

# Your Baby at 2 Months



How your child plays, learns, speaks, and acts offer important clues about your child's development. Developmental milestones are things most children can do by a certain age.

Check the milestones your child has reached by the end of 2 months. Take this with you and talk with your child's doctor at every visit about the milestones your child has reached and what to expect next.

## What Most Babies Do at this Age:

### Social/Emotional

- Begins to smile at people
- Can briefly calm himself (may bring hands to mouth and suck on hand)
- Tries to look at parent

### Language/Communication

- Coos, makes gurgling sounds
- Turns head toward sounds

### Cognitive (learning, thinking, problem-solving)

- Pays attention to faces
- Begins to follow things with eyes and recognize people at a distance
- Begins to act bored (cries, fussy) if activity doesn't change

### Movement/Physical Development

- Can hold head up and begins to push up when lying on tummy
- Makes smoother movements with arms and legs

### Act Early by Talking to Your Child's Doctor if Your Child:

- Doesn't respond to loud sounds
- Doesn't watch things as they move
- Doesn't smile at people
- Doesn't bring hands to mouth
- Can't hold head up when pushing up when on tummy

If you notice any of these signs of possible developmental delay, tell your child's doctor or nurse, and call 311 to ask about Early Intervention.

Content provided by the Centers for Disease Control and Prevention, Learn the Signs. Act Early program. For more information go to [www.cdc.gov/ActEarly](http://www.cdc.gov/ActEarly).

**Your Child's Growth Is More Than Physical**

To learn more about development visit [nyc.gov](http://nyc.gov) and search for "Child Development"

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