



TRAVEL WARNING:

ZIKA & PREGNANCY



- ✦ Zika virus is spread by mosquitoes and causes birth defects.
- ✦ Zika can also spread through sexual and blood contact.
- ✦ Zika is affecting parts of **Central and South America, Mexico, the Caribbean and other places listed by the Centers for Disease Control and Prevention**. The type of mosquito linked to the current outbreak, called *Aedes aegypti*, lives in these places.

DO NOT travel to a Zika-affected area while pregnant or trying to conceive

TELL YOUR HEALTH CARE PROVIDER TODAY AND ASK ABOUT ZIKA TESTING IF YOU ARE PREGNANT AND

- ➔ While pregnant, you spent time in a Zika-affected area.
- ➔ While pregnant, you had unprotected* vaginal, anal or oral sex with a person who has or might have Zika.

Visit nyc.gov/health/zika to learn more

Find the latest Zika-affected locations at cdc.gov/zika

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