

**Resolution Comments - Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code**

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**From:** Lynn Michalopoulos <ltmurphy60@hotmail.com>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 7:28 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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Dear Ms. Bryant,

Please include my comments as testimony in support of the proposals to add § 81.08 and §81.50 to Article 81 of the NYC Health Code. I understand that § 81.08 would restrict the serving of products containing artificial trans fats in NYC restaurants. §81.50 would require restaurants that make nutritional information available to post caloric information for individual items on menu boards and menus. This would enable consumers to make informed choices among such items at the time of ordering.

Sincerely,

**Name :** Lynn Michalopoulos  
**Email** ltmurphy60@hotmail.com  
**Address** 1125 N Orianna Street  
**City :** Philadelphia  
**State :** PA

**Resolution Comments - Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code**

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**From:** Kelli Simpkins <kas7@earthlink.net>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 11:18 AM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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Dear Ms. Bryant,

Please include my comments as testimony in support of the proposals to add § 81.08 and §81.50 to Article 81 of the NYC Health Code. I understand that § 81.08 would restrict the serving of products containing artificial trans fats in NYC restaurants. §81.50 would require restaurants that make nutritional information available to post caloric information for individual items on menu boards and menus. This would enable consumers to make informed choices among such items at the time of ordering.

Sincerely,

**Name :** Kelli Simpkins  
**Email** kas7@earthlink.net  
**Address** 363 2nd Street Apt. #2  
**City :** Brooklyn  
**State :** NY

**Resolution Comments - Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code**

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**From:** Barry Bush <eebush@aol.com>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 11:57 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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Dear Ms. Bryant,

Please include my comments as testimony in support of the proposals to add § 81.08 and §81.50 to Article 81 of the NYC Health Code. I understand that § 81.08 would restrict the serving of products containing artificial trans fats in NYC restaurants. §81.50 would require restaurants that make nutritional information available to post caloric information for individual items on menu boards and menus. This would enable consumers to make informed choices among such items at the time of ordering.

Seems to me that a process that produces trans fat, a known harmful substance, simply should not be permitted in our foods. Why would we allow our food, the very substance that is to nurture us and keep us healthy, be contaminated in such a way? I simply do not believe that companies should profit in this manner! .

Sincerely,

**Name :** Barry Bush  
**Email** eebush@aol.com  
**Address** 3130 Longshore Ave  
**City :** Phila  
**State :** PA

**Resolution Comments - Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code**

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**From:** rosemarie Alfaro <rosemariealfaro@mac.com>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 11:31 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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Dear Ms. Bryant,

Please include my comments as testimony in support of the proposals to add § 81.08 and §81.50 to Article 81 of the NYC Health Code. I understand that § 81.08 would restrict the serving of products containing artificial trans fats in NYC restaurants. §81.50 would require restaurants that make nutritional information available to post caloric information for individual items on menu boards and menus. This would enable consumers to make informed choices among such items at the time of ordering.

It's about time we take Transfats out of all foods! .

Sincerely,

**Name :** rosemarie Alfaro  
**Email** rosemariealfaro@mac.com  
**Address** 3120 Hancock Pl  
**City :** Fremont  
**State :** Ca

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**From:** Linda Reeves <openplains@hotmail.com>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 11:30 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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Dear Ms. Bryant,

Please include my comments as testimony in support of the proposals to add § 81.08 and §81.50 to Article 81 of the NYC Health Code. I understand that § 81.08 would restrict the serving of products containing artificial trans fats in NYC restaurants. §81.50 would require restaurants that make nutritional information available to post caloric information for individual items on menu boards and menus. This would enable consumers to make informed choices among such items at the time of ordering.

Sincerely,

**Name :** Linda Reeves  
**Email** openplains@hotmail.com  
**Address** 160 W. 77th St.  
**City :** New York  
**State :** NY

**Resolution Comments - Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code**

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**From:** Michele Raimondo <mraimondo@optonline.net>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 11:08 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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Dear Ms. Bryant,

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Sincerely,

**Name :** Michele Raimondo  
**Email** mraimondo@optonline.net  
**Address** 3 Nardiello Drive  
**City :** Garnerville  
**State :** NY

**Resolution Comments - Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code**

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**From:** dianne feeney <dianfeeney@aol.com>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 11:06 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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Sincerely,

**Name :** dianne feeney  
**Email** dianfeeney@aol.com  
**Address** 2109 Broadway apt.6-155  
**City :** new york  
**State :** new york

**Resolution Comments - Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code**

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**From:** "Dr. Lourdes Noboa - Bauza " <lbauza@msn.com>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 11:02 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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Dear Ms. Bryant,

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Sincerely,

**Name :** Dr. Lourdes Noboa - Bauza  
**Email** lbauza@msn.com  
**Address** 944 Columbus Avenue Apt. 3  
**City :** New York  
**State :** New York

**Resolution Comments - Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code**

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**From:** marilyn Ladner <uheal@aol..com>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 10:57 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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Dear Ms. Bryant,

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Sincerely,

**Name :** marilyn Ladner  
**Email** uheal@aol..com  
**Address** 330 west 58 st apt 14 a  
**City :** new york  
**State :** ny

**Resolution Comments - Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code**

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**From:** Andrew nolfo <scurvyelephant@optonline.net>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 10:50 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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Sincerely,

**Name :** Andrew nolfo  
**Email** scurvyelephant@optonline.net  
**Address** 1014 N Hamilton Road  
**City :** Lindenhurst  
**State :** NY

**Resolution Comments - Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code**

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**From:** Eva Natal <eeva7x@yahoo.com>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 10:49 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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Dear Ms. Bryant,

Please include my comments as testimony in support of the proposals to add § 81.08 and §81.50 to Article 81 of the NYC Health Code. I understand that § 81.08 would restrict the serving of products containing artificial trans fats in NYC restaurants. §81.50 would require restaurants that make nutritional information available to post caloric information for individual items on menu boards and menus. This would enable consumers to make informed choices among such items at the time of ordering.

