

Centri di assistenza post-COVID

Alcune persone che hanno avuto il COVID-19 continuano ad avere problemi di salute per settimane o mesi dopo la malattia iniziale tra cui stanchezza, fiato corto, tosse, confusione, dolori muscolari, articolari o al petto e altri sintomi. Questi problemi sono noti come **sindrome post COVID-19 acuta, definita anche come COVID lungo o COVID cronico**. Diversi ospedali della Città di New York (NYC) hanno centri specializzati in grado di fornire cure successive a coloro che hanno avuto il COVID-19. I centri di cura post-COVID raggruppano personale medico con diverse specializzazioni (tra cui pneumologia, cardiologia, riabilitazione, neurologia e salute mentale) per fornire un trattamento completo. Esistono anche centri di riabilitazione e terapia fisica con servizi specializzati per persone che si stanno riprendendo dal COVID-19.

Qui di seguito è riportato un elenco di centri di assistenza post COVID-19 per i pazienti che hanno problemi di salute dopo il COVID-19 e per consentire agli operatori sanitari di indirizzare i pazienti che richiedono cure specialistiche. L'elenco potrebbe non riportare tutti i centri presenti in NYC. Verifica con il tuo operatore sanitario, sui siti web delle strutture, o chiama le strutture per avere le informazioni più aggiornate.

Sistema sanitario	Nome del centro	Indirizzo	Contatto	URL
Bronx				
BronxCare Health System (formerly Bronx Lebanon)	Post-COVID Care Clinic	Pulmonary Clinic 199 Mount Eden Ave. 7th Floor, Bronx, NY 10457	718-992-7669	bronxcare.org/
Health + Hospitals	NYC Health + Hospitals/Gotham Health, Tremont COVID-19 Center of Excellence	1920 Webster Ave. Bronx, NY 10457	844-692-4692 o 212-268-4319	nychealthandhospitals.org/covid-19-center-of-excellence/

Montefiore Health System	COVID-19 Recovery (CORE) Clinic	Medical Arts Pavilion 3400 Bainbridge Ave., Second Floor Bronx, NY 10467	844-556-6683 Interno #36	einstein.yu.edu/departments/medicine/divisions/pulmonary-medicine/CORE.aspx
Brooklyn				
Health + Hospitals	NYC Health + Hospitals/Gotham Health, Broadway COVID-19 Center of Excellence*	815 Broadway Brooklyn, NY 11206	844-692-4692 o 212-268-4319	nychealthandhospitals.org/covid-19-center-of-excellence/ *La sede di Brooklyn sarà inserita a breve, chiama per ulteriori informazioni.
Maimonides Medical Center	Maimonides Center for Post-COVID Care	948 48th St. Brooklyn, NY 11219	718-283-5815	maimonidesmed.org/
	Shaknovich Cardiovascular Wellness Institute	3209 Coney Island Ave. Brooklyn, NY	718-635-5577	
	Maimonides Children's Hospital Post-COVID Recovery Program	949 48th St. Brooklyn, NY 11219	718-283-1244	
University Hospital of Brooklyn – SUNY Downstate	Post-COVID-19 Care Clinic	470 Clarkson Ave., Suite R, Brooklyn, NY 11203	718-270-7207	downstate.edu/news_releases/2020/05-18-2020.html
Manhattan				
Mount Sinai Health System	Center for Post-COVID Care	Mount Sinai-Union Square 10 Union Square East New York, NY 10003	212-844-6300	mountsinai.org/about/covid19/center-post-covid-care

