relaxation techniques, effective communication, problem-solving strategies, stages of child development and developing co-parenting agreements. The pregnant/parenting youth's own parent/resource will also be included when appropriate.
4. Parenting Support through Video (PSV) - The PSV program uses videotaping to help parents learn more about building strong, loving bonds with their children. Using video, parents can see how their interactions help build their child's healthy development, confidence, increased brain development and ability to learn.
5. Fatherhood Program - The Fatherhood Program helps young fathers between the ages of 14-21 to reconnect, strengthen and maintain their parental bond with their children. Fathers take on their share of parental responsibilities and serve as positive role models for their children. Fathers can develop essential social, parenting and professional skills needed to become emotionally and financially involved in the lives of their children. The Fatherhood Program is available to young fathers ages 14-21, as well as adult fathers. The focus of this program is to recognize and support the tremendous positive impact that fathers have on a child's development when his paternal role is enhanced and supported by those around him.
6. Teen Choice - Teen Choice provides comprehensive sexuality education in a group setting. Teen Choice services include individual counseling and referrals related to sexuality education, healthy relationships and family planning. Facilitators of the curriculum assist teens in recognizing the value in reducing risk-related behaviors, not only through knowledge and perception of personal vulnerability but also by helping them to develop positive attitudes that lead to healthier choices

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7. Consultation Services for Staff and Parents - Consultation services are designed to focus on obstacles facing pregnant and parenting teens today and how said obstacles create very specific challenges for case managers and parents/foster parents/caregivers. Consultation provides resources to empower staff and resident's parents/resources with the tools they need to better support their clients and children.

8. I.M.P.A.C.T - Project IMPACT (Interventions to Maintain Parents and Children Together) works with parents by helping them to create safe and loving homes. IMPACT has four primary initiatives to assist families: Parent Skills Classes and Workshops (on site at Horizon and off site), Parent Support Groups and Family Work, Parent Advocacy and the Parent Council. IMPACT encourages parents to advocate for their interests and understand their rights as well as create a network of parents who share experiences and offer each other support. The resident's parent/resource can be included in this service as well, as they are an integral agent of service navigation.

BOC Notification of Pregnant Youth Admission

Based on DOC and ACS data, it is extremely rare that pregnant 16 and 17-year-old youth remain in confinement before delivery, and it is anticipated that this will continue. Nonetheless, DOC shall notify the Board of each admission of a pregnant youth, preserving the youth's confidentiality as per SSL 372 and 9 NYCRR 180-3.7, within three business days of such admission and, simultaneously, work with ACS Case Management and Contracted health services staff to effectuate appropriate housing of the youth within Horizon as well as the provision of comprehensive health services. If the youth is released, ACS and DOC will connect the young mother to programs that can provide assistance to the mother and child.

Nursery Variance Communication Protocol:

