

— GUIDE TO —  
**SMOKING  
CESSATION  
PROGRAMS**  
IN NEW YORK CITY

**Still  
smoking?**  
The time to  
quit is now.

*For more information about medication and counseling options, talk to your health care provider. Most health insurance plans, including Medicaid, cover services to help you quit.*

*For additional smoking cessation resources, call **311**, visit **nyc.gov/health** and search for **NYC quits**, or download the new **NYC HelpMeQuit** app from Apple or Google Play stores.*

# BRONX



## Montefiore Health System



### Tobacco Cessation Program

3514 Dekalb Ave.

Bronx, NY 10467

347-418-4732 or 646-988-2859

Call for appointment.

*Services provided in English and Spanish.*



## NYC Health+Hospitals/Jacobi



### Smoking Cessation Program



1400 Pelham Parkway

Building 1, Room 4W10



Bronx, NY 10461

718-918-3784

Call for appointment.



## NYC Health+Hospitals/



### North Central Bronx



### Smoking Cessation Program



3424 Kossuth Ave.

Room 13A29

Bronx, NY 10467

718-519-2425 or 718-519-2490

Call for appointment.

#### Legend



Individual  
Counseling



Telephone Counseling



Free or Low-Cost  
Medications



Charge a Fee



Group Counseling  
or Support Group



Online

# BROOKLYN



## **Asian Americans for Equality Smoking Cessation Program**

807 48th St., Second Floor

Brooklyn, NY 11220

718-686-8223

No appointment required.

Open Monday through Friday, 9 a.m. to 5 p.m.

*Services provided in English and Chinese  
(Mandarin, Cantonese and Toishanese).*



## **NYC Health+Hospitals/ Gotham Health**



### **Cumberland Behavioral Health Pavilion Smoking Cessation Program**

100 N. Portland Ave.

Room B10

Brooklyn, NY 11205

718-260-7756

Call for appointment.

*Services provided in English and Spanish.*



## **NYC Health+Hospitals/ Kings County**



### **Smoking Cessation Program**



451 Clarkson Ave.

E-Building, Room E67

Brooklyn, NY 11203

718-245-2782, 718-245-7848 or

718-245-2783

Call for appointment and information  
about group sessions.



## **NYC Health+Hospitals/Woodhull Smoking Cessation Program**



760 Broadway

Ninth Floor, Room 9B219

Brooklyn, NY 11206

718-630-3256

Call for appointment.

*Services provided in English and Spanish.*

### Legend



Individual  
Counseling



Telephone Counseling



Free or Low-Cost  
Medications



Charge a Fee



Group Counseling  
or Support Group



Online

# MANHATTAN



## Asian Americans for Equality



### Smoking Cessation Program

111 Division St.

New York, NY 10002

212-979-8988

No appointment required.

Open Monday through Friday, 9 a.m.  
to 5 p.m.

*Services provided in English and Chinese  
(Mandarin, Cantonese and Fuzhounese).*



## Charles B. Wang Community Health Center



### Smoking Cessation Program

268 Canal St., Fourth Floor

New York, NY 10013

212-941-2188, ext. 2424, or 212-966-0461

No appointment required. Walk in Monday  
through Friday from 9 a.m. to 5 p.m.

(except Wednesday from 10 a.m. to 5 p.m.).

*Free in-person or telephone cessation  
services in English and Chinese (Mandarin  
and Cantonese).*



## NYC Health+Hospitals/Harlem Smoking Cessation Program



Ronald H. Brown Pavilion

Ambulatory Care Building

46 W. 137th St.

Third Floor Medicine Clinic

New York, NY 10037

212-939-8222

No appointment required. Call for information  
about other locations.

### Legend



Individual  
Counseling



Telephone Counseling



Free or Low-Cost  
Medications



Charge a Fee



Group Counseling  
or Support Group



Online

## Manhattan



### Memorial Sloan-Kettering Cancer Center



#### Tobacco Cessation Program

641 Lexington Ave., Seventh Floor  
New York, NY 10022  
212-610-0507

Call for appointment with psychologists to discuss cessation medication options and learn strategies to manage cravings and stress. Telephone counseling available to all existing Memorial Sloan-Kettering patients. Some insurance plans accepted.

### NYC Health+Hospitals/ Gotham Health



#### Sydenham Health Center



264 W. 118th St.



New York, NY 10026



212-932-6500

Call for appointment.



