



Zika Virus Testing Guidance for Pregnant Women Remains Unchanged at the New York City Department of Health and Mental Hygiene and the New York State Department of Health

Dear Colleagues,

On July 24, 2017, the Centers for Disease Control and Prevention (CDC) released updated interim guidance for health care providers caring for pregnant women with possible Zika virus (ZIKV) exposure. CDC's revised recommendations differ from existing New York City and New York State testing recommendations, but allow for variations based on jurisdictional guidance. The New York City Department of Health and Mental Hygiene (NYC DOHMH) and the New York State Department of Health (NYS DOH) are advising prenatal care and pediatric providers to **continue to adhere to current NYC AND NYS ZIKV testing guidance** for pregnant women and/or their infants with possible ZIKV exposure.

Evaluation and management of pregnant women

- Continue routine screening of all pregnant women to ascertain ZIKV exposure, through travel or sexual contact with a traveler.
- All pregnant women exposed to Zika virus, regardless of symptom status, should be tested for ZIKV by IgM and NAAT/PCR (PCR is a form of NAAT, or nucleic acid amplification testing).
 - **NYC DOHMH** ZIKV testing guidance can be found at the following link:
<http://www1.nyc.gov/assets/doh/downloads/pdf/cd/zika-testing-guidance-for-providers.pdf>
 - **NYS DOH** ZIKV testing guidance can be found at the following link:
http://www.health.ny.gov/diseases/zika_virus/providers.htm.

Evaluation and management of infants with possible congenital Zika virus exposure

- For all newborns, pediatric health care providers should inquire about possible maternal and congenital ZIKV exposure. Providers should consider ZIKV testing and postnatal head ultrasound for infants born to mothers with possible ZIKV exposure during pregnancy but who were not tested for ZIKV. Further guidance is available at the following links:
 - <http://www1.nyc.gov/assets/doh/downloads/pdf/cd/zika-rec-delivery-testing.pdf>, or
 - http://www.health.ny.gov/diseases/zika_virus/docs/instructions_on_specimen_collection_at_birth.pdf

The NYC DOHMH and the NYS DOH will re-evaluate current ZIKV testing guidance in fall 2017, at the end of the peak travel season. As always, please contact your respective health department to discuss ZIKV testing for exposed pregnant women and infants as well as to request assistance with interpreting ZIKV test results:

- NYC DOHMH **Provider Access Line** at **866-692-3641**.
- NYS DOH **Zika Information Line** at **888-364-4723**.

For more Zika virus information for providers:

- NYC DOHMH: <http://www1.nyc.gov/site/doh/providers/reporting-and-services.page>
- NYS DOH: http://www.health.ny.gov/diseases/zika_virus/providers.htm
- CDC (updated list of Zika-affected areas): <https://wwwnc.cdc.gov/travel/page/world-map-areas-with-zika>