

## CitiesThrive Conference Sponsors

### Ernst & Young

EY is a global leader in assurance, tax, transaction and advisory services. The insights and quality services they deliver help build trust and confidence in the capital markets and in economies the world over. They develop outstanding leaders who team to deliver on their promises to all stakeholders. In so doing, they play a critical role in building a better working world for people, clients and communities. EY has been an advocate for addressing mental illness and addictions since the 1970s. Programs and services have expanded from generous benefits' coverage for treatment through assisting people and their families with access to care, to resources that support awareness, self-education, and family and peer support. Interactive learning modules, in-person trainings, website tools, mobile apps, newsletters, support groups, and inclusion in well-being initiatives are some current methods for promoting a stigma-free work environment.

### Emblem Health

EmblemHealth, one of the nation's largest nonprofit health plans, serves 3.1 million people who live and work across the New York tristate area. The company offers quality, affordable health benefits to consumers, employers and government purchasers as well as coverage for prescription drugs, dental and vision care. EmblemHealth utilizes a choice of quality networks to deliver personalized, coordinated care while leading the market in value-based delivery. For more information, visit [emblemhealth.com](http://emblemhealth.com).

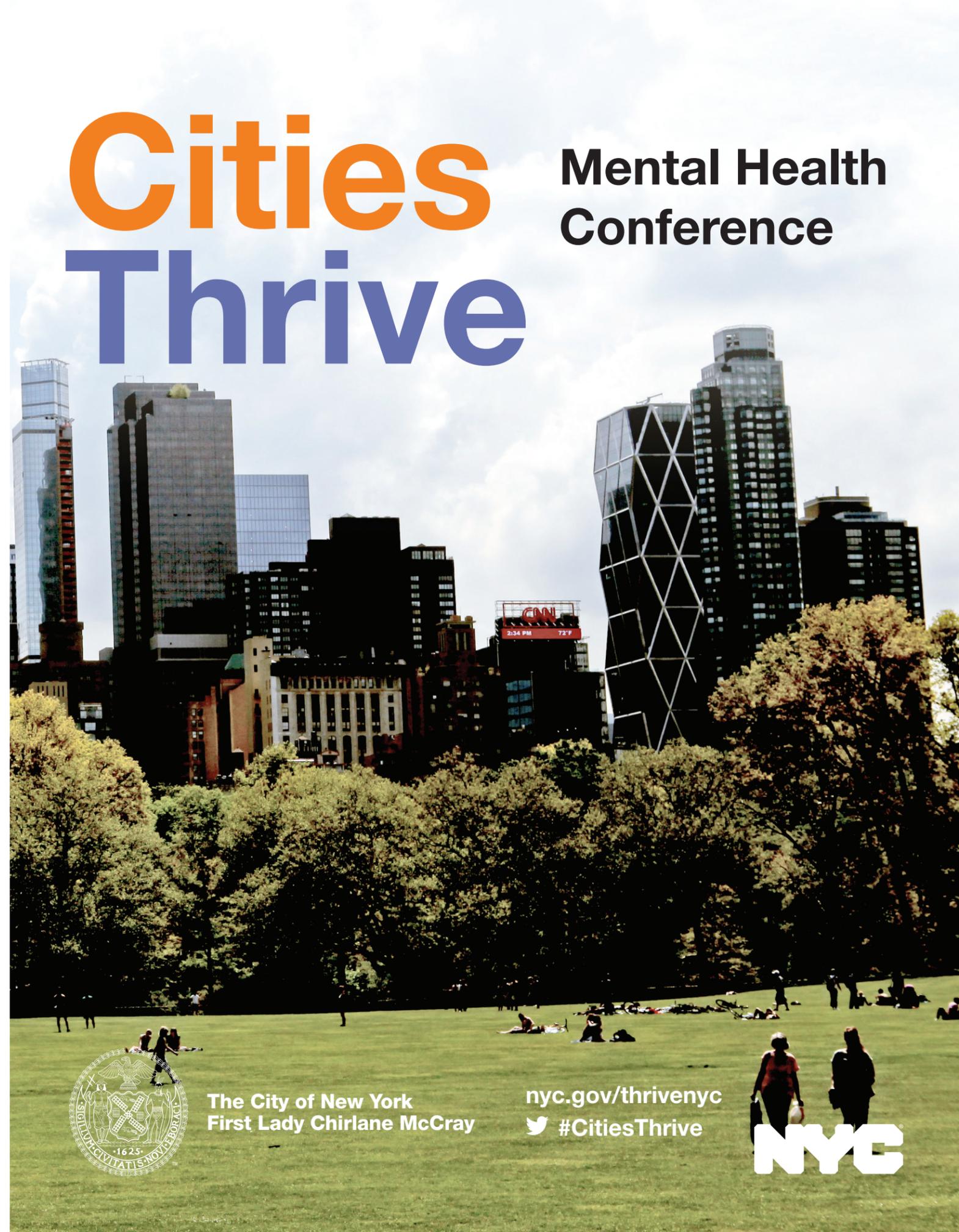
### American Psychiatric Association Foundation

The APA Foundation promotes awareness of mental illnesses and the effectiveness of treatment, the importance of early intervention, access to care, and the need for high-quality services and treatment through a combination of public and professional education, research, research training, grants, and awards. The Foundation's work reaches employers through the Partnership for Workplace Mental Health, schools through Typical or Troubled?, justice systems through the Stepping Up Initiative, and faith leaders through the Mental Health and Faith Community Partnership. The APA Foundation is the philanthropic and educational arm of the APA, which has more than 36,500 members involved in psychiatric practice, research and academia representing the diversity of the patients for whom they care.



# Cities Thrive

## Mental Health Conference



The City of New York  
First Lady Chirlane McCray

[nyc.gov/thrivenyc](http://nyc.gov/thrivenyc)  
#CitiesThrive





Dear Friend,

Welcome to New York City! Thank you for joining our *Cities Thrive* conference and taking a leadership role in the mental health movement.

One in five Americans suffers from a mental health condition, which means everyone—including your family and mine—is directly or indirectly affected by the lack of adequate services. For too long now, discussion of anxiety, depression, substance misuse and other conditions have been conducted only in whispers and innuendo.

That is finally starting to change. In cities from coast to coast, mayors and their allies are coming together to shatter the stigma of mental illness and develop innovative new ways to address mental health challenges before they become more serious, close treatment gaps, and partner with communities to create culturally competent solutions.

Here in New York City, we launched ThriveNYC, a roadmap to change the way people think about mental health, and the way the City and its partners deliver services. My team and I look forward to updating you on our progress, but we are even more eager to hear your insights and experiences.

*Cities Thrive* brings together some of our nation's best thinkers on mental health to brainstorm new ideas, discuss best practices, create an ongoing conversation, and push our federal partners to join us in making mental health and substance misuse a top priority. With your help, we can build a network of cities primed for action. We are excited that you are joining with us to change America's mindset around the mind.

