



— GUIDE TO —  
**SMOKING  
AND VAPING  
CESSATION  
PROGRAMS**  
IN NEW YORK CITY

**Still  
smoking or  
vaping?**  
Find help now.

*For more information about medication and counseling options, talk to your health care provider. Most health insurance plans, including Medicaid, cover services to help you quit.*

*For additional smoking or vaping cessation resources, call **311**, visit **nyc.gov/health** and search for **NYC quits**, or download the **NYC HelpMeQuit** app from Apple or Google Play stores.*

# BRONX



## Montefiore Health System



### Tobacco Cessation Program



3514 Dekalb Ave.

Bronx, NY 10467

646-988-2859

Call for appointment.

*Services provided in English and Spanish.*



## NYC Health+Hospitals/Jacobi



### Smoking Cessation Program



1400 Pelham Parkway

Building 1, Room 4W10



Bronx, NY 10461



718-918-3784

Call for appointment.



## NYC Health+Hospitals/



## North Central Bronx



### Smoking Cessation Program



3424 Kossuth Ave., Room 13A29

Bronx, NY 10467



718-519-2425 or 718-519-2490

Call for appointment.

# BROOKLYN



## NYC Health+Hospitals/ Gotham Health



### Cumberland Behavioral Health Pavilion



### Smoking Cessation Program

100 N. Portland Ave., Room B10

Brooklyn, NY 11205

718-260-7756

Call for appointment.

*Services provided in English and Spanish.*

#### Legend



Individual  
Counseling



Telephone Counseling



Free or Low-Cost  
Medications



Charge a Fee



Group Counseling  
or Support Group



Online



Vaping Cessation

## Brooklyn



### **NYC Health+Hospitals/ Kings County**



#### **Smoking Cessation Program**



451 Clarkson Ave.



E-Building, Room E67



Brooklyn, NY 11203

718-245-2782, 718-245-7848 or

718-245-2783

Call for appointment and information  
about group sessions.

## MANHATTAN



### **Asian Americans for Equality Smoking Cessation Program**

111 Division St.

New York, NY 10002

212-979-8988

No appointment required.

Open Monday through Friday  
from 9 a.m. to 5 p.m.

*Services provided in English, Mandarin,  
Cantonese, Fuzhounese and Toishanese.*



### **Charles B. Wang Community Health Center**



#### **Smoking Cessation Program**



268 Canal St., Fourth Floor

New York, NY 10013

212-941-2188, ext. 2424, or 212-966-0461

No appointment required. Walk in Monday  
through Friday from 9 a.m. to 5 p.m.

Walk-in appointments not available

Wednesday from 10 a.m. to 5 p.m.

*Free in-person or telephone cessation  
services in English, Mandarin and Cantonese.*

#### Legend



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## Harlem Health Advocacy Partners



**Harlem Health Action Center**  
**New York City Department of Health and Mental Hygiene**



158 E. 115 St.  
 New York, NY 10029  
 646-682-3400

Program serves NYCHA residents of Clinton, Johnson, King Towers, Lehman and Taft. Call or email [hhap@health.nyc.gov](mailto:hhap@health.nyc.gov) for more information.

*Services provided in English and Spanish.*



## Korean Community Services



**Tobacco Cessation Navigation Program**



325 West 38 St., Suite 1210  
 New York, NY 10018



212-463-9685, ext. 204  
 Call for appointment.

Open Monday through Friday  
 from 9 a.m. to 5 p.m.

Telephone cessation services and medications are provided in collaboration with the Asian Smokers' Quitline.

*Services provided in Korean and English.*



## Memorial Sloan-Kettering Cancer Center



**Tobacco Treatment Program**



641 Lexington Ave., Seventh Floor  
 New York, NY 10022



212-610-0507



Call for appointment to discuss cessation options. Video conferencing available through smart devices.

*Services provided in multiple languages.*

### Legend



Individual Counseling



Telephone Counseling



Free or Low-Cost Medications



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Group Counseling or Support Group



Online



Vaping Cessation

## Manhattan



### Mount Sinai



#### Margarita Camche Smoking Cessation Clinics

212-523-3606

Counseling and medications available.

