HOW TO TEST YOUR DRUGS USING FENTANYL TEST STRIPS
Why should I test my drugs for fentanyl?

• Fentanyl is a powerful opioid that increases risk of overdose.
• Fentanyl is commonly found in heroin. It is also present in cocaine, crack, methamphetamine, ketamine and pills from nonmedical sources.
• Fentanyl cannot be detected by sight, taste, smell or touch.
• Knowing if the drugs you plan to use contain fentanyl can lower your risk of overdose.

What are fentanyl test strips?

• Test strips can tell you if your drugs contain fentanyl but not how much fentanyl there is or how strong it is.
• Test strips can prevent overdose if used correctly and with other risk reduction practices.
How can I test my drugs for fentanyl?

There are three ways to test your drugs for fentanyl. Choose the option that works best for you.

Step 1: Choose your option.

Option 1

• Dissolve all the drugs you plan to use in water by following the instructions in Step 2.
  ○ This is the most accurate way to test your drugs since fentanyl is not always mixed evenly throughout. If you cannot test your drugs this way, try Options 2 or 3.
  ○ After testing your drugs this way, you can drink them, snort them using a clean nasal spray device or wait until the water evaporates to use them.

Option 2

• Finely crush your drugs on a clean surface.
• Put the crushed drugs in a small, plastic bag and shake the bag to mix them.
• Empty the bag and put your drugs to the side. A small amount of drug residue should be left in the bag.
• Add water to the bag by following the instructions in Step 2.
Option 3

• Put 10 milligrams (mg) of your drugs (enough to cover Abraham Lincoln’s hair on a penny) in a clean, dry container.

• If you cannot test 10 mg of your drugs, put at least a few grains in a clean, dry container.

• Add water to the container by following the instructions in Step 2.

Step 2: Add water.

• Add water to your drugs and mix them up.
  - For **meth, MDMA and ecstasy**, use 1 teaspoon of water for every 10 mg of crystal or powder you are testing.
  - For **all other drugs**, use a half teaspoon of water.

Step 3: Use the test strip.

• Place the test strip with the wavy side down in the water. Let the strip absorb the water for 15 seconds.

• Take the strip out of the water and place it on a flat surface for two minutes.

• Read the results (see “What do the test results mean?”).
Tips for testing your drugs:

• Do not use test strips more than once.

• Finely crush pills and tablets, add water to the powder and mix thoroughly. If you do not want to test the entire pill, break it in half and test a portion from the middle.

What do the test results mean?

• **Positive test:** Fentanyl or a similar synthetic opioid has been detected in your drugs. If you are not planning to use fentanyl or opioids, avoid using the drugs or see the “What else can I do to lower my risk of overdose?” section on the back of this material.

• **Negative test:** Fentanyl or a similar synthetic opioid has not been detected in your drugs. Remember, no test is 100% accurate and your drugs may still contain fentanyl or a similar synthetic opioid.

• **Invalid test:** Retest your drugs using a new strip.
What else can I do to lower my risk of overdose?

• Use drugs with other people and take turns using them.

• Get naloxone (or Narcan). Naloxone is a safe and easy-to-use medication that can reverse the effects of an opioid overdose. Call 311 to find out where to get naloxone at no cost.

• Before using drugs, ask someone you trust to check on you regularly.

• Go slow by taking small amounts.

• Avoid mixing drugs.

For more information, scan the QR code or visit nyc.gov/health/fentanyl.