Sincerely,

Chirlane McCray

# Cities Thrive Agenda

## Monday November 14, 2016

### 8:00AM – 8:45AM Registration & Breakfast

### 8:45AM – 8:55 AM Welcoming Remarks

- Deputy Mayor Richard Buery, Deputy Mayor for Strategic Policy Initiatives, New York, NY

### 9:00AM – 9:45 AM Spotlight Speakers

- Shekhar Saxena, World Health Organization
- Dennis Romero, Substance Abuse and Mental Health Services Administration

### 9:45AM – 10:00AM Keynote Address

- First Lady of New York City, Chirlane McCray

### 10:00AM –11:15AM Mayors Panel Discussion

- Moderator: Deputy Mayor Richard Buery, Deputy Mayor for Strategic Policy Initiatives, New York, NY
- First Lady Chirlane McCray, First Lady of the City of New York, NY
- Congresswoman Grace Napolitano (CA-32)
- Mayor Stephanie Rawlings-Blake, Baltimore, MD
- Mayor Greg Fischer, Louisville, KY
- Mayor Denise Simmons, Cambridge, MA
- Mayor Scott Fadness, Fishers, IN

### 11:15AM–11:25AM Mindfulness Activity #1

### 11:25AM – 11:35AM Introduction to Guiding Principles

- Gary Belkin, Executive Deputy Commissioner, NYC Department of Health and Mental Hygiene

### 11:35AM – 1:05PM Panel Session 1 Strengthening Government's Ability to Lead

- Moderator: Oxiris Barbot
- Jill Bowen, New York, NY
- Steven Orusa, Fishers, IN
- Mary Jo Meyers, Milwaukee, WI
- Reggie Moore, Milwaukee, WI
- Rea Sieber, Tarpon Springs, FL
- Gabriel Auteri, Baltimore, MD

### Partner with Communities

- Moderator: Noel Manyindo
- Sinead Keegan, New York, NY
- Bowen Chung, Los Angeles, CA
- Laure Biron, Philadelphia, PA
- Tom Watkins, Detroit, MI
- Diana Bruce, Washington, DC

**1:05PM – 1:55 PM      Businesses Thrive: How Employers are Helping Bridge the Mental Health Gap**

- Clare Miller, Director, Partnership for Workplace Mental Health
- Michael Rendel, Medical Director and Global Head of Benefits and Wellness, Goldman Sachs
- Nancy Spangler, PhD, OTR/L, President, Spangler Associates Inc.
- Sandra Turner, Americas Director, EY Assist – Total Rewards, Ernst & Young
- Hyong Un, M.D., Chief Psychiatric Officer and Head of Employee Assistance Program, Aetna

**1:55PM – 2:05PM      Break**

**2:05PM – 3:35 PM      Panel Session 2**

**Close Treatment Gaps**

- Moderator: Hillary Kunins
- Morris Gagliardi, New York, NY
- Brad Finegood, Seattle, WA
- Arthur Evans, Philadelphia, PA
- Ben Springgate, New Orleans, LA

**Use Data Better**

- Moderator: Charon Gwynn
- Andrea Ault-Brutis, New York, NY
- Maria Martinez, San Francisco, CA
- Scott Ridgway, Nashville, TN
- Misty Leitsch, Nashville, TN
- Kalene Gilbert, Los Angeles, CA
- Marna Miller, Olympia, WA

**3:40PM – 5:10PM      Panel Session 3**

**Change the Culture**

- Moderator: Aletha Maybank
- Micaela Mercado, New York, NY
- Judith Martin, San Francisco, CA
- Chief Martha Montalvo, Houston, TX
- Alejandro Aristizabal, Miami-Dade, FL
- Daniel Junior, Miami-Dade, FL

**Act Early**

- Moderator: George Askew
- Scott Bloom, New York, NY
- Jill Resnick, New York, NY
- Mashana Smith, Chicago, IL
- Andria Amador, Boston, MA

**5:10PM – 5:20PM      Mindfulness Activity #2**

**5:20PM – 5:30PM      Day 1 Closing Remarks**

- New York City Deputy Mayor Richard Buery, Deputy Mayor for Strategic Policy Initiatives, New York, NY

**6:30PM – 8:30PM      Cocktail Reception at Gracie Mansion**

- East 88th St. and East End Ave., New York, NY

## Tuesday November 15, 2016

**8:00AM – 8:45AM      Breakfast**

**8:45AM – 8:50AM      Welcome Remarks**

- Gary Belkin, Executive Deputy Commissioner, NYC Department of Health and Mental Hygiene

**8:50AM – 9:50AM      Planning a Public Health Approach**

- J. David Hawkins, Communities That Care

**9:50AM – 10:00AM    Mindfulness Exercise #3**

**10:00AM-10:45AM    Policymakers as Advocates**

- Deputy Mayor Herminia Palacio, Deputy Mayor for Health & Human Services, NY, New York
- Commissioner Mary Bassett, NYC Department of Health and Mental Hygiene
- Commissioner Loree Sutton, NYC Department of Veterans' Services
- Commissioner Steve Banks, NYC Human Resources Administration

**10:50AM – 11:00AM   Addressing the Opioid Epidemic**

- Deputy Mayor Herminia Palacio, Deputy Mayor for Health & Human Services, NY, New York

**11:05AM – 11:50AM   Spotlight Speakers**

- Reverend Joseph M. McShane, S.J., President, Fordham University
- Tom Cochran, Executive Director, U.S. Conference of Mayors
- Mayor Mick Cornett, President, U.S. Conference of Mayors and Mayor of Oklahoma City, OK
- Mayor Bill de Blasio, Mayor of the City of New York

**11:50AM – 12:00PM   Closing Remarks**

- First Lady Chirlane McCray, First Lady of the City of New York

**12:00PM – 1:00PM    Mental Health First Aid Preview and Activity**

# Featured Speakers



### **Steve Banks, Commissioner of the NYC Human Resources Administration**

Mayor Bill de Blasio appointed Steven Banks as Commissioner of the New York City Human Resources/Department of Social Services (HRA) on February 28, 2014, and he has served in that position since April 1, 2014. As Commissioner, Banks serves as chief executive of the largest local social services agency in the country, which serves over 3 million New Yorkers through the administration of more than 12 major public assistance programs, with 15,000 employees and an operating budget of over \$9 billion. Commissioner Banks is a key leader in implementing Mayor de Blasio's agenda to expand opportunity for more New Yorkers, address income inequality, and ensure that New Yorkers receive the benefits and assistance to which they are entitled.



### **Mary Bassett, Commissioner of the NYC Department of Health and Mental Hygiene**

Mary T. Bassett, MD, MPH was appointed Commissioner of Health of New York City in January 2014. Her focus is on ensuring that every New York City neighborhood supports the health of its residents, with the goal of closing gaps in population health across the diverse city. Originally from New York City, Dr. Bassett lived for nearly 20 years in Zimbabwe. Previously, she was a Program Director for the African Health Initiative and the Child Well-being Program at the Doris Duke Charitable Foundation. She completed her medical residency at Harlem Hospital Center, her medical degree at the Columbia College of Physicians and Surgeons, a master's degree in Public Health from the University of Washington, and her bachelor's degree at Harvard University.



### **Gary Belkin, Executive Deputy Commissioner of the NYC Department of Health and Mental Hygiene**

Dr. Belkin is the Executive Deputy Commissioner of Mental Hygiene in the New York City Department of Health and Mental Hygiene. The Division of Mental Hygiene was instrumental in creating the framework for ThriveNYC and changing the conversation about mental health as a public health necessity. Before DOHMH, Dr. Belkin was the Medical Director for Behavioral Health in the Health and Hospitals Corporation of the City of New York, which operates 11 public hospitals in New York City. Dr. Belkin has served as Chief of Psychiatry at Bellevue Hospital and has led large delivery systems and policy development in urban health settings through advancing innovative approaches to public mental health. He was Associate Professor in the Department of Psychiatry at New York University School of Medicine, and founding Director of the NYU Program in Global Mental Health, which was developed to advance innovative implementation and policy approaches to scale and improve population mental health strategies.



### **Richard Buery, Deputy Mayor for Strategic Policy Initiatives, New York, NY**

Richard Buery leads priority interagency efforts to increase educational opportunity for New Yorkers and uplift working families through City services. He is the architect of Pre-K for All, the Community Schools Initiative and School's Out NYC, New York City's afterschool program for middle school students. He chairs the NYC Children's Cabinet, oversees the Mayor's Young Men's Initiative and has been charged with spearheading the implementation of ThriveNYC to overhaul of the city's mental health system. The Department of Youth and Community Development, Department of Probation, Department for the Aging, the Mayor's Offices for Immigrant Affairs, Veterans' Affairs, and People with Disabilities are also under his purview, and he serves as the City's liaison to the City University of New York (CUNY).