Most insurance plans accepted; sliding-fee scale available for uninsured patients.

*Services provided in English and Spanish.*



### Mount Sinai West



1000 Tenth Ave. (at West 59th Street)

New York, NY 10019

212-523-6056

Call for appointment.



### Mount Sinai Morningside



1111 Amsterdam Ave. (at West 114th Street)

New York, NY 10025

212-523-4410

Call for appointment.



### NewYork-Presbyterian



#### Hospital/Columbia Campus

#### Ambulatory Care Network Tobacco

#### Cessation Program

622 W. 168 St.

New York, NY 10032

Call for appointment: 646-841-QUIT

(646-841-7848) or 866-463-2778

Most Medicaid and Medicare Plans accepted.

For details, visit [nyp.org](http://nyp.org) and search

“ambulatory network participating plans.”

*Services provided at multiple sites.*

*Services provided in English and Spanish.*



### NewYork-Presbyterian



#### Hospital/Cornell Campus

#### Ambulatory Care Network Tobacco

#### Cessation Program

505 E. 70 St., Helmsley Tower, Fourth Floor

New York, NY 10021

Call for appointment: 646-784-4421 or

888-623-3748

Most Medicaid, Medicare and Commercial

Plans accepted.

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### Legend



Individual Counseling



Telephone Counseling



Free or Low-Cost Medications



Charge a Fee



Group Counseling or Support Group



Online



Vaping Cessation



**NYC Health+Hospitals/Bellevue**



**Smoking Cessation Program**



462 First Avenue



New York, NY 10016

212-562-4141

Call for appointment.

*Services provided in English and Spanish.*



**NYC Health+Hospitals/**



**East Harlem**



**La Clinica del Barrio**



413 E. 120th St.

New York, NY 10035

212-410-7940

Appointment preferred, call 844-692-4692.

*Services provided in English and Spanish.*



**NYC Health+Hospitals/**



**Gotham Health**



**Sydenham Health Center**



264 W. 118th St.



New York, NY 10026

212-932-6585

Call for appointment.

*Services provided in English and Spanish.*



**Dyckman Family Health Center**



175 Nagle Ave. (at 200th Street)



New York, NY 10034



212-544-2001, 212-544-2008 or



212-544-2012

Call for appointment.

*Services provided in English and Spanish.*



**NYC Health+Hospitals/Harlem**



**Smoking Cessation Program**



Ronald H. Brown Pavilion



Ambulatory Care Building

46 W. 137th St.

Third Floor Medicine Clinic

New York, NY 10037

212-939-8222

No appointment required.

*Services provided in English and Spanish.*

**Legend**



Individual Counseling



Telephone Counseling



Free or Low-Cost Medications



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Group Counseling or Support Group



Online



Vaping Cessation

## Manhattan



### NYU Langone Medical Center



#### NYU Hospitals Center Smokers' Quitline

530 First Ave.

New York, NY 10016

855-NYU-QUIT (855-698-7848)

Most insurance plans accepted.

## QUEENS



### NYC Health+Hospitals/Elmhurst



#### Smoking Cessation Program



79-01 Broadway, Room A1-25

Elmhurst, NY 11373

718-334-2550

No appointment required.

Call to request nicotine patches for community events.

*Services provided in English and Spanish.*



### Flushing Hospital



#### Medical Center



#### Stop Smoking Program

4500 Parsons Blvd.

Flushing, NY 11355

718-206-8494 or 718-670-3115

Call for appointment.

*Program provided in English and Spanish.*



### Jamaica Hospital



#### Medical Center



#### Stop Smoking Program

134-20 Jamaica Ave.

Jamaica, NY 11418

718-206-8494

Call for appointment.

