What is Hepatitis C (Hep C)?

1. Hep C is a liver infection caused by a virus.
2. Hep C is spread through infected blood.
3. Hep C can cause serious health problems like liver disease and cancer.

Avoid alcohol if you have Hep C. Alcohol can speed up liver damage.

Get Hep C Checked

4. Get tested to know if you have Hep C. Hep C testing is a two-step process:
   - Hep C antibody test
   - Hep C RNA (viral or confirmatory) test

Sometimes, these two tests are given together at the same time.
Get Hep C Cured

5 Hep C treatment is now usually one pill, taken daily for a few months, with few side effects.

6 Most people with Hep C can be cured.

7 Even if you were cured, you can get re-infected with Hep C.

Prevent Hep C

8 Protect yourself from blood exposure to prevent Hep C infection or reinfection.

9 If you use drugs, only use new supplies every time you inject, smoke or snort.

10 Always practice safer sex.

Need help getting Hep C testing, care and treatment? Contact:

Name __________________________________________________

Organization ____________________________________________

Contact ________________________________________________

For Hep C testing and care locations, visit nyc.gov/health/hepc, text LIVER to 877877 or call 311.