### **Mick Cornett, U.S. Conference of Mayors President and Mayor of the Oklahoma City, Oklahoma**

Mayor Mick Cornett, the first four-term mayor in Oklahoma City history, currently serves as the President of the U.S. Conference of Mayors. He famously put the entire city on a diet to raise awareness on the national issue of obesity. During his time in office, Oklahoma City has invested nearly \$2 billion in schools and quality-of-life infrastructure through its innovative MAPS program. That investment generated nearly \$6 billion in private sector investment. His leadership was instrumental in bringing the NBA to OKC. He's a popular international speaker on the topics of health and wellness, urban design, placemaking and walkable cities. Nearly 1.5 million people worldwide have viewed his TED TALK on those topics. He produced, wrote and directed the award-winning documentary, "Oklahoma City: The Boom, The Bust and The Bomb," which was released to critical acclaim in 2015 and is currently available online. He earned a degree in journalism at the University of Oklahoma and an MBA from New York University.



### **Bill de Blasio, Mayor of the City of New York, New York**

As New York City's 109th mayor, Bill de Blasio is committed to fighting the income inequality that has created a 'Tale of Two Cities' across the five boroughs. Mayor de Blasio believes *all* New Yorkers deserve a chance to succeed in the greatest city on earth. That means *every* child gets a quality education, every community is safe, and *every* New Yorker has a decent and affordable place to call home. Since assuming office in 2014, the de Blasio Administration has developed and executed transformative initiatives including Pre-K for All; Paid Sick Leave; Paid Parental Leave; IDNYC, and *Housing New York*, the largest, most ambitious affordable housing plan in the nation. Driven by over three decades of activism and experience working in government, Mayor de Blasio has fought to address quality of life and public safety issues throughout the city.



### **Scott Fadness, Mayor of Fishers, Indiana**

Scott Fadness became the Mayor of the City of Fishers, Indiana on January 1, 2015. Fadness previously served as Fishers' Town Manager from 2011-2014 and Deputy Town Manager of Operations from 2009-2011 overseeing the day-to-day operations of public works, engineering, fleet management, and parks and recreation. As the City of Fishers first Mayor, Fadness is in charge of the day-to-day operations of the town and leads a team of 12 department directors. He is a board member of the Public Works & Safety Board, Storm Water Management Board and E-911 Communications Operations Board. Fadness is the co-founder and board member of Launch Fishers, chair of the Indiana Associations of Cities and Towns Legislative Committee, vice chair of the Central Indiana Council of Elected Officials and member of the Hamilton Southeastern School Foundation Advisory Council member. Scott holds a Master's degree in Public Affairs from Indiana University and is a member of the Government Finance Officers Association (GFOA), and the Indiana Controllers Affiliate Group.



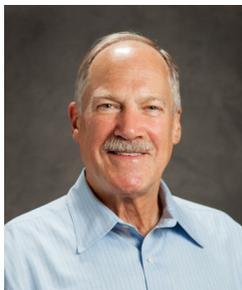
**Gabrielle Fialkoff, Senior Advisor to the Mayor of New York City, Director of the Office of Strategic Partnerships**

Gabrielle Fialkoff has served as Senior Advisor to the Mayor of New York City, Bill de Blasio, since March 2014. In that post, she serves as the Director of the Mayor’s Office of Strategic Partnerships, overseeing the City’s many city-affiliated non-profits including The Mayor’s Fund, the Fund for Public Schools, the Fund for Public Health and the Gracie Mansion Conservancy, as well as serving as a principal liaison to the business community for the Administration. From 2002-2014, Fialkoff served as President and Chief Operating Officer of Haskell Jewels, LLC, a leading designer, marketer and distributor of costume jewelry and watches. Prior to joining Haskell Jewels, Fialkoff was a top political aide to numerous Democratic officials, including serving as Finance Director for Hillary Rodham Clinton’s historic Senate race in 2000. Fialkoff currently serves as Vice Chair of the Mayor’s Fund to Advance New York City, on the Board of the Museum of Modern Art, and is involved in several charitable organizations, including serving on the Advisory Council of the Adaptive Sports Center, which serves the disabled through challenging outdoor experiences.



**Greg Fischer, Mayor of Louisville, Kentucky**

Greg Fischer is now in his second term as Louisville’s 50th Mayor. He earned Public Official of the Year honors from Governing magazine in 2013. And a recent survey of U.S. mayors by Politico named him as the most innovative mayor in America. Mayor Fischer is a trustee for the U.S. Conference of Mayors and currently serves as the Conference’s Chairman of the Council on Metro Economies and the New American City. Mayor Fischer is a longtime entrepreneur who started several businesses, including SerVend International and Iceberg Ventures, a private investment firm. He also co-founded bCatalyst, the first business accelerator in Louisville.



**David Hawkins**

J. David Hawkins, Ph.D., is the Endowed Professor of Prevention and Founding Director of the Social Development Research Group, University of Washington School of Social Work. His work focuses on understanding and preventing child and adolescent health and behavior problems. He co-developed the experimentally proven Guiding Good Choices parenting program, the Raising Healthy Children program, and the Communities That Care prevention system. Dr. Hawkins is a current member of Board on Children, Youth, and Families and the Forum on Promoting Children’s Cognitive, Affective, and Behavioral Health at the National Academies of Science, Engineering and Medicine. He is a current member of the Blueprints for Healthy Youth Development Advisory Board and a past president of the Society for Prevention Research. He received his Ph.D. in sociology from Northwestern University.



### **Chirlane McCray, First Lady of the City of New York, New York**

Chirlane McCray is the First Lady of New York City, a writer, and a passionate advocate for the underserved. Ms. McCray is the driving force behind *ThriveNYC*, the most comprehensive mental health plan of any city or state in the USA. *ThriveNYC* is changing the culture around mental health and substance misuse, reimagining the way government and its partners deliver services, and making it easier for people to get help in the places where they live, work, worship and learn. The First Lady is honored to serve as Chair of the Mayor's Fund to Advance New York City. The Mayor's Fund is the City's official nonprofit—a one-of-a-kind organization that brings together government, philanthropies and the private sector to work on some of the most pressing issues of our time, including mental health, youth workforce development, and immigration and citizenship. She is also Honorary Co-Chair of the Commission on Gender Equity, and is guiding efforts to create a city where every girl and woman is treated equally and feels safe.



### **Grace Napolitano, Congressional Representative and Chair of the Mental Health Caucus**

First elected to Congress in 1998, Napolitano is currently serving her ninth term. Her Los Angeles County-based district covers several cities and communities in the San Gabriel Valley. Napolitano is the founder and Chair of the Congressional Mental Health Caucus. She has been active in securing mental health parity in the Affordable Care Act, promoting mental health legislation, and working with prominent figures to increase funding and access to mental health services in Congress. Her 2001 program providing mental health and suicide prevention services on-site in four schools has expanded to 26 schools with assistance from Los Angeles County Mental Health, which now serves as a model program for H.R. 1211, the Mental Health in Schools Act. She is also the founder and Co-Chair of the Congressional Youth Challenge Caucus, which supports Youth Challenge: a program run by the National Guard cadre using military discipline and education to help at-risk youth complete high school to emerge better armed with knowledge and training for success. The Congresswoman is a member and former Chairwoman of the Congressional Hispanic Caucus, which addresses the impact of national issues on the Hispanic community.



### **Herminia Palacio, Deputy Mayor for Health and Human Services, New York, NY**

With 25 years of experience in a range of health and social services professions, Dr. Palacio is tasked with addressing homelessness across the five boroughs, developing a citywide network for mental health support, coordinating across the City's public healthcare system, improving access to social services for all New Yorkers, and ensuring Agencies that oversee the City's most vulnerable populations, such as children and victims of domestic violence, are run compassionately and effectively. Dr. Herminia Palacio oversees the Department of Health and Mental Hygiene, NYC Health + Hospitals, Human Resources Administration, Department of Homeless Services, Administration for Children's Services, Office of Chief Medical Examiner, Office to Combat Domestic Violence and Office of Food Policy.