*Program provided in English and Spanish.*

### Legend



Individual Counseling



Telephone Counseling



Free or Low-Cost Medications



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Group Counseling or Support Group



Online



Vaping Cessation



# STATEN ISLAND



## Richmond University



## Medical Center



## Tobacco Cessation Program

355 Bard Ave.



Staten Island, NY 10310



718-818-2391

Free programs available throughout the year. Contact the Tobacco Cessation Program for exact dates and times.

# REGIONAL



## Northwell Health Center for



## Tobacco Control



225 Community Dr., South Entrance

Great Neck, NY 11021



516-466-1980



No appointment required. Walk in Monday through Thursday from 8 a.m. to 4 p.m., and Friday from 8 a.m. to noon.

Individual counseling, support groups, or telehealth services and medications are provided at no cost. Call for more information.

# OTHER RESOURCES



## New York State Smokers' Quitline



Enroll to talk to a Quit Coach and learn if you're eligible for free medications.



Visit [nysmokefree.com](http://nysmokefree.com) or call 866-NY-QUITS (866-697-8487).



## NYC HelpMeQuit App

Free app to help you quit smoking. Celebrate your progress, learn how to outlast cravings, join a supportive community, stay motivated and distract yourself with games. Download from the Apple (iOS) or Google Play (Android) app stores. Visit [nyc.gov/health/apps](http://nyc.gov/health/apps) for more information.

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Vaping Cessation

## Other Resources

### GetCoveredNYC

Need health insurance to cover treatment? Get free in-person assistance to sign up for low- or no-cost health insurance, including Medicaid. Call 311, text “COVEREDNYC” (SeguroNYC for Spanish) to 877877 or visit [nyc.gov/health](http://nyc.gov/health) and search “health insurance” to connect with an enroller.



### This is Quitting

For help quitting vaping, teens and young adults (ages 13-24) can text “DROPTHEVAPE” to 88709 to join a texting support program. Parents can also text “QUIT” to 202-899-7550 to receive daily advice to help youth quit. Visit [truthinitiative.org/about-this-is-quitting](http://truthinitiative.org/about-this-is-quitting) to learn more.



### American Lung Association

Telephone counseling and online Freedom From Smoking program available. Visit [lung.org](http://lung.org) or call 800-LUNGUSA (800-586-4872).



### Asian Smokers' Quitline (ASQ)

Free telephone and online resources, self-help materials and nicotine patches. Visit [asiansmokersquitline.org](http://asiansmokersquitline.org) or call:  
800-838-8917 (Chinese)  
800-556-5564 (Korean)  
800-778-8440 (Vietnamese)  
*Counseling provided in Cantonese, Mandarin, Korean and Vietnamese.*



### National Cancer Institute

Speak with a trained smoking cessation specialist Monday through Friday from 9 a.m. to 9 p.m. Visit [smokefree.gov/tools-tips/speak-expert](http://smokefree.gov/tools-tips/speak-expert) or call 877-448-7848.  
*Services provided in English and Spanish.*

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Individual Counseling



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Group Counseling or Support Group



Online



Vaping Cessation



### Nicotine Anonymous

For information about the New York Metropolitan Area Intergroup meeting, call 631-665-0527 or visit [nymainica.org](http://nymainica.org). For information about the national program, visit [nicotine-anonymous.org](http://nicotine-anonymous.org) or call 877-TRY-NICA (877-879-6422).



### NYC BigAppleRx Prescription Discount Card



Discount on quit-smoking medications. Prescriptions required for all medications, including over-the-counter medications. For more information, call 888-454-5602 or 311, or visit [BigAppleRx.com](http://BigAppleRx.com).



### Employee Smoking Cessation Assistance Program (ESCAPE)



Free smoking and vaping cessation program available to all NYC government employees and members of their household. The program includes medication and counseling. Contact your WorkWell NYC ambassador or wellness champion for more information, or visit [nyc.gov/escape](http://nyc.gov/escape).

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#### Legend



*Individual Counseling*



*Telephone Counseling*



*Free or Low-Cost Medications*



*Charge a Fee*



*Group Counseling or Support Group*



*Online*



*Vaping Cessation*

*Each time you  
reach out for help,  
you make progress.*