



**NEW YORK CITY DEPARTMENT OF  
HEALTH AND MENTAL HYGIENE**

Mary T. Bassett, MD, MPH  
Commissioner

Dear New York City Parent,

As parents, we want the very best for our children. We want them to thrive and to make sure nothing holds them back from leading healthy, active lives. Unfortunately, many children suffer from asthma, a chronic illness that requires daily management. An estimated 84,000 New York City children struggle with the threat of asthma attacks, which can make leading a healthy, active life challenging.

Most asthma attacks are largely preventable with daily management, including taking medicine as directed by your health care provider, avoiding triggers and making sure your child's school has a completed Medication Administration Form (MAF) on file. Children with asthma do not have to be held back by their condition.

The items in this kit can help you control your child's asthma daily, prevent attacks and make sure the people who provide care for your child, including nurses and other staff at their school, can assist you in keeping your child healthy.

I wish you and your family the best of health.

Sincerely,

A handwritten signature in black ink that reads "Mary T. Bassett". The signature is written in a cursive style.

Mary T. Bassett, MD, MPH  
Commissioner