### **Stephanie Rawlings-Blake, Mayor of the City of Baltimore, Maryland**

Stephanie Rawlings-Blake was sworn in as Baltimore's 49th mayor on February 4, 2010. In November 2011, she was elected to her first full term as Mayor, receiving 87% percent of the vote in the mayoral general election. Mayor Rawlings-Blake has focused her administration on growing Baltimore's population by 10,000 families over the next decade by improving public safety and public education and by strengthening city neighborhoods. Mayor Rawlings-Blake became the 73rd President of the U.S. Conference of Mayors (USCM) in June 2015, and serves on the USCM Board of Trustees and in key leadership positions such as the Mayor's Water Council, and the Criminal and Social Justice Standing Committee. Mayor Rawlings-Blake was also elected to a top leadership position in the Democratic National Committee (DNC) to serve as Secretary, following the historic reelection of President Barack Obama. Rawlings-Blake has been honored with numerous awards and recognitions. In 2013, she was awarded the First Citizen Award by the Maryland State Senate, a top honor for dedicated and effective participants in the process of making government work for the benefit of all. She was selected by The Daily Record as one of "Maryland's Top 100 Women" in 2007 and 2011. The National Congress of Black Women named her a Shirley Chisholm Memorial Award Trailblazer. The National Association of Negro Business and Professional Women's Clubs named her one of Baltimore's "Young Women on the Move."



### **Dennis Romero, Regional Administrator, Substance Abuse and Mental Health Services Administration**

As a SAMHSA Regional Administrator, Dennis Romero oversees Region 2, which includes New Jersey, New York, Puerto Rico, and Virgin Islands. Dennis formerly served as the Director (Acting) for the Office of Indian Alcohol and Substance Abuse (OIASA). In this capacity, he was responsible for establishing a new office, serving as the SAMHSA primary representative in collaborative efforts with AI/communities and other national AI/AN advocacy and public health groups. Mr. Romero also served as the Deputy Executive Officer and Deputy Director for the Office of Program Services at SAMHSA which oversees the conduct of management and administrative operations throughout the agency. Mr. Romero has served on many professional committees, advisory boards, and commissions (at state, regional and local levels) that address issues related to the field of behavioral health as well as allied social and educational issues. He is currently an active member of the National Association of Hispanic Federal Executives. He is also the recipient of numerous awards, honors and recognitions. Earning his Bachelor of Arts Degree in Philosophy and Psychology from Cathedral College, Mr. Romero also holds a Masters Degree in Counseling Psychology from Manhattan College. He received post-graduate training at the State University of New York (SUNY), Albany Campus.



### **Shekhar Saxena, Director of Mental Health and Substance Abuse, World Health Organization**

Dr. Saxena is a psychiatrist by training, working at World Health Organization since 1998 and as the Director of the Department of Mental Health and Substance Abuse since 2010. His responsibilities include providing advice and technical assistance to policy makers on prevention and management of mental, developmental, neurological and substance use disorders and suicide prevention. His work also involves establishing partnerships with academic centers and professional and civil society organizations and global advocacy for mental health, neurology and substance use issues. Dr Saxena is leading WHO's work to implement the Comprehensive Mental Health Action Plan adopted by the World Health Assembly in May 2013 and scaling up care for priority mental, neurological and substance use disorders. He was an editor and contributor to the Lancet Series on Global Mental Health 2007 and 2011 and is co-leading the Lancet Commission 2017. He has written more than 200 scientific papers in indexed journals.



### **Denise Simmons, Mayor of the City of Cambridge, Massachusetts**

Denise Simmons, a lifelong resident of Cambridge, MA, is currently serving her eighth term on the Cambridge City Council, and her second term as Mayor of Cambridge. Denise has spent nearly four decades working to better her community – first as the Executive Director of the Cambridge Civic Unity Committee in the 1980s, then as a member of the Cambridge School Committee in the 1990s, and since 2002, as a member of the Cambridge City Council. In 2008, Denise drew national attention when she became the nation's first Black, openly lesbian mayor (and the first Black female mayor in Massachusetts). In her second term as Mayor, Denise continues striving to make City Hall more responsive to a wider cross-section of the community, opening up the Mayor's Parlor for various public celebrations and ceremonies, holding regular "walk-in office hours" for her constituents, and holding periodic Town Hall style meetings during which residents have direct access to speak to City leaders. Denise is a proud wife, mother, and grandmother.



### **Loree Sutton, Brigadier General (Retired), Commissioner for the NYC Department of Veterans Services**

Brigadier General (ret.) Loree Sutton, MD is the Commissioner for New York City's Department of Veterans Services. Sutton was first appointed by New York City Mayor Bill de Blasio as Commissioner to the Mayor's Office of Veterans' Affairs (MOVA), assuming her duties there on September 1, 2014. MOVA became the New York City Department of Veterans Services (DVS) in July 2016. In Sutton's culminating military assignment, she served as Founding Director of the Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury (DCoE) from 2007 to 2010. Sutton co-founded Threshold GlobalWorks in 2011 and served as Co-Director until August 2014. Before assuming DCoE directorship, Sutton commanded the Carl R. Darnall Army Medical Center at Fort Hood, the nation's largest power projection military installation, with over 100,000 service and family members. Selected to serve as the Command Surgeon for the Multinational Force in Iraq, Sutton's "down-range" assignment was diverted to Washington, DC upon nomination for promotion to Brigadier General in May 2007. Prior deployments include Saudi Arabia, Iraq, Kuwait and Egypt, supporting the first Gulf War and the Multinational Force and Observers peacekeeping mission. Military awards and honors include the Bronze Star Medal; Presidential Service Badge (White House Fellow), and Legion of Merit.



# Panel Presentations

## Strengthening Government's Ability to Lead

Municipal governments are in the unique position to be at the forefront of mental health reform. Leaders have the resources and policy-making ability to change their city's approach to mental health for the better and to directly serve their constituents. This panel will answer the following questions: How do we utilize this moment in time to focus on mental health in all our systems? What are some of our barriers and how can we break down silos? What new capabilities, skills, and structures do city governments need to succeed?

**Dr. Oxiris Barbot, MD (Moderator)** is an innovative public health influencer and pediatrician with over 20 years of experience in advancing equity and providing care to urban communities. A graduate of Yale University, Dr. Barbot received her Medical Degree from NJ Medical, and she completed her pediatrics training at DC Children's Hospital. Currently, as the First Deputy Health Commissioner of New York City Department of Health and Mental Hygiene, she leads the agency's blueprint for achieving health equity—Take Care New York 2020. Additionally, she oversees cross-cutting areas such as bridging gaps between the public health and healthcare delivery systems through payment reform, as well as emergency preparedness and agency performance measurement.

### New York City, NY – Mental Health Council

*Jill Bowen Ph. D, Senior Advisor for Mental Health Initiatives, Deputy Mayor for Strategic Policy Initiatives, Richard Buery, NYC*

City government has an unparalleled capacity to provide and promote prevention and treatment activities, while also advancing policies needed to take on the issues at the root of many mental health conditions. With this in mind, we established a Mental Health Council comprised of more than twenty City agencies from every sector of government, including health, human services, law enforcement, education, youth development, labor relations, and parks. The Council serves as a key vehicle for managing mental health initiatives and problem-solving across City government. It ensures that the City is effectively implementing Thrive NYC initiatives, especially those that involve multiple agencies, by tracking their progress and engaging in collaborative problem solving.

