

**FRUITS & VEGGIES**

SMALL  
SNACK,  
BIG  
ENERGY



**Add fruits and veggies for a healthy heart.**

**Search SoGood on [nyc.gov](http://nyc.gov) or call 311 for your Healthy Eating Packet.**

To find a Farmers' Market near you, text **SoGood** to **877877**.

*Message and data rates apply. Text STOP to quit, HELP for more information.  
For Terms of Use and Privacy Policy, visit [nyc.gov/health](http://nyc.gov/health)*



Bill de Blasio  
Mayor  
Mary T. Bassett, MD, MPH  
Commissioner



**FRUITS & VEGGIES**

SMART.  
COLORFUL.  
JUST LIKE  
YOU.



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**FRUITS & VEGGIES**

ENERGY  
COMES  
NATURALLY



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# PORTABLE POWER



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