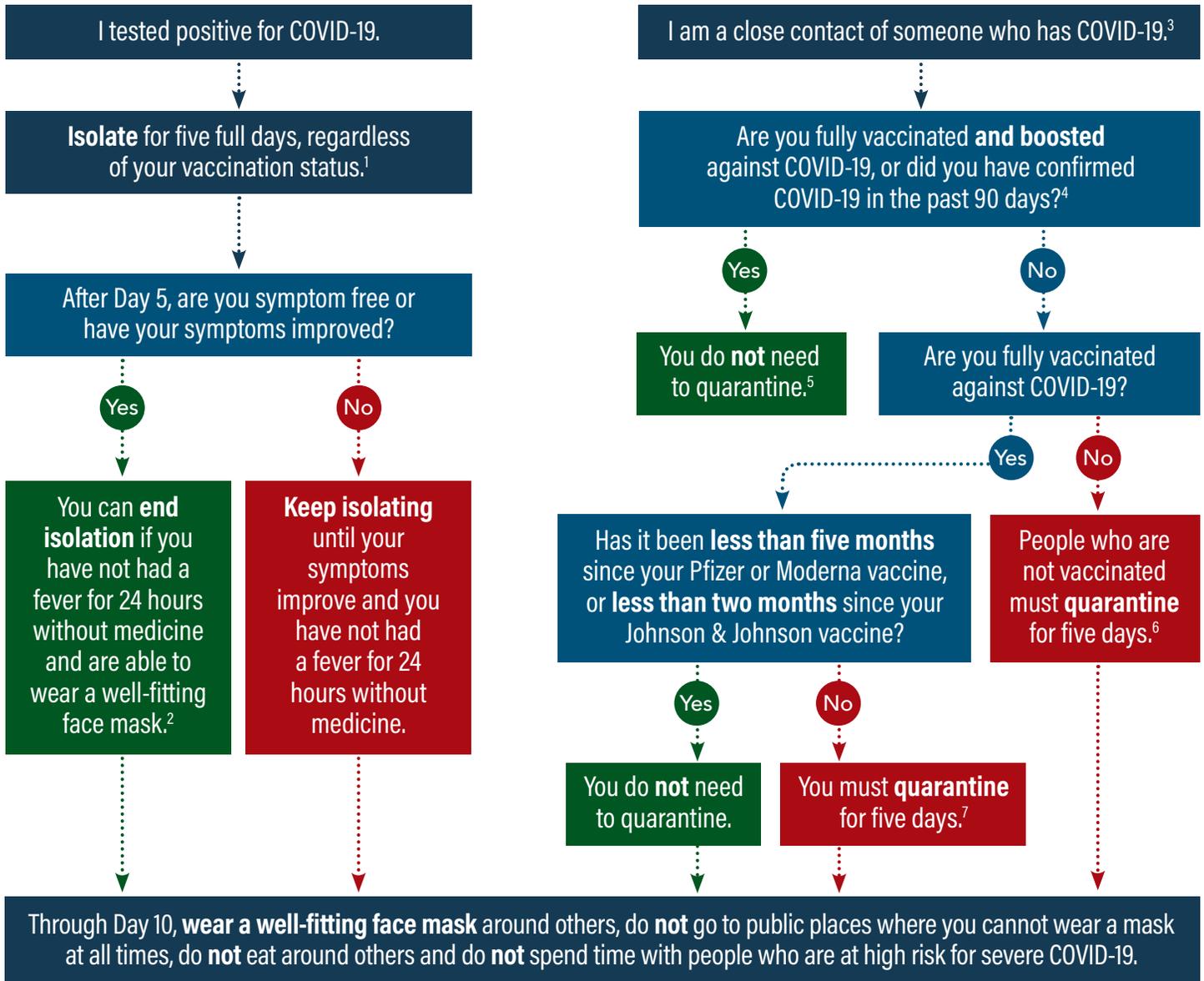


# What To Do if You Test Positive for COVID-19 or Are a Close Contact

The flowchart below shows general isolation and quarantine guidance. Check with your school or employer as they may have different guidance.



<sup>1</sup> Day 1 is the day after your symptoms began or positive test date.

<sup>2</sup> If you take another COVID-19 test on Day 5 and **test negative**, you can end isolation and should wear a well-fitting face mask around others for five days. If you **test positive**, keep isolating for another five days.

<sup>3</sup> A close contact is anyone who has been within 6 feet for at least 15 minutes over a 24-hour period of someone who has COVID-19 (even if wearing face masks). A person can have COVID-19 two days before their symptoms begin (or if no symptoms, two days before they test positive).

<sup>4</sup> Fully vaccinated means it has been at least two weeks since your Johnson & Johnson vaccine, or the second dose of your Pfizer or Moderna vaccine.

<sup>5</sup> Children ages 5 to 11 who completed their initial COVID-19 vaccine series at least two weeks ago also do not need to quarantine since they are not eligible for a booster shot.

<sup>6</sup> Day 1 is the day after your last close contact with someone who has COVID-19.

<sup>7</sup> Booster shots are available for people who are fully vaccinated. For more information, visit [nyc.gov/covidvaccine](https://nyc.gov/covidvaccine).

For more information, visit [on.nyc.gov/quarantine-isolation](https://on.nyc.gov/quarantine-isolation).

The NYC Health Department may change recommendations as the situation evolves. 2.4.22