### Fishers, IN – Mental Health Task Force

*Steven Orusa, Fire Chief, Fishers Department of Fire and Emergency Services*

After a ride-along with Fishers Police Department, Mayor Fadness recognized a need for a coordinated strategy to address mental health concerns within Fishers' community. The City assembled a task force that includes community stakeholders, public safety officials, and local mental health providers to learn more about local mental health challenges and develop an action plan with clear objectives and measurable goals. Throughout 2016, the task force has worked diligently to achieve objectives aimed at increasing mental health education and training and increasing the coordination of local resources and services.

### Milwaukee County, WI – Wraparound Milwaukee

*Mary Jo Meyers, M.S. Director, Wraparound Milwaukee.*

*Reggie Moore, Director of the Office of Violence Prevention, Milwaukee's Health Department*

Wraparound's mission is to serve families with respect and dignity, partnering with agencies to create holistic plans for a better life while providing quality care responsive to the family's unique culture and diverse needs. With youth and family as the leaders of this process, the care coordinator assists in developing a Plan of Care and helps guide the child/family team in identifying the prioritized needs and obtaining mental health, substance abuse, crisis, and other supportive resources to "wrap" those services around the needs of the youth and family. Currently serving approximately 1,200 children and young adults with complex emotional, behavioral, and mental health needs utilizing a strengths-based, individualized approach, Wraparound has become a national model for designing systems of care for children and families.

## Tarpon Springs, FL- Peace4Tarpon

*Rea Sieber, Commissioner*

Tarpon Springs is the first city to declare itself a trauma-informed learning community in 2011. Through the initiative Peace4Tarpon, the city has committed to engaging residents from all sectors, education, juvenile justice, faith, housing, health care, and business, in a common goal to understand how trauma affects the community's well-being and institute resiliency-building practices to ensure that people, organizations, and systems no longer traumatize people.

## Baltimore City, MD- Trauma Informed Training

*Gabriel W. Auteri, Deputy Chief of Staff, Baltimore City Health Department*

Trauma touches so many lives in Baltimore, including through exposure to violence, addiction, poverty, and/or racism, and plays a major role in the health and well-being of Baltimore City residents. The Baltimore City Health Department is working to address the impact of trauma along the entire life course – with particular emphasis on youth -- in partnership with the school system and the local behavioral health authority. Together, we are developing and implementing a comprehensive approach to trauma that deeply engages the communities that we seek to serve.

## Partner with Communities

**Communities need to be recognized and support as sources of mental health through things like building social ties, and improving opportunities, and the built environment. Community organizations and networks are also necessary partners for closing treatment gap and supporting prevention and promotion. Some of the best ambassadors for mental wellness are community leaders, clergy, teachers, and the many, organizations that individuals turn to for their everyday needs. This panel will explore the ways cities can partner with communities to leverage their localized knowledge in creating effective and culturally competent solutions.**

**Dr. Noel Manyindo (Moderator)** is a physician and public health professional. He currently serves as the assistant commissioner of the Harlem District Public Health Office in the NYC Department of Health, where he is overseeing the development and implementation of strategic approaches to advance population health and wellbeing, reduce inequalities, and strengthen community ownership of health. Dr. Manyindo holds a MD from the Howard University College of Medicine, MBA from the Howard University School of Business, and a MPH from the Harvard University School of Public Health.

## New York, NY-Connections to Care (C2C)

*Sinead Keegan is the Director of the Social Innovation Fund at the Center for Economic Opportunity (CEO).*

The Connections to Care Program seeks to strengthen and transform the way mental health services are accessed by and delivered to New York City's most vulnerable individuals. C2C will build the capacity of social service organizations to better meet the mental health needs of the low-income individuals they already serve and meeting New York City's most vulnerable where they are already accessing services. Non-clinical staff at community-based organizations will partner with mental health providers to receive training and ongoing coaching on how to identify and prevent common mental health conditions, and build strong referral pathways between the organization and mental health provider.

## Los Angeles, CA-Community Partners in Care (CPIC)

*Dr. Bowen Chung, MD MSHS, Associate Professor-in-residence, Department of Psychiatry Sciences, UCLA David Geffen School of Medicine, adjunct scientist at the RAND Corporation, psychiatrist, Los Angeles County Department of Mental Health child and adolescent.*

The Community Partners in Care study demonstrated that improving care for depression in low-income communities — places where such help is frequently hard to find — provides greater benefits to those in need when community groups, such as churches and even barber shops, help lead the planning process. The study compared two models and found that when compared to efforts that provided only technical support to improve depression care, a planning effort co-led by community members from diverse service programs further improved clients' mental health, increased physical activity, lowered their risk of becoming homeless, decreased hospitalizations for behavioral problems by 50% at 6-months, with continued improvements in mental health related quality of life, and reduced behavioral health hospitalizations at one year. The research study team worked together for a decade to determine how to address depression in communities with few resources.

## Philadelphia, PA -Porchlight, Mural Arts

*Laure Biron, LSW, MSS, MLSP, MFA Laure is the Director of Porchlight, Mural Arts.*

Porchlight is a joint collaboration with the City of Philadelphia's Department of Behavioral Health and Intellectual Disability Services focused on achieving universal health and wellness, especially among those dealing with mental health issues and/or trauma. Porch Light provides opportunities to contribute to meaningful works of public art. Its projects are driven by issues that have tangible effects on local communities, such as mental health, substance use, spirituality, homelessness, trauma, immigration, war, and safety. Targeted outcomes for projects include: improvements to the physical environment, new opportunities for social connections, and positive changes within a community, such as enhanced unity and empathy among neighbors. An ongoing list of moving murals and transformed public spaces throughout Philadelphia are the final products of year-round Porch Light workshops, community meetings, health forums, and paint days. A finished Porch Light artwork shines a light on the people who helped bring the project to life and challenges social stigmas around mental and behavioral health, offering a fresh window of opportunity for continued progress and community growth.

## Detroit, MI -Basic Needs Model

*Tom Watkins is the president and CEO of the Detroit Wayne Mental Health Authority*

Detroit's Basic Needs Model engages and empowers individuals with mental illnesses, along with their families, and community groups. It also aims to mobilize self-help groups and lead community development activities centered on mental illness. Working with primary and secondary consumers to lead approaches, the model seeks to strengthen the capacity of individuals living with mental illness and the organizations supporting them. It is not only a low-cost and sustainable model, but the design also allows easy replication, encouraging others to adapt and effectively apply the model.

## District of Columbia (DC)- Public School System

*Diana K. Bruce, Director of Health and Wellness, District of Columbia Public Schools.*

The District of Columbia Public School (DCPS) system is working to make schools safe and inclusive for lesbian, gay, bisexual, transgender and questioning (LGBTQ) students, staff, and families. Research shows that the way schools and families respond to LGBTQ youth can affect their physical health, mental health outcomes, academic outcomes and their decision-making later in life. As part of a plan to create an inclusive community, DCPS has trained school liaisons on how to build an inclusive and welcoming school community by implementing programming to support LGBTQ students, staff and families (i.e., support groups such as Gay-Straight Alliances); and developed clear guidance

for schools in supporting transgender and gender-nonconforming members of our school community, and sponsored an annual “Leading With Pride” conference to build the leadership capacity of our students and faculty advisors to implement school-level LGBTQ programming.

## **Businesses Thrive: How Employers are Helping Bridge the Mental Health Gap**

**During this lunch, we will hear from NYC business leaders on the value and importance of creating workplaces that embrace and invest in mental health and emotional wellness services, supports, and systems. This discussion will focus on how policymakers can help employers to develop resources and services to support employers to adopt and spread culture change and best practices in workplace-based mental health promotion.**

### **Dr. Gary Belkin Executive Deputy Commissioner of Mental Hygiene (Moderator)**

Dr. Belkin is the Executive Deputy Commissioner of Mental Hygiene in the New York City Department of Health and Mental Hygiene. The Division of Mental Hygiene was instrumental in creating the framework for ThriveNYC and changing the conversation about mental health as a public health necessity. Before DOHMH, Dr. Belkin was the Medical Director for Behavioral Health in the Health and Hospitals Corporation of the City of New York, which operates 11 public hospitals in New York City. Dr. Belkin has served as Chief of Psychiatry at Bellevue Hospital and has led large delivery systems and policy development in urban health settings through advancing innovative approaches to public mental health. He was Associate Professor in the Department of Psychiatry at New York University School of Medicine, and founding Director of the NYU Program in Global Mental Health, which was developed to advance innovative implementation and policy approaches to scale and improve population mental health strategies.