#### Drew Hamilton Health Center



2698 W. Frederick Douglass Blvd.



New York, NY 10030



212-939-8950

Call for appointment.



#### Dyckman Family Health Center



175 Nagle Ave. (at 200th Street)



New York, NY 10034



212-544-2001, 212-544-2008 or  
212-544-2012

Call for appointment.

---

#### Legend



Individual  
Counseling



Telephone Counseling



Free or Low-Cost  
Medications



Charge a Fee



Group Counseling  
or Support Group



Online



## NYU Langone Medical Center



### NYU Hospitals Center Smokers' Quitline

530 First Ave.  
 New York, NY 10016  
 855-NYU-QUIT (855-698-7848)  
 Most insurance plans accepted.



### Smoking Cessation Service

221 Lexington Ave.  
 New York, NY 10016  
 646-754-1378  
 Call for appointment.  
 Open Monday from 1 p.m. to 5 p.m.  
 Most insurance plans accepted.

## Mount Sinai



### Margarita Camche Smoking Cessation Clinics

212-523-3606  
 Counseling and medications offered.  
 Most insurance plans accepted; sliding-fee scale available for uninsured patients.  
*Services provided in English and Spanish.*



### Mount Sinai West

1000 Tenth Ave. (at West 59th Street)  
 New York, NY 10019  
 212-523-6056  
 Call for appointment.



### Mount Sinai St. Luke's Hospital

1111 Amsterdam Ave. (at West 114th Street)  
 New York, NY 10025  
 212-523-4410  
 Call for appointment.

---

#### Legend



Individual Counseling



Telephone Counseling



Free or Low-Cost Medications



Charge a Fee



Group Counseling or Support Group



Online

## QUEENS



### **NYC Health+Hospitals/Elmhurst Smoking Cessation Program**

79-01 Broadway, Room A1-25

Elmhurst, NY 11373

718-334-2550

No appointment required.

Call to request nicotine patches for  
community events.



### **Flushing Hospital Medical Center**



#### **Stop Smoking Program**

4500 Parsons Blvd.

Flushing, NY 11355

718-206-8494

Call for appointment

*Program provided in English and Spanish.*



### **Jamaica Hospital Medical Center**



#### **Stop Smoking Program**

134-20 Jamaica Ave.

Jamaica, NY 11418

718-206-8494

Call for appointment.

*Program provided in English and Spanish.*



## STATEN ISLAND



### **Richmond University Medical Center**



#### **Tobacco Cessation Program**

355 Bard Ave.



Staten Island, NY 10310

718-818-2391

Six-week program that meets once a week  
from 6 p.m. to 7 p.m.

#### Legend



Individual  
Counseling



Telephone Counseling



Free or Low-Cost  
Medications



Charge a Fee



Group Counseling  
or Support Group



Online



## REGIONAL



### Northwell Health Center for Tobacco Control



225 Community Dr., South Entrance  
Great Neck, NY 11021



516-466-1980

No appointment required. Walk in Monday through Thursday from 8 a.m. to 4 p.m., and Friday from 8 a.m. to 12 p.m.

Individual counseling, support groups and medications available for up to one year. Services provided at no-cost for Northwell Health employees and Medicaid beneficiaries. Help with insurance reimbursement provided.

## OTHER RESOURCES



### New York State Smokers' Quitline



Enroll to talk to a quit coach and receive a free starter kit of medications.



Visit [nysmokefree.com](http://nysmokefree.com) or call 866-NY-QUITS (866-697-8487).



### NYC HelpMeQuit App

Free app to help you quit smoking. Celebrate your progress, learn how to outlast cravings, join a supportive community, stay motivated and distract yourself with games. Download from the Apple (iOS) or Google Play (Android) app stores. Visit [nyc.gov/health/apps](http://nyc.gov/health/apps) for more information.



### American Lung Association



Telephone counseling and online Freedom From Smoking program available.



Visit [lung.org](http://lung.org) or call 800-LUNGUSA (800-586-4872).

#### Legend



Individual Counseling



Telephone Counseling



Free or Low-Cost Medications



Charge a Fee



Group Counseling or Support Group



Online

## Other Resources



### National Cancer Institute



Speak with a trained quit coach Monday through Friday from 9 a.m. to 9 p.m.

Visit [smokefree.gov/tools-tips/speak-expert](http://smokefree.gov/tools-tips/speak-expert) or call 877-448-7848.

