

Course Required for: ☒ Worker Training

Purpose: This course is an elective on-demand course that can help fulfill the requirement for an individual applying for a Site Safety Training Card. **THIS IS AN AWARENESS-LEVEL TRAINING ONLY and does not provide any other qualification or authorization outside of the Site Safety Training Card. IT DOES NOT GRANT A SUPPORTED SCAFFOLD CARD.**

Duration: 4 Hours of instructional time, excluding breaks & meals

Class Size: 1 – 50 Trainees

NYC Requirement: In order to continue to operate in the City of New York, the designated construction worker is required to complete a minimum number of hours of approved site safety training and to carry site safety identification cards as proof of completion of the training (As per New York City Local Law 196 of 2017 also known as “LL196” or “Local Law”). This course provides four hours towards the satisfaction of that requirement.

Delivery Requirements: This on-demand course must be delivered under an actively proctored online policy (see [Course Delivery Method](#)) and does not grant a Supported Scaffold card. For the in-person or live virtual class that can grant a Supported Scaffold card and 4 hours credit towards SST, see [4-Hour Supported Scaffold User & Refresher \(Scaffold Card & SST\)](#).

Where the Instruction Delivery Method indicates:

- **Demonstration:** Video Demonstrations may be delivered as part of an on-demand course.
- **Classroom Lecture/ Discussion w A/V:** may be delivered as part of an on-demand course.

Facility Requirements: The Training Facility used by the Course Provider must:

- Have sufficient room to accommodate all expected attendees and the equipment needed to perform hands-on exercises where required as part of the course.
- Make provisions for the presentation of training material in all media types (computer, projector, video/DVD player, etc.); and
- Comply with all applicable laws, rules & regulations relating to occupancy, zoning, egress, fire detection, fire suppression, light, ventilation, cleanliness, sanitary facilities, emergency notification & evacuation procedures.

Training may be held at construction sites, provided the above requirements are met.

Instructor Requirement: To deliver this course the instructor(s) must:

- demonstrate that he or she is credentialed or trained in instructional methods and learning processes. The instructor(s) must also successfully demonstrate his or her ability to solve or resolve problems relating to the subject matter by possession of a recognized degree, certificate, licensure or professional standing or by extensive knowledge, training, and experience, in the subject matter being taught. To the extent that the course instructor(s) holds, or has held, a trade license issued by the Department, it must be in good standing and not be surrendered to, suspended by or revoked by the Department and
- Be authorized by the Occupational Safety and Health Administration (OSHA) as a trainer(s) for its Construction and Outreach Program.
- comply with all applicable Federal, State, and local laws, rules and regulations, and the Department’s Industry Code of Conduct.

Course Requirement: All **topics** listed under **Course Content Requirements** must be covered using the listed **Instructional Delivery Method**. The time dedicated to each outline topic should be appropriate for the course content and can vary depending on the trade or job performed by the trainee. The **Instructional Delivery Materials** used in this course must contain all current applicable NYC Construction Code references, current rules, policies & bulletins.

All statistics referenced should reflect the latest publicly available statistics. The selection of Case Studies should prioritize incidents in NYC since the prior renewal period and contain relevant and illustrative photos where available

Refresher or Renewal Courses should focus on the updates since the prior renewal period.

Course Content Requirements

Instruction Delivery Method

1. Introduction to Supported Scaffolds <ul style="list-style-type: none"> Types <ul style="list-style-type: none"> Frame Rolling Towers, Tube & Clamp and System Scaffold Major Components <ul style="list-style-type: none"> Braces Tiebacks and Guardrail Systems 	Classroom Lecture w A/V Support
2. Supported Scaffold Accidents <ul style="list-style-type: none"> Common Causes & Prevention Accident Statistics Case Studies w/Photos 	Classroom Lecture/Discussion w A/V
3. OSHA 1926 Overview - Safety & Health Regulations for Construction <ul style="list-style-type: none"> Subpart E - Personal Protective Equipment & Life-Saving Equipment (PPE) Subpart L – Scaffolds Subpart M - Fall Protection Subpart X – Stairways & Ladders 	Classroom Lecture/Discussion w A/V
4. NYC Construction Codes Overview –cover all applicable: <ul style="list-style-type: none"> Codes, Rules, Related department policy statements, Regulatory notices, Bulletins & memos including: <ul style="list-style-type: none"> All NYC Building Codes with emphasis on the scaffold sections (3314) in Chapter 33 Safeguards during Construction & Demolition 	Classroom Lecture/Discussion w A/V
5. NYC Department of Buildings Overview - navigate the NYCDOB website to cover all applicable <ul style="list-style-type: none"> Administrative standard operating procedures, Policy & procedure notices Permits/department notifications, Forms, DOBNOW Filing & site documents, Plans, Inspection checklists/logs and Wind & weather advisories 	Classroom Lecture/Discussion w A/V
6. General Principles of Fall Protection <ul style="list-style-type: none"> Fall Clearance, Total Fall Distance Calculations, Minimizing Fall Forces, Guarding Against Falling Objects and Tool Tethering 	Classroom Lecture/Discussion w A/V
7. Personal Protective Equipment & Fall Arrest Systems <ul style="list-style-type: none"> Selection, Donning & Doffing Harness & Equipment w/Fit Test Inspection Procedures Care of Equipment & Systems 	Demonstration
8. Supported Scaffold Use <ul style="list-style-type: none"> Safe Use and Tethering of Tools Safety Hazards & Protection Hazards <ul style="list-style-type: none"> Fire Electrical Material Handling & Overloading Maximum intended load & load handling 	Demonstration

9. Supported Scaffold Inspections: Equipment & Hardware <ul style="list-style-type: none">• Inspection Checklists & Reports	Classroom Lecture/Discussion w A/V
10. Emergency Situations & Preparedness Procedures	Demonstration
11. Handouts <ul style="list-style-type: none">• NYC Buildings Unsafe Condition (311) Notification Procedure• NYC/DOI Buildings Integrity Training Contact Information Sheet	Provide Copy to Trainee & Discuss
12. Review of all Training Topics	Discussion with Questions & Answers
13. Written Assessment	Classroom