### **Hyong Un, M.D., Chief Psychiatric Officer and Head of Employee Assistance Program, Aetna**

Dr. Un has been with Aetna since January 2002. In his role, he supports the development of behavioral health care strategy as well as the development of innovative behavioral health disease and care management programs that promote overall optimal health and integration of behavioral health with medical management. Dr. Un also has strategic, programmatic, operational and financial oversight of Resources for Living, Aetna’s Employee Assistance Program. Prior to joining Aetna in 2002, Dr. Un was the Psychiatrist-in-Chief of Friends Hospital, the nation’s first private psychiatric hospital and Chief Medical Officer for Penn-Friends Behavioral Health System of the University of Pennsylvania. He serves on numerous national committees including advisory board to the Director of NIMH, Workplace Mental Health Board of the APA, and National Centers of Excellence for Depression.

### **Dr. Michael Rendel, Medical Director and Global Head of Benefits, Goldman Sachs**

Michael is the firm’s medical director and global head of Benefits and Wellness. He joined Goldman Sachs in 2009 as US medical director. Michael assumed responsibility for Benefits in 2013, the same year he was named managing director. Michael also serves as a senior MD champion for the Human Capital Management Division for the Disability Interest Forum. Prior to joining the firm, Michael was medical director at Merrill Lynch from 2007 to 2009. Previously, he was a physician in private practice in Manhattan from 1990 to 2007, specializing in internal medicine and infectious diseases. Michael serves on the board of Fedcap, a nonprofit organization that works to remove barriers to employment for the disabled and disadvantaged. He also serves on the board of the Northeast Business Group on Health.

### **Clare Miller, Director, Partnership for Workplace Mental Health**

Clare joined the American Psychiatric Association Foundation as the director for the Partnership for Workplace Mental Health in 2003. The Partnership collaborates with employers to advance effective approaches to mental health. Under her leadership, the Partnership has grown to a network of more than 10,000 employers and related health purchasing stakeholders; the program now responds to more than 100 employer inquiries per month. Before joining the Partnership, Clare was manager of the Center for Prevention and Health Services at the National Business Group on

Health. Prior to that, Clare was the director of public policy for Mental Health America, where she focused on increasing access to treatment and managed the association's national advocacy center, providing technical assistance to over 340 affiliate organizations and local and state advocacy partners. Clare serves on several advisory boards, including the Center for Dignity, Social Inclusion and Stigma Elimination; Wellness Works of Mental Health America of California; and the Wisconsin Partnership Program of the Mental Health Association of Wisconsin.

#### **Nancy Spangler, PhD, OTR/L, President, Spangler Associates Inc.**

Nancy has had extensive experience in developing health promotion, disease management, and organizational change strategies for a wide variety of organizations during her nine years with Saint Luke's Hospital and over 20 with her own consulting firm. She is especially interested in building thriving individuals and workplaces. Nancy served as project manager for the Community Initiative on Depression, the first community-wide initiative undertaken to address undiagnosed and untreated depression in Kansas City. The Mid-America Coalition on Health Care led this effort and brought various stakeholders to the table, including employers, health plans, government health departments, and community mental health organizations. Nancy received bachelor and master's degrees in occupational therapy, and her doctor of philosophy degree was in therapeutic science, an interdisciplinary area of study at the University of Kansas Medical Center.

#### **Dr. Sandra Turner, Americas Director, EY Assist – Total Rewards, Ernst & Young**

Dr. Turner has served as Director of EY Assist since joining the firm in 1995. She is responsible for the delivery of a variety of personal and family services at Ernst & Young including behavioral health assessments, legal consultation, convenience services, academic coaching, back-up care, and discounts. EY is continuing to build a firm-wide culture of caring. Currently, she leads a campaign to raise awareness of mental illness and addictions, erase stigma, and engage leaders and employees in meaningful dialog in order for employees to get the right support and treatment. Sandra is a member of the firm's crisis response team and the threat of violence team. Active in professional associations for employee assistance programming for many years, Sandra is the immediate past President of the Employee Assistance Roundtable, former president of the international Employee Assistance Professional Association, past Chairperson and founding member of the Employee Assistance Certification Commission, and serves on the editorial board of the *Journal of Workplace Behavioral Health*.

## **Close Treatment Gaps**

**Too often, city residents lack access to care for many reasons, including financial, cultural, or capacity reasons, and often simply do not know how to get care that is available to them. This can and should be prevented. This panel will highlight ways that cities can redesign their care networks to be able to provide more reliable, effective, and accessible care to all.**

**Hillary Kunins, M.D., M.P.H. (Moderator)** is an Assistant Commissioner at the New York City Department of Health and Mental Hygiene where she leads the Department's Bureau of Alcohol and Drug Use - Prevention, Care and Treatment. Dr. Kunins previously served as the Residency Director for the programs in Primary Care and Social Internal Medicine at Montefiore Medical Center. She has been the recipient of several grant awards, including an Einstein K12 Career Development Award in Substance Abuse and Health Disparities (2005-2007) and an HIV Prevention Program Grant from New York State AIDS Institute (2003-present).

#### **New York, NY-Maternal Depression Collaborative**

*Morris Gagliardi, M.D., M.B.A., Chief Medical Officer and Director of Women's Health at NYC Health + Hospitals/ Gouverneur*

New York City's goal is to screen and treat all pregnant women and new mothers for pregnancy-related depression as part of Thrive NYC. NYC Health + Hospitals and Maimonides Medical Center committed to reach and serve

every woman in their care within the next two years. With these hospitals as partners, the Greater New York Hospital Association and the NYC Department of Health & Mental Hygiene is leading a learning collaborative across 29 NYC hospital systems to close this treatment gap. Gouverneur Hospital has led the way by piloting a screening program for maternal depression in pediatrics as well as in the maternal and prenatal stages.

### **Seattle, WA-Heroin Task Force**

***Brad Finewood, M.A. is the Assistant Division Director for Behavioral Health and Recovery in King County (Seattle, WA)***

Convened in March, 2016 by the County Executive, Mayors of Seattle, and two suburban cities, the Task Force was called together to respond to an all-time high in opioid overdose deaths in 2014. The Task Force is represented by over 30 community members who represent a cross section of the community including law enforcement, doctors, the Veterans Administration, Indigenous tribes, family members of people who passed away, and people who identify as active users. The Task Force met for six months and released recommendations in September, 2016, which included: expansion for medication assisted treatment, on demand treatment in low barrier settings, multiple prevention measures, expanded naloxone availability, and at least two CHEL (community health engagement locations) sites with supervised consumption spaces.

### **Philadelphia, PA-Healthy Minds Philly (HMP)**

***Arthur Evans Jr., Ph.D, Commissioner of Philadelphia's Department of Behavioral Health and Intellectual disability Service***

Healthy Minds Philly is an online tool and resource designed to support and improve the mental health and well-being of all Philadelphians, regardless of zip code, insurance, or income status. Intended to look and feel different than traditional government sites, HMP is a welcoming and inviting space with a full suite of wellness tools and options, including, but not limited to, an interactive community calendar, online behavioral health screenings, access to Mental Health First Aid trainings, an online cognitive behavioral self-help tool, a comprehensive resources list, and more.

