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### Snack Food Items: Examples

#### Fruits and Vegetables

- **Bare Fruit Baked Crunchy Apple Chips (0.5 oz) (15 g)**
  - Fuji & Reds, Cinnamon
- **Brothers All Natural Fruit Clusters (1.25 oz) (35 g)**
  - Blueberry Apple, Raspberry Apple
- **Brothers All Natural Fruit Crisps (0.26 – 0.56 oz) (7.5 – 17 g)**
  - Apple Cinnamon, Asian Pear, Fuji Apple, Banana, Mixed Berry, Mixed Fruit, Peach, Raspberry, Strawberry, Strawberry Banana
- **Crispy Green Crispy Fruit (0.36 oz) (10 g)**
  - Crispy Apples, Crispy Asian Pears, Crispy Bananas, Crispy Cantaloupes, Crispy Mangoes, Crispy Pineapples, Crispy Tangerine
- **Crunchies Freeze-Dried Fruit (1.0 – 1.2 oz) (28 – 34 g)**
  - Blueberries, Cinnamon Apple, Grapes, Mixed Fruit, Pineapple, Raspberries, Strawberries, Strawberry Banana
- **Dole Fruit Bowls in 100% Juice (4 oz) (113 g)***
  - Cherry Mixed Fruit*, Diced Pears, Diced Peaches, Mandarin Oranges, Mixed Fruit, Pineapple Tidbits, Tropical Fruit
- **Earthbound Organic Raisin Snack Box (1.5 oz) (43 g)**
  - Original
- **Funky Monkey Snacks (1 oz) (29 g)**
  - Apple with Cinnamon, Banana Pineapple, Banana with Cinnamon, Mango with Orange Juice, Pineapple Guava, Pineapple with Lime
- **Matt's Munchies (1 oz) (28 g)**
  - Banana, Mango, Mango Acai, Mango Apricot, Mango Ginger
- **Mott's Snack and Go Applesauce Pouch (3.2 oz) (90 g)**
  - Natural, Granny Smith, Mixed Berry, Strawberry, Strawberry Kiwi
- **Musselman's Applesauce (4 – 6 oz) (113 – 170 g)**
  - Unsweetened
- **Musselman's Squeezables (3.17 oz) (90 g)**
  - Unsweetened
- **Oskri Fruit Bars (1.2 oz) (35 g)**
  - Apricot, Blueberry, Cherry, Cranberry, Peach
- **Peeled Snacks Dried Fruit (1.23 – 1.48 oz) (35 – 42 g)**
  - Apple-2-the-Core, Much-Ado-About-Mango, Pine-4-pineapple
- **Plum Organics Kids Organic Mashups (3.17 oz) (90 g)**
  - Beetbox Berry, Berry, Blueberry Blitz, Carroty Chop, Strawberry Banana, Tropical
- **Santa Cruz Organic Apple Sauce Cups (4 oz) (113 g)**
  - Applesauce
- **Santa Cruz Organic Apple Sauce Pouch (3.2 oz) (90 g)**
  - Applesauce
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Fruits and Vegetables (continued)

Sensible Foods Crunch Dried Fruit (0.32 – 0.37 oz) (9 – 10 g)
- Cherry Berry, Fuji Apple, Orchard Blend, Tropical Blend

Stretch Island Fruit Strips (0.5 oz) (14 g)
- Abundant Apricot, Autumn Apple, Harvest Grape, Orchard Cherry, Ripened Raspberry, Summer Strawberry

Sun-Maid Raisins (1 oz) (28 g)
- Original

SunSweet Dried Fruit (0.9 oz) (25 g)
- Pitted Prunes

That’s It Fruit Bar (1.2 oz) (35 g)
- Apple Apricots, Apple Banana, Apple Blueberry, Apple Cherry, Apple Coconut, Apple Mango, Apple Pear, Apple Pineapple, Apple Strawberries

Welch’s Fruit Snacks (0.8 oz) (22.7 g)*
- Reduced Sugar Mixed Fruit*

Nuts, Seeds, Fruit/Nut Bars, and Trail Mix

180 Snacks Nut & Seed Crunch Bar (1.1 oz) (31 g)
- Almond Cashew, Blueberry Pomegranate, Cranberry Pomegranate

Barney Butter Snack Pack (0.6 oz) (17 g)
- Bare Smooth, Smooth, Honey + Flax, Cocoa + Coconut, Raw + Chia

Blue Diamond Almonds On-the-Go (0.6 – 0.625 oz) (17 – 18 g)
- Lightly Salted, Sea Salt, Whole Natural

