

新冠後護理診所

一些患過 2019 冠狀病毒病 (COVID-19) 的人士在出現最初症狀後的數週或數月內仍會有健康問題，其中包括疲勞、呼吸急促、咳嗽、神志不清、肌肉和關節或胸部疼痛，以及其他症狀。這被稱為 **COVID-19 急性期後綜合症**，也叫**長期新冠病或慢性新冠病**。紐約市 (NYC) 的幾家醫院都設有專門診所，為患過 COVID-19 的患者提供後續護理。新冠後護理診所匯集了來自不同科室（包括肺病科、心臟病科、康復科、神經科和心理健康領域）的臨床團隊，以提供全面的治療。令外還設有康復和物理治療診所，為正在從 COVID-19 中康復的人士提供專門服務。

以下是新冠後護理診所列表，服務對象是在患過 COVID-19 後仍存在健康問題的患者，以及為需要專科護理的患者提供轉介服務的健康照護提供者。此列表可能不涵蓋所有紐約市的診所。請聯繫您的健康照護提供者，查看醫療機構的網站，或致電醫療機構，以獲取最新資訊。

醫療系統	診所名稱	地址	聯繫方式	網頁 URL
Bronx				
BronxCare Health System (formerly Bronx Lebanon)	Post-COVID Care Clinic	Pulmonary Clinic 199 Mount Eden Ave. 7th Floor, Bronx, NY 10457	718-992-7669	bronxcare.org/
Health + Hospitals	NYC Health + Hospitals/Gotham Health, Tremont COVID-19 Center of Excellence	1920 Webster Ave. Bronx, NY 10457	844-692-4692 或 212-268-4319	nyhealthandhospitals.org/covid-19-center-of-excellence/
Montefiore Health System	COVID-19 Recovery (CORE) Clinic	Medical Arts Pavilion 3400 Bainbridge Ave., Second Floor Bronx, NY 10467	844-556-6683 分機 #36	einstein.yu.edu/departments/medicine/divisions/pulmonary-medicine/CORE.aspx

Brooklyn				
Health + Hospitals	NYC Health + Hospitals/Gotham Health, Broadway COVID-19 Center of Excellence*	815 Broadway Brooklyn, NY 11206	844-692-4692 或 212-268-4319	nyhealthandhospitals.org/covid-19-center-of-excellence/ * 布魯克林地點即將營業，請致電獲取更多資訊。
Maimonides Medical Center	Maimonides Center for Post-COVID Care	948 48th St. Brooklyn, NY 11219	718-283-5815	maimonidesmed.org/
	Shaknovich Cardiovascular Wellness Institute	3209 Coney Island Ave. Brooklyn, NY	718-635-5577	
	Maimonides Children's Hospital Post-COVID Recovery Program	949 48th St. Brooklyn, NY 11219	718-283-1244	
University Hospital of Brooklyn – SUNY Downstate	Post-COVID-19 Care Clinic	470 Clarkson Ave., Suite R, Brooklyn, NY 11203	718-270-7207	downstate.edu/news_releases/2020/05-18-2020.html
Manhattan				
Mount Sinai Health System	Center for Post-COVID Care	Mount Sinai-Union Square 10 Union Square East New York, NY 10003	212-844-6300	mountsinai.org/about/covid19/center-post-covid-care
New York Presbyterian Health System	Weill Cornell Post-ICU Recovery Clinic and Pulmonary Clinic	425 E. 61st St., 11th Floor (post-ICU)/4th Floor (pulm) New York, NY 10065	646-962-2333	weillcornell.org/post-icu-recovery-clinic
	CUMC COVID-19 Rehabilitation Program	622 W. 168th St. New York, NY 10032	212-305-3535	cumc.columbia.edu/rehab/patient-resources/covid-19-rehabilitation-program

NYC Langone Health	Rusk Rehab at NYU Langone Health	240 E. 38th St., 15th Floor New York, NY 10016	212-263-6037	med.nyu.edu/rusk/rusk-rehab-nyu-langone-health
Northwell Health	COVID Ambulatory Resource Support (CARES)	多個地點和線上選擇	855-569-4227	northwell.edu/coronavirus-covid-19/cares-program
Queens				
Health + Hospitals	NYC Health + Hospitals/Gotham Health, Roosevelt COVID-19 Center of Excellence	37-50 72nd St. Jackson Heights, NY 11372	844-692-4692 或 212-268-4319	nyhealthandhospitals.org/covid-19-center-of-excellence/
Medisys Health Network: Jamaica/Flushing Hospitals	Post-COVID Care Center	MediSys-Hollis Tudors Clinic 200-16 Hollis Ave. St. Albans, NY 11412	718-736-8204	jamaicahospital.org/post-covid-care-center/ flushinghospital.org/clinical-services/post-covid-care-center
Northwell Health	COVID Ambulatory Resource Support (CARES)	多個地點和線上選擇	855-569-4227	northwell.edu/coronavirus-covid-19/cares-program
Manhattan				
Mount Sinai Health System	Center for Post-COVID Care	Mount Sinai-Union Square 10 Union Square East New York, NY 10003	212-844-6300	mountsinai.org/about/covid19/center-post-covid-care
H&D Physical Therapy	COVID Rehab Clinic at H&D Midtown	815 2nd Ave, #701 (at E. 43rd St) New York, NY 10017	212-921-0214 consult@covidpt.org	hdphysicaltherapy.com/post-covid/ Online Covid Bootcamp

New York Presbyterian Health System	Weill Cornell Post-ICU Recovery Clinic and Pulmonary Clinic	425 E. 61st St. 11th Floor (post-ICU)/4th Floor (pulm) New York, NY 10065	646-962-2333 rehab@med.cornell.edu	weillcornell.org/post-icu-recovery-clinic
	CUMC COVID-19 Rehabilitation Program	622 W. 168th St. New York, NY 10032	212-305-3535 rehabmed_help@cumc.columbia.edu	cumc.columbia.edu/rehab/patient-resources/covid-19-rehabilitation-program
NYU Langone Health	Rusk Rehab at NYU Langone Health	240 E. 38th St., 15th Floor New York, NY 10016	212-263-6037	med.nyu.edu/rusk/rusk-rehab-nyu-langone-health
Northwell Health	COVID Ambulatory Resource Support (CARES)	多個地點和線上選擇	855-569-4227	northwell.edu/coronavirus-covid-19/cares-program
Staten Island				
Richmond University Medical Center	Post-COVID-19 Care Center	288 Kissel Ave. Staten Island, NY 10310	718-818-1500	rumcsi.org/postcovidcare
Northwell Health	Staten Island University Hospital Post-COVID Recovery Center	475 Seaview Avenue, Staten Island, New York 10305	718-226-6494	siuh.northwell.edu/post-covid-recovery-center
在紐約市內外有多個地點				
Motion PT Recovery	Post-Acute COVID Recovery Program Clinics	多個地點、線上和上門選擇	347-745-0122	motionptg.com/post-covid-recovery-program/

Mount Sinai Trusted Rehabilitation Network	Post-COVID Rehabilitation Clinics*	多個地點、線上和 上門選擇	646-689-3276	mountsinai.org/care/rehab-medicine/services/physical-occupational-therapy/provider-network *診所將被標注為受過新冠培訓
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NYC 衛生局可能會順應形勢調整建議。

4.5.2021