Sincerely,

**Name :** Eva Natal  
**Email** eeva7x@yahoo.com  
**Address** 401 west 130th street room 1312b  
**City :** new york  
**State :** ny

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**From:** Audrey Hess <fredaudmas1@yahoo.com>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 10:25 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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Dear Ms. Bryant,

Please include my comments as testimony in support of the proposals to add § 81.08 and §81.50 to Article 81 of the NYC Health Code. I understand that § 81.08 would restrict the serving of products containing artificial trans fats in NYC restaurants. §81.50 would require restaurants that make nutritional information available to post caloric information for individual items on menu boards and menus. This would enable consumers to make informed choices among such items at the time of ordering.

As a Registered Dietitian concerned with the health of all of the world's people, I would applaud New York City to take this stand for health as an example for the rest of this country --and other countries--to follow. .

Sincerely,

**Name :** Audrey Hess  
**Email** fredaudmas1@yahoo.com  
**Address** 209 Hunterstown Rd  
**City :** Gettysburg  
**State :** PA

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**From:** Gigi Norman <gigi\_norman@yahoo.com>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 10:23 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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Dear Ms. Bryant,

Please include my comments as testimony in support of the proposals to add § 81.08 and §81.50 to Article 81 of the NYC Health Code. I understand that § 81.08 would restrict the serving of products containing artificial trans fats in NYC restaurants. §81.50 would require restaurants that make nutritional information available to post caloric information for individual items on menu boards and menus. This would enable consumers to make informed choices among such items at the time of ordering.

If this passes here in NY, it can be passed in Texas as well. .

Sincerely,

**Name :** Gigi Norman  
**Email** gigi\_norman@yahoo.com  
**Address** 6208 Kenshire Dr  
**City :** Colleyville  
**State :** TX

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**From:** Danielle Pacheco <dpach\_13@yahoo.com>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 10:23 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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Sincerely,

**Name :** Danielle Pacheco  
**Email** dpach\_13@yahoo.com  
**Address** 28 Deerwood Dr.  
**City :** Danielson  
**State :** ct

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**From:** regina anderson <ginany0110@aol.com>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 10:19 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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Please include my comments as testimony in support of the proposals to add § 81.08 and §81.50 to Article 81 of the NYC Health Code. I understand that § 81.08 would restrict the serving of products containing artificial trans fats in NYC restaurants. §81.50 would require restaurants that make nutritional information available to post caloric information for individual items on menu boards and menus. This would enable consumers to make informed choices among such items at the time of ordering.

Americans need to know what their eating and how trans fats is so harmful to there health. Please help educate the public so people don't suffer from poor health because of the poor quality of our food. .

Sincerely,

**Name :** regina anderson  
**Email** ginany0110@aol.com  
**Address** 59 dartmouth st  
**City :** rockville centre  
**State :** ny

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**From:** Sylvia Smith <wholebeingwellness@yahoo.com>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 10:13 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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Sincerely,

**Name :** Sylvia Smith  
**Email** wholebeingwellness@yahoo.com  
**Address** 245 East 83rd St #4d New York  
**City :** New York  
**State :** NY

**Resolution Comments - Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code**

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**From:** Natalie Howard <Barberchick@cox.net>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 10:07 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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Sincerely,

**Name :** Natalie Howard  
**Email** Barberchick@cox.net  
**Address** 123 N. Robson #218  
**City :** Mesa  
**State :** AZ

**Resolution Comments - Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code**

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**From:** Laurie <bodblessor@yahoo.com>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 9:57 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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The only thing good about vegetable oils is it can be used to fuel a vehicle! Try using coconut oil. Research it and find it's the MOST healthy oil to use! .

Sincerely,

**Name :** Laurie  
**Email** bodblessor@yahoo.com  
**Address** 8915 Guava Ave.  
**City :** Hesperia  
**State :** CA.

**Resolution Comments - Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code**

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**From:** Liz Cohen <liazon7@gmail.com>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 9:55 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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Sincerely,

**Name :** Liz Cohen  
**Email** liazon7@gmail.com  
**Address** 158 Gramercy Rd  
**City :** Bala Cynwyd  
**State :** PA

**Resolution Comments - Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code**

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**From:** Marian Schramm <mkschramm@comcast.net>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 9:52 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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I think this is a GOOD idea and there artificial aditives that should be thought about also but for now let's deal with the trans fat issue. May the rest of the nation follow in your steps NYC! .