### **New Orleans, LA-REACH-NOLA and the Behavioral Health Council**

***Ben Springgate, M.D, M.P.H., Physician of primary care and internal medicine at LSU, Associate Professor of Clinical Medicine and Health Policy and Systems Management at LSU's School of Medicine and Public Health, New Orleans, Louisiana.***

REACH-NOLA is a New Orleans community academic partnership founded by diverse partners after Hurricane Katrina to address emerging population mental health concerns, such as high rates of depression, anxiety, and PTSD amongst impacted adult and child populations, particularly those who were uninsured or living in under-resourced communities. REACH NOLA, drawing on the partnership model of Loretta Jones of Healthy African American Families and Dr. Ken Wells of UCLA, engages more than 100 agencies; trains and supports hundreds of clinicians and non-clinical staff in implementation of evidence-based models of care; and supports delivery of evidence-based mental health services for more than 100,000 individuals in the New Orleans area. REACH NOLA's model has been utilized by Community and Patient Partnered Research Network (CPPRN) to support partner approaches that address the mental health impact of the Great Louisiana Flood of 2016 and incorporated in landmark studies, such as Community Partners in Care (Wells and Jones) and the CPPRN.

## Use Data Better

All of our public health victories rely on data that gives us the precision we need to understand, map, target, and achieve clear aims. Using data to better understand mental health challenges and solutions should be no different. This panel will discuss ways cities can identify and evaluate innovative mental health interventions, and share lessons learned. Panelist will also discuss approaches to enable community partners to use data better and implement best practices.

**Dr. Charon Gwynn** is the Deputy Commissioner for the Division of Epidemiology at the New York City Department of Health and Mental Hygiene (DOHMH). She leads the Division's efforts to strengthen and expand public health surveillance, conduct innovative research, make data broadly accessible, and improve public health knowledge and skills. Prior to joining DOHMH, Dr. Gwynn served as the Deputy Director for the Strategic Information Unit at ICAP, Columbia University, where she developed and supported routine monitoring and evaluation (M&E), surveillance, and electronic health information systems in the context of US government-funded HIV programs in Sub-Saharan Africa and Central Asia. Prior to ICAP, Dr. Gwynn worked at DOHMH to design, plan, and implement the first community-level Health and Nutrition Examination Survey in NYC (NYC HANES) and also served as an Epidemic Intelligence Officer with the Centers for Disease Control and Prevention. Dr. Gwynn received her BS from the Massachusetts Institute of Technology in Chemical Engineering and PhD in Environmental Health Sciences from New York University.

### New York, NY-Mental Health Innovation Lab

*Dr. Ault-Brutus, Senior Executive Director, Mental Health Innovation Lab, NYC Department of Health and Mental Hygiene (DOHMH)*

The Mental Health Innovation Lab helps drive the use of evidence-based practices among community and mental health providers throughout NYC. The Lab also identifies promising strategies and measures for better decision-making; tracks and identifies promising interventions and emerging strategies and opportunities for further exploration or testing; and works with others to test, adapt, spread, and improve best practices to close treatment gaps and expand the use of prevention and promotion to diminish inequities. The Lab works with partners to strengthen delivery and impact. The Lab also supports the use and adoption of applied implementation science, collaborative learning approaches, and quality improvement methods.

### Los Angeles, CA-First 5 LA

*Kalene Gilbert, LCSW, Mental Health Clinical Program Manager, Los Angeles County Department of Mental Health Children's Systems of Care*

The Los Angeles County Department of Mental Health (LACDMH) is dedicated to enriching lives through partnership designed to strengthen the community's capacity to support recovery and resiliency. This panel presentation will discuss data as a key element in the development, implementation, and efficacy of mental health programs through examples including LACDMH's partnership with First 5 LA to deliver evidenced based Parent Child Interaction Therapy (PCIT). As part of the Prevention and Early Intervention service array the implementation of PCIT is an example of how local government entities can use data to identify community need, develop provider expertise, and ensure quality and effectiveness using outcome measures.

### San Francisco, CA-The Whole Person Care (WPC)/Coordinated Care Management System (CCMS)

*Maria Martinez, Chief Integrity Officer, San Francisco Department of Public Health*

The Coordinated Care Management System is database created to support coordinated treatment initiatives for vulnerable, complex, high risk, and ultimately high cost patients, served by the San Francisco Department of Public Health (SFDPH). The approach is a forerunner of "Whole Person Care." CCMS draws essential medical, psychological, and social information from disconnected county electronic records into a single repository. After rigorous record

matching data are displayed to authorized clinicians, care teams are formed who are capable of cross-system coordination. The long-term goals of Whole Person Care are to view health holistically and ensure well-rounded care in a cost effective milieu.

### Washington State- Institute for Public Policy

*Marna Miller, Ph.D Senior Research Associate, Washington State Institute for Public Policy (WSIPP)*

The Washington State Legislature directed the WSIPP to create inventories of evidence- and research-based interventions for child and adult behavioral health. Governmental agencies are directed to use the inventories to increase the use of such programs. Using the research literature, we have identified many effective programs, some ineffective programs and interventions where costs greatly exceed the lifetime benefits to participants, taxpayers and others.

### Tennessee, Tennessee Suicide Prevention Network's (TSPN) Zero Suicide

*Scott Ridgway, Executive Director, TSPN*

*Misty Leitsch, Zero Suicide Coordinator, TSPN*

Tennessee is to attempt implementation of the “zero suicides” protocol on a statewide level, which has had far-reaching effects. In Nashville, for instance, primary care doctors use automated reporting and monitoring tools to ensure that every patient is screened for depression/suicidal thoughts at regular visits. If health providers recognize a mental health problem, patients are assigned to appropriate care and tracked. Studies show costs savings and reduced emergency room visits and hospitalizations for over the course of a year associated with the zero suicide approach.

## Change the Culture

**Stigma and limited knowledge about mental illness are great obstacles to individuals seeking care. This panel will address the ways cities can break the stigma around mental illness and empower everyone to support to a friend, co-worker, or loved one. This panel will discuss opportunities to integrate public mental health strategies into all our systems, including shifting from strictly criminal justice reform to preventative public health solutions.**

**Dr. Aletha Maybank, MD, MPH (Moderator)** serves as a deputy commissioner for the New York City Department of Health and Mental Hygiene (DOHMH) and is the Founding Director of the Center for Health Equity. The Center’s mission is to bring an explicit focus to health equity in all of DOHMH’s work by tackling structural barriers, such as racism, ensuring meaningful community engagement, and fostering interagency coordination in neighborhoods with the highest disease burden.

### New York, NY-Mental Health First Aid (MHFA) Training

*Dr. Micaela Mercado, Assistant Commissioner of the Bureau of Systems Strengthening and Access (BSSA) in the Division of Mental Hygiene.*

MHFA Training is a Thrive NYC initiative that teaches people how to help friends, family members, and co-workers break down stigma. MHFA educates people on how to support others who may be suffering from a mental health condition, helps reduce biases against mental health, and allows people to more comfortably engage with others about mental health issues. Since launching, MHFA has trained over 7,000 New Yorkers in mental health and is on track to train nearly 250,000 New Yorkers in 5 years.

## San Francisco, CA-Harm Reduction Policy

*Dr. Judith Martin, Medical Director of substance use services for San Francisco's Department of Public Health and for the County's Alcohol and Drug Programs*

The City and County of San Francisco see the health and wellness of people who use drugs within a framework of public health harm reduction. The challenges of the HIV epidemic led providers to aggressively address heroin addiction, and to value wide, on-demand access to methadone maintenance, buprenorphine maintenance, syringe access and overdose reversal with naloxone. Alcohol treatment medications to reduce craving are offered in primary care, mental health, and substance use programs. The Sobering center, staffed by round-the-clock nurses, screens and accepts alcohol inebriated persons from police and ambulance, provides a cot, warm meal, laundry and shower, and has the ability to begin detoxification treatment for those awaiting a residential bed.

