



“I SAVED MY NEIGHBOR’S LIFE”

“My neighbor’s boyfriend knocked on my door at 2am and told me she was overdosing. I got to the apartment and found her passed out. I gave her naloxone and in a few minutes she started coming through. It was lucky I was home and had naloxone to save her.”

~Billy, Manhattan

NALOXONE is an emergency medicine that prevents overdose death from prescription painkillers and heroin.

To find out more about naloxone and where to get it, call **311** or visit nyc.gov/health/naloxone.

If you need help or referral to treatment call, **888-NYC-Well**.

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“I SAVED MY FATHER’S LIFE”

“I got trained in overdose prevention after I spent four years in the army. One night at home, my dad fell out of bed. He wasn’t breathing and he had turned blue. I knew he had used heroin before, I grabbed my naloxone and gave it to him. After a few minutes, he started breathing again. He came out of it. That was a life-changing moment for both of us.”

~Brian, Queens

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“I took a different way home from work one night and found my neighbor on the ground. He was blue and not breathing. I gave him naloxone, which I always carry, and in 2 minutes he was breathing again. As we waited for the ambulance, it hit me that if I hadn’t come home this way, his family would be getting a very different phone call that night.”

~Evelyn, Manhattan

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“I SAVED MY BEST FRIEND’S LIFE”

“I’ve had one best friend I could always rely on. A few years ago, we were hanging out. He looked like he was falling asleep. I shook him to wake him up but couldn’t. He was overdosing. I gave him a dose of naloxone and he came back. Today, I still have my best friend.”

~Shantae, Bronx

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“I SAVED MY FIANCÉ’S LIFE”

“My fiancé was addicted to heroin and prescription pills. One night I came home from holiday shopping, and found him lying on the bathroom floor. His lips were blue, his skin was gray. I called 911, grabbed my naloxone, and gave him a dose. If I didn’t have naloxone, he would have died that night.”

~Theresa, Manhattan

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“I SAVED MY FRIEND’S LIFE”

“I found my friend slumped on her bed turning blue. She couldn’t breathe. I ran to get my naloxone and gave it to her. I thought she was dead. When she came to, she didn’t know what had happened or why I was crying. I’m glad I had naloxone. It gave her a second chance.”

~Will, Brooklyn

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