

HEPATITIS C

Get Checked, Get Cured



What is Hepatitis C (Hep C)?



- 1** Hep C is a liver infection caused by a virus.
- 2** Hep C is spread through infected blood.
- 3** Hep C can cause serious health problems like liver disease and cancer.

Avoid alcohol if you have Hep C.
Alcohol can speed up liver damage.

Get Hep C Checked

- 4** Get tested to know if you have Hep C. Hep C testing is a two-step process:
 - Hep C antibody test
 - Hep C RNA (viral or confirmatory) test

Sometimes, these two tests
are given together at the same time.

Get Hep C Cured



- 5** Hep C treatment is now usually one pill, taken daily for a few months, with few side effects.
- 6** Most people with Hep C can be cured.
- 7** Even if you were cured, you can get re-infected with Hep C.

Prevent Hep C

- 8** Protect yourself from blood exposure to prevent Hep C infection or reinfection.
- 9** If you use drugs, only use new supplies every time you inject, smoke or snort.
- 10** Always practice safer sex.

Need help getting Hep C testing, care and treatment? Contact:

Name _____

Organization _____

Contact _____

For Hep C testing and care locations,
visit nyc.gov/health/hepc,
text LIVER to 877877 or call 311.