## Houston, TX-Crisis Intervention Program (CIP)

*Martha Montalvo, Acting Chief of Police, Houston Police Department*

*Wendy Baimbridge, Captain of the Mental Health Division, Houston Police Department*

The mission of Houston's Mental Health Division is to provide a more professional and humane response to individuals in serious mental health crisis. Police and mental health clinicians assigned to the Mental Health Division provide assistance to citizens through various programs, including the Crisis Intervention Team (CIRT), the Chronic Consumer Stabilization Initiative (CCSI), the Homeless Outreach Team (HOT), and Boarding Homes Detail.

## Miami-Dade County, FL- Crisis Intervention Team (CIT)

*Alejandro Aristizabal, Felony Diversion Program Manager, 11th Judicial Circuit Criminal Mental Health Project, Jail Diversion Program, Miami-Dade County, Florida*

*Daniel Junior, Interim Director of the Miami-Dade Corrections and Rehabilitation Department (MDCR)*

Since 2000, The 11th Judicial Circuit Criminal Mental Health Project (CMHP) has helped divert individuals with serious mental illnesses or co-occurring substance-use disorders into community-based treatment and support services. By providing specialized training to police officers handling individuals with mental illness, the program has saved the county millions of dollars by diverting people with mental disorders from the criminal justice system. CMHP has had a dramatic effect on the amount of people incarcerated in Miami-Dade with mental health or substance-use disorders. Aristizabal is responsible for screening and coordinating community reentry and providing case supervision for the criminal court. He provides training for the judiciary, attorneys and court personnel about issues pertaining to mental illness and community re-entry from institutional settings.

## Act Early

**Evidence has shown that early intervention and prevention strategies are some of the best ways to ensure healthy development and long-term mental wellness. This panel will discuss how cities can employ promotion and prevention to build healthy social-emotional skills in their citizens and early intervention methods that address mental health challenges before they become more serious.**

**Dr. George Askew (Moderator)** Deputy Commissioner of Family and Child Health for the New York City Department of Health and Mental Hygiene (DOHMH) Dr. Askew oversees the Bureaus of Administration, Maternal, Infant and Reproductive Health, the Office of School Health, and the Bureau of Early Intervention. Prior to joining DOHMH, Dr. Askew served at U.S. Department of Health and Human Services, where he was the first chief medical officer for the Administration for Children and Families.

## **New York, NY- School Consultants**

***Scott Bloom, LCSW-R, Director of School Mental Health Services, Department of Education, NYC***

The School Mental Health Consultant Program provides school mental health consultation (SMHC) and technical assistance to all NYC Public Schools. DOHMH is currently hiring 100 mental health consultants to work with over 1,000 schools citywide to ensure that staff and administrators have effective outlets to connect students with mental health and behavioral care needs. Consultation aims to reduce stigma, guide, advice, and assist schools to access resources.

## **Chicago, IL- CBT in Schools**

***Dr. Mashana Smith, Manager of Tier II/III social and emotional learning and mental health supports, Chicago Public Schools' Office of Social & Emotional Learning (OSEL).***

Chicago Public Schools (CPS) serves 381,000 students, many of whom are exposed to violence. As a result, the CPS system is committed to becoming a trauma-informed and trauma-sensitive district by educating adults in trauma and providing trauma-focused interventions for students in need (including CBT). Preliminary data shows that CBT interventions reduce aggression and trauma related to symptomatology.

## **New York, NY-Social Emotional Learning in Pre-K**

***Jill Resnick, Executive Director, Division of Early Childhood Education, NYC***

The SEL Initiative is a collaboration among the Department of Education, the Administration for Children's Services, and the Department of Health and Mental Hygiene to provide a coordinated continuum to create safe, nurturing, and predictable home, child care and school environments with responsive adults that support the social and emotional development of all young children, in order to lay the foundation for healthy development and learning. The NYC Department of Education is building the capacity of their early childhood social workers, Pre-K for All staff, and families to support children's social-emotional development and behavior regulation skills through creation of tools and training in evidence-based family engagement and SEL strategies.

## **Boston, MA-Comprehensive Behavioral Health Model (CBHM)**

***Andria Amador, Assistant Director, Behavioral Health Services for the Boston Public Schools (BPS)***

CBHM is a multi-tiered system designed to support the behavioral health needs of students across a range categories including prevention, early-intervention, and intensive services. CBHM includes the use of universal behavioral health screening, evidence-based practices that promote social skills and behavioral interventions, and integrated community partnerships. CBHM was developed by the Boston Public Schools Behavioral Health Services Department in partnership with Boston Children's Hospital and the UMASS Boston School Psychology program.



# Sponsor Participants

## Thank you to our sponsors for their generous support.



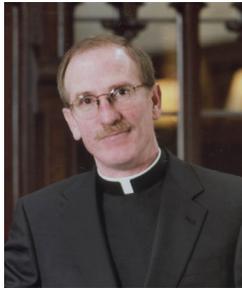
### **Lori Golden, Abilities Strategy Leader, Ernst & Young**

Lori Golden is Ernst & Young's Abilities Strategy leader, driving efforts to build an enabling, inclusive environment for people of all abilities. She advises the firm's over 1,000 member AccessAbilities professional network and its Abilities Champions leaders network. Lori leads initiatives to enhance accessibility in Ernst & Young offices, communications, meetings, trainings and technology, educate EY people on abilities-related issues and create new diverse abilities recruiting strategies and employment models. A frequent speaker on disabilities employment issues, Lori serves on the US Department of Labor's Circle of Champions, the NYC Mayor's Office People with Disabilities Business Development Council, the NYC Mental Health Alliance, served on the Board of Directors of the US Business Leadership Network (USBLN), currently serves on its Corporate Advisory Board, and is Vice Chair of the Board of TransCen.



### **Dr. Sander Koyfman, Behavioral Health Medical Director of EmblemHealth**

Dr. Sander Koyfman is a board certified psychiatrist, currently working as the Behavioral Health Medical Director of EmblemHealth – a non-profit insurer serving millions of New Yorkers across their health care needs. He also serves as the President of a New York based non-profit relief organization Disaster Psychiatry Outreach. He has served as a Medical Director of Adult Inpatient Psychiatry at Kings County Hospital and Director of Consultation and Liaison Service and Treatment Resistant Depression Program at New York Methodist Hospital. He graduated from New York University and the State of New York Downstate Medical Center and completed his psychiatric training at Mount Sinai Hospital in New York City.



### **The Reverend Joseph M. McShane, S.J.**

A native of New York, Fr. McShane entered the Society of Jesus in 1967 and was ordained a priest in 1977. He received both a bachelor's degree and a master's degree from Boston College, and master's degrees in theology from the Jesuit School of Theology at Berkeley in 1977. He completed his doctorate in the History of Christianity at the University of Chicago in 1981. He served as a member of the Department of Religious Studies at LeMoyne College in Syracuse, New York from 1981 to 1992. He served as the Dean of Fordham College at Rose Hill from 1992 to 1998. In 1998, he became the President of The University of Scranton, a post that he held until he returned to Fordham in 2003 to assume the Fordham's presidency.



### **Maria A. Oquendo, M.D., Ph.D., President of the American Psychiatric Association**

Maria A. Oquendo is President of the American Psychiatric Association. Her areas of expertise include the diagnosis, pharmacologic treatment and neurobiology of bipolar disorder and major depression, with a special focus on suicidal behavior and global mental health. She is currently Professor of Psychiatry & Vice Chair for Education at Columbia University. Dr. Oquendo serves as vice president of the Board of the American Foundation for Suicide Prevention, is past president of the American Society of Hispanic Psychiatry, and serves on the American College of Neuropsychopharmacology's Council and the National Institute of Mental Health's National Advisory Mental Health Council. Dr. Oquendo graduated summa cum laude and Phi Beta Kappa from Tufts University in 1980 and received her M.D. from the College of Physicians and Surgeons at Columbia University in 1984. She received her Ph.D. in Psychiatry from the Universidad Autónoma de Madrid in 2010.