Clif Bar Kit’s Organic Fruit & Nut Bar (1.62 oz) (46 g)
- Cashew

Kar’s Trail Mix (1.25 oz) (35 g)
- Cranberry Almond Delight

Kind Fruit & Nut Bars (1.4 oz) (40 g)
- Apple Cinnamon + Pecan, Fruit & Nut Delight

Kind Nut & Spices Bars (1.4 oz) (40 g)
- Cashew & Ginger Spice

Kind Plus Bars (1.4 oz) (40 g)
- Almond Walnut Macadamia + Peanuts, Blueberry Pecan + Fiber, Pomegranate Blueberry Pistachio + Antioxidants

Lance Nuts & Seeds (1.5 – 2 oz) (42.5 – 56.7 g)
- Premium Pistachios, Sunflower Seeds Roasted & Salted

Larabar (1.6 – 1.7 oz) (45 – 48 g)
- Apple Pie, Blueberry Muffin, Carrot Cake, Cherry Pie, Gingerbread, Snickerdoodle

Love Beets Bars (1.6 oz) (45 g)
- Beet & Apple, Beet & Cherry
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Nuts, Seeds, Fruit/Nut Bars, and Trail Mix (continued)

Mr. Nature (1 – 1.1 oz.) (28 – 31 g)
- Salted Almonds, Salted Cashews, Salted Peanuts, Unsalted Trail Mix
Mrs. May’s Naturals Mini Crunch (0.71 oz) (20 g)
  Blueberry Almond, Cranberry Almond
Nature Valley Nut Crisp Bar (0.89 oz) (25 g)
- Almond Dark Chocolate, Salted Caramel Peanut
Nature Valley Roasted Nut Crunch Bar (1.24 oz) (35 g)
- Almond Crunch, Peanut Crunch
Nature Valley Simple Nut Bar (1.17 oz) (33 g)
- Almond Cashew & Sea Salt, Roasted Peanut & Honey
Nourish Snacks Roasted Nuts (1.2 – 1.3 oz) (35 – 37 g)
- Raise the Bar-BQ Roasted Chickpeas & Peanuts, Cinn-Sational Cinnamon Spiced Apples & Almonds
Planters (1 oz) (28 g)
- Classic Peanuts Salted
Seapoint Farms Dry Roasted Edamame 100 Calorie Snack Packs (0.79 oz) (22.5 g)
- Lightly Salted, Spicy Wasabi
Sensible Foods Crunch Dried Snacks (0.65 oz.) (18 g)
- Roasted Edamame
Sunrich Naturals Roasted Snacks (1 – 1.3 oz.) (28.4 – 36.9 g)
- Honey Roasted Corn, Roasted Corn Rockin’ Ranch, Soy Nutz Honey Roasted, Sunflower Seeds Honey Roasted, Sunflower Seeds Roasted & Salted

Sweet Snacks

18 Rabbits Jr. Granola Bars (1.05 oz) (30 g)
  Caramel Apple, Chocolate Banana, Chocolate Cherry, Mango Strawberry
Betty Crocker Oatmeal Bar (1.24 oz) (35 g)*
  Butterscotch*, Chocolate Chip*
Cascadian Farm Organic Chewy Granola Bar (1.2 oz) (35 g)
  Dark Chocolate Almond
Cascadian Farm Organic Crunchy Granola Bar (1.42 oz) (40 g)
  Oats and Honey, Peanut Butter
Cascadian Farm Organic Soft Baked Squares (1.24 oz) (35 g)
  Wild Blueberry, Oats & Chocolate
Clif Bar Mini Bars (1 oz) (28 g)
  Chocolate Brownie, Chocolate Chip, Crunchy Peanut Butter, White Chocolate Macadamia Nut
Clif Bar Crunch Granola Bars (1.5 oz) (42 g)
  Chocolate Peanut Butter, Peanut Butter
Clif Bar Clif Kid Zbars Protein (1.27 oz) (36 g)
  Chocolate Chip, Chocolate Mint, Peanut Butter Chocolate
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Sweet Snacks (continued)

