

*Community Board 4 presents the 8th
Annual and 1st Virtual*

Shape-Up Bushwick **Event Program**

Click the links below to register and/or participate.
For assistance please contact us at (718) 628-8400.

Community Meditation 11am

provided by the Bushwick Community Partnership
supported by the Coalition for Hispanic Family
Services

Bushwick Youth Town Hall 3pm

Led by youth from El Puente, RiseBoro
Communtiy Partnership, and the Coalition for
Hispanic Family Services

Virtual Family Fitness Class 4pm

provided by GYM STAR. Everyone who
registers (<https://bit.ly/family-fitness-n-discuss>) and attends will be entered into a
raffle to receive a GYM STAR face mask.