ABOUT NALOXONE (NARCAN)

Naloxone is a safe medication that can reverse the effects of an opioid overdose. It only works on opioids (such as heroin, fentanyl and prescription painkillers) but is safe to use, even if opioids aren’t present.

IMPORTANT: Tell others where your naloxone is stored and how to use it

CHECKING FOR OVERDOSE

Signs of opioid overdose include:
- Unresponsive or unconscious
- Slow or stopped breathing
- Blue, gray, or white lips or fingernails
- Snoring or gurgling sounds

Check for responsiveness before giving naloxone:
- Shout loudly in the person’s ear.
- If no response, grind your knuckles into their breastbone (sternal rub).

If there is no response to the sternal rub, it’s an emergency!

OVERDOSE RESPONSE STEPS

1. Call 911 for medical help: Tell them someone is not breathing.
2. Give naloxone: Do NOT test device—each device can only be used once.
   - Peel
   - Place
   - Press

No assembly needed. Spray in one nostril by pushing plunger.
If no response in 2 minutes, give a second dose.

3. As soon as possible, give rescue breaths or CPR if you know how. Kit contains a face shield.
   - Tilt head back and pinch nose.
   - Give two breaths, watching for chest rise.
   - Continue giving one breath every five seconds.

4. Recovery position: When not giving naloxone or rescue breaths, put the person on their side to prevent choking.

AFTER GIVING NALOXONE

Stay with the person until medical help arrives.
- Naloxone works for 30 to 90 minutes and may cause withdrawal symptoms until it wears off.
- Using more drugs is unlikely to reduce withdrawal but may increase risk for another overdose.

Report use of naloxone to the program where you got it, or use the Stop OD NYC app.
Get a new kit if you use one or more doses or when naloxone expires.

SUPPORT

Contact NYC Well 24 hours a day/7 days a week to find naloxone or for support with substance use or mental health.

Call 888-NYC-WELL (888-692-9355)
Text “WELL” to 65173
Chat online at nyc.gov/nycwell
You can also visit the OASAS HOPEline at 877-8-HOPENY (877-846-7369), text HOPENY to 467369 or visit oasas.ny.gov/accesshelp

WHAT IS NALOXONE?
¿QUÉ ES LA NALOXONA?