Enjoy Life Chewy Bar (1 oz) (28 g)
- Cocoa Loco, SunSeed Crunch
Fiber One 90-Calorie Brownies (0.89 oz) (25 g)*
- Chocolate Chip Cookie, Chocolate Fudge, Chocolate Peanut Butter, Cinnamon Coffee Cake, Lemon Bar*, Mint Fudge*
Fiber One Chewy Bars (0.82 – 1.4 oz) (23 – 40g)*
- Oats and Caramel*, Oats and Chocolate, Oats and Peanut Butter*, 90 Calorie Chocolate, 90 Calorie Peanut Butter*, 90 Calorie Chocolate Caramel & Pretzel*
Fiber One Soft Baked Cookies (1.1 oz) (31 g)
- Oatmeal Raisin
Fiber One Streusel Bars (1.42 oz) (40g)*
- Blueberry*, Strawberry*
General Mills Cereal Bar (1.42 oz) (40 g)*
- Apple Cinnamon Cheerios, Cinnamon Toast Crunch, Cocoa Puffs*, Fruity Cheerios*, Golden Grahams*, Team Cheerios Strawberry*, Trix*
Health Warrior Chia Bar Super Snack (0.88 oz) (25 g)
- Acai Berry, Apple Cinnamon, Banana Nut, Chocolate Peanut Butter, Coffee, Mango
Kashi Chewy Granola Bar (1.2 oz) (35 g)
- Cherry Dark Chocolate, Chocolate Almond & Sea Salt with Chia, Dark Mocha Almond, Honey Almond Flax, Peanut Peanut Butter, Trail Mix
Kashi Crunchy Granola & Seed Bar (1.4 oz) (40 g)
- Chocolate Chip Chia, Honey Oat Flax
Kashi Crunchy Granola Bars (1.4 oz) (40 g)
- Pumpkin Spiced Flax
Kashi Layered Granola Bar (1.1 oz) (32 g)
- Dark Chocolate & Coconut, Peanutty Dark Chocolate
Kashi Cereal Bar (1.2 oz) (35 g)
- Blackberry Graham, Ripe Strawberry
Kellogg’s Special K Cereal Bars (0.77– 0.81 oz) (22 – 23g)*
- Blueberry*, Chocolatey Pretzel*, Red Berries*
KIND Healthy Grains Bars (1.2 oz) (35g)
- Caramel Macchiato, Dark Chocolate Chunk, Dark Chocolate Mocha, Oats & Honey with Toasted Coconut, Maple Pumpkin Seed Sea Salt, Peanut Butter Berry, Peanut Butter Dark Chocolate, Popped Dark Chocolate with Sea Salt, Popped Salted Caramel, Vanilla Blueberry
Nature Valley Crunchy Granola Bars (1.5 oz) (42 g)
- Apple Crisp
Nature Valley Fruit & Nut Trail Mix Chewy Granola Bars (1.2 oz) (35 g)
- Dark Chocolate Cherry, Dark Chocolate & Nut, Fruit & Nut
Nature’s Path Chewy Granola Bars (1.2 oz) (35 g)
- Gluten-Free Chunky Chocolate Peanut, Gluten-Free Dark Chocolate Chip, Gluten-Free Trail Mixer, Pumpkin-N-Spice Flax Plus
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Sweet Snacks (continued)

Nature’s Path Crunchy Granola Bars (1.4 oz) (40 g)
  • Honey Oat Crunch, Macaroon Crunch, Peanut Choco Crunch
Nourish Snacks Granola Bites (1.4 oz) (39 – 40 g)
  • Berry’d Treasure, Coco’Nilla Crunch
Plum Organics Jammy Sammy Sandwich Bars (1.03 oz) (29 g)
  • Apple Cinnamon & Oatmeal
Pure Organic Jammy Sammy Sandwich Bars (1.2 oz) (35 g)
  • Chocolate Chunk Nut, Peanut Butter Chocolate, Triple Berry Nut, Vanilla Almond
Quaker Chewy Bars 25% Less Sugar (0.85 oz) (24 g)*
  • Chocolate Chip*, Cookies & Cream*, Peanut Butter/Chocolate Chip*
Quaker Soft Baked Bars (1.48 oz) (42 g)
  • Banana Bread

Crunchy Snacks

Annie’s Bunny Grahams (1.25 oz) (35 g)
  • Honey, Friends
Baked! Lay’s Potato Crisps (1 oz) (28 g)
  • Original, Oven Baked Barbecue
Tostitos Scoops (1 oz) (28 g)
  • Original
Fiber Gourmet Thinables (1 oz) (28 g)
  • Cheese, Cinnamon & Sugar
General Mills Simply Chex (0.92 – 1.03 oz) (26 – 29 g)*
  • Cheddar*, Chocolate Caramel*, Strawberry Yogurt, Xtreme Habanero Lime
Glenny’s Soy Crisps (1.3 oz) (37 g)
  • Apple Cinnamon, Aged Yellow Cheddar, Creamy Ranch, Lightly Salted, Original BBQ
Nourish Snacks Roasted Corn (1.2 oz) (33 g)
  • Just Chillin’, Holy Habanero
Popcorn Indiana Popcorn (1 oz) (28 g)
  • Kettle Corn
Skinny Pop Popcorn 100-Calorie Bag (0.65 oz) (18 g)
  • Original
Smart Food Delight (1 oz) (28 g)
  • Sea Salt
SunChips (1 oz) (28 g)
  • French Onion, Garden Salsa, Original
The Good Bean Chickpea Snacks (0.75 oz) (21 g)
  • Sea Salt
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Cereal