Sincerely,

**Name :** Marian Schramm  
**Email** mkschramm@comcast.net  
**Address** 2611 N E 4th St #213  
**City :** Renton  
**State :** WA

**Resolution Comments - Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code**

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**From:** Rob Kidd <thehealingarts@optusnet.com.au>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 9:47 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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A Case for Coconut oil: The Re-discovery of Medium Chain Fatty Acids. Coconut oil is in many ways a unique gift of nature. It contains 92% saturated fatty acids, giving coconut oil important properties often lost under the dusty political cloud of the cholesterol debate. Quasi immune to light oxidation and highly resistant to rancidity the oil is functional as a safe nutritional source in most climates without the need for refrigeration or special storage conditions. However, the fact most lost in the furor over cholesterol is the differentiation of the different sub-groups of fatty acids and in particular the importance in particular of Medium Chain Fatty Acids. Modern researchers have discovered important health benefits and critical bodily functions that are supported by the pool of MCFAs available to the human body. The high concentration of Medium Chain Fatty Acids (MCFAs) of 62% is the critical aspect of why this tropical oil not only behaves differently to any other saturated fat, but is also deemed healthier than most unsaturated oils, the latter often having a much higher concentration of long chain fatty acids.. Generally MCFAs are of a smaller particle size thus requiring less energy and fewer enzymes for absorption, placing less strain on the digestive system . This is further enhanced by the fact that short and medium chain fatty acids are made soluble and absorbed in the aqueous phase of the intestinal contents and transported directly via the portal vein to the liver where they are consumed as an energy source similar to carbohydrates. MCFA have also been shown to assist the absorption and retention of calcium, magnesium and some amino acids as well supporting the healthy functioning of the thyroid. Notwithstanding all the bodily functions that may be enhanced by the consumption of MCFAs the most outstanding finding of modern research has been the capacity of certain MCFA to enhance the human immune system and actively participate in the capacity of the human body to fight virus, bacteria and fungi. The most important of these MCFAs that enhance and boost the bodies immune system are Caproic Acid, Caprylic Acid, Capric Acid and Lauric Acid and Myristic Acid It is however the powerful capacity of Lauric acid to immobilise harmful invaders of our body, which has excited researchers the most. Although Dr Jon Kabara had already noted the antimicrobial activity of lauric acid in 1966, it has been only in the last 10 years that the potential of all MCFA in fighting bacterial and viral infections has been realised. Furthermore, in addition to their capacity to inactivate pathogenic organisms, the use of MCFAs has shown no negative toxicological or pharmacological side effects. If anything MCFA have shown to weaken viruses or bacteria that show antibiotic resistance to such an extent that these drugs can actually function against these organisms, while the use of MCFAs over time has not shown any build-up of resistance by microbial organisms to these fatty acids. In practical terms, the consumption of MCFAs would not only boost the human immune system without fear of negative side effects, but also that they could be consumed to compliment the functions of general antibiotic treatments when their

effectiveness is decreased by built up resistance found in bacteria. MCFAs are effective mostly in their digested form or in the case of lauric acid: monolaurin. The effectiveness of monolaurin is based on the small size of the particle and the similarity in substance to the lipid (fat) membranes coating harmful microorganisms. Monolaurin is attracted to the virus and is then easily absorbed into its quasi fluid membrane weakening it to such a degree that it literally splits open, killing the organism and allowing the bodies own white blood cells to effectively clean and dispose of the remnants. These research results have lead to the incorporation of especially Caprylic, Capric and Lauric Acid into many accepted anti-viral/anti-bacterial pharmaceutical treatments today. The fact is that over 63% of coconut oil is made up of these three major fatty acids . In addition the majority, around 48%, is Lauric acid, the fundamental building block of our bodies immune system and the most effective anti-pathogenic of all MCFAs. At these concentrations it is only found in one other of natures products: Mothers Milk. .

Sincerely,

**Name :** Rob Kidd

**Email** thehealingarts@optusnet.com.au

**Address** 99 Tuckers Rock Road

**City :** Repton

**State :** NSW Australia

**Resolution Comments - Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code**

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**From:** Rose Anastasio <acrosea@optonline.net>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 9:44 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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Sincerely,

**Name :** Rose Anastasio  
**Email** acrosea@optonline.net  
**Address** 20 Outlook Lane  
**City :** Freehold  
**State :** NJ

**Resolution Comments - Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code**

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**From:** David Mita <integrityhealth@optonline.net>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 9:47 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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Sincerely,

**Name :** David Mita  
**Email** integrityhealth@optonline.net  
**Address** 23 Hazlett St  
**City :** morristown  
**State :** nJ

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**From:** Antony Zito <zitozone@yahoo.com>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 9:39 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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This is a great first step in making America less obese. Next will be the tobacco and pharmaceutical industries which are killing people by the millions. .

Sincerely,

**Name :** Antony Zito  
**Email** zitozone@yahoo.com  
**Address** 188 Suffolk Street 3B  
**City :** New York  
**State :** ny

**Resolution Comments - Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code**

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**From:** Sandy Dryman <smdryman@aol.com>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 9:37 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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Sincerely,

**Name :** Sandy Dryman  
**Email** smdryman@aol.com  
**Address** 82 Stewart Street  
**City :** Asheville  
**State :** NC

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**From:** Kathy <anything-at-all@just-for-you-homeremedies.com>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 9:33 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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Dear Ms. Bryant,

Please include my comments as testimony in support of the proposals to add § 81.08 and §81.50 to Article 81 of the NYC Health Code. I understand that § 81.08 would restrict the serving of products containing artificial trans fats in NYC restaurants. §81.50 would require restaurants that make nutritional information available to post caloric information for individual items on menu boards and menus. This would enable consumers to make informed choices among such items at the time of ordering.

