



CLINICAL TOOLS AND RESOURCES TO ADDRESS PHYSICAL AND MENTAL HEALTH

Billing Guides

- Hepatitis C Billing Codes
- Mental Health Services Billing Guide for Small and Large Practices
- New York State Tobacco Cessation Counseling Information and Billing Codes
- Recommended ICD-10 Codes for PrEP and PEP

Coaching Guides

- A Guide to Clinical and Patient Communication Strategies on Depression
- Diabetes Prevention and Management Coaching Guide
- Effective Communication Strategies to Manage Hypertension: A Coaching Guide
- Help Your Patients Quit Smoking Coaching Guide
- Help Your Pregnant and Postpartum Patients Quit Smoking: A Coaching Guide

Interactive Flip Charts

- Do You Know How Much Sodium is in Your Food? Flip Chart
English/Spanish
- Let's Learn About Depression Flip Chart
English/Spanish

Patient Questionnaires/Assessments/Screening Practices

- Alcohol Screening and Counseling for Patients with Hepatitis
- Hepatitis C Risk Assessment
- HIV Testing, Reporting and Partner Notification: A Provider's Guide
- Medication Adherence Assessment
English/Spanish
- Patient Health Questionnaire 9 (PHQ-9)
English/Spanish
- Tobacco Patient Questionnaire
English/Spanish

Prescribing Practices

- Detecting and Treating Depression in Adults City Health Information
- Naloxone Prescribing Guidelines
- OpioidCalc App (iOS and Android)
- Sexual and Reproductive Health Care Best Practices for Adolescents and Adults
- Smoking Cessation Medication Prescribing Chart
- Sexually Transmitted Infections Treatment Guidelines



CLINICAL TOOLS AND RESOURCES TO ADDRESS PHYSICAL AND MENTAL HEALTH

Self-Management Goal Setting Tools

- Healthy Eating and Active Living Prescription Pad
English/Spanish

Note: Can be used with the Guide to Healthy Eating and Active Living in New York City

- My Self-Management Goal for Depression
English/Spanish

Healthy Eating Planning Tools

- Adult Plate Planner
English, Spanish

- Guide to Healthy Eating and Active Living in New York City
English, Spanish, Traditional Chinese, Simplified Chinese, Russian, Korean, French, Arabic, Italian, Haitian Creole, Polish, Urdu, Yiddish and Bengali

Tracking Cards

- Blood Pressure Tracking Card
English, Spanish, Traditional Chinese, Russian, Korean, French, Bengali, Tagalog and Urdu

- Diabetes Checkbook
English, Spanish, Traditional Chinese, Russian and Bengali

- My Medication List
English, Spanish, Traditional Chinese, Russian, French and Bengali

- My Medication List (wallet-sized)
English, Spanish, Traditional Chinese, Russian, French and Bengali

Call 866-692-3641 to order many of the above materials. To download electronic copies, visit nyc.gov/health and search for “public health action kits.”