General Mills Cheerios (0.63 – 1.12 oz) (17 – 31g)
- Original, Apple Cinnamon, Fruity, Honey Nut, Multigrain
General Mills Cinnamon Toast Crunch (1 oz) (28 g)
- 25% Less Sugar, Original
General Mills Cocoa Puffs (1.06 oz) (30 g)
- 25% Less Sugar
General Mills Kix (0.62 oz) (17 g)
- Original
General Mills Total (0.87 – 1.19 oz) (24 – 33g)
- Raisin Bran, Whole Grain
General Mills Wheaties (0.87 oz) (24 g)
- Original
Kashi Cold Cereal (1 oz) (28 g)
- Berry Blossoms, Honey Sunshine
Kashi GoLean Cold Cereal (1.58 oz) (45 g)
- Original
Kashi Heart to Heart Cereal (1.4 oz) (40g)
- Honey Toasted Oat
Kellogg’s All-Bran (0.875 – 1.76 oz) (25 – 50 g)
- Original, Complete Wheat Flakes
Kellogg’s Apple Jacks (0.63 – 1 oz) (18 – 28 g)*
- Original*, For Schools Original*
Kellogg’s Corn Pops (0.75 – 0.95 oz) (21 – 27g)
- Original
Kellogg’s Froot Loops for Schools (1 oz) (28 g)*
- Reduced Sugar*
Kellogg’s Frosted Flakes (1 oz) (28 g)
- Multigrain Reduced Sugar
Kellogg’s Mini Wheats (1 – 1.3 oz) (28 – 37g)
- Frosted Bite Size, Frosted Original, Unfrosted Bite Size
Kellogg’s Raisin Bran (1.25 oz) (35 g)
- Original
Kellogg’s Rice Krispies (1 oz) (28 g)
- Multigrain Shapes
Kellogg’s Special K (1.2 oz) (33 g)
- Red Berries
Quaker Instant Oatmeal (1 – 1.5 oz) (28 – 43 g)
- Original, Maple & Brown Sugar
Quaker Instant Oatmeal Cups (1.4 – 1.7 oz) (40 – 50 g)*
- 50% Less Sugar Cinnamon Pecan*, Honey & Almonds
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Cereal (continued)

Quaker Lower Sugar Instant Oatmeal (1.09 oz) (31 g)*
- Apples & Cinnamon*

*The following products contain artificial flavors, artificial colors, and/or artificial or non-nutritive sweeteners. These products cannot be stocked in machines regularly used by children age 18 and under.

Betty Crocker Oatmeal Bar (1.24 oz) (35 g)
- Butterscotch, Chocolate Chip

Dole Fruit Bowls in 100% Juice (4 oz)
- Cherry Mixed Fruit

Fiber One 90-Calorie Brownies (0.89 oz) (25 g)
- Lemon Bar, Mint Fudge

Fiber One Chewy Bars (0.82 – 1.4 oz) (23 – 40 g)
- 90 Calorie Chocolate Caramel & Pretzel, 90 Calorie Peanut Butter, Oats and Caramel, Oats and Peanut Butter

Fiber One Streusel Bars (1.42 oz) (40 g)
- Blueberry, Strawberry

General Mills Cereal Bars (1.42 oz) (40 g)
- Cocoa Puffs, Fruity Cheerios, Golden Grahams, Team Cheerios Strawberry, Trix

General Mills Simply Chex (0.92 – 1.03 oz) (26 – 29 g)
- Cheddar, Chocolate Caramel

Kellogg's Apple Jacks (0.63 – 1 oz) (18 – 28 g)
- Original, For Schools Original

Kellogg's Froot Loops for Schools (1 oz) (28 g)
- Reduced Sugar

Kellogg's Special K Cereal Bar (0.77 – 0.81 oz) (22 – 23 g)
- Blueberry, Chocolate Pretzel, Red Berries

Quaker Chewy Bars 25% Less Sugar (0.85 oz) (24 g)
- Chocolate Chip, Cookies & Cream, Peanut Butter/Chocolate Chip

Quaker Lower Sugar Instant Oatmeal (1.09 oz) (31 g)
- Apples & Cinnamon

Quaker Instant Oatmeal Cups (1.4 – 1.7 oz) (40 – 50 g)
- 50% Less Sugar Cinnamon Pecan

Welch's Fruit Snacks (0.8 oz) (23 g)
- Reduced Sugar Mixed Fruit