I think banning trans fat is long overdue. I would like to see it banned everywhere. The trend will start with New York. Bravo! .

Sincerely,

**Name :** Kathy  
**Email** anything-at-all@just-for-you-homeremedies.com  
**Address** 315 Prospect  
**City :** Lewistown  
**State :** MT

**Resolution Comments - Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code**

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**From:** Srephanie Brunk <steph\_s\_r@yahoo.com>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 9:31 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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Dear Ms. Bryant,

Please include my comments as testimony in support of the proposals to add § 81.08 and §81.50 to Article 81 of the NYC Health Code. I understand that § 81.08 would restrict the serving of products containing artificial trans fats in NYC restaurants. §81.50 would require restaurants that make nutritional information available to post caloric information for individual items on menu boards and menus. This would enable consumers to make informed choices among such items at the time of ordering.

Please help set a healthy trend for the nation .

Sincerely,

**Name :** Srephanie Brunk  
**Email** steph\_s\_r@yahoo.com  
**Address** 11977 Saverio Lane  
**City :** Jacksonville  
**State :** Fl

**Resolution Comments - Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code**

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**From:** Michele Villar <michele.villar@gmail.com>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 9:25 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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Dear Ms. Bryant,

Please include my comments as testimony in support of the proposals to add § 81.08 and §81.50 to Article 81 of the NYC Health Code. I understand that § 81.08 would restrict the serving of products containing artificial trans fats in NYC restaurants. §81.50 would require restaurants that make nutritional information available to post caloric information for individual items on menu boards and menus. This would enable consumers to make informed choices among such items at the time of ordering.

Sincerely,

**Name :** Michele Villar  
**Email** michele.villar@gmail.com  
**Address** 24 Atlanta st.  
**City :** Brisbane  
**State :** Queensland

**Resolution Comments - Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code**

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**From:** Roni <roni\_gervase@yahoo.com>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 9:19 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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Dear Ms. Bryant,

Please include my comments as testimony in support of the proposals to add § 81.08 and §81.50 to Article 81 of the NYC Health Code. I understand that § 81.08 would restrict the serving of products containing artificial trans fats in NYC restaurants. §81.50 would require restaurants that make nutritional information available to post caloric information for individual items on menu boards and menus. This would enable consumers to make informed choices among such items at the time of ordering.

Sincerely,

**Name :** Roni  
**Email** roni\_gervase@yahoo.com  
**Address** 10880 rt 19a  
**City :** fillmore  
**State :** NY

**Resolution Comments - Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code**

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**From:** Myrriah Jannette <lunapastel@yahoo.com>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 9:19 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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Dear Ms. Bryant,

Please include my comments as testimony in support of the proposals to add § 81.08 and §81.50 to Article 81 of the NYC Health Code. I understand that § 81.08 would restrict the serving of products containing artificial trans fats in NYC restaurants. §81.50 would require restaurants that make nutritional information available to post caloric information for individual items on menu boards and menus. This would enable consumers to make informed choices among such items at the time of ordering.

Let's make the USA the healthiest country in the world. I want to be proud of the country I was raised in, how about you?! .

Sincerely,

**Name :** Myrriah Jannette  
**Email** lunapastel@yahoo.com  
**Address** 2936 N 2nd Street  
**City :** Harrisburg  
**State :** Pennsylvania

**Resolution Comments - Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code**

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**From:** judi stern <judster54@yahoo.com>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 8:55 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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Dear Ms. Bryant,

Please include my comments as testimony in support of the proposals to add § 81.08 and §81.50 to Article 81 of the NYC Health Code. I understand that § 81.08 would restrict the serving of products containing artificial trans fats in NYC restaurants. §81.50 would require restaurants that make nutritional information available to post caloric information for individual items on menu boards and menus. This would enable consumers to make informed choices among such items at the time of ordering.

Sincerely,

**Name :** judi stern  
**Email** judster54@yahoo.com  
**Address** 311 east 71 st  
**City :** NYC  
**State :** N Y

**Resolution Comments - Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code**

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**From:** Ingrid Kern <Ingridkern@myway.com>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 8:31 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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Dear Ms. Bryant,

Please include my comments as testimony in support of the proposals to add § 81.08 and §81.50 to Article 81 of the NYC Health Code. I understand that § 81.08 would restrict the serving of products containing artificial trans fats in NYC restaurants. §81.50 would require restaurants that make nutritional information available to post caloric information for individual items on menu boards and menus. This would enable consumers to make informed choices among such items at the time of ordering.

Sincerely,

**Name :** Ingrid Kern  
**Email** Ingridkern@myway.com  
**Address** 1375 Midvale Ave  
**City :** Los Angeles  
**State :** CA

**Resolution Comments - Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code**

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**From:** shelley buehner <shellbue@yahoo.com>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 8:27 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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Dear Ms. Bryant,

Please include my comments as testimony in support of the proposals to add § 81.08 and §81.50 to Article 81 of the NYC Health Code. I understand that § 81.08 would restrict the serving of products containing artificial trans fats in NYC restaurants. §81.50 would require restaurants that make nutritional information available to post caloric information for individual items on menu boards and menus. This would enable consumers to make informed choices among such items at the time of ordering.

let's get serious about saving lives in such a simple way - not just literally saving lives - but putting love back into ourselves, our bodies! everybody benefits when we are a happy, healthy planet of human beings. There are no losers when we are all looking out for the highest good of all, right!? peace, shell .

