

## ABOUT NALOXONE (NARCAN)

**Naloxone is a safe medication that can reverse the effects of an opioid overdose.**

It only works on **opioids** (such as heroin, fentanyl and prescription painkillers) but is **safe to use**, even if opioids aren't present.

**IMPORTANT:** Tell others where your naloxone is stored and how to use it

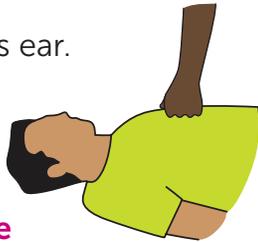
## CHECKING FOR OVERDOSE

**Signs of opioid overdose include:**

- Unresponsive or unconscious
- Slow or stopped breathing
- Blue, gray, or white lips or fingernails
- Snoring or gurgling sounds

**Check for responsiveness before giving naloxone:**

- Shout loudly in the person's ear.
- If no response, grind your knuckles into their breastbone (sternal rub).



**If there is no response to the sternal rub, it's an emergency!**

## OVERDOSE RESPONSE STEPS

- 1. Call 911 for medical help:** Tell them someone is not breathing.
- 2. Give naloxone:** Do NOT test device—each device can only be used once.



**Peel**

**Place**

**Press**

No assembly needed. Spray in one nostril by pushing plunger.

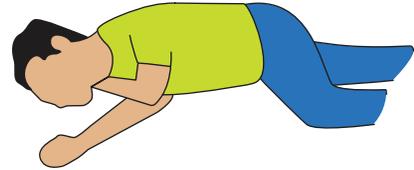
**If no response in 2 minutes, give a second dose.**

**3. As soon as possible, give rescue breaths or CPR if you know how.** Kit contains a face shield.

- Tilt head back and pinch nose.
- Give two breaths, watching for chest rise.
- Continue giving one breath every five seconds.



**4. Recovery position:** When not giving naloxone or rescue breaths, put the person on their side to prevent choking.



## AFTER GIVING NALOXONE

**Stay with the person until medical help arrives.**

- Naloxone works for 30 to 90 minutes and may cause withdrawal symptoms until it wears off.
- Using more drugs is unlikely to reduce withdrawal but may increase risk for another overdose.

**Report use of naloxone to the program where you got it, or use the Stop OD NYC app.**

Get a new kit if you use one or more doses or when naloxone expires.

## SUPPORT

Contact NYC Well 24 hours a day/7 days a week to find naloxone or for support with substance use or mental health.

 **Call** 888-NYC-WELL (888-692-9355)

 **Text** "WELL" to 65173

 **Chat** online at [nyc.gov/nycwell](https://nyc.gov/nycwell)

You can also visit the **OASAS HOPEline** at 877-8-HOPENY (877-846-7369), text HOPENY to 467369 or visit [oasas.ny.gov/accesshelp](https://oasas.ny.gov/accesshelp)

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**WHAT IS  
NALOXONE?**  
**¿QUÉ ES LA NALOXONA?**



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