NALOXONE is an emergency medicine that prevents overdose death from prescription painkillers and heroin.

To find out more about naloxone and where to get it, call 311 or visit nyc.gov/health/naloxone. If you need help or referral to treatment call, 888-NYC-Well.
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“I got trained in overdose prevention after I spent four years in the army. One night at home, my dad fell out of bed. He wasn’t breathing and he had turned blue. I knew he had used heroin before, I grabbed my naloxone and gave it to him. After a few minutes, he started breathing again. He came out of it. That was a life-changing moment for both of us.”

~Brian, Queens
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"I SAVED MY BEST FRIEND'S LIFE"

“I’ve had one best friend I could always rely on. A few years ago, we were hanging out. He looked like he was falling asleep. I shook him to wake him up but couldn’t. He was overdosing. I gave him a dose of naloxone and he came back. Today, I still have my best friend.”

~Shantae, Bronx
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“My fiancé was addicted to heroin and prescription pills. One night I came home from holiday shopping, and found him lying on the bathroom floor. His lips were blue, his skin was gray. I called 911, grabbed my naloxone, and gave him a dose. If I didn’t have naloxone, he would have died that night.”

~Theresa, Manhattan
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"I found my friend slumped on her bed turning blue. She couldn’t breathe. I ran to get my naloxone and gave it to her. I thought she was dead. When she came to, she didn’t know what had happened or why I was crying. I’m glad I had naloxone. It gave her a second chance."

~Will, Brooklyn