Sincerely,

**Name :** shelley buehner  
**Email** shellbue@yahoo.com  
**Address** 402 old oak rd.  
**City :** slc  
**State :** ut

**Resolution Comments - Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code**

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**From:** marianne gannon <beautymarked@aol.com>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 8:26 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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Dear Ms. Bryant,

Please include my comments as testimony in support of the proposals to add § 81.08 and §81.50 to Article 81 of the NYC Health Code. I understand that § 81.08 would restrict the serving of products containing artificial trans fats in NYC restaurants. §81.50 would require restaurants that make nutritional information available to post caloric information for individual items on menu boards and menus. This would enable consumers to make informed choices among such items at the time of ordering.

Sincerely,

**Name :** marianne gannon  
**Email** beautymarked@aol.com  
**Address** 120 brushy hill road  
**City :** danbury  
**State :** ct

**Resolution Comments - Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code**

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**From:** Jonathan Srabian <srabianj@yahoo.com>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 8:24 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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Dear Ms. Bryant,

Please include my comments as testimony in support of the proposals to add § 81.08 and §81.50 to Article 81 of the NYC Health Code. I understand that § 81.08 would restrict the serving of products containing artificial trans fats in NYC restaurants. §81.50 would require restaurants that make nutritional information available to post caloric information for individual items on menu boards and menus. This would enable consumers to make informed choices among such items at the time of ordering.

I am in strong support of these proposals! .

Sincerely,

**Name :** Jonathan Srabian  
**Email** srabianj@yahoo.com  
**Address** 8787 Shenandoah Park Dr #1005  
**City :** Conroe  
**State :** TX

**Resolution Comments - Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code**

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**From:** Kevin Mannion <kevinmannion@gmail.com>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 8:21 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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Dear Ms. Bryant,

Please include my comments as testimony in support of the proposals to add § 81.08 and §81.50 to Article 81 of the NYC Health Code. I understand that § 81.08 would restrict the serving of products containing artificial trans fats in NYC restaurants. §81.50 would require restaurants that make nutritional information available to post caloric information for individual items on menu boards and menus. This would enable consumers to make informed choices among such items at the time of ordering.

Sincerely,

**Name :** Kevin Mannion  
**Email** kevinmannion@gmail.com  
**Address** 7 Muriel Road  
**City :** Port Washington  
**State :** NY

**Resolution Comments - Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code**

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**From:** Connie Eberhart <connie@impactyourlife.org>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 8:19 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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Dear Ms. Bryant,

Please include my comments as testimony in support of the proposals to add § 81.08 and §81.50 to Article 81 of the NYC Health Code. I understand that § 81.08 would restrict the serving of products containing artificial trans fats in NYC restaurants. §81.50 would require restaurants that make nutritional information available to post caloric information for individual items on menu boards and menus. This would enable consumers to make informed choices among such items at the time of ordering.

It is about time! .

Sincerely,

**Name :** Connie Eberhart  
**Email** connie@impactyourlife.org  
**Address** 1301 Pine Street  
**City :** Santa Monica  
**State :** California

**Resolution Comments - Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code**

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**From:** Luis Delgado <luisdy@aol.com>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 8:11 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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Dear Ms. Bryant,

Please include my comments as testimony in support of the proposals to add § 81.08 and §81.50 to Article 81 of the NYC Health Code. I understand that § 81.08 would restrict the serving of products containing artificial trans fats in NYC restaurants. §81.50 would require restaurants that make nutritional information available to post caloric information for individual items on menu boards and menus. This would enable consumers to make informed choices among such items at the time of ordering.

Kudos for NY Health Department, keep it going in that direction. .

Sincerely,

**Name :** Luis Delgado  
**Email** luisdy@aol.com  
**Address** 16135 firestone lane  
**City :** Chino Hills  
**State :** ca

**Resolution Comments - Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code**

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**From:** Kayla Samascott <Melba83@aol.com>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 8:09 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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Sincerely,

**Name :** Kayla Samascott  
**Email** Melba83@aol.com  
**Address** 84 Albany Ave  
**City :** Kinderhook  
**State :** NY

**Resolution Comments - Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code**

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**From:** Sarah Austin <glossary@wildmail.com>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 8:07 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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Please include my comments as testimony in support of the proposals to add § 81.08 and §81.50 to Article 81 of the NYC Health Code. I understand that § 81.08 would restrict the serving of products containing artificial trans fats in NYC restaurants. §81.50 would require restaurants that make nutritional information available to post caloric information for individual items on menu boards and menus. This would enable consumers to make informed choices among such items at the time of ordering.

Sincerely,

**Name :** Sarah Austin  
**Email** glossary@wildmail.com  
**Address** 257 W 116TH ST #4F  
**City :** New York  
**State :** NY

**Resolution Comments - Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code**

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**From:** marilyn vachon <mr325@yahoo.com>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 7:38 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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Dear Ms. Bryant,

Please include my comments as testimony in support of the proposals to add § 81.08 and §81.50 to Article 81 of the NYC Health Code. I understand that § 81.08 would restrict the serving of products containing artificial trans fats in NYC restaurants. §81.50 would require restaurants that make nutritional information available to post caloric information for individual items on menu boards and menus. This would enable consumers to make informed choices among such items at the time of ordering.

