**Farmers’ Market Exploration**

**Health Bucks Program**

**Instructions:** Take a few minutes to walk around the farmers’ market. Notice the variety and types of fresh produce. Answer the questions below as you explore the market.

1. List 3 fruits and 3 vegetables that are available at the farmers’ market right now:

   **Fruits**
   
   
   
   

   **Vegetables**
   
   
   
   

2. What is your favorite fruit or vegetable available at the market today?

   __________________________________________________________

3. Name one fruit or vegetable at the market that you’ve never seen before.

   __________________________________________________________

4. Name one fruit or vegetable that you usually see at the grocery store that you don’t see here.

   __________________________________________________________

5. Why do you think it isn’t here?

   __________________________________________________________

6. If you had to make a healthy recipe from what is available in the market right now, what would you make?

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