New York Presbyterian Health System	Weill Cornell Post-ICU Recovery Clinic and Pulmonary Clinic	425 E. 61st St., 11th Floor (post-ICU)/4th Floor (pulm) New York, NY 10065	646-962-2333	weillcornell.org/post-icu-recovery-clinic
	CUMC COVID-19 Rehabilitation Program	622 W. 168th St. New York, NY 10032	212-305-3535	cumc.columbia.edu/rehab/patient-resources/covid-19-rehabilitation-program
NYC Langone Health	Rusk Rehab at NYU Langone Health	240 E. 38th St., 15th Floor New York, NY 10016	212-263-6037	med.nyu.edu/rusk/rusk-rehab-nyu-langone-health
Northwell Health	COVID Ambulatory Resource Support (CARES)	Sedi diverse e opzioni virtuali	855-569-4227	northwell.edu/coronavirus-covid-19/cares-program
Queens				
Health + Hospitals	NYC Health + Hospitals/Gotham Health, Roosevelt COVID-19 Center of Excellence	37-50 72nd St. Jackson Heights, NY 11372	844-692-4692 o 212-268-4319	nyhealthandhospitals.org/covid-19-center-of-excellence/
Medisys Health Network: Jamaica/Flushing Hospitals	Post-COVID Care Center	MediSys-Hollis Tudors Clinic 200-16 Hollis Ave. St. Albans, NY 11412	718-736-8204	jamaicahospital.org/post-covid-care-center/ flushinghospital.org/clinical-services/post-covid-care-center
Northwell Health	COVID Ambulatory Resource Support (CARES)	Sedi diverse e opzioni virtuali	855-569-4227	northwell.edu/coronavirus-covid-19/cares-program
Manhattan				

Mount Sinai Health System	Center for Post-COVID Care	Mount Sinai-Union Square 10 Union Square East New York, NY 10003	212-844-6300	mountsinai.org/about/covid19/center-post-covid-care
H&D Physical Therapy	COVID Rehab Clinic at H&D Midtown	815 2nd Ave, #701 (at E. 43rd St) New York, 10017	212-921-0214 consult@covidpt.org	hdphysicaltherapy.com/post-covid/ Bootcamp Covid on-line
New York Presbyterian Health System	Weill Cornell Post-ICU Recovery Clinic and Pulmonary Clinic	425 E. 61st St., 11th Floor (post-ICU)/4th Floor (pulm) New York, NY 10065	646-962-2333 rehab@med.cornell.edu	weillcornell.org/post-icu-recovery-clinic
	CUMC COVID-19 Rehabilitation Program	622 W. 168th St. New York, NY 10032	212-305-3535 rehabmed_help@cumc.columbia.edu	cumc.columbia.edu/rehab/patient-resources/covid-19-rehabilitation-program
NYU Langone Health	Rusk Rehab at NYU Langone Health	240 E. 38th St., 15th Floor New York, NY 10016	212-263-6037	med.nyu.edu/rusk/rusk-rehab-nyu-langone-health
Northwell Health	COVID Ambulatory Resource Support (CARES)	Sedi diverse e opzioni virtuali	855-569-4227	northwell.edu/coronavirus-covid-19/cares-program
Staten Island				
Richmond University Medical Center	Post-COVID-19 Care Center	288 Kissel Ave. Staten Island, NY 10310	718-818-1500	rumcsi.org/postcovidcare
Northwell Health	Staten Island University Hospital Post-COVID Recovery Center	475 Seaview Avenue, Staten Island, New York 10305	718-226-6494	siuh.northwell.edu/post-covid-recovery-center
Sedi diverse dentro e fuori NYC				

Motion PT Recovery	Post-Acute COVID Recovery Program Clinics	Sedi diverse e opzioni virtuali	347-745-0122	motionptg.com/post-covid-recovery-program/
Mount Sinai Trusted Rehabilitation Network	Post-COVID Rehabilitation Clinics*	Sedi diverse, opzioni virtuali e a domicilio	646-689-3276	mountsinai.org/care/rehab-medicine/services/physical-occupational-therapy/provider-network *Gli ambulatori saranno indicati come specializzati in COVID

Il Dipartimento della salute NYC potrà modificare le raccomandazioni in base all'evolversi della situazione.

4.5.2021