As a holistically focused registered nurse with a desire to be a holistic nurse practitioner who whole heartedly believes food is medicine and the best way to treat disease is to prevent thru diet and exercise. I think it is great what you are doing. It is a sin how over weight this country is. Thank you Marilyn Vachon RN BSN .

Sincerely,

**Name :** marilyn vachon  
**Email** mr325@yahoo.com  
**Address** 12 yoke rd  
**City :** bridgewater  
**State :** ma

**Resolution Comments - Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code**

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**From:** marilyn vachon <mr325@yahoo.com>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 7:38 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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As a holistically focused registered nurse with a desire to be a holistic nurse practitioner who whole heartedly believes food is medicine and the best way to treat disease is to prevent thru diet and exercise. I think it is great what you are doing. It is a sin how over weight this country is. Thank you Marilyn Vachon RN BSN .

Sincerely,

**Name :** marilyn vachon  
**Email** mr325@yahoo.com  
**Address** 12 yoke rd  
**City :** bridgewater  
**State :** ma

**Resolution Comments - Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code**

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**From:** Penny bardsley <pbswim@comcast.net>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 7:37 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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Dear Ms. Bryant,

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Sincerely,

**Name :** Penny bardsley  
**Email** pbswim@comcast.net  
**Address** 7 Grove St.  
**City :** Byfield  
**State :** MA

**Resolution Comments - Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code**

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**From:** molly miller <molmoon24@yahoo.com>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 7:37 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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Sincerely,

**Name :** molly miller  
**Email** molmoon24@yahoo.com  
**Address** 3916 12th ave s  
**City :** minneapolis  
**State :** mn

**Resolution Comments - Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code**

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**From:** Boriana Jeleva <boriana333@yahoo.com>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 7:37 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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Sincerely,

**Name :** Boriana Jeleva  
**Email** boriana333@yahoo.com  
**Address** 75 Burbank St. apt 402  
**City :** Boston  
**State :** MA

**Resolution Comments - Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code**

---

**From:** coleen hulse <coleenah@aol.com>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 7:37 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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next, get the aspartame,msg"s,... out!!! Great example you are setting! You are #1 .

Sincerely,

**Name :** coleen hulse  
**Email** coleenah@aol.com  
**Address** 450 east main street  
**City :** catawissa  
**State :** pa

**Resolution Comments - Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code**

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**From:** "Claudia L. DeMegret " <cdemegret@earthlink.net>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 7:36 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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Sincerely,

**Name :** Claudia L. DeMegret  
**Email** cdemegret@earthlink.net  
**Address** 12 Roosevelt Court  
**City :** Brooklyn  
**State :** NY

**Resolution Comments - Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code**

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**From:** Odin Waters <chamfles@hotmail.com>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 7:36 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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Sincerely,

**Name :** Odin Waters  
**Email** chamfles@hotmail.com  
**Address** 389 Pine St.  
**City :** Providence  
**State :** Rhode Island

**Resolution Comments - Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code**

---

**From:** Jim Stephens <jstep363@yahoo.com>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 7:36 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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Thank you for helping to hold corporate fast food America as well as our city's restaurants and vendors who serve food to the fire on this one. Many of us have united with chefs, doctors, nurses, health counselors, concerned parents, entertainers, the service industry and the business community to free our restaurants of the dangerous and entirely preventable AMERICAN health problems caused by trans fat. I'm one of over 30K americans who have been touched by this plague of heart disease caused by eating trans fats. Like everyone else I didn't have a clue as to what they were or what they did to the body. Please help us to get the word out that trans fat must be eliminated or at the very least made known how they do affect our lives and what to do about it. .

Sincerely,

**Name :** Jim Stephens  
**Email** jstep363@yahoo.com  
**Address** 1125 Maple Creek Dr.  
**City :** Laporte  
**State :** Tx

**Resolution Comments - Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code**

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**From:** Melanie Moore <melanie\_480@hotmail.com>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 7:36 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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Dear Ms. Bryant,

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Sincerely,

**Name :** Melanie Moore  
**Email** melanie\_480@hotmail.com  
**Address** 4500 David Way  
**City :** San Bernardino  
**State :** California

**Resolution Comments - Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code**

---

**From:** Shanna Bachman <shanna3476@yahoo.com>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 7:35 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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Dear Ms. Bryant,

Please include my comments as testimony in support of the proposals to add § 81.08 and §81.50 to Article 81 of the NYC Health Code. I understand that § 81.08 would restrict the serving of products containing artificial trans fats in NYC restaurants. §81.50 would require restaurants that make nutritional information available to post caloric information for individual items on menu boards and menus. This would enable consumers to make informed choices among such items at the time of ordering.

I was born and raised in NY and still visit often. I would like this to go through as I feel the quality of our food, especially fast foods, is poor and needs to be regulated with people's health and livelihood in mind. This is a good thing and definitely needed. .