*Services available in English and Spanish.*



### Nicotine Anonymous

For information about the New York Metropolitan Area Intergroup meeting, call 631-665-0527 or visit [nymainica.org](http://nymainica.org).

For information about the national program, visit [nicotine-anonymous.org](http://nicotine-anonymous.org) or call 877-TRY-NICA (877-879-6422).



### NYC Big Apple Rx Prescription Discount Card



Discount on quit-smoking medications. Prescription required for all medications, including over-the-counter medications. For more information, call 311 or visit [bigapplerx.com](http://bigapplerx.com).

## Employee Smoking Cessation Assistance Program (ESCAPE)

Free smoking cessation program available to all NYC government employees, including medication and counseling. Contact your WorkWell NYC ambassador or wellness champion for more information, or visit [nyc.gov/health](http://nyc.gov/health) and search for “ESCAPE.”

---

### Legend



Individual Counseling



Telephone Counseling



Free or Low-Cost Medications



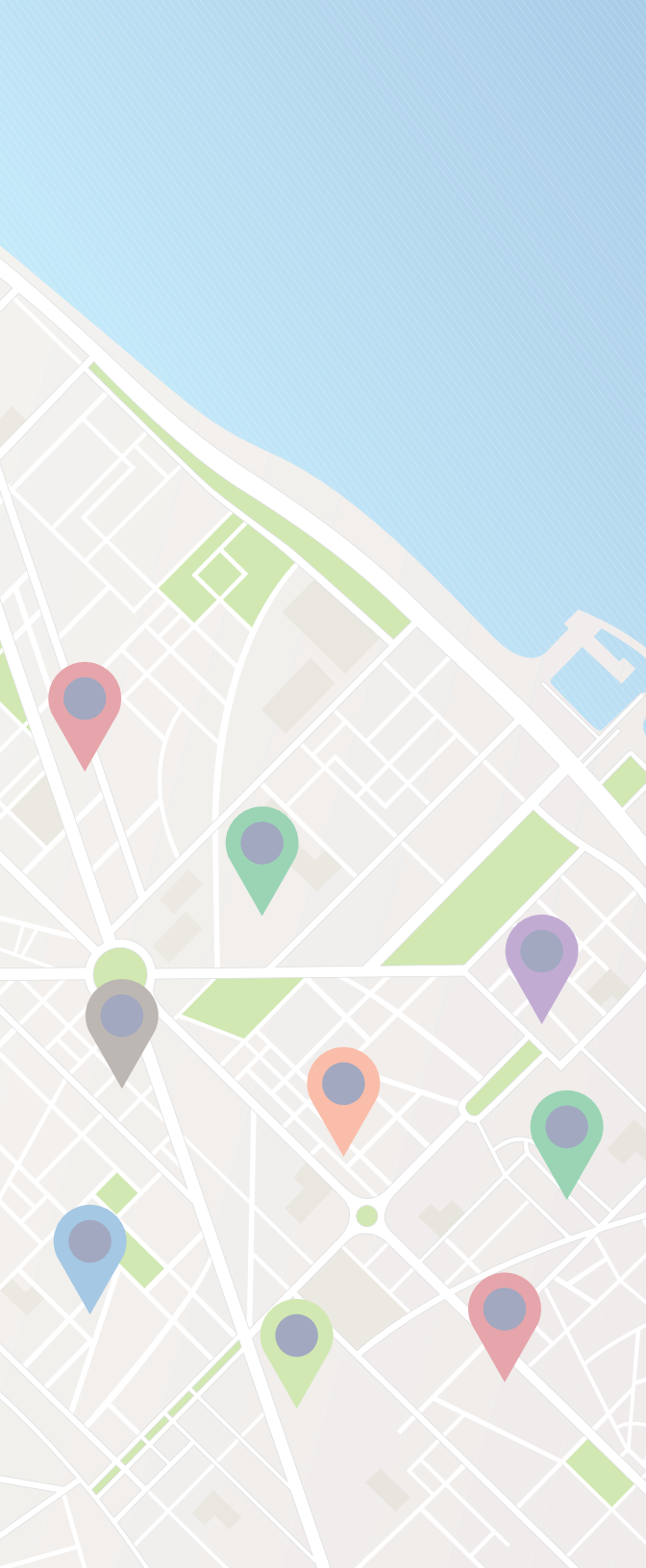
Charge a Fee



Group Counseling or Support Group



Online



***Each try is progress.  
You can do it!***