Sincerely,

**Name :** Shanna Bachman  
**Email** shanna3476@yahoo.com  
**Address** 1940 Bay Drive West #9  
**City :** Miami  
**State :** Florida

**Resolution Comments - Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code**

---

**From:** Loretta Mannion <lorettak@verizon.net>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 7:35 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

---

Dear Ms. Bryant,

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Sincerely,

**Name :** Loretta Mannion  
**Email** lorettak@verizon.net  
**Address** 7 Muriel Road  
**City :** Port Washington  
**State :** NY

**Resolution Comments - Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code**

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**From:** Roseann Heyl <RHeyl98@aol.co>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 7:34 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

---

Dear Ms. Bryant,

Please include my comments as testimony in support of the proposals to add § 81.08 and §81.50 to Article 81 of the NYC Health Code. I understand that § 81.08 would restrict the serving of products containing artificial trans fats in NYC restaurants. §81.50 would require restaurants that make nutritional information available to post caloric information for individual items on menu boards and menus. This would enable consumers to make informed choices among such items at the time of ordering.

Sincerely,

**Name :** Roseann Heyl  
**Email** RHeyl98@aol.co,  
**Address** 1236 Plane Street  
**City :** Union  
**State :** New Jersey

**Resolution Comments - Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code**

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**From:** Amanda Murphy <amurphyhnc@yahoo.com>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 7:32 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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Dear Ms. Bryant,

Please include my comments as testimony in support of the proposals to add § 81.08 and §81.50 to Article 81 of the NYC Health Code. I understand that § 81.08 would restrict the serving of products containing artificial trans fats in NYC restaurants. §81.50 would require restaurants that make nutritional information available to post caloric information for individual items on menu boards and menus. This would enable consumers to make informed choices among such items at the time of ordering.

Sincerely,

**Name :** Amanda Murphy  
**Email** amurphyhnc@yahoo.com  
**Address** 481 Buck Island Rd #25A  
**City :** Yarmouth  
**State :** MA

**Resolution Comments - Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code**

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**From:** Beth Martin <maymuna26@yahoo.com>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 7:31 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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Dear Ms. Bryant,

Please include my comments as testimony in support of the proposals to add § 81.08 and §81.50 to Article 81 of the NYC Health Code. I understand that § 81.08 would restrict the serving of products containing artificial trans fats in NYC restaurants. §81.50 would require restaurants that make nutritional information available to post caloric information for individual items on menu boards and menus. This would enable consumers to make informed choices among such items at the time of ordering.

Sincerely,

**Name :** Beth Martin  
**Email** maymuna26@yahoo.com  
**Address** 3111 SE 73rd Avenue  
**City :** Portland  
**State :** OR

**Resolution Comments - Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code**

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**From:** Tara Jungclaus <tjungclaus@yahoo.com>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 7:30 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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Dear Ms. Bryant,

Please include my comments as testimony in support of the proposals to add § 81.08 and §81.50 to Article 81 of the NYC Health Code. I understand that § 81.08 would restrict the serving of products containing artificial trans fats in NYC restaurants. §81.50 would require restaurants that make nutritional information available to post caloric information for individual items on menu boards and menus. This would enable consumers to make informed choices among such items at the time of ordering.

Sincerely,

**Name :** Tara Jungclaus  
**Email** tjungclaus@yahoo.com  
**Address** 10151 Kale Ave.  
**City :** Glencoe  
**State :** MN

**Resolution Comments - Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code**

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**From:** Kimberly Beroset <kimberly@beroset.net>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 7:30 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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Dear Ms. Bryant,

Please include my comments as testimony in support of the proposals to add § 81.08 and §81.50 to Article 81 of the NYC Health Code. I understand that § 81.08 would restrict the serving of products containing artificial trans fats in NYC restaurants. §81.50 would require restaurants that make nutritional information available to post caloric information for individual items on menu boards and menus. This would enable consumers to make informed choices among such items at the time of ordering.

Please consider the importance of wiping out transfat in the American diet and save our population. .

Sincerely,

**Name :** Kimberly Beroset  
**Email** kimberly@beroset.net  
**Address** 1456 Princeton Rd  
**City :** Muskegon  
**State :** MI

**Resolution Comments - Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code**

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**From:** "Chee-Yian Low " <yianylen@hotmail.com>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 7:30 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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Dear Ms. Bryant,

Please include my comments as testimony in support of the proposals to add § 81.08 and §81.50 to Article 81 of the NYC Health Code. I understand that § 81.08 would restrict the serving of products containing artificial trans fats in NYC restaurants. §81.50 would require restaurants that make nutritional information available to post caloric information for individual items on menu boards and menus. This would enable consumers to make informed choices among such items at the time of ordering.

Sincerely,

**Name :** Chee-Yian Low  
**Email** yianylen@hotmail.com  
**Address** 2201 Rockbrook Dr. #1436  
**City :** Lewisville  
**State :** Texas

**Resolution Comments - Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code**

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**From:** Doris Sommers <dosommers@yahoo.com>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 7:27 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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Dear Ms. Bryant,

Please include my comments as testimony in support of the proposals to add § 81.08 and §81.50 to Article 81 of the NYC Health Code. I understand that § 81.08 would restrict the serving of products containing artificial trans fats in NYC restaurants. §81.50 would require restaurants that make nutritional information available to post caloric information for individual items on menu boards and menus. This would enable consumers to make informed choices among such items at the time of ordering.

Sincerely,

**Name :** Doris Sommers  
**Email** dosommers@yahoo.com  
**Address** 95 Upland Road  
**City :** New Milford  
**State :** CT

**Resolution Comments - Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code**

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**From:** Brenda Stokes <abcstokes@rcn.com>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 7:29 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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Dear Ms. Bryant,

Please include my comments as testimony in support of the proposals to add § 81.08 and §81.50 to Article 81 of the NYC Health Code. I understand that § 81.08 would restrict the serving of products containing artificial trans fats in NYC restaurants. §81.50 would require restaurants that make nutritional information available to post caloric information for individual items on menu boards and menus. This would enable consumers to make informed choices among such items at the time of ordering.

A Healthy Big Apple!! .

Sincerely,

**Name :** Brenda Stokes  
**Email** abcstokes@rcn.com  
**Address** 443 Wastena Ter  
**City :** Ridgewood  
**State :** New Jersey

**Resolution Comments - Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code**

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**From:** Christine Tracy <tinoridus@yahoo.com>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 7:29 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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Dear Ms. Bryant,

Please include my comments as testimony in support of the proposals to add § 81.08 and §81.50 to Article 81 of the NYC Health Code. I understand that § 81.08 would restrict the serving of products containing artificial trans fats in NYC restaurants. §81.50 would require restaurants that make nutritional information available to post caloric information for individual items on menu boards and menus. This would enable consumers to make informed choices among such items at the time of ordering.

Sincerely,

**Name :** Christine Tracy  
**Email** tinoridus@yahoo.com  
**Address** 2330 Berg St.  
**City :** Pittsburgh  
**State :** PA

**Resolution Comments - Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code**

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**From:** Susan McEwing <mcewings@aol.com>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 7:29 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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Dear Ms. Bryant,

Please include my comments as testimony in support of the proposals to add § 81.08 and §81.50 to Article 81 of the NYC Health Code. I understand that § 81.08 would restrict the serving of products containing artificial trans fats in NYC restaurants. §81.50 would require restaurants that make nutritional information available to post caloric information for individual items on menu boards and menus. This would enable consumers to make informed choices among such items at the time of ordering.

I would strongly recommend that NYC step up and lead our nation back to good health! If NYC bans trans fats, many other cities in the US will follow. I urge you to take this important step! .

Sincerely,

**Name :** Susan McEwing  
**Email** mcewings@aol.com  
**Address** 56 Lincoln Street, Unit #1  
**City :** Essex Junction  
**State :** VT

**Resolution Comments - Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code**

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**From:** Terri Franks <terrifranks@cox.net>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 7:29 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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Dear Ms. Bryant,

Please include my comments as testimony in support of the proposals to add § 81.08 and §81.50 to Article 81 of the NYC Health Code. I understand that § 81.08 would restrict the serving of products containing artificial trans fats in NYC restaurants. §81.50 would require restaurants that make nutritional information available to post caloric information for individual items on menu boards and menus. This would enable consumers to make informed choices among such items at the time of ordering.

By passing the TFF-NYC, hope remains for the rest of us not living in NYC, to get on the \bandwagon\! .

Sincerely,

**Name :** Terri Franks  
**Email** terrifranks@cox.net  
**Address** 7980 E Calle Villa Rica  
**City :** Tucson  
**State :** AZ

**Resolution Comments - Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code**

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**From:** marcia cope <marciacope@yahoo.com>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 7:28 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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Dear Ms. Bryant,

Please include my comments as testimony in support of the proposals to add § 81.08 and §81.50 to Article 81 of the NYC Health Code. I understand that § 81.08 would restrict the serving of products containing artificial trans fats in NYC restaurants. §81.50 would require restaurants that make nutritional information available to post caloric information for individual items on menu boards and menus. This would enable consumers to make informed choices among such items at the time of ordering.

Informed decisions that help people's health and well-being makes sense. .

Sincerely,

**Name :** marcia cope  
**Email** marciacope@yahoo.com  
**Address** 3382 Coles Mill Rd  
**City :** Franklinville  
**State :** NJ

**Resolution Comments - Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code**

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**From:** "SALLY-ANN CORNACCHIO " <FOODNUT123@AOL.COM>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 7:28 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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Dear Ms. Bryant,

Please include my comments as testimony in support of the proposals to add § 81.08 and §81.50 to Article 81 of the NYC Health Code. I understand that § 81.08 would restrict the serving of products containing artificial trans fats in NYC restaurants. §81.50 would require restaurants that make nutritional information available to post caloric information for individual items on menu boards and menus. This would enable consumers to make informed choices among such items at the time of ordering.

Sincerely,

**Name :** SALLY-ANN CORNACCHIO  
**Email** FOODNUT123@AOL.COM  
**Address** 366 BURGHER AVENUE, APT 1A  
**City :** staten island  
**State :** NY

**Resolution Comments - Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code**

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**From:** regina anderson <ginany0110@aol.com>  
**To:** <resolutioncomments@health.nyc.gov>  
**Date:** 10/20/2006 10:19 PM  
**Subject:** Support proposal to add §81.08 and §81.50 to Article 81 of the NYC Health Code

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Dear Ms. Bryant,

Please include my comments as testimony in support of the proposals to add § 81.08 and §81.50 to Article 81 of the NYC Health Code. I understand that § 81.08 would restrict the serving of products containing artificial trans fats in NYC restaurants. §81.50 would require restaurants that make nutritional information available to post caloric information for individual items on menu boards and menus. This would enable consumers to make informed choices among such items at the time of ordering.

Americans need to know what their eating and how trans fats is so harmful to there health. Please help educate the public so people don't suffer from poor health because of the poor quality of our food. .

Sincerely,

**Name :** regina anderson  
**Email** ginany0110@aol.com  
**Address** 59 dartmouth st  
**City :** rockville centre  
**State :** ny